Diana

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MUSIC: “Diana” by Paul Anka Available From Walmart Music Downloads
Speed - (Slow To Suit)

RHYTHM & PHASE: Phase V +2+1 Jive (Chopper/Roling Off Arms) (Freshman Chase)
Foot Work Opposite Except Where Noted

SEQUENCE: INTRO, A, B, Brg, C, AM, END Released July 2007 / Revised
Optional Beginning Bfly Wall Lead Feet Free Wait 2 Measures (Start with Chasse L & R)

INTRO

1-8 WAIT; Unwind LF CP Wall; Chasse L & R; Link To Whip Turn Fc Wall; Kick Ball Chg 2X;
Neck Slide; Fc LOD Join Lead Hnds; Kick Ball Chg 2X;

1 [WAIT] Wait 1 Measure Bk to Bk Slightl V position man’s R Ldy's L shoulders touching Hnds crossed at
chest Lead Ft hooked behind Trailing Ft Trailing Ft Free

2 [Unwind LF CP Wall] Unwind LF Loose CP Wall;
3 [Chasse L & R] Sd L/Cl R, Sd L, Sd R/Cl L, Sd R;
4-5 [Link To Whip Trn Fc Wall] Rk Apt L, Recover R Comm RF Trn, Small Fwd Chasse L/R, Completing ¼
RF Trn To CP Fc RLOD; XRIB L Toe Turned Out Commence Trnng RF, Sd L Continue RF Trn Chasse Sd
R/Cl L, Sd R Complete 1 full RF Trn;

6-7 [Neck Slide Fc LOD Join Lead Hnds] With Both Hnds Joined Fcg Partner & Wall Rk Bk L, Recover R
Raising J oined hnds Up & Ovr Partner's Heads, Fwd L/Cl R To L, Fwd L Releasing Hld & Placing R hnd To
Rest On Partner's Right Shoulder Ending Ldy On Man's Right Sd; Wheel 1/2 RF Fwd R, Fwd L Continue RF
Trn Allowing R hnd To Slide Down Partner’s Arm, Fwd R Trnng 1/4 RF To Fc LOD/Cl L to R, Small Step
Sd R To Join Lead Hnds (With Both Hands Joined Fcg Partner & Cntr Of Hall Rk Bk On R, Recover L
Raising J oined hnds Up & Ovr Partner's Heads, Fwd R/Cl L To R, Fwd Right Releasing Hnd Hld & Placing
R hnd To Rest On Partner's R Shoulder Ending Man On Ldy's R Sd; Wheel 1/2 RF Fwd R, Fwd L Continue
RF Trn Allowing R hnd To Slide Down Partner’s Arm, Fwd L Trnng 1/4 RF To Fc Reverse LOD/Cl R, Sd L to
join Lead Hnds );

8 [Kick Ball Chg 2X] kick L foot Fwd/Take Weight On Ball Of That Foot, Replace Weight On Other
Foot,Repeat

PART A

1-8 Chicken Wlks 2 Slo 4 Qk; Chg Hnds Behnd Bk Fc RLOD; She Go He Go Fc
LOD; Chg L To R Fc Wall; Amer Spin;

1-2 [Chicken Wlks 2 Slo 4 Qk] Bk L,-, Bk R,-; Bk L, Bk R, Bk L, Bk R;
2-3½ [Chg Hnds Behnd Bk Fc RLOD] Rk Bk L, Recover R, Slightly Fwd L/Cl R, Fwd L Commence 1/4 LF
Trn; Slightly Sd & Bk R/Cl L, Sd R Complete 1/4 LF Trn To Fc Partner RLOD,

3½-5 [She Go He Go Fc LOD] Rk Apt L, Recover R, Fwd L/Cl R, Fwd L Trnng RF 1/8 To 1/4 To Look At Ldy's
Bk; Fwd R Trnng LF 5/8 To 3/4 Trn Under J oined Lead Hnds/Cl L, Sd R To End Fcg Partner, (Rk Apt R,
Recover L, Fwd R Trnng LF 1/2 Under J oined Lead Hnds/Cl L, Fwd R Complete LF Trn; Sd L/Cl R, Sd L To
End Fcg Partner,)

5-6½ [Chg L To R Fc Wall] Rk Bk L, Recover R, Sd L/Cl R, Sd L Commence 1/4 RF Trn; Sd R/Cl L, Sd R, (Rk
Bk R, Recover L, Fwd R/Cl L, Fwd R Commence Up To 3/4 LF Trn Under J oined Lead Hnds; Sd L/Cl R, Sd
L Complete LF Trn To Fc Partner,

9-16  Strt R Trng Falway & Glide To The Sd 2X;;;  Rk Pretzel Trn w Dbl Rk & Rk Rec ;;;

9-12  [Strt R Trng F/A & Glide To The Sd 2X]  Rk Bk L In SCP, Recover R, Fwd & Sd L Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg COH; Travg Down LOD Sd R, XLF R, Sd R/Cl L, Sd R; Rk Apt L, Recover R, Fwd & Sd L Blending To CP & Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg Wall; Travg Down RLOD Sd R, XLF R, Sd R/Cl L, Sd R;

13-16  [Rk To Pretzel Trn w Dbl Rk & Rk Rec]  Rk Bk L, Recover R Trng R To Fc Partner, Sd L/Cl R, Sd L Trng 1/2 RF Keeping Man's L & Ldy's R Hnds Jioned [Partners Are In A Bk To Bk Position]; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Trn LF Under Joined R Hnds Fwd R/Cl L, Fwd R, Bk L/R, L,) End Both Partners Fcg LOD Man In Front

17-20  2 Fwd Tripls; Swvl 4; 2 Fwd Tripls; Throway Fc LOD;

17  [2 Fwd Tripls]  Fwd L, Cl/R Fwd L, Fwd R, Cl L Fwd R;

18  [Swvl 4]  Stay Semi (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R, (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R;

19  [2 Fwd Tripls]  Fwd L, Cl/R Fwd L, Fwd R, Cl L Fwd R;


PART B

1-8  Rolling Off The Arm S/H Fc LOD ;;  Chg L To R To Tandem ;;  Catapult ;;, Shldr Shove ;;, Chg Hnds Behnd Bk Fc RLOD,;;

1-2  [Rolling Off The Arm S/H Fc LOD]  Bk L, Recover Right, 3 Small Steps Turning 1/4 RF Fwd L/Fwd R, Fwd L; Wheel 2 Trng 1/2 RF Fwd R, Fwd L, 3 Small Steps Trng 1/4 RF Fwd R/Cl L, Fwd R (Bk R, Recover L, 3 Steps Trng 1/4 LF Fwd R/Fwd L, Fwd R; Wheel 2 Trng 1/2 RF Bk L, Bk R, In Place Commencing RF Trn L/R, Fwd L Completing 1 Full RF Trn);

2-3½  [Chg L To R To Tandem LOD (Man In Frnt)]  Rk Bk L, Recover R, Sd L/Cl R, Sd L; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Trn LF Under Jioned R Hnds Fwd R/Cl L, Fwd R, Bk L/R, L,) End Both Partners Fcg LOD Man In Front

3½-5  [Catapult]  Fwd L, Recover R, In Place L/R, L; In Place R/L, R, (Rk Bk R, Recover L, Fwd R Commence RF Trn/Cl L Continue RF Trn, Spin RF On R; In Place L/R, L To Fc Partner,

5-6½  [Shldr Shove]  Rk Apt L, Recover R Trng RF, Sd L/Cl R, Sd L Toward Partner Bringing Man's L & Ldy's R Shldr Together Trng LF To Fc Partner; Bk R/Cl L, Bk R,

6½-8  [Chg Hnds Behnd Bk Fc RLOD]  Rk Bk L, Recover R, Slightly Fwd L/Cl R, Fwd L Commerce 1/4 LF Trn; Slightly Sd & Bk R/Cl L, Sd R Complete 1/4 LF Trn To Fc Partner,

9-16  Windmill 2X;;;  Span Arms;;, Chg L To R Fc Wall,;;  Amer Spin & Kick Ball Chg;;

1-3  [Windmill 2X]  Rk Bk L, Recover R Starting 1/4 LF Trn, Fwd L In Front/Cl R, Fwd L Completing 1/4 LF Trn; Sd R Starting 1/4 LF Trn/Cl L, Sd R Completing 1/4 LF Trn, Rk Bk L, Recover R Starting 1/4 LF Trn; Fwd L In Front/Cl R, Fwd L Completing 1/4 LF Trn, Sd R Starting 1/4 LF Trn/Cl L, Sd R Completing 1/4 LF Trn;

1-4 **Link To Whip Turn** ;; **Neck Slide** ;; **Fc LOD Join Lead Hnds** ;

1-2 **[Link To Whip Trn]** Rk Apt L, Recover R Comm RF Trn, Small Fwd Chasse L/R, Completing ¼ RF Trn To CP Fc RLOD; XRIB L Toe Turned Out Commence Trning RF, Sd L Continue RF Trn Chasse Sd R/Cl L, Sd R Complete 1 full RF Trn;


**PART C**

1-8 **Chg L To R To Freshman Chase** ;; **Chasse 7 Endg** ;; **Tripl Whip Trn Fc Cntr** ;;; **Chopper** ;

1-2 **[Chg L To R To Freshman Chase]** Rk Bk L, Recover R, Triple Sd L/R, L Trng RF ½ To Fc RLOD (Ldy Trng LF Under Joined hnds To End Fcg Man); Fwd R/L, R Trng ¼ LF Fc Wall [Right Hand Star], Trng RF ½ Fcg COH L/R L [Left Hand Star];

3 **[Chasse 7 Endg]** Trng ½ LF [With Fwd Body Pressure Left Elbow Held Close To Hip & R Hnd On Lady's R Hip Fwd & Sd Towards Ldy], Sd R/Cl L, Sd R/Cl L, Sd R/Cl L, Sd L; [Lady Offers Resistance Toward Man As She Moves Towards RLOD];

4-6 **[Tripl Whip Trn Fc Cntr]** Rk Bk L, Recover R, Fwd & Sd L Blending To CP & Commencing RF Trn/Cl R Continuing Trn, Sd & Bk L Continuing Trn To Fc RLOD; XRIB L Continuing Trn, Sd L Continuing Trn To Fc Cntr, XRIB L Continuing Trn, Sd L Continuing Trn To Fc Wall; XRIB L Continuing Trn, Sd L Continuing Trn Fc Cntr, Sd R/Cl L, Sd R To End CP COH;

7-8 **[Chopper]** In Place L/R, L, Spinning Full Trn RF In Place R/L, R; In Place L/R, L, Spinning Full Trn RF In Place R/L, R; (Spin Full Trn LF In Place R/L, R, In Place L/R, L; Spin Full Trn LF In Place R/L, R, In Place L/R, L;)

**PART A Mod**

1-8 **Basic Rk;;** **Chg R To L Fc RLOD;;** **Stop & Go;;** **She Go He Go Fc LOD;;** **Chg L To R To Fc Wall;;**

0-1½ **[Basic Rk]** Rk Apt L, Recover On R, Sd L/Cl R, Sd L; Sd R/Cl L, Sd R,


5-6½  [She Go He Go Fc LOD]  Rk Apt L, Recover R, Fwd L/Cl R, Fwd L Trng RF 1/8 to 1/4 To Look At Ldy's Bk; Fwd R Trng LF 5/8 To 3/4 Trn Under Joined Lead Hnds/Cl L, Sd R To End Fcg Partner,(Rk Apt R, Recover L, Fwd R Trng LF 1/2 Under Joined Lead Hnds/Cl L, Fwd R Complete LF Trn; Sd L/Cl R, Sd L To End Fcg Partner,)


9-16  Strt R Trng Falway & Glide To The Sd 2X;;;;  Rk Pretzel Trn w Dbl Rk & Rk Rec

9-12  [Strt R Trng F/A & Glide To The Sd 2X]  Rk Bk L In SCP, Recover R, Fwd & Sd L Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg COH; Trvlg Down LOD Sd R, XLF R, Sd R/Cl L, Sd R; Rk Apt L; Recover R, Fwd & Sd L Blending T CP & Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg Wall; Travlg Down RLOD Sd R, XLF R, Sd R/Cl L, Sd R;

13-16  [Rk To Pretzel Trn w/ Dbl Rk & Rk Rec]  Rk Bk L, Recover R Trng R To Fc Partner, Sd L/Cl R, Sd L Trng 1/2 RF Keeping Man's L & Ldy's R Hnds Joined [Partners Are In A Bk To Bk Position]; Sd R/Cl L, Sd R Trng Up To 1/4 RF [Partners Are In A Bk To Bk "V" Position With Man's L & Ldy's R Hnds Joined behind Bks], Rk Fwd L Crossing In Front To LOD With Right Hnd Extended Fwd Recover, Fwd Recover; R Trng Up To 1/4 LF, Sd L/Cl R, Sd L Trng 1/2 LF To Fc Partner Still Retaining Man's L & Ldy's R Hnds, Sd R/Cl L, Sd R, Rk Bk L, Recover R;

17-20  2 Fwd Tripls;  Swvl 4;  2 Pt Stps;  Chasse L & R;

17  [2 Fwd Tripls]  Fwd L, Cl/R Fwd L, Fwd R, Cl L Fwd R;

18  [Swvl 4]  Stay Semi (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R, (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R;

19-19  [2 Pt Stps]  Point L Fwd With Outside Edge Of Foot In Floor Contact, Fwd L, Point R Thru With Outside Edge Of Foot In Floor Contact In Line With Weighted Foot, Fwd R;

20-20  [Chasse L & R]  Repeat Intro Meas 3

END

1-4  Chg R To L ;;;;  CHG L To R Fc Wall,;;;  Slo XIF & Unwind To Bk/ Bk w Crossed Arms (Looking Over Shoulders At Each Other) ;


4  [Slo XIF & Unwind RF to Bk/ Bk]  Slo XLIF of R,-, Unwind RF To Bk/Bk w/Crossed Arms Looking Over Man's R (Ldy's L) Shoulders,-;