EARLY IN THE MORNING

Choreographers: Annette & Frank Woodruff
Music: Casa Musica Dance House Latin Album 8, Track 6 or mp3 on request
Footwork: Opposite except where indicated (W’s footwork in parentheses)
Rhythm: Cha & Jive
Phase: IV+2 (Stop & Go, Whip Turn)+1 (Box with Breaks)
Rue du Camp, 87
7034 Mons, Belgium
Tel: 00 32 65 73 19 40
Fax: 00 32 65 73 19 41
E-mail: anfrank@skynet.be

INTRODUCTION

1 - 2 TAND COH, wait 2;; TAND COH W bhd M both w/ L ft free wt 2 meas;;
3 - 6 Box with Breaks 2x & both Turn to TAND WALL;;;; Fwd L, sd R, XLif/rec R, sd L; bk R, sd L, XRif/rec L, sd R; fwd L, sd R, XLif/rec R, sd L; bk R, sd L, XRif/rec L, sd & fwd R trng RF ½ to TAND WALL M bhd W;
7 - 10 Box with Breaks 2x & W turns to face;;;; Rpt meas 3-6 Intro but W only trns RF ½ to fc M w/ no hnds jnd;;;;;
11 - 13 Traveling Door 3x;;;; Trvlg in opp directions rk sd L, rec R, XLif/ (W Xif)/sd R, XLif/ (W Xif); rk sd R, rec L, XRif/ (W Xif)/sd L, XRif/ (W Xif); rk sd L, rec R, XRif/ (W Xif)/sd R, XLif/ (W Xif);
14 Transition to BFLY; rk sd R, rec L, XRif/sd L, XRif/ (W pt sd R w/ hnds on hips & holds 1 meas lookng at M or she may beckon M w/ crooked finger) to BFLY WALL;;

PART A – CHA

1 ½ Basic; Fwd L, rec R, sd L/cl R, sd L;
2 - 3 Aida to Back Triple Cha;; Thru R, sd L trng RF, bk R/lk LIF, bk R to V-BK-TO-BK; bk L/lk Rif, bk L to FCG-V, bk R/lk LIF, bk R to V-BK-TO-BK;
4 Switch Cross; Trng LF to fc ptr bk & sd L, rec R to BFLY, XLif/sd R, XLif;
5 Crab Walk Ending; Sd R, XLif, sd R/cl L, sd R;
6 - 8 3 Underarm Turns;;;; [Rev Undrarm Trn] Raisg jnd ld hnds XLif, rec R (W trng LF undr hnds XRif, rec L comp full LF trn), lwr hnds sd L/cl R, sd L to fc ptr; [Undrarm Trn] Raisg jnd ld hnds XRib, rec L (W XLif trng RF undr jnd hnds, rec R comp full RF trn), lwr hnds sd R/cl L, sd R to fc ptr; [Rev Undrarm Trn] Rpt meas 6 Part A;
9 Whip to BFLY; Bk R trng ½ LF, rec L trng ½ LF, sd R/cl L, sd R (W fwd L reachg if of M startg LF trn, fwd & sd R contg LF trn to fc M, sd L/cl R, sd L) to BFLY COH;
10 Fence Line; XLif/ (W XIF)w/ bent knee, rec R, sd L/cl R, sd L;
11 New Yorker 4; Thru R to OP, rec L to fc, sd R, rec L;
12 Spot Turn 3; XRif stg LF trn, rec L contg to trn LF, compg full LF trn sd R xtdg both arms sd & dwn at thigh level, -;
13 ½ Basic;
14 - 15 Aida to Back Triple Cha;; Rpt meas 1 – 4 Part A in opposite direction;;;;;
16 Switch Cross;
17 Traveling Door to LOW BFLY; Rk sd L, rec R, XLif/ (W Xif)/sd R, XLif/ (W Xif) to LOW BFLY;
18 - 20 Side Walks once & a half;;;; W/ quiet upper bdy & busy hips & digging steps & lookng at each other sd L, cl R, sd L/cl R, sd L; cl R, sd L, cl R/sd L, cl R; sd L, cl R, sd L/cl R, sd L;
21 Whip to BFLY; Rpt meas 9 Part A to BFLY WALL;;
22 Fence Line;
23 New Yorker 4; Rpt meas 10-12 Part A;;;
24 Spot Turn 3;
**EARLY IN THE MORNING (Woodruff)**

**PART B – JIVE & CHA**

<table>
<thead>
<tr>
<th>1</th>
<th>Chasse L &amp; R;</th>
<th>In BFLY sd L/cl R, sd L, sd R/cl L, sd R;</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 - 3</td>
<td>Stop &amp; Go;;</td>
<td>Apt L, rec R, fwd L/cl R, fwd L catchw W w/ R hnd on her L shldr blade (W apt R, rec L, fwd R com LF trn/cl L, bk R comp ½ LF trn undr jnd ld hnds to end at man’s R sd); rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L com RF trn/cl L, bk L comp ½ RF trn undr jnd hnds) to LOP-FCG WALL;</td>
</tr>
<tr>
<td>4 - 5</td>
<td>Link &amp; Whip Turn;;</td>
<td>Apt L, rec R, chasse fwd L/R, L to CP DRW; XRib (W sd L) , sd L (W fwd R btw M’s ft), chasse sd &amp; bk R/L, R to SCP LOD;</td>
</tr>
<tr>
<td>6 - 8</td>
<td>Pretzel Turn;;</td>
<td>Bk L, rec R, trng twd each other [M RF &amp; W LF] &amp; retaing ld hnds jnd low thruout sd chasse L/R, L; R/L, R to end in slight V-bk-to-bk pos DLC (W DLW) w/ ld hnds still jnd bhd bk, xtndg free hnd twd LOD dip fwd L, rec R; trng away from each other [M LF &amp; W RF] sd chasse L/R, L, R/L, R to CP WALL;</td>
</tr>
<tr>
<td>12</td>
<td>Progressive Rock;</td>
<td>Apt L, XRif (W Xif), apt L, XRif (W Xif);</td>
</tr>
<tr>
<td>13</td>
<td>½ Basic Cha;</td>
<td>Fwd L, rec R, sd L/cl R, sd L;</td>
</tr>
<tr>
<td>14</td>
<td>Whip to BFLY;</td>
<td>Rpt meas 9 Part A;</td>
</tr>
<tr>
<td>15</td>
<td>Fence Line;</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>New Yorker 4;</td>
<td>Rpt meas 10-12 Part A;;</td>
</tr>
<tr>
<td>17</td>
<td>Spot Turn 3;</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>½ Basic;</td>
<td>Fwd L, rec R, sd L/cl R, sd L;</td>
</tr>
<tr>
<td>19</td>
<td>Whip;</td>
<td>Rpt meas 9 Part A to LOP-FCG WALL;</td>
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</table>

**ENDING**

| 1 - 2 | Into COH Chicken Walks to Cuddle Position;; | Bk L, -, bk R (W swvlg RF on L fwd R, - , swvlg LF on R fwd L), - ; Bk L, bk R, ip L, R (W swvlg RF on L fwd R, swvlg LF on R fwd L, swvlg RF on L fwd R, swvlg LF on R fwd L) to Cuddle pos [W’s arms arnd M’s neck, M’s hnds arnd her waist]; |
| 3 | Dip Back & Leg Crawl; | Dip bk L, - (W dip fwd R and crawl L leg up man’s R leg), - ; |

"Early in the Morning" is a song originally performed by The Gap Band and written by member Charlie Wilson and producers Lonnie Simmons and Rudy Taylor. It was released as a single in 1982 and went on to become their biggest hit on the Billboard Hot 100.