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Music: "Disney Girls"
Artist: Paola Fabris
CD: Ancona Open Ballroom Vol. 10 - Lucky Day or single download from Casa Musica
Release Date: Jan 2018

Rhythm: Waltz  
Phase: V
Degree of Difficulty: Average
Original Length of Music: 3:53

Music Modifications:
1) Cut length of music to 2:35.
2) Fade music from 2:30 to 2:35.
3) Increase tempo 2% to 46rpm

Sequence:
Intro ABC AB End
Footwork: Opposite for Woman unless otherwise noted in (  )

INTRO [4 Measures]
CP DLW WITH LEAD FEET FREE WAIT 2 MEASURES

1-4
WAIT; WAIT; FWD & TCH; OP FIN;

1-2
{Wait 2 Measures} Wait; Wait;

3 {Fwd & Tch} From CP fgc DLW fwd L, tch R to L, -;

4 {Open Finish} From CP fgc DLW bk R trng LF, sd and fwd L to fc DLC, fwd R outsd ptr to BJO;

PART A [16 Measures]

1-3
{Diamond Trn 3/4 DLW} From BJO DLC fwd L blendg to CP trng LF on the diag, cnt LF trn sd R, bk L with ptr outsd man in BJO fgc DRC; Trng LF blendg to CP bk R, sd L, fwd R outsd ptr in BJO fgc DRW; Fwd L blendg to CP and trng LF on the diag, sd R, bk L with ptr outsd man in BJO fgc DLC;

4 {Hvr Corte} From BJO fgc DLW bk R to CP startg LF trn, sd and fwd L with hoverg action cont body trn, rec R with R sd leadg to BJO fgc DRC;

5-9
{DK & BK/LK BK; OUTSIDE SPIN [DRW]; TO A L TRNG LK; NAT WEAVE;}

5 {Bk & Bk/Lk Bk} Bkg twd DLW in BJO bk L, bk R/XLIF of R, bk R;

6 {Outsd Spin [DRW]} In BJO fgc DRC preparg to lead Woman outsd ptr comm a RF body trn toeg in with right sd lead bk L in CBMP small step strong 1/4 RF trn, fwd R in CBMP heel to toe cont to trn RF, [3/8 RF trn between steps 2 and 3] sd and bk L to end in CP 1/8 RF trn to end fgc DRW; {Comm a RF body trn with left sd lead stayg well into the Man's right arm R foot fwd in CBMP outsd ptr heel to toe, L foot closes to R ptr on toes of both feet 1/2 trn between steps 1 and 2, cont to trn RF 1/8 between steps 2 and 3 fwd R between Man's ft to end in CP 1/8 RF trn end in CP fgc ptr:}

7 {To a L Trng Lk} From CP fgc DRW bk R with R sd lead and R sd stretch/XLIF of R, bk and slightly sd R startg to trn LF, sd and slightly fwd L to BJO DLW makg 1/4 LF trn between steps 3 and 4 as body trns less;

8-9
{Nat Weave} From BJO DLW fwd R comm to trn RF and blendg to CP, sd L with L sd stretch [a little under 1/4 RF trn between steps 1 and 2], with R sd lead bk R DLC preparg to lead ptr outsd man [slight RF trn between steps 2 and 3]; With R sd stretch bk L in CBMP, bk R comm LF trn passg through CP, with L sd stretch sd and fwd L [1/8 LF trn between steps 5 and 6 body trns less] in BJO fgc DLC; (Bk L comm to trn RF, R ft closes to L [heel trn] with R sd stretch trng 1/4 RF between steps 1 and 2, with L sd lead fwd L preparing to step in CBMP outsd ptr: With L sd stretch fwd R in CBMP outsd ptr, fwd L comm to trn LF passg through CP, with R sd stretch sd R [1/4 trn between steps 5 and 6] in BJO:)

10-12
{FWD & FWD/LK FWD; CURVED FEATHER [CKG]; BK PASSING CHG;}

10 {Fwd & Fwd/Lk Fwd} In BJO twd DLW fwd R, fwd L/XRIB of L, fwd L;

11 {Curved Feature [Ckg]} Fwd R comm to trn RF, with L sd stretch cont RF trn sd and fwd L, cont upper body trn to R with L sd stretch fwd R outsd ptr in BJO DRW; (Bk L comm to trn RF, stayg well in ptr’s R arm with R sd stretch cont RF trn sd and bk R, cont upper body trn to R with R sd stretch bk L in BJO:)

12 {Bk Passing Chg} Staying in BJO bk L, bk R, bk L;
OP FIN [DLW];  HVR TELEMRK;  OP NAT;  HESITATION CHG;

13  {Open Finish}  From BJO fcg DRW bk R trng LF, sd and fwd L to fc DLW, fwd R outsd ptr to BJO;
14  {Hvr Telemrk}  Fwd L blendg to CP, diag sd & fwr R risg slightly [hoverg] with body trnq 1/8 RF, fwr L on toes to SCP DLW;  (Bk R, -, diag sd & bk L with hoverg action & body trnq 1/4 RF, fwr R on toes to SCP;
15  {Op Nat}  From SCP DLW thru R heel to toe with RF upper body trn, sd L across LOD, cont slight RF upper body trn to lead ptr to step outsd bk R with R sd leadg to BJO fcg RLOD;  (From SCP Thru L, fwr R to CP, fwr L with CBM;
16  {Hesitation Chg}  From CP RLOD comm RF upper body trn steppg bk L, sd R cont RF trn to fc DLC, drw L to R;

PART B  [8 Measures]

1-4  DRAG HESITATION;  BK & BK/LK BK;  OUTSD CHG SCP;  X PVT [SDCAR];
1  {Drag Hesitation}  From CP DLC fwd L, beginng LF trn sd R cont LF trn drw L twd R over the remainder of the measure ending in BJO DRC, -;
2  {Bk & Bk/Lk Bk}  Bkg twd DLW in BJO bk L, bk R/XLIF of R, bk R;
3  {Outsd Chg SCP}  From BJO fcg DRC bk L, bk R trng LF, sd & fwr L to SCP DLW;
4  {X Pvt [SDCAR]}  From SCP fcg DLW fwd R in front of Lady beginng a RF trn, sd L cont the RF trn, fwr R to SDCAR fcg DLC;  (From SCP fcg DLW fwd L comm a RF trn, fwr R between ptr's ft heel to toe pvtg 3/8 RF, sd and bk L to SDCAR;
5-8  HVR X END;  TRN LT & CHASSE BJO;  OVER SPIN TRN [DRW];  OP FIN [DLW];
5  {Hvr X End}  With R sd stretch fwd L across R on toe/rec R, with L sd lead sd and fwd L, with a L sd stretch fwd R in BJO DLC;  (With L sd stretch bk R across L on toe/rec L, with R sd lead sd and bk R small step, bk L in BJO;
6  {Trn Lt & Chasse BJO}  Fwd L comm LF upper body trn, sd R cont trn/cl L, sd R complete trn to BJO fcg DRC;
7  {Over Spin Trn [DRW]}  From BJO DRC comm RF upper body trn bk L blendg to CP toe pvtg RF to fc LOD, fwr R between ptr's ft heel to toe cont RF trn kepplg L leg extended bk and sd, complete trn sd and bk L to fc DRW;  (Comm RF upper body trn fwr R outsd ptr's ft heel to toe blendg to CP and pvtg RF, bk L toe cont trn brush R to L, complete trn sd and fwr R;
8  {Op Fin [DLW]}  From CP fcg DRW bk R trng LF, sd and fwr L to fc DLW, fwr R outsd ptr to BJO;

PART C  [15 Measures]

1-4  HVR TELEMRK;  RUNNING OP NAT;  QK LK SLO LK;  OP FIN;
1  {Hvr Telemrk}  From BJO fcg DLW fwd L blendg to CP, diag sd & fwr R risg slightly [hoverg] with body trnq 1/8 RF, fwr L on toes to SCP DLW;  (Bk R, diag sd & bk L with hoverg action & body trnq 1/4 RF, fwr R on toes to SCP;
2  {Running Op Nat}  From SCP DLW thru R comm to trn RF, sd and bk L with slight L sd stretch [3/8 RF trn between steps 1 and 2]/bk R with R sd lead preparing to lead ptr outsd ptr in CBMP [1/8 trn R between steps 2 and 3], with slight R sd stretch bk L in BJO fcg RLOD;  (Thru L comm upper body RF trn 1/4, stayg well into ptr's R arm with slight R sd stretch fwr R/fwr L with L sd lead preparg to step outsd ptr, with slight L sd stretch fwr R in BJO;
3  {Qk Lk Slo Lk}  With R sd lead and R sd stretch bk R/XLIF, bk R, XLIF;
4  {Op Fin}  From BJO fcg RLOD bk R trng LF, sd and fwr L to fc DLW, fwr R outsd ptr to BJO;
5-8  HVR [DLC];  X HESITATION;  OUTSD CHG BJO;  CL WING;
1  {Hvr [DLC]}  In BJO fcg DLW fwd L to CP DLW, fwr and slightly sd R risg to ball of ft, sd and slightly fwr L to tight SCP fcg DLC;
2  {X Hesitation}  From SCP DLC thru R twd DLC, comm 1/2 LF trn to fc DRC on R tch L, -;  (Thru L comm LF trn, sd R around ptr cont to trn LF, cont trn cl L to R in BJO;
3  {Outsd Chg BJO}  Bk L, bk R trng LF, sd and fwr L with L sd leadg to BJO fcg DLW;
4  {Cl Wing}  From BJO fcg DLW fwd R, draw L to R with LF upper body trn, cont upper body trn to fc DLC tch L;  (Bk L, sd R across Man, fwr L to SDCAR;)
9-12 **VIENNESE TRNS 1 & 1/2 [RLOD];;; BK & CHASSE SCP [DLC];**

9-11 *(Viennese Trns 1 & 1/2 [RLOD]*)  Fwd L to CP comm LF trn, sd R cont LF trn, sd L cont LF trn, cl R to L;  Fwd L comm LF trn, sd R cont LF trn, XLIF of R to end fchg RLOD;  (Bk R comm LF trn, sd L cont LF trn, cl R to L;  Fwd L comm LF trn, sd R cont LF trn, XLIF of R;  Bk R comm LF trn, sd L cont LF trn, clo R to L;)

12 *(Bk & Chasse SCP [DLC]*)  Bk R trng LF to fchg WALL, sd L/cl R, sd L trng to SCP DLC;

13-15 **PROM WEAVE ~ SYNC THE ENDING;; CHG OF DIR;;**

13-14 *(Promenade Weave ~ Sync the Ending)*  From SCP DLC thru R, fwd L comm LF trn, sd & slightly bk on R to BJO DLC;  Bk L DLC, bk R comm LF trn & lead lady to CP/sd & slightly fwd L DLW, fwd R outsd ptr to BJO DLW;  (Thru L, sd & slightly bk R comm LF trn to BJO fchg DRW, cont trng on R until fchg LOD then fwd L DLW;  Fwd R, fwd L DLC comm LF trn/cont LF trn sd & slightly bk R fchg COH, bk L to BJO;)

15 *(Chg of Direction)*  Fwd L DLW, fwd R DLW with R shldr lead trng LF to fchg DLC startg to draw L to R and cont drawg L to R over the remainder of the measure, -;

**REPEAT PART A** [16 Measures]

**REPEAT PART B** [8 Measures]

**END** [4 Measures]

1-4 **HVR [DLC]; THRU & CHASSE BJO; CL WING & BK TO SLO HINGE;;**

1 *(Hvr [DLC]*)  From BJO fchg DLW fwd L to CP DLW, fwd and slightly sd R risg to ball of ft, sd and slightly fwd L to tight SCP fchg DLC;

2 *(Thru & Chasse BJO)*  Thru R to fch ptr, sd L/cl R, sd L to BJO;

3-4 *(Cl Wing & Bk to Slo Hinge)*  From BJO fwd R, draw L to R with LF upper body trn, cont upper body trn to fchg DLC tch L;  From SDCAR sd and slightly bk L to fchg COH comm L sd stretch cont L sd stretch leadg ptr to cross her L ft beh her R keepg L sd in to ptr, relax R knee and trng R knee to sway R to look at ptr;  (Bk L, sd R across Man, fwd L to SDCAR;  Fwd & sd R trng to fch ptr comm R sd stretch and cont R sd stretch swvl LF, XLIB of R keepg L sd in twd ptr relaxg L knee [head to L with shldrs almost parallel to ptr] with no weight on R;)
"Disney Girls" Quick Cues
Sequence: Intro  ABC  AB  End

CP DLW / Lead Feet Free / Wait 2 Measures

Intro:  
Wait;  Wait;  Fwd & Tch;  Op Fin;

A:  
Diamond Trn 3/4 [DLW];;;  Hvr Corte;
Bk & Bk/Lk Bk;  Outsd Spin [DRW];  to a ~ Lt Trng Lk;  Nat Weave;;
Fwd & Fwd/Lk Fwd;  Curved Feather [Ckg];  Bk Passing Chg;
Op Fin [DLW];  Hvr Telemrk;  Op Nat;  Hesitation Chg;

B:  
Drag Hesitation;  Bk & Bk/Lk Bk;  Outsd Chg SCP;  X Pvt [SDCAR];
Hvr X Ending;  Trn L & Chasse BJO;  Over Spin Trn [DRW];  Op Fin;

C:  
Hvr Telemrk;  Running Op Nat;  Qk Lk Slo Lk;  Op Finish [DLW];
Hvr [DLC];  X Hesitation;  Outsd Chg BJO;  Cl Wing;
Viennese Trn 1 & 1/2;;;  Bk & Chasse SCP DLC;
Promenade Weave ~ Sync the End;;  Chg of Direction;

A:  
Diamond Trn 3/4 [DLW];;;  Hvr Corte;
Bk & Bk/Lk Bk;  Outsd Spin [DRW];  to a ~ Lt Trng Lk;  Nat Weave;;
Fwd & Fwd/Lk Fwd;  Curved Feather [Ckg];  Bk Passing Chg;
Op Fin [DLW];  Hvr Telemrk;  Op Nat;  Hesitation Chg;

B:  
Drag Hesitation;  Bk & Bk/Lk Bk;  Outsd Chg SCP;  X Pvt [SDCAR];
Hvr X Ending;  Trn L & Chasse BJO;  Over Spin Trn [DRW];  Op Fin;

End:  
Hvr [DLC];  Thru & Chasse BJO;  Cl Wing & Bk to a Slo Hinge [COH];;