

DANCING IN THE DARK

Choreo by: Don & Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237
Phone: 704-408-0455 Email: DonHichman@yahoo.com Web Page:
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Music: By Etienne Cap Album: Keep In Touch Music available as a download from CasaMusica
Footwork: Opposite, directions for man except as noted (W's in parentheses)

Rhythm: Foxtrot Phase: V

Speed: 45 or as downloaded Timing SQQ [unless otherwise noted]

Sequence: INTRO, A, B, A, B, END Difficulty level: Intermediate

INTRODUCTION

1 – 4 WAIT; FWD HOVER; BK & CHASSE; BOX FIN (W P/U & TRANS);

- 1 [Shadow DLW – L ft free for both] [Note: Identical footwork for both meas 1-3]
Wait;
- 2 [Fwd Hover] Fwd L,-, sd & fwd R with a slight rise, rec L;
- 3 [Bk & Chasse] [SQaQ] Bk R,-, sd L/cl R, sd L still in shadow;
- 4 [Box Fin (W P/U & Trans)] (W QQQQ) Bk R trng LF,-, sd L, cl R (W bk R trng LF,
sd & fwd L trng LF, sd R blend to CP, cl L) end CP M fc ptrn & DLC;

PART A

1 – 4 REVERSE TRN;; HOVER; START PROM WEAVE;

- 1-2 [Reverse Trn] Fwd L start LF body trn,-, sd R continue trn, bk L (W bk R start LF
trn,-, cl L to R continue trn, fwd R) end CP M fc ptrn & RLOD; Bk R continue LF
trn,-, sd & slightly fwd L DLW, fwd R (W fwd L continue LF trn,-, sd R to DLW, bk
L) end CBMP M fc DLW;
- 3 [Hover] Fwd L to CP,-, fwd & sd R rise to ball of ft, rec L to SCP fc DLC;
- 4 [Start Prom Weave] Fwd R,-, fwd L commence LF trn, sd & slightly bk on R (W
fwd L,-, sd & slightly bk R commence LF trn to BJO fc DRW, continue trng on R
foot until fc LOD then fwd L) end BJO M fc DRC;

5 – 8 FINISH PROM WEAVE; CHG of DIR; CL TELEMAR; START NATL HOVER CROSS O/T;

- 5 [Finish Prom Weave] [QQQQ] Bk L in CBMP DLC, bk R commence LF trn & lead
W to CP, sd & slightly fwd L DLW, fwd R outsd ptrn (W fwd R to CBMP, fwd L DLC
commence LF trn, continue LF trn sd & slightly bk R fc COH, bk L) end CBMP
DLW;
- 6 [Chg of Dir] [SS] Fwd L DLW,-, fwd R DLW R shldr lead trng LF start to draw L to
R, finish draw L to R end CP fc DLC;
- 7 [Cl Telemark] Fwd L commence trn LF,-, fwd & sd R around W close to W's feet
trng LF, fwd & sd L (W bk R commence LF heel trn on R heel bring L beside R
w/no wt,-, continue LF trn on R heel & chg wt to L, bk & sd R end BJO fc DLW;
- 8 [Start Natl Hover Cross O/T] Fwd R DLW commence trn R,-, sd L w/L sd stretch
¼ trn between 1 & 2, continue R trn sd R ½ trn between 2 & 3 body trns less fc
DLC (W bk L commence trn R,-, R foot coses to L heel trn with a R sd stretch trng
3/8 between 1 & 2, continue R trn sd L ¼ trn between 2 & 3 to CP;

9 – 12 FINISH NATL HOVER CROSS O/T to DRW; to a TOP SPIN; 3 STEP; OPEN NATL TRN;

- 9 [Finish Natl Hover Cross O/T to DRW] [QQQQ] With R sd stretch fwd L in CBMP
outsd ptrn on toe, rec R w/slight L sd lead, sd & fwd L start LF trn, cont LF trn w/L

sd stretch fwd R on toe (W with L sd stretch bk R in CBMP on toe, rec L w/slight R sd lead, sd & bk R (W with L sd stretch bk R in CBMP on toe, rec L with slight R sd lead, sd & bk R start LF trn, continue LF trn w/R sd stretch bk L) end CBMP fc DRC;

10 **[to a Top Spin]** [QQQQ] Bk L in CBMP, bk R 1/8 trn L between 1 & 2, w/L sd stretch sd & slightly fwd L ¼ trn L between 2 & 3 body trng less, w/ L sd stretch fwd R (W fwd R in CBMP outsd ptr, fwd L 1/8 trn L between 1 & 2, w/R sd stretch sd R ¼ trn L between 2 & 3, w/R sd stretch bk L in CBMP 1/8 L between 3 & 4 body trns less) end CBMP fc DLW;

11 **[3 Step]** Fwd L blend to CP,-, fwd R, fwd L end CP fc DLW;

12 **[Open Natl Trn]** Commence RF upper body trn fwd R heel to toe,-, sd L X LOD, continue slight RF upper body trn bk R lead ptr to step outsd (W commence RF upper body trn bk L,-, cl R [heel trn] continue trn, fwd L outsd M) end BJO fc RLOD;

13 – 16 OUTSD SPIN; TRNG LOCK; MANUV; HESIT CHG;

13 **[Outsd Spin]** Prepare to lead W outsd ptr commence body trn to R toeing in w/R sd lead by L in CBMP small step 3/8 trn to R on 1,-, fwd R in CBMP heel to toe continue trn R, 3/8 trn between 2 & 3 sd & bk L ¼ trn on 3 (W commence body trn to R w/L sd lead stay well into M's R arm foot fwd in CBMP outsd ptr heel toe,-, L foot closes to R on toe 5/8 trn between 1 & 2, continue trn ¼ between 2 & 3 fwd R between M's feet 1/8 trn on 3) end CP fc DRW;

14 **[Trng Lock]** [Q&QS] Bk R w/R sd lead & R sd stretch/L XIFO R, bk & slightly R commence trn L, sd & slightly fwd L ¼ trn between 3 & 4 body trns less,- (W fwd L w/L sd lead & L sd stretch/R XIBO L, fwd & slightly L commence to L, sd & slightly bk R to CBMP ¼ trn between 3 & 4 body trns less,-) end CBMP fc DLW;

15 **[Manuv]** Commence RF trn fwd R,-, continue RF trn to fc ptr sd L, cl R end CP fc RLOD;

16 **[Hesit Chg]** Commence RF upper body trn bk L,-, sd R continue RF trn, Draw L to R end CP fc DLC;

PART B

1 – 4 REVERSE WAVE;; CL IMPETUS; FEATH FIN;

1-2 **[Reverse Wave]** Fwd L start LF body trn,-, sd R, bk L twd DLW (W bk R start LF body trn,-, cl L to R [heel trn], fwd R) end CP fc DRC; Bk R,-, bk L, bk R curve LF (W fwd L,-, fwd R, fwd L curve LF) end CP fc RLOD;

3 **[Cl Impetus]** Commence RF upper body trn bk L,-, cl R to L [heel trn] continue trn, sd & bk L (W commence RF upper body trn fwd R between M's feet heel to toe trng RF,-, sd & fwd L continue RF trn around M & brush R to L, fwd R between M's feet) end CP fc DLW;

4 **[Feather Fin]** Bk R trng LF,-, sd & fwd L, fwd R outsd ptr XR leg IFO L at thighs end CBMP fc DLC;

5 – 8 OP TELEMARK; NATL FALLAWAY WEAVE W/DOUB LILT;;;

5 **[Op Telemark]** Fwd L commence trn LF,-, sd R continue LF trn, sd & slightly fwd L (W bk R commence trn L bring L beside R w/no wt,-, trn LF on R heel [heel trn] & chg wt to L, sd & slight fwd R) end SCP fc DLW;

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6-8 **[Natl Fallaway Weave w/Doub Lilt] [SQQ; QQQQ; QQQQ;]** Fwd R commence RF trn w/R sd stretch,-, fwd L rise on toe continue RF trn, bk R (W fwd L w/L sd stretch,-, fwd R rising to toe between M's feet commence RF trn, continue RF trn bk L) end SCP fc DRW; Using liting action bk L soften knee & lower body, bk R raising body, bk L soften knee & lower body, bk R raising body end SCP fc DRW; Bk L losing stretch, slip R bk commence LF trn to CP, sd & fwd L w/L sd stretch, fwd R (W bk R on toe, trng LF slip L fwd to CP, sd & bk R w/R sd stretch, bk L) end in BJO fc DLW;

9 – 12 CHG of DIR; OP REV TRN; HOVER CORTE; BK & CHASSE to CP;

9 **[Chg of Dir]** Repeat Part A meas 6;

10 **[Op Rev Trn]** Fwd L trng LF,-, continue LF trn sd R, bk L end CBMP fc DRC;

11 **[Hover Corte]** Bk R start LF trn,-, sd & fwd L w/hover action continue body trn, rec R (W fwd L trng LF,-, sd & fwd R w/hover action, rec L out M) end BJO DLW;

12 **[Bk & Chasse to CP] [SQ&Q]** Bk L in CBP,-, bk R trng RF to CP/cl L to R, sd R end CP fc WALL;

13 – 16 CONTRA CK – REC SD; CHAIR & SLIP; DOUB REV SPIN; CHG of DIR;

13 **[Contra CK – Rec Sd]** Commence upper body trn to L flex knees w/strong R sd lead ck fwd L in CBMP,-, rec R, sd & fwd L to SCP;

14 **[Chair & Slip]** Ck thru R w/lunge action,-, drec L [no rise], w/slight LF upper body trn slip R bhd L continue trn to L (W ck thru L w/lunge action,-, rec R [no rise], swivel LF on R & step fwd L outsd M's R foot) end CP fc DLC;

15 **[Doub Rev Spin] (W SQ&Q)** Fwd L commence trn L,-, sd R 3/8 trn to L between 1 & 2, spin LF between 2 & 3 on ball of R bring L foot under body beside R w/no wt flexed knees (W bk R commence trn L,-, L foot closed to R heel trn trng ½ between 1 & 2/sd & slightly bk R continue L trn, L XIFO R) end CP fc DLW;

16 **[Chg of Dir]** Repeat Part A meas 6;

REPEAT PART A

REPEAT PART B

ENDING

1 – 4 OP TELEMARK; IN & OUT RUNS;; CHAIR & SLIP;

1 **[Op Telemark]** Repeat Part B meas 5 starting in CP DLC;

2-3 **[In & Out Runs]** Fwd R start RF trn,-, sd & bk DLW on L to CP, bk R (W fwd L,-, fwd R between M's feet, fwd L outsd M) to BJO; Bk L trng RF,-, sd & fwd R between W's fee continue RF trn, fwd L (W fwd R start RF trn,-, fwd & sd L continue RF trn, fwd R) end in SCP;

4 **[Chair & Slip]** Repeat Part B meas 14;

5 – 8 DOUB REV SPIN; HOVER TELEMARK; THRU to PROM SWAY; CHANGE SWAY;

5 **[Doub Rev Spin]** Repeat Part B meas 15;

6 **[Hover Telemark]** Fwd L,-, diag sd & fwd R rising slightly w/body trng RF, fwd L small stop on toes to SCP DLW;

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- 7 **[Thru to Prom Sway] [QQS]** Fwd R, sd & fwd L trng to SCP & stretch body upward to look over jnd lead hnds, relax L knee,-;
- 8 **[Change Sway] [SS]** Without wt change change stretch of body & head position to RLOD [there is body rotation],-, continue sway chg,-;

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HEAD CUES

INTRO: [SHADOW WALL – L FT FREE FOR BOTH] WAIT; FWD HOVER; BK & CHASSE; BOX FIN (W TRANS) to P/U DLC;

PART A: REVERSE TRN;; HOVER; PROM WEAVE;; CHG of DIR; CL TELEMAR; NATL HOVER X O/T TRN;; to a TOP SPIN; 3 STEP; OPEN NATL TRN; OUTSD SPIN to a TRNG LOCK;; MANUV; HESIT CHG;

PART B: REVERSE WAVE;; CL IMPETUS; FEATH FIN; OP TELEMAR; NATL FALLAWAY WEAVE w/DOUB LILT;;; CHG of DIR; OP REV TRN; HOVER CORTE; BK & CHASSE to CP; CONTRA CK – REC SD; CHAIR & SLIP; DOUB REV SPIN; CHG of DIR;

PART A: REVERSE TRN;; HOVER; PROM WEAVE;; CHG of DIR; CL TELEMAR; NATL HOVER X O/T TRN;; to a TOP SPIN; 3 STEP; OPEN NATL TRN; OUTSD SPIN to a TRNG LOCK;; MANUV; HESIT CHG;

PART B: REVERSE WAVE;; CL IMPETUS; FEATH FIN; OP TELEMAR; NATL FALLAWAY WEAVE w/DOUB LILT;;; CHG of DIR; OP REV TRN; HOVER CORTE; BK & CHASSE to CP; CONTRA CK – REC SD; CHAIR & SLIP; DOUB REV SPIN; CHG of DIR;

ENDING: OP TELEMAR; IN & OUT RUNS;; CHAIR & SLIP; DOUB REV SPIN; HOVER TELEMAR; THRU to PROM SWAY; CHANGE SWAY;