DON'T BREAK MY HEART

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Record: "Don't Break My Heart" CD: Runbita Molana/Giants Of Latin DANCE LIFE track 12
Rhythm: RUMBA ph IV+2(OP Hip Twist, Spiral) Speed: Adjust +3%
Footwork: Opposite, directions for man(lady as noted) Date: June 2014 Ver.1.0
Sequence: Intro · A · B · Amod

Meas
INTRO

1~ 8  Shadow/Wall lead foot free for both Wait 2 meas;
  Bk Ck W Develop; W Out to Fc;
    1- 2  Shadow position fc Wall trail foot free for both wait 2 meas;
  S--  3 (Bk Ck W Develop) Ck bk L, -(W bk R, L knee lift, kick L foot extend), -;
  4 (W Out to Fc) Rec R, fwd L, fwd R(W fwd L commence LF trn, cont LF trn sd & bk R, bk L), -;

Meas
PART A

1~ 8+  OP Hip Twist; Fan; Start Alemana; Thru to Aida; Switch Rk;
  Spot Trn; Shoulder to Shoulder Twice; Q Hip Rk(handshake),

  1 (OP Hip Twist) Fwd L, rec R, cl L to R(W bk R, rec L, fwd R swivel 1/4 RF
  on R fc LOD), -;
  2 (Fan) Bk R, rec L, sd R(W fwd L commence LF trn, sd and bk R cont LF trn fc
  RLOD, bk L), -;
  3 (Start Alemana) Fwd L, rec R, sd L(W cl R, fwd L, fwd R 1/2 RF swivel on R fc partner), -;
  4 (Aida) Thru R, sd L commence RF trn fc RLOD, bk R(W thru L, sd R commence
  LF trn, bk L), -;
  5 (Switch Rk) Swivel LF on R sd L, rec R, sd L, -;
  6 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L fc partner and
  Wall, sd R, -;
  7- 8 (Shoulder to Shoulder) Fwd L to Bfly/Scar, rec R to fc, sd L, -; Fwd R to Bfly/Bjo,
  rec L to fc, sd R, -;

QQ  + (Q Hip Rk) sd L, rec R joined right hands.

9~16  1/2 Basic; Underarm Trn; Shadow Bk Break W Spiral;
  Fan(M Spot Trn Chg Hands Behind Bk); Hockey Stick;; Alemana;;

  9 (1/2 Basic) Fwd L, rec R, sd L, -;
  10 (Underarm Trn) Bk R, rec L, sd R(W XLIF commence RF turn under right hand, cont RF
  trn rec R, sd L), -;
  11 (Shadow Bk Break W Spiral) Swivel LF on R bk L fc LOD, rec R, fwd L lead W LF spiral,-
  (W swivel RF on L bk R fc LOD, rec L, fwd R,--/spiral LF on R);
  12 (Fan M Chg Hands Behind Bk) Fwd R commence LF trn chg right hand to left hand behind
  His bk, rec L cont LF trn fc Wall, sd R(W fwd L twd LOD, fwd R 1/2 LF trn, bk L), -;
  13-14 (Hockey Stick) Fwd L, rec R, cl L, -(W cl R, fwd L, fwd R, left hand touch M's right
  cheek); Bk R slightly RF trn, rec L, fwd R(W fwd L twd RWD, fwd R LF trn under lead
  hand fc partner, bk L,--)end fc partner and RWD;
  15-16 (Alemana) Fwd L, rec R, cl L(W bk R, rec L, sd R), -; Bk R, rec L, sd R fc Wall(W RF
  trn under lead hand fwd L, cont RF trn fwd R, sd L), -;

Meas
PART B

1~ 8  Lariat 3(M Swivel Fc); Fence Line w/Arm; New Yorker; Spot Trn;
  (handshake)Trade Place Twice;; Trade Place W Spiral; W Out to Fc;

  1 (Lariat 3 M Swivel fc COH) Sd L, rec R, cl L swivel LF on L fc COH(W circle man
  CW with joined lead hands fwd R, fwd L, fwd R fc partner), -;
  2 (Fence Line w/Arm) XRIF of L ck trail hand arm circle CCW(W CW), rec L, sd R, -;
  3 (New Yorker) LOP/LOD Ck thru L, rec R fc partner, sd L, -;
  4 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L fc partner & COH, sd R, -;
  5- 6 (Trade Place Twice) Right hands joined apt L, rec R commence RF(W LF) trn, fwd &
  sd L cont RF trn fc Wall chg left hands joined, -; Apt R, rec L commence LF(W RF)
  trn, fwd & sd R cont LF trn fc COH chg right hands joined, -;
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7 (Trade Place W Spiral) Apt L, rec R commence RF(W LF) trn, fwd & sd L cont RF trn
   fc Wall lead W LF spiral. -(W apt R, rec L, fwd R, spiral LF on R):
8 (W Out to Fc) Bk R, rec L, fwd R(W fwd L twd Wall, fwd R 1/2 LF trn, bk L) chg lead
   hands joined, -;

Meas  PART Amod
1~ 8 OP Hip Twist; Fan; Start Alemana; Thru to Aida; Switch Rk;
Spot Trn; Shoulder to Shoulder; (handshake) Underarm Trn:
   1- 7 Repeat meas 1-7 of Part A:;
   8 (Underarm Trn) Right hands joined bk R, rec L, sd R(W XLIF commence RF turn under right
      hand, cont RF trn rec R, sd L), -:

9~14 Shadow Bk Break W Spiral; Fan(M Spot Trn Chg Hands Behind Bk);
   Hockey Stick; Fwd Basic in 4 w/Ci; Cuddle Corte w/ Leg Crawl;
   9-12 Repeat meas 11-14 of Part A:
   QQQQ 13 (Fwd Basic in 4 w/Ci) Fwd L, rec R, bk L, cl R(W fwd L) blend Cuddle position;
      S- 14 (Cuddle Corte w/Leg Crawl) Sd & bk L flex L knee, -(W sd & fwd R, left leg up along man's
      outer thigh with toe pointed to floor).