DU BIST MEIN TÄGLICHES WUNDER
(YOU ARE MY DAILY MIRACLE)

Music: Fernando Express
www.amazon.de/Insel des glücks
Track # 36 Time 3:25 Slow Down w/ -3%
Available from choreographer

Rhythm: Rumba & Cha Cha Phase: V+1 (Turkish Towel)
Footwork: Opposite except where (Noted)
Release Date: July 18
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: INTRO AB AB(1-16) C B(1-16) END

INTRO RUMBA

01-02 BFLY POS COH LEAD FOOT FREE WAIT 2 MEASURES START w/ RUMBA:;
[Wait] BFLY Pos COH ld ft free wt 2 meas start w/ Rumba ;

03-05 START CROSS-BODY INTERRUPT w/ 2 SWIVELS ; FINISH CROSS-BODY & r-hndshk:
[Start Cross Body] Fwd L, rec R trng ¼ LF, sd L (W bk R, rec L, fwd R) to “L” shaped loose CP pos M fcg LOD & W fcg COH,
- ; [Interrupt w/ 2 Swivels] (SS) Rk sd R trng body slightly LF, - , rk sd L trng body slightly RF (W fwd L swvl ½ RF, -, fwd R swvl ½ LF) still in “L” pos, - ; [Finish Cross Body] Bk R, rec L trn ¼ LF, sd R (W fwd L, fwd R trng ½ LF, sd L) to r-hndshk
WALL, -;

PART A RUMBA

01-04 TRADE PLACES TWICE ; TRADE PLACES/W SPIRAL ; W OUT to FACE ;
[Trade Places x 2] With R hnds jnd rk apt L, rec R trng ¼ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L twd WALL (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF tm to fc ptr & WALL standing sd & bk R twd COH) joining L hnds, - ; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn fc ptr & WALL stepping sd & bk R twd COH (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF tm to fc ptr & WALL stepping sd & bk L twd WALL) joining R hnds, -;
[Trade Places / W Spiral] Rk apt L, rec R comm to pass R shldr while trng ¾ RF and keeping R hnds jnd, cont to trn RF stepping sd L twd WALL (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LFundr jnd R hnds to end almost fcg COH), - ; [W Out to Fc] Trng bdy RF to fc COH stp fwd twd COH R,L, (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, -;

05-08 CHASE w/ UNDERARM PASS ; REVERSE UNDERARM TURN ; CUCARACHA RIGHT to CP :
[Chase w/ Underarm Pass] [relsgn trail hnds] Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M’s L sd), - ; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY WALL, - ; [Reverse Underarm Turn] Raisg jnd ld hnds XLif, rec r, sd L (W XRif undr jnd ld hnds trng LF ½ rec L contg LF tm to fc ptr, sd R) to BFLY WALL, - ; [Cucaracha Right] Sd R w/ partial wgt, rec L, cl R to CP WALL, -;

09-12 DIAMOND TURN w/ HIP TWIST ; X-BODY TO SCAR DLC ; DIAMOND TURN w/ HIP TWIST ; X-BODY/W to a FAN :
[Diamond Turn w/ Hip Twist ] Fwd L trng LF CP, sd R trng ¾ LF, bk L in BJO twistg W RF (W fwd R twistg ¾ RF) to SCP DLC, - ; [Cross Body to SCAR] Bk R blendg to CP, fwd L w/ r-shoulder lead, fwd R (W fwd L, R, L CCW around M) in SCAR DRC, - ; [Diamond Turn w/ Hip Twist ] Repeat meas 1 Part B to DRW ; [Cross Body/W to a FAN] Bk R blendg to CP, rec L, fwd R & Swivel to WALL (W fwd L blendg to CP, sd R contg LF tm, bk L) to Fan Pos M fcg WALL, -;

13-16 ALEMANA INTO A LARIAT ; ; ;
[Alemana from a Fan] Fwd L, rec R, cl L (W bk R, fwd L, fwd R swivelg to L-sd of M), -, - ; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R cont RF tm, fwd L to r-sd of M), - ; Press sd L, rec R, cl L (W circ CW ard M fwd R, L, R), - ; Press sd r, rec L, cl R (W cont circ CW fwd R, L, R) to BFLY WALL, -;

PART B CHA CHA

01-04 BASIC 1/2 to TURKISH TOWEL ; ; ONE BREAK ; W OUT to FACE ;
[Basic 1/2 to a Turkish Towel] Rk fwd L, rec R, sd raise jnd R hnds palm to palm/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R) ; Bk R, rec L, small sd R/cl L, sd L (W XLif tm RF under jnd hnds, fwd R cont RF tm, fwd L and M to end in bk of and to his left sd/fwd R, fwd L) ; [One Break] Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd) ; [W Out to Fc] Rk bk R, rec L chg to lead hnds joined, small sd R/cl L, sd R (W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L) to BFLY WALL ;
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05-08  To RLOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; WHIP to r-hndshk COH ;

[Aida to RLOD] Thru L RLOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; [Switch Cross] Sd & bk R trng to fc ptr, rec L to BFLY WALL, lookg LOD XRif (W XLif)/sd L, XRif (W XLif) ; [Crab Walk Ending] Sd L, XRif (W XLif), sd L/cl R, sd L ; [Whip to COH] Bk R trng LF & ldg W acrs, rec L contg LF trn (W fwd L trng LF & xg in frt of M, fwd & sd R contg LF trn, sd L/cl R, sd L) sd R/cl L, sd R to r-hndshk COH ;

09-12  BASIC 1/2 to TURKISH TOWEL ; ; ONE BREAK ; W OUT to FACE ;

[Basic ½ to a Turkish Towel] Repeat meas 1,2 Part B ; ; [One Break] Repeat meas 3 Part B ; [W Out to Fc] Repeat meas 4 Part B ;

13-16  To LOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; WHIP to BFLY WALL ;

[Aida to RLOD] Repeat meas 5 Part B ; [Switch Cross] Repeat meas 6 Part B ; [Crab Walk Ending] Repeat meas 7 Part B ; [Whip to BFLY WALL] Repeat meas 8 Part B to BFLY WALL ;

17  MERENGUE 4 & r-hndshk ;

[Merengue 4 & r-hndshk] Sd L, cl R, sd L, cl R w/ r-hndshk ; [start each side step with the inside edge of foot]

PART C RUMBA

01-04  OP HIP TWIST INTO A FAN ; ; START STOP & GO INTO CROSS BODY ; ;

[OP Hip Twist Into a Fan] Fwd L, rec R, cl L (W bk R, rec L, fwd R with tention to L arm to swivel ¼ RF) end L-Shape M fc Wall W fc LOD, -: Bk R, rec L, sd R (W fwd L, trng ½ LF sd R, bk L) to fan pos, -: [Start Stop & Go Into Cross Body] Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (W cl R, fwd L, fwd R, trng sharply ½ LF under jn hands to fc LOD), -: Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to CP COH, -:;

05-08  NEW YORKER TWICE ; OP BREAK ; WHIP to r-hndshk WALL ;

[New Yorker x 2] XLif (WXRif) to LOP LOD, rec R to BFLY COH, sd L, -: XRif (W XLif) to OP RLOD, rec L to BFLY COH, sd R, -: [OP Break] Apt L raisg trl arm straight up, rec R, sd L to BFLY, -: [Whip to r-hndshk WALL] Bk R trng ¼ LF, rec L trng ¼ LF, sd R (W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M) to r-hndshk WALL, :-

ENDING  CHA CHA & RUMBA

01-04  To RLOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; RUMBA AIDA & SWITCH LUNGE w/ ARMS ;

[Aida to RLOD] Repeat meas 5 Part B ; [Switch Cross] Repeat meas 6 Part B ; [Crab Walk Ending] Repeat meas 7 Part B ; [Rumba Aida & Switch Lunge w/ Arms] Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, [Q] Bk & sd L bringing joined hnds thru slight body trn LF look at ptr relax L knee to lunge line & extend both arms to side ;