**ELLA MAE**

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Record: “Ella Mae” CD: The Ultimate Latin Album 17 CD2 1999-02-25 Japan Email: sp7n43y9@dune.ocn.ne.jp

Rhythm: Jive ph IV+2(Chuckle Slide, Flicks On Breaks)+1(Passing Throwaway)

Footwork: Opposite, directions for man(lady as noted) Date: January 2017 Ver.1.1 Sequence: Intro A B C D A(B1-12) Ending

**Meas**

**INTRO**

1~ 4 Fencing Partner & Wall 8 feet apart lead foot free for both Wait pickup notes & 2 meas; Kick Ball Chg Twice;Swivel Tog 4(CP/Wall):

1~ 2 Fencing partner & Wall 8 feet apart lead foot free for both pickup notes & 2 meas wait:

- Kick Ball Chg Twice
  - Kick fwd L/cl L, in place R, kick fwd L/cl L, in place R:

1234

3 (Swivel Tog 4) Swivel LF on R fwd L, swivel RF on L fwd R, swivel LF on R fwd R, swivel RF on L fwd R blend CP:

**Meas**

PART A

1~ 8 Chasse L & R; Chg R to L, Chg L to R fc Wall,; American Spin,; Chg Hands Behind Bk,; Apt Rec both Spin(Bk to Bk):

1234

1 (Chasse L & R) Sd L/cl L, sd L, sd L/cl R, sd R:

1234

2~ 4 (Chg R to L) SCP rk bk L, rec R, sd L/cl R, sd L lead W RF trn under joined lead hand:

- Cont RF trn sn & bk L/cl L, bk L) LOP-FC fc LOD:

567a

781a

8 (Chg L to R) Rk apt L, rec R: Commence RF trn, cont RF trn in place L/R, L lead W LF trn under joined lead hand fc wall: sd R/cl L, sd L W RF:

781a

7 (American Spin) Rk apt L, rec R, sd L/cl R, sd L: Sd R/cl L, sd R pres R, rec R, sd L:

1234

6 (Chg Hands Behind Bk) Rk apt L, rec R: Commence LF trn fwd L/cl R, fwd L cont LF trn fc COH; bk R/cl L, bk R:

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8 (Apt Rec both Spin) Rk apt L, rec R, sd L/cl R, sd L spin LF(W spin RF) 1/2 trn M fc Wall(W fc COH):

9~16 Q Sd Break & Hold; Swivel Fc Q Sd Break & Hold; Jump Tog & Away; (Bfly)Sailor Shuffle Twice; Chg Hands Behind Bk,; Link Rk to Bfly,; Apt Rec Sd Cl(Bfly/Wall):

18--

9 (Q Sd Break & Hold) Sd R/sd L arms up palms twn outsd, hold,--;

18--

10 (Swivel Fc Q Sd Break & Hold) Swivel 1/2 LF on L sd L/sd arms lower & sd palms twn partner, hold,--:

3

11 (Jump Tog & Away) Weight on both foot fwd(ftg foot tog)to Bfly,-- bk(still foot tog),--;

1a23a

12 (Sailor Shuffle Twice) XLIB/sd R, rec L, XRB/sd L, rec R:

13~15 (Chg Hands Behind Bk) Rk apt L, rec R: Commence LF trn fwd L/cl R, fwd L cont LF trn:

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6 (Chg Hands Behind Bk) Rk apt L, rec R, sd R/cl L, bk R(Wrk apt R, rec L, commen RF trn fwd R/cl L, fwd R cont RF trn fc COH; bk L/cl R, bk L) LOP-FC/Wall:

781a

8 (Link Rk) Rk apt L, rec R: Fwd L/cl R, fwd L Bfly/Wall, sd R/cl L, sd R:

1234

16 (Apt Rec Sd Cl) Rk apt L, rec R, sd L cl R to Bfly/Wall:

**Meas**

PART B

1~ 8 Lindy Catch,; Neck Slide fc LOD(Handshake); Miami Special fc COH,; Kick Ball Chg,; Sliding Door(Shadow/COH); Shadow Wheel(W Trans) fc Wall:

1234

1~ 2 (Lindy Catch) Rk apt L, rec R, fwd R/L, L moving RF around W catching her at waist with right hand releasing left hand M behind of W(W rk apt R, rec L, fwd R/L, R) /

567a

Fwd R, L cont around W, fwd R/L, R(W bk L, R, bk L/R, L) to LOP-FC/Wall:

1234

3~ 4 (Neck Slide) Both hands joined rk apt L, rec R raising joined hands up and over partner’s head, fwd R/L, L releasing hold and placing right hand to rest on partner’s right shoulder ending W on M’s right side: Wheel 1/2 RF fwd R, L right hand to slide down partner’s arm, fwd R/L, R cont trnng RF fc LOD to join right hands:

1234

5~ 6 (Miami Special) R hands joined rk apt L, rec R, fwd L/R, L trnng RF 3/4 to lead W to trn LF under joined right hands putting joined hands over M’s head so hands rest behind M’s neck: sd R/L, R joined M’s left and W’s right upper arm both fc COH,
7a8 (Kick Ball Chg) Lead hands joined kick fwd L/cl L, in place R;
123a4 7 (Sliding Door) XLIF, rec R, sd L M behind of W/cl R, sd L Shadow/COH;
123a4 8 (Wheel W Trans fc Wall) RF wheel fwd R, L, lead W RF trn cont wheel fwd R/cl L, fwd R
(1234) (RF wheel bk L, R, L, R) Shadow/Wall left foot free for both;

9~16  S Traveling Sand Step; Q Traveling Sand Step; Throwaway (W Trans)
fc LOD: Chg L to R Glide to the Sd.; Kick Ball Chg Twice: Apt Rec Sd Cl:
1-3- 9-10 (Slow Traveling Sand Step) Same foot work swivel RF on R pt L toe beside R, -, swivel LF
5-7- on R sd L, -: Swivel RF on L pt sd R heel, -, swivel LF on L XRIF of L, -:
1234 11 (Q Traveling Sand Step) Swivel RF on R pt L toe beside R, swivel LF on R sd L, swivel
sd R(W commence LF trn sd L, cont LF trn sd & bk R fc RLOD, bk L/cl R, bk L);
1a23a4  12 (Throwaway W Trans) Lead W pickup small stp sd L/cl R sd & fwd L fc LOD, sd R/cl L, 
(1234) sd R(W commence LF trn sd L, cont LF trn sd & bk R fc RLOD, bk L/cl R, bk L);
123a4 13-14 (Chg L to R Glide to the Sd) Rk apt L, rec R commence RF trn, cont RF trn in place L/R,
567a8 L lead W LF trn under joined lead hnd fc Wall(W rk apt R, rec L, commence LF trn fwd 
R/cl R, fwd R L/fwd L, lead R under lead hand fc COH); sd R, XLIF, sd r/cl L, sd R LOP-FC/Wall;
1a23a4 15 (Kick Ball Chg Twice) Repeat meas 3 of Introduction;
1234 16 (Apt Rec Sd Cl) Rk apt L, rec R, sd L, cl R to Bfly/Wall;

Meas

PART C
1~12 Pretzel Trn w/Dbl Rks;;; (SCP/LOD)Dbl Rks; 2 Fwd Triple; Swivel Walk 4;
(Bfly)Flicks Into Breaks;;; Throwaway fc LOD;;; Apt Rec;;
1a23a4 1- 3 (Pretzel Trn w/Dbl Rks) Sd L/cl R, sd L trning RF to bk to bk keeping M’s left and
5678 W’s right hands joined, sd R/cl L, sd R cont RF trn to fc LOD: Rk fwd R right hand
extended fwd, rec R, bk R fwd L, rec R commence LF trn;
1a23a4  Cont LF trn sd L/cl R, sd L cont LF trn to fc, sd R/cl L, sd R fc partner & Wall;
1234 4 (Dbl Rks) Blend SCP/LOD rk bk L, rec R, rk bk L, rec R;
1a23a4 5 (2 Fwd Triple) SCP/LOD fwd L/cl R, fwd L, fwd R/cl L, fwd R;
1234 6 (Swivel Walk 4) Swivel on R fwd L, swivel on L fwd R, swivel on R fwd L, swivel on L
fwd R:
-2-4-6 7-12 (Flicks Into Breaks) Blend Bfly pt fwd L twd LOD, stp on L, pt fwd R twd LOD, stp on
-8-2-4 R; Pt fwd L twd LOD, stp on R, kick XRIF of R, sd R, kick XRIF
of L, sd R: Kick XLIF of R, sd L, ck XRIF of L, -; Hold, bk L/rec R,
3a45a6 (Throwaway) Lead W pickup fwd & sd L/cl R fwd & sd L; Sd & fwd R/cl L, sd & fwd R(W
fwd R/L, R 1/2 LF trn fc RLOD: Bk & sd L/cl R, bk R & sd L);
78 Rk apt L, rec R, sd L to Bfly/Lod:

Meas

PART D
1~12 Chicken Walk 2S 4Q;; Passing Throwaway W Overtrn: W Swivel Fc;
Chicken Walk 2S 4Q;; Passing Throwaway W Overtrn: W Swivel Fc;
Chg L to R fc Wall;; Link Rk;; Q Sd Break & Hold;
1-3- 1- 2 (Chicken Walks 2S 4Q) Small stp bk L(W swivel on L fwd R), -, bk R(W swivel on R fwd
5678 L), -: Small stp bk L(W swivel on L fwd R), bk R(W swivel on R fwd L)
1a23a4 3 (Passing Throwaway W Overtrn) Lead W’s M’s left sd 1/4 LF trn sd L/cl R sd & fwd L, fwd
R/cl R, fwd R(W fwd R/L, R swivel LF on R fc RLOD, fwd L/cl R, fwd L;
4 (W Swivel Fc) Hold lead W swivel RFID (W swivel RF on L), -,-,-;
1a23a4 5- 8 Repeat meas 1-4 of Part C end LOD-FC/Lod:;;
123a4 9-11 (Chg L to R) Rk apt L, rec R commence RF trn, cont RF trn in place L/R, L lead W LF
5a6 trn under joined lead hnd fc Wall: sd R/cl L, sd R(W rk apt R, rec L, commence LF
trn fwd R/cl R, fwd R LF trn under lead hand fc COH, sd L/cl R, sd L);
781a23a4 (Link Rk) Rk apt L, rec R: Fwd L/cl R, fwd L Bfly/Wall, sd r/cl L, sd R,
18- 12 (Q Sd Break & Hold) Sd L/sd R arms to sd palms twd outsd, hold, -,-,-;

Meas

ENDING
1~ 2+(Bfly/LOD) Apt Rec W Wrap in 4; Wheel 4 W Roll Out(OP/LOD); Lung Apt
1234 1 (Apt Rec W Wrap in 4) Bfly/LOD rk apt L, rec R, fwd L commence RF trn lead W wrap, cont
RF trn fwd R(W rk apt R, rec L, fwd R L commence RF trn lead R, cont RF trn
small sd L) Wrapped/Wall;
1234 2 (Wheel 4 W Roll Out) Cont wheel RF fwd L, R commence lead W unwrap, cont wheel fwd L, R(W
cont wheel RF bk R, L roll RF twd Wall R, L) OP/LOD;
    + (Lunge Apt) Lunge sd L twd COH(W twd Wall) flex knee lead arms extend