DE NINA A MUJER

CHOREO:  Karen and Ed Gloodt, 300 Beaumont, Ardmore, OK 73401  
Email:  egloodt@netscape.net  580-226-0445 or 480-677-0666

MUSIC: “De Nina a Mujer”, Mis Quince Anos, by Music Makers, available as a download from Amazon

RHYTHM:  Rumba

PHASE:  IV+1 (cuddles) Average difficulty

FOOTWORK:  Opposite (W’s footwork in parentheses)

SPEED:  (slow 2-3%, or as desired)

SEQUENCE:  INTRO A B A B B END

INTRODUCTION

1-4  BFLY COH;; SIDE WALKS 3; SPOT TURN TO CP:
   1-2  {wait}  BFLY COH wait;
   3  {sd walk 3}  Sd L, cl R, sd L, -;
   4  {spot trn}  Thru R RLOD trng ½ LF to fc LOD, rec L cont trn to fc ptr, sd R to CP, -;

4-8  CROSS BODY TO HANDSHAKE;; SHADOW NEW YORKER; R HAND UNDERARM TURN:
   5-6  {cross body}  Fwd L, rec R trng ½ LF to fc RLOD, sd L blending to “L” pos (Bk R, rec L, fwd R), -;  Rk bk R, rec L trng ½ LF to fc WALL, sd R to handshake WALL (Fwd L, fwd R trng ½ LF to fc COH, sd L), -;
   7  {shad NY}  R/R hnds lunge thru L, rec R, sd L, -;
   8  {R hnd undarm trn}  Keeping RR hnds bk R, rec L, sd R (W XLIF und R hnds trng ½ RF, rec R cont trn to fc ptr, sd L), -;

PART A

1-4  FLIRT; LADY TO FAN; ALEMANA FROM FAN TO BFLY;;
   1-2  {flirt to fan}  R hnds joined fwd L, rec R, cl L leading W to trn ½ LF (Bk R, rec L, fwd R), -;  Bk R, rec L, sd R (Bk L, rec R, sd L moving in front of M & trng1/4 RF to fan pos), -;
   3-4  {alemana from fan}  Fwd L, rec R, cl L leading W to trn RF (Cl R, fwd L, fwd R swiveling RF to fc ptr), -;  Bk R, rec L, sd R (Fwd L trng RF und ld hnd, fwd R, sd L to BFLY), -;

5-8  NEW YORKER; THRU TO AIDA; SWITCH ROCK; SPOT TURN TO CP:
   5  {NY}  Thru L RLOD (W thru R), rec R to fc, sd L, -;
   6  {aida}  Thru R, sd L to fc ptr, trng RF bk R to aida line looking RLOD, -;
   7  {switch rk}  Trng LF sd L to fc ptr, rec R, sd L (Trng RF sd R, rec L, sd R), -;
   8  {spot trn to CP}  Thru R RLOD trng ½ LF to RLOD, fwd L cont trn to fc ptr, sd R to CP, -;

9-13  CUDDLES;; BREAK BACK TO ½ OP; OPEN IN & OUT RUNS;;
   9-10  {cuddles}  Push sd L, rec R, cl L (Trng RF on L r interviews R in M’s R arm to fc LOD, rec R to fc ptr, sd R to momentary cuddle pos), -;  Push sd R, rec L, cl R (Trng LF on R rk bk L in M’s L arm to fc RLOD, rec R to fc ptr, sd L to momentary cuddle pos), -;
   11  {brk bk ½ OP}  Bk L to ½ OP feg LOD, rec R, fwd L (Rk bk R in M’s R arm to fc LOD, rec L, fwd R), -;
   12-13  {op in & out runs}  Fwd R toeing to ptr, fwd & acrs W L, cont trng to fc LOD fwd R in ½ OP (Fwd LOD, L, R, L), -;  Fwd LOD L, fwd R between W’s ft, fwd L to ½ OP (Fwd R toeing to ptr, fwd & acrs M, cont trng to fc LOD fwd R), -;

14-16  OPEN FENCELINE BFLY; AIDA TO RLOD; SWITCH ROCK;
   14  {OP fence line}  Lunge thru R w/ bent knee in 1/2 OP, rec L joining ld hnds, sd R to momentary BFLY, -;
   15  {aida to RLOD}  Thru L, sd R to fc ptr, trng LF bk L to aida line looking LOD, -;
   16  {switch rk}  Trng RF sd R to fc ptr, rec L, sd R (Trng LF sd L, rec R, sd L), -;

PART B

1-4  NEW YORKER IN 2 & POINT; THRU TO SERPIENTE RLOD;; FENCELINE:
   1  {NY in 2 & pt}  Thru L RLOD (Thru R), rec R to fc, pt L to BFLY, -;
   2-3  {serpiente}  BFLY thru L, sd R, XLIF, fan R; XRIB, sd L, thru R, fan L;
   4  {fence line}  Lunge thru L w/ bent knee, rec R, sd L, -;
PART B (CONTINUED)

5-8  CRAB WALK 3; TWIRL VINE 3; FENCeline; 2 SLOW ROCKS TO HANDSHAKE;
5  {crab walk 3} XRIF, sd L, XRIF (XLIF, sd R, XLIF), -;
6  {twirl vine 3} Sd L leading lady to twrl RF und ld hnds, Xrib, sd L (W twirl RF R, L, R to BFLY), -;
7  {fenceline} Lunge thru R w/ bent knee, rec L, sd R to lo BFLY, -;
8  {2 sl rks to hndshk} Rk sd L, -, rk sd R joining R hnds, -; [2nd time to LO BFLY; 3rd time to CP]

REPEAT A
REPEAT B TO LO BFLY
REPEAT B TO CP

END

1-6  CUDDLES;; BREAK BACK TO ½ OP; OP IN AND OUT RUNS;; OPEN FENCeline BFLY;
1-6  Repeat Meas. 9-14, PART A
7-9  NEW YORKER RLOD; THRU SIDE CLOSE; LUNGE APART W/ SLOW ARM SWEEP:+
7  {NY} Thru L RLOD (W thru R), rec R to fc, sd L, -;
8  {thru sd cl} Thru R, sd L to fc ptr, cl R touching ld hnds, -;
9  {lunge apt w/ sl arm sweep} Looking at ptr softly lunge apt starting arm sweep, -, finish slow arm sweep as music fades, -;

RB 4+2  DE NINA A MUJER

INTRO:  BFLY COH;; SD WALK 3;
SPOT TRN CP; X BODY TO HNDSHAKE;;
SHAD NY; UNDARM TRN;
A  FLIRT; LADY TO FAN; ALEMANA TO BFLY;;
NY; THRU TO AIDA; SWITCH RK;
SPOT TRN CP; CUDDLES;; BRK BK TO ½ OP;
OP IN & OUT RUNS;; OP FENCeline;
AIDA TO RLOD; SWITCH RK;
B  NY IN 2 & PT; SERPIENTE RLOD;;
FENCeline; CRAB WALK 3; TWRL VINE 3;
FENCeline LO BFLY; 2 SL RKS TO HANDSHAKE;
A  FLIRT; LADY TO FAN; ALEMANA TO BFLY;;
NY; THRU TO AIDA; SWITCH RK;
SPOT TRN CP; CUDDLES;; BRK BK TO ½ OP;
OP IN & OUT RUNS;; OP FENCeline;
AIDA TO RLOD; SWITCH RK;
B  NY IN 2 & PT; SERPIENTE RLOD;;
FENCeline; CRAB WALK 3; TWRL VINE 3;
FENCeline LO BFLY; 2 SL RKS;
B  NY IN 2 & PT; SERPIENTE RLOD;;
FENCeline; CRAB WALK 3; TWRL VINE 3;
FENCeline; 2 SL RKS TO CP;
END
CUDDLES;; BRK BK ½ OP; OPEN IN & OUT RUNS;; OP FENCeline; NY RLOD;
THRU SD CL; LUNGE APT W/ SL ARM SWEEP;