INTRO

{BK TO BK FCG CNTR} WAIT 2 MEAS ;; UNWIND ; AIDA ; TRIPLE CHA’S BACK ; SWITCH ROCK ; {BFLY WALL}

1-6 Wait 2meas Bk to Bk M fcg CNTR Rf ft behind left ;; Unwind trng RF to fc ptr (W trng LF ) on “Leave Me Breathless”

Change wgt to Left ft in BFLY Wall; [AIDA] Thru R trng LF, sd L, trng RF bk R/lk L, bk R to BK TO BK V;

{TRIPLE CHA’S BACK} Bk L/lk R , bk L , bk R/lk L , bk R;

{SWITCH ROCK} Trmg LF to fc ptr in BFLY sd L chking jnd hnds thru , rec R , sd L twds LOD/ cls R, sd L;

{BFLY WALL} SPOT TRN TO LEFT HND STAR ; UMBRELLA TRNS ;; ; {BFLY WALL}

7-11 [SPOT TRN TO LEFT HND STAR] XRIF trng LF, fwd L , sip cont trng R/cl L, R to LEFT HND STAR fcg RLOD (W XLIF trng RF, fwd R to fc wall , SIP & cont trng LF cl R, L to LEFT HND STAR fcg LOD ) ;

[UMBRELLA TRNS] In left hnd star Rk fwd L , rec R , bk L/cl R , bk L (W rk bk R , rec L , fwd R trng LF 1/2 to fc RLOD/cl L , bk R join R hnds in front of man’s chest) ; Maintain both hnds jnd rk bk R , rec L , fwd R/cl L , fwd R (W rk bk L , rec R , fwd L trng RF 1/2 to fc LOD/cl R , fwd R join L hnds in left hnd star) ; In left hnd star Rk fwd L , rec R , bk L/cl R , bk L (W rk bk R , rec L , fwd R trng LF 1/2 to fc RLOD/cl L , bk R join R hnds in front of man’s chest) ; Maintain both hnds jnd rk bk R , rec L , trng LF 1/4 sd R /cl L , sd R to fc ptr & wall (W rk bk L , rec R , trng 1/4 RF to fc ptr sd L/ cl R , sd L to end in BFLY Wall) ;

PART A

{BFLY WALL} FWD BASIC ; CRAB WLKS ;; SPOT TRN ; SHLDR TO SHLDR ; SHLDR TO SHLDR ; {BFLY WALL}

1-6 [FWD BASIC] Fwd L, rec R, sd L/cl R, sd L ; [CRAB WLKS] In BFLY XRIF, sd L, XRIF/cl R, XRIF; Sd L, XRIF, sd L/cl R, sd L ;

[SPOT TRN] In BFLY XRIF trng LF, fwd L cnt trng LF, sd R/cl L, sd R to end in BFLY fcg ptr & wall;[SHLDR TO SHLDR] XLIF to bfly SCAR (W XRIIB), rec R, sd L/cl R, sd L to end in BFLY wall;[SHLDR TO SHLDR] XRIF to bfly BJO (W XLIB), rec L, sd R/cl L, sd R to end in BFLY wall;

{BFLY WALL} BREAK BK TO OP ; SWIVEL 2 &a CHA ; {OP LOD}

7-8 [BREAK BK TO OP] Bk L trng LF to fc LOD (W bk R) rec R to fc LOD , fwd L / cl R , fwd L ;

[SWIVEL 2 &a CHA] in OP LOD fwd R swiveling LF, fwd L swiveling RF, fwd R / cls L , fwd R ending in OP LOD ;

PART B

{OP LOD} SLIDING DOOR WITH ROLL ACROSS ; SLIDING DOOR LADY ROLL ACROSS ; CIR AWAY & TOG ;;

1-4 [SLIDING DOOR WITH ROLL ACROSS] OP LOD Rk aprt L, rec R, XLIF/ sd R, XLIF (W Rk aprt R, rec L trng LF to fc COH, cont trng LF across in front of M sd R/cl L, sd R trng LF to end on M’s Left sd fcg LOD );

[SLIDING DOOR WITH ROLL ACROSS] OP LOD Rk aprt R, rec L, XRIF/ sd L, XRIF (W Rk aprt L, rec R trng RF to fc WALL, cont trng RF across in front of M sd L/cl R, sd L trng RF to end on M’s Rt sd fcg LOD );

[CIR AWAY] Circle away LF from ptr twd COH fwd L, fwd R, fwd L/cl R , fwd L (W cir away RF twds WALL);[CIR TOG] Cont LF trn cir twd ptr & wall fwd R L, fwd R/cl L, fwd R to end in BFLY wall (W cir RF twds COH & ptr);

{BFLY WALL} FENCE IN RLOD ; CRAB WALKS ;; SPOT TRN ; {BFLY WALL}

5-8 [FENCE LINE ] Cross lunge thru RLOD L with bent knee looking twd RLOD, rec R, sd L/cl R, sd L ;

[CRAB WLKS] In BFLY XRIF, sd L, XRIF/cl L, XRIF; Sd L, XRIF, sd L/cl R , sd L;

[SPOT TRN] Repeat action of meas 4 part A;
BREATHELESS

Choreographers: Gus & Lynn DeFore, 2206 Briarfield St., Camarillo, CA 93010 (805) 482-0882
E-mail: defore.rdancer@verizon.net

PART C

{BFLY WALL} FWD BASIC ; FAN ; HOCKEY STICK OVRTRN ; TRIPLE CHA'S FWD ; [RT HNDSHK FCG REV]


{RT HNDSHK} RK FWD REC TRIPLE CHA'S BACK ; UNDERARM TRN ; TIME STEP RLOD ; TIME STEP LOD ; [BFLY WALL]

6-10 [RK FWD REC TRIPLE CHA'S BACK] In Rt Hndshk M fcg RLOD (W fcg LOD) Rk fwd L, rec R, bk L/cl R, bk L; Chng hnds (W chng hnds) Bk R/cl L, bk R, Chng hnds to Rt Hndshk Bk L/cl R, bk L;
[UNDERARM TRN] In Rt Hndshk XRB, sd L trng LF ½ to fc wall, sip R/cl L, R to end in Rt Hndshk fcg WALL (In Rt Hndshk W under jnd raised hnds over W's head fwd L trng ½ RF, fwd R/cl L, sd R end fcg ptr & COH);
[TIM[STEP] Release jnd hnds then extend arms out XLIB (W XRB), rec R re-crossing arms in front, sd L/cl R, sd R; [TIME STEP] While extending arms out XRB (W XLIB), rec L re-crossing arms in front, sd R/cl L, sd R to BFLY wall;

{BFLY WALL} FWD BASIC ; NEW YORKER LOD in 4 ; [BFLY WALL]

11-12 [FWD BASIC] Fwd L, rec R, sd L/cl R, sd L; [NEW YRKR in 4] Rk thru R to LOP LOD, rec L to fc, sd R, sip L to BFLY wall; NOTE: Third time thru part C end at meas 11 in BFLY wall with R ft free.

INTERLUDE

{BFLY WALL} AIDA ; TRIPLE CHA'S BACK ; SWITCH ROCK ; SPOT TRN ; [BFLY WALL]

1-4 [AIDA] Repeat action of meas 4 & 5 of the INTRO;; [SWITCH ROCK] Repeat action of meas 6 of the INTRO;
[SPOT TRN] Repeat action of meas 4 part A;

PART D

{BFLY WALL} AIDA ; TRIPLE CHA'S BACK ; SWITCH ROCK ; SPOT TRN TO LEFT HND STAR ; [FC REV]

1-4 [AIDA] Repeat action of meas 4 of the INTRO; [TRIPLE CHA'S BACK] Repeat action of meas 5 of the INTRO;
[SWITCH ROCK] Repeat action of meas 6 of the INTRO; [SPOT TRN TO LEFT HND STAR] Repeat action of meas 7 of INTRO;

[LEFT HND STAR FCG REV] UMBRELLA TRNS ;;;;; BREAK BK TO OP ; SWVL 2 &a CHA ; [OP LOD]

5-10 [UMBRELLA TRNS] Repeat action of meas 8 thru 11 of INTRO;;;; [BREAK BK TO OP] Repeat action of meas 7 part A; [SWIVEL 2 &a CHA] Repeat action of meas 8 of part A;

ENDING

{BFLY WALL} NEW YORKER LOD ; NEW YORKER RLOD ; CRAB WLKS ; [SPOT TRN] ; [BFLY WALL]

1-5 [NEW YORKER LOD] Rk thru R to OP LOD, rec L to fc; sd R/cl L, sd R; [NEW YORKER RLOD] Rk thru L to OPL RLOD, rec R to fc, sd L/cl R, sd L; [CRAB WLKS] Repeat action of meas 2 & 3 of part A ;; [SPOT TRN] Repeat action of meas 4 part A;

{BFLY WALL} FENCE LN RLOD ; FENCE LN LOD ; VN 2 &a CHA ; POINT REV ; [BFLY WALL]

6-8+ [FENCE LINE RLOD] Cross lunge thru RLOD L with bent knee looking twd RLOD, rec R, sd L/cl R, sd L to end in BFLY wall; [FENCE LINE LOD] In BFLY cross lunge thru RLOD R with bent knee looking twd LOD, rec L, sd R/cl L, sd R to end in BFLY wall; [VN 2 &a CHA] In BFLY sd L XRB, sd L/cl R, sd L ; [POINT REV] In BFLY point R and look twds REV (W point L and look twds REV) ,