Dancing Like Lovers VI

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MUSIC: “Dancing Like Lovers” by Ross Mitchell & Singers
[STAR 178-A]

RHYTHM & PHASE: Phase VI Waltz                Speed - 44R

SEQUENCE: INTRO, A, B, A, B (1-15), END Revised 01/2005

INTRO

1-4 WAIT; Step TOG Tch; Bk To Hinge; Hvr Out Semi;

1 [WAIT] Wait 1 Measure Slightly Apt LOP Fcg Ptr DLW Lead Feet Free For Both;
2 1 [Stp TOG Tch] Fwd L turning slightly R Fc w/R Sd Stretch, (W fwd R Turning Slight R Fc L Sd Stretch,);
3 12_(123) [Bk To Hinge] Bk R Comm LF Trn, Cont LF trn sd & fwd L fcg LOD rotate slightly LF, lower slightly to extend line (W fwd L comm. LF trn, fwd & sd R cont LF trn, XLIB of R lowering slightly & head well to L);
4 123 [HVR OUT SEMI] Comm rise & RF trn to fc ptr chng wgt to R, brush L to R, fwd L to Semi DLW (W fwd R comm. Rise & RF trn to fc ptr, cl L to R cont trn to SCP, fwd R);

PART A

1-8 MNVR; OP IMP; CURV FTHR; SLO O/S SWVL; LI LT PVT FC WALL; Bk Chasse Semi DC; BIG TOP; HVR TELMRK;

1 123 [MNVR] Fwd R comm. RF trn, cont RF trn to fc sd L, cl R to CP RLOD (Sm fwd L, sd R, cl L);
2 123 [OP IMP] Comm RF Upper Body Trn Bk L, cl R To L (Heel Trn) cont trn, Fwd L to Semi DLW (Comm RF Upper Body trn fwd R between man’s ft ptv _ RF, sd & fwd L cont RF trn around man & brush R to L, fwd R To Semi DLW);
3 123 [CURV FTHR] Fwd R comm. RF trn, w/L sd stretch cont RF trn sd & fwd L, cont upper body trn to R w/L sd stretch fwd R O/S ptr BJO fcg DRW (Fwd L comm. RF trn, R sd stretch cont RF trn sd & bk R, cont upper body trn to R w/R sd stretch bk L BJO);
4 1__ [SLO O/S SWVL] Bk L slightly trng body RF tight semi position, (Fwd R swivl RF semi RLOD);
5 1 __ [LI LT PVT FC WALL] Fwd R w/Liltg action body trn sfv picking up women fwd L lowering & ptvgt LF (fwd L w/Liltg action body trng LF to CP/fwd R lowering & ptvgt LF);
6 12&3 [BK CHASSE SEMI DC] Bk R comm. LF trn, cont LF trn & fwd L toe pointed DLW/cl R to L, sd & fwd L (sd & bk R) SCP DC;
7 123 [BIG TOP] Thru R twd DC strong step, rising to ball of R & leaving L leg trailing spin LF 3/8 /trng to CP; RLOD place L behind R so L knee tchs bk of R, slip bk ptv LF 3/8 to CP;DLW ( Thru L strong step, rising thru L leg step fwd & around ptr R closing head & rising straight up over R spin LF on ball of R brush L To R, fwd L small step pvt LF on ball of L to end CP bkg DW);
8 123 [HVR TELMRK] Fwd L, fwd & sd R trn RF, sd & fwd L SCP (Bk R, bk & sd L trn RF, sd & fwd R SCP);

9-16 Weav 6 SEMI;; THRU TO SLO THROWAY OVRSWAY;; REC SAME FT LUNGE; LDY DELOPE; TELSPIN ENDG; THRU CHASSE BJO;

1 123 123 [WEAV 6 SCP] Fwd R, fwd L trng LF to fc, sd & bk R; bk L, bk R to CP RLOD, trng LF fc sd & fwd L SCP; (Bk L, Bk R trng LF fc, sd & fwd L; fwd R, fwd L CP, trng LF fc sd fwd R SCP);
2 12___ [THRU SLO THROWAY OVRSWAY] Thru fwd R, sd L RF trn fc, LF swvl soft L knee extend R leg RLOD (Thru fwd L CP, fwd R LF swvl on R pass L by R extend L bk chg head L);Extend ovrsway line;
3 12 [REC SAME FT LUNGE] Rise on L RF body trn L sway, cl R to L soft knee extend leg LOD (Rise on R, swvl RF cl L head R Lower);
[LDY DEVLOPE:] Bring R ft up L leg, to inside of R knee, extend L ft fwd;

[TELSPIN ENDING:] Rise & swvl fc LOD, fwd L comm. To trn LF, Sd R cont LF trn, sd & slightly fwd SCP (Rec L pick up, bk R comm. To trn L bringing L beside R w/no weight, trn LF on R heel {heel trn} chg weight to L, sd & fwd SCP);

[THRU CHASSE BJ O:] Thru R trng to fc, sd L/cl R, sd L to BJ O (Thru L trng to fc, sd R/cl L, sd R to BJ O);

PART B
1-8 _ NAT; HES CHG DW; RUMBA CROSS 2X; TRVLG CONTRA CHK; THRU RI PPLE CHASSE; OK OP REV; BK CHASSE BJ O:

1 123 [1/2 NAT] Comm R fc upper body trn fwd R, sd L across LOD, bk R (Comm R fc upper body trn bk L, cl R {Heel Trn} cont trn, fwd L);

2 123 [HES CHG DW] Comm R fc upper body trn bk L, sd R cont R fc trn, draw L to R (Comm R fc upper body trn fwd R, sd L cont RF trn, draw R to L);

3 123 [RUMBA CROSS 2X] Fwd L w/L shoulder leading {w/L sd stretch}\ crossing R in bk of L trng R fc on toes {w/L sd stretch}, cont RF trn bk L {w/L sd stretch}, fwd R {no stretch}; (Bk R\crossing L in front of R trng RF on toes, cont RF trn fwd R between man's ft pvt, bk L);

4 123 Repeat Measure 3

5 123 [TRVLG CONTRA CHK] Fwd L using contra body motion w/upper body trnd yo L {w/R sd stretch}, cl R & rise to toes {no sway}, fwd L in SCP {w/R sd stretch});

6 123 [THRU RI PPLE CHASSE] Thru R, stretch L sd to briefly look twd but over W (head to L) sd & fwd L/cl R to L, correct sway sd & fwd L;

7 123 [OK OP REV] Fwd R, fwd L comm. To trn L fc/sd & bk R (Bk L, bk R comm. To trn L fc/sd & fwd L);

8 123 [BK CHASSE BJ O] Bk R comm. LF trn, cont LF trn & fwd L toe pointed DLW/cl R to L, sd & fwd L (sd & bk R) BJ O DLW;

9-16 _ NAT; OVRTRND SPIN & TWST SEMI DLW; NAT WEAV SEMI;; CHAIR & SLIP; OP TELMRK; THRU CHASSE BJ O:

1 123 [ _ NAT] (Repeat Part B Measure 1)

2 123 1&23 [OVRTRND SPIN & TWST SCP DLW] Bk L comm. RF pvt _, fwd R between ptr's ft rising strongly, fwd & sround L cont RF trn/lowering into L hook R well behind L weight between ft; cont RF rotation twst on heel of L & ball of R to SCP DLW (Fwd R O/S ptr, spinning on ball of R cl L to R blending to CP rising to toes, sd & fwd R between ptr's ft cont RF trn);

3 123 [NAT WEAV SCP] Fwd R comm. RF trn DRW, sd & bk L , bk R w/R shldr lead [BJ O/DRW] (Fwd L, fwd R, fwd L);

4 123 Bk L [BJ O/DLC], bk R trng LF, sd & fwd L cont LF trn, fwd R (BJ O/DLW);

5 123 [CHAIR & SLIP] Lunge fwd R, rec L, slip R bk w/LF body rotation (CP DLC)

6 123 [OP TELMRK] Fwd L comm. Trn LF, sd R cont LF trn, sd & slightly fwd L to SCP (Bk R comm. To trn L bringing L beside R w/no weight, trn LF on R heel {heel trn} & chg weight to L, sd fwd R SCP);

7 123 [THRU CHASSE BJ O] Thru R trng to fc, sd L/cl R, sd L to BJ O (Thru L trng to fc, sd R/cl L, sd R to BJ O);

Repeat “A”
Repeat “B” (1-15)

END

1-2 THRU PROM SWAY; CHG TO OVRSWAY;

1 123 [THRU PROM SWAY] Thru LOD R, sd & fwd L stretching body upward to look over joined lead hands;

2 123 [CHG TO OVERSWAY] Compress L knee trng upper body LF to look at W (W look well L);