DON'T BREAK MY HEART

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MUSIC: MP3 Download Amazon.com “Don’t Break My Heart” Artist: UB-40

FOOTWORK: Opposite For Woman Except Where Noted

NOTE: May use [Option fwdx/lcwk/fbsd – or – bk/lcwk/bk] where applicable

RHYTHM: RUMBA

DANCE LEVEL: Phase V+1 (Unphased - “Rumba Timed” Follow My Leader)

SPEED: 50 RPM

RELEASED: OCT 2010

SEQUENCE: INTRO – A – B – C – A – B (MOD) - END

INTRO

1 – 10

IN BTFY FCNG WALL WAIT;; SD WLK – TWICE;; CUCARACHA; FOLLOW MY LEADER;;;;;
(Sd Wlk – Twice) Sd L, clo R, sd L;; clo R, sd L, clo R;; (Cucaracha) Sd L, rcrv R, clo L;; (Follow My Leader)

11 – 12.5

FNCLINE – TWICE & SD-CLO;; (Fncline & Twice & Sd Clso) Staying in BTFW/WALL thru-lunge L, rcrv R, sd L;; thru-lunge R, rcrv L, sd R;;
sd L, clo R,

PART A

1 – 7

BASIC;; OPN BRK; UNDRARM TRN – LFT HND STAR; UMBRELLA TRNS ½ - HND SHK;; OPN HIP TWST;;
(Basic) Fwd L, rcrv R, diag bk L;; bk R, rcrv L, diag fwd R;; (Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcrv R to BTFY, sd L;; (Undrarm Trn – Lft Hnd Star) Rlsng trail hnds cross R bhnd, rcrv L to BTFY, trng 1/4 rt fc fwd R to LFT HND PALM STAR;; (Woman pvtng 1/2 lft fc on R undr lead hnds cross L in fntm, pvtng 1/2 rt fc rcrv R to BTFY, trng 1/4 lft fc fwd L;;) (Umbrella Trns ½ - Hnd Shk) In lft hnd palm star Man fcng RLOD fwd L, rcrv R, bk L;; (Woman bk R, trng 1/2 lft fc undr arched hnds fwd L, bk R;;) bk R, trng 1/4 lft fc fwd L, sd R to HND SHK/WALL;; (Woman bk L, trng 1/4 rt fc undr arched hnds fwd R, sd L;;) (Opn Hip Twst) Fwd L, rcrv R, bk L;; (Woman bk R, rcrv L, fwd-swiv R 1/4 rt fc to fc LOD;;)

8 - 14

FAN; STOP N’ GO HCKYSTIK;; ALEMANA FRM FAN;; SHLDR TO SHLDR; SPT TRN;
(Fan) Bk R, rcrv L, in plc R to FAN POSITION;; (Woman fwd L, chngng to lead hnds & trng 1/2 lft fc sd & bk R, bk L;;) (Stop N’ Go Hickystik) Fwd L, rcrv R, clo L;; catch Woman on her back with rt hnd cross R in fntm, rcrv L, clo R to Fan Position;; (Woman clo R, fwd L, fwr R, fwr L, trng 1/2 lft fc undr lead hnds bk R;; bk L, rcrv R, trng 1/2 rt fc undr lead hnds bk L;;) (Alemana Frm Fan) Fwd L, rcrv R, sd L;; bk R, rcrv L, sd R to BTFW/WALL;; (Woman clo R to L, fwr L, fwr R, trng 1/4 rt fc fwr R to fwr Mnn;; trng 1/2 rt fc undr lead hnds cross L in fntm, trng 1/2 rt fc rcrv R to BTFY, sd L;;) (Shldr To Shldr) Staying in BTFW/WALL cross L in fntm (Woman cross R bhnd), rcrv R, sd L;; (Spt Trn) Rlsng hnds trng 1/2 lft fc thr R, pvtng 1/2 lft fc rcrv L to BTFW/WALL, sd R;

PART B

1 – 12

BASIC;; 1/2 BASIC TO FULL NAT’L TOP;;;; CLS’D HIP TWST; FAN; HCKYSTIK;; HND TO HND – TWICE;;

13 – 16

OPN BRK; UNDRARM TRN; N-YRKR; SPT TRN;
(Open Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcrv R to BTFY, sd L;; (Undrarm Trn) Rlsng trail hnds cross R bhnd, rcrv L to BTFY, sd R;; (Woman pvtng 1/2 lft fc on R undr lead hnds cross L in fntm, pvtng 1/2 rt fc rcrv R to BTFY, sd L;;) (N-Yrkr) Rlsng trail hnds trng 1/4 rt fc thru L, trng 1/4 lft fc rcrv R to BTFY, sd L;; (Spt Trn) Rlsng hnds trng 1/2 lft fc thru R, pvtng 1/2 lft fc rcrv L to BTFW/WALL, sd R;

(Continued On Page 2)
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PART C

1 – 7  BASIC;;  BRK BK – OPN;  KIKI WLK -3;  SLIDING DOOR;  CUCARACHA – BTFY – CTR;  OPN BRK;
(Basic)  Fwd L, rcvr R, diag bk L; bk R, rcvr L, diag fwd R; (Brk Bk – Opn)  Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOG, fwd L; (Kiki Wlk –3)  With swiv action fwd L, fwd R, fwd L; (Sliding Door)  Sd L, rcvr R, bhnd Woman cross L in fnt to LOPN/LOG; (Cucaracha – Btfy - Ctr)  Sd L, trng ¼ lft fc rcvr R, clo L to BTFY/COH;
(Open Brk)  Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L;

8 – 16  WHIP – WALL;  SLO MERENQUE – TWICE;;  ALEMANA TO A LARIAT;;;  HND TO HND – TWICE;;
(Whip – Wall)  Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/WALL, sd R; (Woman crossing in fnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L;) (Slomo Merenque – Twice)  Swiv L-, clo R-; swiv L-, clo R-; (Alemana To A Lariat)  Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R to LOPN/WALL; (Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in fnt, trng ½ rt fc fdd R to BTFY, sd L-) sd L, rcvr R, clo L-; sd R, rcvr L, clo R to BTFY; (Woman undr lead hnds work arnd Man’s rt st fdd R, fdd L, fwd R-; fdd L, fwd R, fwd L-) (Hnd To Hnd – Twice)  Rlsng lead hnds trng ¼ rt fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; risng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-;

REPEAT PART “A”

PART B (MOD)

1 – 10  BASIC;;  ½ BASIC TO FULL NAT’L TOP;;;  CLS’D HIP TWST;  FAN;  HCKYSTIK;;
(Basic)  Fwd L, rcvr R, bk L-; trng -2 full rt trns throughout figure cross R bhnd, sd L, cross R bhnd-; sd L, cross R bhnd, sd L, cross R bhnd, sd L, cross R bhnd, sd L, clo R to CP/WALL; (Woman sd L, cross R in fnt, sd L-; cross R in fnt, sd L-; cross R in fnt, sd L-; cross R in fnt, sd L-) (Clsd Hip Twst)  Fwd L, rcvr R, clo L-; (Woman trng 3/8 rt fc bk R, trng 3/8 lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD-;) (Fan)  Bk R, rcvr L, in plc R to FAN POSITION-; (Woman fdd L, chngn lead hnds & trng ½ lft fc sd & bk R, bk L-) (Hckystik)  Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fdd R to BTFY RLOD/WALL-; (Woman clo R to L, fdd L, fwd R-; fdd L, trng 5/8 lft fc undr lead hnds bk R, bk L-)

END

1 – 9  DBL CHASE PEEK-A-BOO;;;  OPN BRK;  WHIP – CTR;  FNCLINE;  WHIP WALL;  APT & PNT;
(Whip – Ctr)  Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/COH, sd R-; (Woman crossing in fnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-) (Fncline)  Staying in BTFY/COH thru-lunge L, rcvr R, sd L-;
(Whip – Wall)  Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/WALL, sd R-; (Woman crossing in fnt of Man fwd L, trng ½ lft fc bk R to BTFY-;) (Apt Pnt)  Rlsng lead hnds bk L & pnt R twds Ptnr-;