DIRTY LOW DOWN AND BAD

CHOREO: Stefan & Ilona Lankuttis
ADDRESS: Igelweg 8, 65428 Rüsselsheim, Germany
PHONE: +49 - 6142-8339392
WEBSITE: www.ilona-lankuttis.de
MUSIC: Dirty low down and bad, Artist: Keb Mo, CD: Keb Mo, or download from I-Tunes, 3:08 @download speed
RHYTHM: Westcoast Swing
FOOTWORK: opposite unless indicated (W’s footwork in parentheses)
PHASE (+): V+0+1 unph (R SD Pass w/Tuck & Twirl)
SEQUENCE: INTRO A A B A1-8 C B-MOD END

MEAS.

1-6
INTRO
WAIT; QUICK CHICKEN WKS 4: SUGAR PUSH ~ LEFT SD PASS;:::KICK/BALL
CHANGE 2X:
LOP Man fc LOD both Lead feet free ~ wait for the counts a 1 2 a 1 2 3 -
1 Wait;
2 Quick Chicken wks 4: bk L, bk R, bk L, bk R (Sswl RF fwd w, swvl LF fwd L, swvl RF fwd R, swvl LF fwd L);
3 Sugar Push: Bk L, bk R, tap L, fwd L: sm bk R/ rec slightly fwd L, slightly bk R (Fwd R, fwd L, tap L in bk, bk R: sm bk L/rec slightly fwd R, slightly bk L) ~
3,5-5 L SD Pass: Bk L trng ¼ LF, cl R; Sip L/R, fwd L tm LF, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L comm LF tm; Sd R/XLIF cont LF tm, sd & bk R comp ½ LF tm, sm bk L/rec slightly fwd R, slightly bk L);
6 Kick/ball chng 2x: Kick L fwd/cl L on ball of ft, sip R, repeat (W kick R fwd/cl R on ball of ft, sip L, repeat) LOP fcg RLOD;

7-9
MAN UNDERARM TURN – UNDERARM TURN:::
7 M Underarm Turn: Bk L, fwd & sd R twd W’s L sd raising jnd ld hnds comm RF tm und jnd ld hnds, sd L/bk & sd R, fwd L jn R hnds (Fwd R, fwd L comm LF tm, sd R cont tm/XLIF cont tm, sd & bk R to fc jn R hnds); Sm bk R/rec slightly fwd L, slightly bk R (Sm bk L/rec slightly fwd R, slightly bk L) fcg LOD ~
7,5-9 Underarm Turn: Bk L, raising jnd ld hnds XRIF comm RF tm; sd L/cl R, sd & fwd L comp ½ RF tm, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L comm LF tm und jnd ld hnds; Sd R cont tm/XLIF cont tm, sd & bk R comp ½ LF tm, sm bk L/rec slightly fwd R, slightly bk L) LOP fcg RLOD;

10-14
TUCK & SPIN ~ LEFT SD PASS W/TUCK & SPIN;::: QUICK CHICKEN WKS 6 & POINT;::
10 Tuck & Spin: Bk L, bk R, Tch L, fwd L release hnds for W’s spin; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L, ch L, trn RF R fdn spin RF to fc M; sm bk L/rec slightly fwd R, slightly bk L) ~
10,5-12 L SD Pass w/Tuck & Spin: Bk L trng ¼ LF, sm bk R to get out of slot; Tap L to R, fwd L leading W to trn RF, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L trng L fc; tch R to L, trng RF R fdn RF ½, sm bk L/rec slightly fwd R, slightly bk L) LOP fcg LOD;

1-5
PART A
WHIP TURN;::: LEFT SD Pass to HDSDK ~ SUGAR PUSH TO TANDEM;:::
1-2 Whip Trn: Bk L, rec fwd & sd R moving to W’s R sd trng ¼ RF to loose CP, sd L trng ½ RF/fwd R, sd & fwd L fc RLOD (Fwd R, fwd L trng ½ RF to CP fc LOD, bk R/cl L, fwd R between M’s feet); Trng ½ RF XRIB, fwd L to LOP fcg pos LOD, sm bk R/rec slightly fwd L, slightly bk R (Trng ½ RF fc RLOD bk L, bk R, sm bk L/rec slightly fwd R, slightly bk L);
3 L SD Pass to Hdshk: repeat meas 3,5 – 4 of Introduction to R Hdshk fc RLOD;
3,5-5 Sugar Push to Tandum: Bk L, bk R, tap L, fwd L comm trng LF: finish trng ¼ LF sm bk R/ rec slightly fwd L, slightly bk R fcg diag LOD/WALL (Fwd R, fwd L, tap R in bk, bk R; sm bk L/in plc R, L);

6-8 R SIDE PASS W/TUCK & TWIRL ~ FACE LOOP SUGAR PUSHH
6 R SD Pass w/Tuck & Twirl: w/R hds joined Sd L raise hds ldg W fwd, rec R ldg W fwd to swvl LF., Tap L, ldg W to twirl sd & fwd L fc LOD; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd W tng LF ¼ on L, tch R, trng RF fwd R twirl RF ½ to fc M; sm bk L/rec slightly fwd R, slightly bk L) LOP fcg LOD ~
6,5-8 Face Loop Sugar Push: Bk L, bk R raise jnd R hnds ovr M’s head to bk of neck L hnd to W’s R hip; tap L, fwd L, in plc R/L, R (Fwd R, fwd L, slight RF trn; tap RIB, bk R slide R hnd dwn M’s L arm, sm bk L/in plc R, L) LOP fcg LOD;

9-12 WRAPPED WHIP;; TUCK & TWIRL ~ KICK BALL CHANGE;;
9-10 Wrapped Whip: Bk L to join all hnds, raising M’s L & W’s R hnds above W’s head rec R trng ¼ RF, bring M’s L & W’s R hnds over W’s head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W’s L sd; XRIB trng RF release M’s R & W’s L hnds, trng RF to fc LOD sd & fwd L, in plc R/L, R (Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, in plc L/R, L);
11-12 Tuck & Twirl w/Kick Ball chng: Bk L, bk R, tch L start raising joined Lead hds, fwd L leading W’s twirl under joined hnds; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L, Tch R, trn RF fwd R spin RF under joined Lead hds to fc M; sm bk L/rec slightly fwd R, slightly bk L), kick L fwd/cl L on ball of ft, sip R (Kick R fwd /cl R on ball of ft, sip L) fcg LOD;

REPEAT PART A

PART B

1-4 SIDE WHIP;; UNDERARM TURN W/KICK BALL CHANGE;;
1-2 Side Whip: Bk L, rec R trng 1/4 RF to “L” pos, point L sd twd LOD, hold; Hold, fwd L leading W to fc, to LOP LOD sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L trng 1/2 RF, bk R/cl L, fwd R; Fwd L, fwd R trng 1/2 LF, sm bk L/in plc R, L);
3-4 Underarm Turn: repeat meas 7,5 – 9 of INTRO and meas 11,5 of Part A;; fcg RLOD

5-8 SIDE WHIP;; CHICKEN WKS 2 SLOW 4 QUICK;;
5-6 Side Whip: repeat meas 1 & 2 of Part B;;
7-8 Chicken wks: bk L, -, bk R, - (Swvl RF fwd R, -, swvl LF fwd L, -); repeat meas 2 of INTRO;

REPEAT PART A MEAS 1-8 fcg RLOD

PART C

1-6 UNDERARM TURN TO TRIPLE TRAVELER WIROLL ~ LEFT SIDE PASS;;;;;;
1-4,5 Underarm trn to triple travel w/roll: Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc COH joining R hnds palm to palm (Fwd R, L, R/XLif, bk R tnd LOD passing M und jnd hnds trng LF ¼ on last stp to fc WALL); Sd chasse R/L, sd & fwd R starting RF trn, pushing lightly w/ R hnds fwd L, fwd R rolling RF 1/2 to fc WALL joining L hnds palm to palm; Sd chasse L/R, sd L & fwd trng 1/2 LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng 1/2 RF chg to L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining Id hnds to fc LOD & ptr; sm bk R/rec slightly fwd L, slightly bk R (Sd chasse L/R, sd & bk L trng RF, roll L, R to L palms fcg COH; Sd chasse R/L, bk R trng 1/2 LF to R palms, sd chasse L/R, bk L trng RF to L palms; Sd chasse R/L, bk R comm LF roll, Fwd L, bk R to fc M joining Id hnds; Anchor L/R, L fcg RLOD) ;;;;
4,5-6 L Side Pass: repeat meas 3,5 – 5 of INTRO;;
7-12 **UNDERARM TURN TO TRIPLE TRAVELER W/ROLL ~ SUGAR PUSH**;
Underarm trn to triple travel w/ roll: repeat meas 1- 4,5 of Part C;
Sugar Push: repeat meas 3,5 of INTRO.; fcg LOD

**PART B - MOD**

1-4 **SIDE WHIP;; UNDERARM TURN W/KICK BALL CHANGE;;**
Repeat meas 1 – 4 of Part B;;;

5-8 **SIDE WHIP;; MAN UNDERARM TURN W/KICK BALL CHANGE;;**
Repeat meas 1 – 2 of Part B;; repeat meas 7 of Intro ~ repeat 11,5 of Part A fcg LOD;;

**END**

1-5 **SIDE WHIP;; CHG HANDS to FACE LOOP SUGAR PUSH & ROCK2;; STEP BK & HOLD;;**
1-5 Side Whip: repeat meas 1-2 of Part B change hands to R Hdshk;;
Face Loop Sugar Push & rock 2: Bk L, bk R raise jnd R hnds ovr M's head to bk of neck L hnd to W's R hip tap L, fwd L (Fwd R, fwd L slight RF trn; tap RIB,) rk bk R, rec L;;
Step bk R & hold, - (fwd L raise both arms up);