

## EL MISMO SOL

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**MUSIC:** Artist: Álvaro Soler (Feat. Jennifer Lopez) Amazon or iTunes Download Length 3:08

**FOOTWORK:** Opposite (Woman in parenthesis)

**RHYTHM:** Roundalab Phase 3 + 1 [Triple Cha] Cha Cha ver 1

**SEQUENCE:** Intro-ABC-ABCD-BC-End Released 3/16/2018

### INTRO

- 1-4 BFLY TRAIL FEET FREE WT;; QUICK CUCARACHAS; SIDE WALK REV;**  
**1-3 [Wait & Quick Cucarachas]** Bfly fcg ptr & wll trail feet free wt;; Sd R/rec L, cl R to L, sd L/rec R, cl L to R;  
**4 [Sd Wlk]** Sd R, cl L to R, sd R/cl L, sd R;

### PART A

- 1-10 NEW YORKER; UNDERARM TURN; HAND TO HAND; TWICE; LEAD HANDS CHASE WITH UNDERARM PASS;; CRAB WALKS TO LINE;; FENCE LINE & WHIP;;**  
**1-2 [New Yorker & Underarm Trn]** Release trail hnds swivel ¼ RF on R fwd L twd RLOD with straight leg, rec R to fc ptr in BFLY, sd L/cl R, sd L; Raise ld hnds bk R, rec L, sd R/cl L, sd R (Release trail hnds swivel ¼ LF on L fwd R twd RLOD with straight leg, rec L to fc ptr in BFLY, sd R/cl L, sd R; Under ld hnds swivel ¼ RF on R fwd L twd LOD trng ½ RF, rec R trng ¼ RF to fc ptr & COH, sd L/cl R, sd L);  
**3-4 [Hand To Hands]** Swivel LF ¼ on R bk L, rec R trn ¼ RF, sd L/cl R, sd L; Swivel ¼ RF of on L bk R, rec L trn ¼ LF, sd R/cl L, sd R join just ld hnds;  
**5-6 [Chase Underarm Pass]** Keeping ld hnds joined fwd L trn ½ RF, rec sd R, fwd L/cl R, fwd L; Bk R raise joined ld hnds ldg W to trn LF, rec L, sd R/cl L, sd R blend to BFLY COH (Bk R, rec L, fwd R/cl L, fwd R; Fwd L, fwd R trn ½ LF under joined ld hnds, sd L/cl R, sd L blend to BFLY Wall);  
**7-8 [Crab Walks]** XLif of R, sd R, XLif of R/sd R, XLif of R; Sd R, XLif of R, sd R/cl L, sd R;  
**9-10[Fence Line & Whip]** In BFLY cross lunge thru to LOD L looking twd LOD, rec R to fc ptr, sd L/cl R, sd L; Ldg W across bk R trng ¼ LF, rec L cont LF trn to fc Wall, sd R/cl L, sd R BFLY Wall (Lunge thru to LOD R looking twd LOD, rec L to fc ptr, sd R/cl L, sd R; Fwd L trng ¼ LF, fwd R trng ¼ LF to fc ptr & COH, sd L/cl R, sd L BFLY COH);

### PART B

- 1-8 CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;**  
**1-4 [Chase With Triple Cha {123&4 5&67&8 123&4 5&67&8 123&4 567&8}]** Release hnds fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R, fwd L/cl R fwd L; Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R (Bk R, rec L, fwd R/cl L, fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R; Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R, fwd L/cl R, fwd L);  
**5-6 [Finish Chase]** Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R (Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L) blend BFLY Wall;  
**7-8 [Shoulder To Shoulder Twice]** Trng RF to SDCAR on R fwd L, rec R to fc, sd L/cl R, sd L; Trng LF to BJO on L fwd R, rec L to fc, sd R/cl L, sd R;

### PART C

- 1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;**

**Part C Continued**

- 1-2 [Thru & Trn Bk Cha + Bk Basic {123&4 567&8}]** Thru L (R) RLOD trng LF (RF), sd & bk R (L) fc LOD, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R;
- 3-4 [Sliding Door + Rk Sd Rec Fwd Cha {123&4 567&8}]** Rk sd L, rec R, XLif R/sd R, XLif of R; Rk sd R, rec L, fwd R/cl L, fwd R;
- 5-6 [Thru & Trn Bk Cha + Bk Basic {123&4 567&8}]** To RLOD repeat meas 1 & 2 of Part C;;
- 7-8 [Sliding Door + Rk Sd Rec To Fc Sd Cha {123&4 567&8}]** Rk sd L, rec R, XLif R/sd R, XLif of R; Rk sd R, rec L to fc ptr & wll, sd R/cl L, sd R BFLY/WALL;
- 9-10[Basic]** Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

**Repeat Part A B & C****PART D****1-10 PEEK A BOO CHASE;;; INTO REGULAR CHASE;;; ½ BASIC; UNDERARM TURN INTO; A LARIAT;;**

- 1-6 [Peek A Boo Chase Into Regular Chase]** Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Sd R look L, rec L, in pl R/L, R; Sd L look R, rec R, in pl L/R, L; Fwd R trng ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R (Bk R, rec L, fwd R/cl L, fwd R; Sd L look R, rec R, in pl L/R, L; Sd R look L, rec L, in pl R/L, R; Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L);
- 7-8 [1/2 Basic & Underarm Trn]** Join ld hnds fwd L, rec R, sd L/cl R, sd L; Ld W to trn RF under ld hnds bk R, rec L, in pl R/L, R (Bk R, rec L, sd R/cl L, sd R; Swivel RF ¼ on R fwd L to LOD trng 1/2 RF, rec R trng ¼ to fc, sd L/cl R, sd & fwd L to R sd of M);
- 9-10[To A Lariat] Description not in accordance with RAL standards.** Ld W to a RF circle around M rk sd L, rec R, in pl L/R, L; Bk R, rec L, sd R/cl L, sd R (Circle Man CW fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R to fc, sd L/cl R, sd L);

**Repeat Part B & C****END****1- SNAP APART,**

- 1- [Snap Apt {&}]** Sharply stp apt L pt R twd ptr snap trail arms up & out at the same time,

Head Cues

INTRO

1-4 BFLY TRAIL FEET FREE WT;; QUICK CUCARACHAS; SIDE WALK REV;

PART A

1-10 NEW YORKER; UNDERARM TURN; HAND TO HAND; TWICE; LEAD HANDS CHASE WITH UNDERARM PASS;; CRAB WALKS TO LINE;; FENCE LINE & WHIP;;

PART B

1-8 CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;

PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

PART A

1-10 NEW YORKER; UNDERARM TURN; HAND TO HAND; TWICE; LEAD HANDS CHASE WITH UNDERARM PASS;; CRAB WALKS TO THE LINE;; FENCE LINE & WHIP;;

PART B

1-8 CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;

PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

PART D

1-10 PEEK A BOO CHASE;;; INTO REGULAR CHASE;;; ½ BASIC; UNDERARM TURN INTO; A LARIAT;;

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PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

END

1- SNAP APART,