EL BIMBO

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Music : Philips PHCA-9001 CD Track 1  By : Paul Mauriat  e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Cha Cha  Phase V + 1 [Advanced Alemana] + 1 [Circular Cross Body]
Sequence : Intro - A - B - C - B - C - B - C(1-9) - Ending
Timing : 123&4 unless noted by side of measure

INTRO

1 - 4  WAIT: DBL CUBAN; GUAPACHA TIME STEP: OK KNEE PT HOLD;
1  {Wait} Fcg ptr & Wall arms extended sd palms up lead ft free wait 1 meas;
1&2&3&4 2  {Double Cuban Break} XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;
- &23&4 3  {Guapacha Time Step} Hold keep arms extended sd palms up/almost falling XRB (W XLIB), rec L, sd R/cl L, sd R blend to Bfly;
&1 - - - 4  {Quick Knee Point Hold} On half beat of the previous meas raise L knee across body/pt L sd, hold, hold, hold;

PART A

1 - 8  BRK BK TO FWD TRIPLE CHAS:: AIDA TO BK TRIPLE CHAS::;
SWITCH TO SINGLE CUBAN; SPOT TRN: CRAB WK 4: OK HIP LIFT & LOWER;
123&4 1 - 2  {Break Back To Forward Triple Chas} Release lead hnds trn 1/4 LF (W RF) bk L, rec R, body trn slightly RF fwd L/lk RIB, fwd L; body trn slightly LF fwd R/lk LIB, fwd R, body trn slightly RF fwd L/lk RIB, fwd L;
1&23&4 3 - 4  {Aida To Back Triple Chas} Thru R comm trn RF, sd L cont trn to “V” Bk-To-Bk Pos, bk R/lk LIF, bk R; body trn slightly LF bk L/lk Rif, bk L, body trn slightly RF bk R/lk LIF, bk R end Aida Line Pos fc RLOD;
123&4 5  {Switch To Single Cuban Break} Trn LF (W RF) to fc ptr sd L bring jnd hnds thru and blend to Bfly, rec R, XLIF/rec R, sd L;
1&23&4 6  {Spot Turn} XRF (W XLIB) trn 3/4 LF (W RF) to fc RLOD, rec L cont trn to fc ptr, sd R/cl L, sd R end Bfly Wall;
1234 7  {Crab Walk 4} Lower body swivel RF but upper body remains fcg ptr fwd L [hereafter XLIF] (W XRIF), sd R lower body fcg ptr, XLIF, sd R;
&1 - - - 8  {Quick Hip Lift & Lower} On half beat of the previous meas bring L to sd of R lower L hip/with slight pressure on L lift hip, gradually lower hip/-, jn R-R hnds end Hndshk Wall;
"El Bimbo"  
(Continued)

PART B

1 - 8  CIRCULAR X BODY;;;;: W SPIRAL TO RUNAWAY; W FWD SWVL TO ADV ALEMANA;;
1-5  \{Circular Cross Body\}  Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouviene DRC;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont trng 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouviene DLW;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF to fc DRC, cont trng 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;
 6  \{W Spiral To Runaway\}  Bk R, rec L, fwd run R/L, R (W fwd L, fwd R spiral LF 1 full trn, fwd run L/R, L) end both fc LOD W’s R hnd behind bk;
7-9  \{W Forward Swivel To Advanced Alemana\}  Fwd L, rec R, release R-R hnds and jn lead hnds comm trn RF sd L/cl R, sd & fwd L cont trn to fc DRW (W fwd R swivel 1/2 RF on R, fwd L, fwd run R/L, R trn RF to fc COH pt L sd);
Cont trn XRIB, cont trn sd L to fc COH, sd R/cl L, sd R (W cont trn under jnd lead hnds fwd L twd LOD, cont trn fwd R twd RLOD, cont trn sd & fwd L twd DLC/cont trn to fc ptr cl R, sd L) end CP COH;

PART C

1 - 10  GUAPACHA X BASIC;;: START FLIRT; BK VINE APT; SLO SD LUNGE & REC; FRONT VINE TOG; FINISH FLIRT; SWEETHEART 2X W TRN L TO FC;;

OK LUNGE & SIT LINE & RISE;
- &23&4
- &23&4
1-2  \{Guapacha Cross Basic\}  Hold the last sd step of the previous meas rising slightly/almost falling XLF (W XRIB) comm trn 1/4 LF, cont trn rec R to fc RLOD, sd L/cl R, sd L end CP RLOD;
Hold and rising slightly/almost falling XRIB (W XLF) comm trn 1/4 LF, cont trn rec L to fc Wall, sd R/cl L, sd R jn R-R hnds end Hndshk Wall;
 3  \{Start Flirt\}  In Hdshk Pos fwd L, rec R, sm step sd L/cl R, sd L (W bk R, rec L trn 1/2 LF to Valsouviennie Pos, sm step sd R/cl L, sd R);
4  \{Back Vine Apart\}  XRIB (W XLIB), sd L, XRF (W XLF)/sd L, XRIB (W XLIB);
1 - 3 -
5  \{Slow Side Lunge & Recover\}  Sd lunge L lead hnds extended sd., rec R lower lead hnds,-;
6  \{Front Vine Together\}  XLF, sd R, XLIB/sd R, XLIB blend to Valsouviennie;
7  \{Finish Flirt\}  Bk R, rec L, sm step sd R/cl L, sd R (W bk L, rec R, sm step sd L/cl R, sd L) end Left Valsouviennie Wall;
8-9  \{Sweetheart Twice W Turn Left To Face\}  Chk fwd L with right sd lead to contra chk like action making window with both arms, rec R with body straighten, sd L/cl R, sd L end Valsouviennie Wall;
Repeat meas 5 with opposite ft to opposite direction (W bk L with right sd lead to contra chk like action, rec R trn LF to fc ptr jn lead hnds, sd L/cl R, sd L) end LOP Fcg Wall;
1 - - -
(1 - - -)
10  \{Quick Lunge & Sit Line & Rise\}  Flex R knee slight body trn LF move L leg sd & bk free arm extended sd & bk look at ptr, gradually rise on R., jn R-R hnds (W sm bk R/flex R knee leave L leg fwd free arm extended up, gradually rise on R., rec L) end Hndshk Wall;
“El Bimbo”  

(Continued)

REPEAT PART B

REPEAT PART C

REPEAT PART B

REPEAT PART C MEAS 1 THRU 9

END

1 - 6  

OPEN HIP TWIST; FAN; STOP & GO HOCKEY STICK;

ALEMANA LEAD TO RUMBA AIDA;

1  

[Open Hip Twist] Fwd L, rec R, bk L/sm pull R bk twd L, cl L [Slip Chasse] pushing arm fwd gently to lead W to trn (W bk R, rec L, fwd R/lk LIB, fwd R swivel 1/4 RF on R) end L-Shape CP M fc Wall W fc LOD;

2  

[Fan] Bk R, rec L, XRIF of L/twisting RF on R cl L, sd R [Hip Twist Chasse] (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, sd & bk L) end Fan Pos M fc Wall;

3-4  

[Stop & Go Hockey Stick] Fwd L, rec R raising jnd lead hnds to lead W to rev underarm trn, in pl L/R, L (W cl R, fwd L, fwd R/L, R trn 1/2 LF under jnd lead hnds to end M’s right sd); Chk fwd R with left sd stretch shaping to ptr placing right hnd on W’s left shoulder blade to chk her movement, rec L raising jnd lead hnds to lead W to underarm trn, in pl R/L, R (W rk bk L, rec R, fwd L/R, L trn 1/2 RF under jnd lead hnds) end Fan Pos M fc Wall;

5  

[Alemana Lead] Fwd L, rec R, cl L/in pl R, L (W cl R, fwd L, fwd R/L, R swivel RF to fc ptr);

6  

[Rumba Aida] Thru R trn RF, sd L cont trn, bk R to V Bk-To-Bk Pos fc RLOD jnd lead hnds extended fwd free arms extended up & bk,-;