DON PASO

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Record: BG-103 Flip (Over and Over) available at Palomino Records release: 8/8/88
Sequence: INTRO, A, B, C PHASE: VI Speed: 45 rpm

INTRO

1-2\nWAIT 1 MEAS: UNWIND TO FACE WITH ARMS:

1 Bk to bk M fc COH (W fc wall) with L ft XIB of R arms by sd;

SS 2 With pressure on both ft unwind CCW to fc ptr bring arms up in front of
body and over head, cont unwind to bring arms out to sd and down to
end in very strong position fc ptr ready to connect for next move;-;

PART A

1-4\nSIXTEEN:--:-:-:

1234 1 Appel R connect arms, sd L to SCP, thru R tm RF, sd & bk L to CP
(W appel L, sd R to SCP, thru L, fwd R);

1234 2 Bk R with R shoulder lead, cont bk L outside ptr tm RF, cf R in CP, hold
(W fwd L, fwd R, fwd L tm RF, recov R);

1234 3 Hold and lead W with body tm to do her footwork (W fwd L, fwd R tm LF,
recov L, fwd R);

1234 4 Cont hold and lead W (W fwd L tm RF, recov R, fwd L tm LF to fc ptr, cl
R to L) end CP fc COH;

5-8\nREVERSE FALLAWAY SLIP WITH SYNCOPE CHASSEE ENDING:-- LEFT
FOOT VARIATION:--:

1234 5 Appel R, fwd L, sd R to SCP fc RLOD, XLIB of R in SCP (W appel L, bk R,
sd L to SCP, XLIB of L);

1234 6 Trn body LF to slip R bk under body, fwd L to CP fc LOD, sd R/cl L, sd R
(W tm body LF to slip R fwd to CP, bk R, sd L/cl R, sd L);

1234 7 Fwd L, fwd R, fwd L with L shoulder lead, pt RF fwd in BJO with L knee
compressed;

&1234 8 On the & ct cl R to L/pt L to sd with R knee compressed, cl L to R, sd R,
cl L to R;

9-12\nGRAND CIRCLE:-- START SYNCOPE SEPARATION:--:

1234 9 Appel R, sd & fwd L fwd COH, thru R, use body to unwind feet follow
(W appel L, sd & fwd R, thru L, unwind M with strong steps in SCP fwd R);

1234 10 Cont to unwind transfer wgt to L (W unwinds fwd L; R, L, cl R to fc ptr);

1234 11 Appel R, fwd L, cl R, in pt L (W appel L, bk R, bk L, cl R) end arms length
lead finds joined;

1234 12 XRIB of L, XLIB of R, XRIB of L, XLIB of R smaller steps than W to end
in paso doble joined;

13-16\nFINISH SYNCOPE SEPARATION TO FC WALL:-- CHANGE FOOT COUP DE
PIQUE:--:

&1&23&4 13 On the & ct cl R/pt L to sd, cl L/pt R to sd, XRIB of L tm LF, cont tm
sd L/XRIF of L (W cl L/pt R to sd, cl R/pt L to sd, XLIB of R tm LF, cont
tm sd R/XLIB of R);

1234 14 Twist LF allow feet to uncross and end wgt on R fc wall (W tm RF sd &
fwd R to SCP, fwd L, fwd R tm LF to CP);

&1234 15 On the & ct chg wgt to L/pt R thru to LOD in SCP, cl R in CP, XLIB of R
in SCP, cl R in CP;

12&34 16 XLIB of R in SCP, sd R in CP/ cl L, sd R, cl L;
PART B

1-4 INTERRUPTED TRAVELING SPINS FROM PROMENADE: SEPARATION TRANSITION:

1234 1 Appel R, sd L to SCP, walk fwd R, L;
1234 2 Thru R release hold with R hnd, sd & fwd L, walk fwd R, L (W thru L spiral RF under lead hnds, fwd R, walk fwd L, R);
1234 3 Thru R release hold with R hnd, sd & fwd L, fwd R fc ptr & wall, cl L to R (W thru L spiral RF under lead hnds, fwd R, fwd L to fc ptr, cl R to L);
1234 4 Appel R; fwd L, cl R drop lead hnds begin to lift arms out and up, tch L to R finish with arms over head slightly rounded palms ficng with strong fingers (W appel L, bk R, bk L lift arms, cl R to L: arms overhead);

5-8 FLAMENCO CROSS: CIRCULAR CHASSE: FLAMENCO CROSS:

CIRCULAR CHASSE TRANSITION:

1&23&4 5 XLIF of R with stamping action bring L arm down in front of body/ recov R cont arm circle down then up, small sd L arm bk to original position over head (W same footwork opposite direction), XRIF of L with stamping action bring R arm down in front of body/ recov L cont arm circle down then up, small sd R arm bk to original position over head;
1234 6 Fc ptr and in circle CW sd L, cl R, sd L, cl R to end fc ptr and R LOD (W same footwork) while circling both arms come down in front of body and then circle back to original position over head;

1&23&4 7 XLIF of R with stamping action bring L arm down in front of body/ recov R cont arm circle down then up, small sd L arm bk to original position over head (W same footwork opposite direction), XRIF of L with stamping action bring R arm down in front of body/ recov L cont arm circle down then up, small sd R arm bk to original position over head;
1234 8 Fc ptr and in circle CW sd L, cl R, sd L, cl R to end fc ptr and COH (W sd L, cl R, sd L, tch R to L) while circling both arms come down in front of body and end in paso double hand hold;

9-12 FORWARD TO THE THREE SPANISH LINES WITH FACE SIDE CLOSE:--:

1234 9 Fwd L, thru R comm RF tm, ad L cont RF tm, bk R to fc R LOD;
1234 10 Press R on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd L comm LF tm, sd R cont LF tm, bk L fc LOD;
1234 11 Press R on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd R comm RF tm, sd L cont RF tm, bk R fc R LOD;
1234 12 Press R on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd L to fc ptr & COH, sd R, cl L to CP;

13-16 LA PASSE:--:

1234 13 Appel R, sd L to SCP, thru R tm RF, sd & bk L to CP fc LOD (W appel L, sd R to SCP, thru L tm RF, fwd R to CP);
1234 14 Bk R tm RF, bk L ptr outside cont tm, fwd R twd wall, hold (W fwd L tm RF, fwd R outside ptr, sd & bk L tm RF, sd R to SCP);
1234 15 Hold, fwd L twd wall, hold, hold (W fwd & across M on L, sd & bk R tm LF to RSCP, sd L, fwd and across M on R);
1234 16 Fwd R twd wall, hold, hold, cl L to R in CP fc wall (W sd & bk L tm RF to SCP, sd L, fwd L twd ptr, cl R to L);
1-4  FAROL-:

1234  1  Appel R, sd L to SCP, thru R trn RF, bk L to CP fc RLOD (W appel L, sd R to SCP, thru L, fwd R to CP);

1234  2  Bk R, bk L ptr outside trn RF, cl R cont trn, in place L to end fc COH in double handhold pos (W fwd L, fwd R outside ptr trn RF, sd L cont trn to fc RLOD and wall, bk R to double handhold);

1234  3  Hold and lead W (W moving in front of M to his left sd fwd L, R, R, R spiral LF);

1234  4  Hold and lead W (W moving in bk of M to his R sd fwd L, R, L release M's L and W's R hnds, fwd R to RLOD in front of M to end foling RLOD and place palms of M's L and W's R hnd together);

5-8  FINISH FAROL: TURNING SUB: PLACE: PROMENADE TO SCP:;

1234  5  Hold, hold, sd R, cl L to R (W spin RF 3/4 on R release hnds and cl L, in place R to CP, sd L, cl R) end fc COH;

1234  6  Trn RF to fc wall in place R, L, R, L (W small sd L, cl R, sd L, cl R);

1234  7  Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP fc RLOD (W appel L, sd & fwd R to SCP, fwd L, fwd R to CP);

1234  8  Bk R body trn RF, bk L in BJO cont trn, sd & fwd R to CP fc LOD, cont trn to SCP sd & fwd L (W fwd L body trn RF, fwd R in BJO cont RF trn, sd L to CP, cont trn to SCP sd & fwd R);

9-12  HUIT-: COMMENCE CHASSE CAPE:;

1234  9  Thr L in SCP, cl L to fc wall, hold, hold (W thru L in SCP, sd R trn LF, recov L in RSCP, thru R);

1234  10  Hold (W sd L trn RF, recov R in SCP, fwd L twd ptr, cl R to L CP);

1234  11  Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP (W appel L, sd & fwd R to SCP, fwd L, fwd R to CP);

1234&  12  Bk R trn RF, bk L in BJO pivot RF, fwd R in BJO cont trn to fc wall in CP, sd L/ cl R (W fwd L trn RF, fwd R in BJO pivot RF, cl L cont trn to CP M fc wall, sd R/ cl L);

13-16  FINISH CHASSE CAPE WITH FLAMENCO TAP ENDING-:-:

1234&  13  Sd & bk L, bk R in SCAR pivot LF, fwd L trn to fc COH in CP, sd R/cl L (W sd & fwd R, fwd L in SCAR pivot LF, cl R cont trn to CP M fc COH, sd L/cl R);

1234&  14  Sd & bk R trn RF, bk L in BJO pivot RF, fwd R in BJO but cont trn to fc wall in CP, sd L/cl R (W fwd L trn RF, fwd R in BJO pivot RF, cl L cont trn to CP M fc wall, sd R/cl L);

1234  15  Sd & bk L, bk R in SCAR pivot LF, fwd L cont trn to fc DC release hold of R hnd, sd R to LOP fc LOD (W sd & fwd R, fwd L in SCAR pivot LF, cl R, sd & fwd L to LOP fc LOD);

1234&  16  In LOP free hnds rver head fwd L on ball of foot partial wgt for press line, put full wgt on L/ tap R ft behind L, recov bk R, press line L and hold;