CUBA

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net

MUSIC: MP3 Download Amazon.com "Cuba" Artist: The Gibson Brothers

FOOTWORK: Opposite For Woman Except Where Noted

NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable

RHYTHM: CHA, CHA

DANCE LEVEL: Phase IV+1 (Db) Cubans

SPEED: 40 RPM

RELEASED: APRIL 2009

SEQUENCE: INTRO – A – B – C – A (MOD) – D – A (MOD) - END

INTRO

1 – 8

BTFY FCNG WALL WAIT;; N-YKRK; SPT TRN; CHASE - PEEK-A-BOO;;;;


PART A

1 – 7

OPN BRK; WHIP – CTR; FNCLINE; SPT TRN; HND TO HND – TWICE;; OPN BRK;

(Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; (Whip – Ctr) Cross lead hnds ovr trail hnds trng ¼ lt fc bk R, trng ¼ lt fc fwd L to BTFY/COH, sd R/clo L, sd R; (Woman crossing in frnt of Man fwl d L, trng ½ lt fc bk R to fc Man, sd L/clo R, sd L;) (Fncline) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, pvt ½ lt fc crvr L to BTFY/WALL, sd R/clo L, sd R; (Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lt fc bk L, trng ½ rt fc crvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lt fc crvr L to BTFY, sd R/clo L, sd R; (Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;

8 – 16

WHIP – WALL – HND SHK; OPN HIP TWST; FAN; HCKYSTIK;; FNCLINE; CRABWLK – TWICE;; AIDA;


17 – 20

BK ½ BASIC; CUCARACHA – BTFY; HND TO HND – TWICE;;

(Bk ½ Basic) Bk L; rcvr R, fwd L/clo R, fwd L, trng L; (Cucaracha – Bfty) Sd R, trng ¼ lt fc crvr L to BTFY/WALL, in plc R/L, R; (Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lt fc bk L; trng ¼ rt fc crvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lt fc crvr L to BTFY, sd R/clo L, sd R;

PART B

1 – 8

OPN BRK; UNDRARM TRN; SHLDR TO SHLDR; SPT TRN; ALEMANA;; HND TO HND – TWICE;;

(Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; (Undrarm Trn) Rlsng trail hnds cross R bnd, rcvr R to BTFY, sd R/clo L, sd R; (Woman pvtng ¼ lt fc on R undr lead hnds cross L in frnt, pvtng ¼ lt fc crvr R to BTFY, sd L/clo R, sd L;) (Shldr To Shldr) Staying in BTFY/WALL cross L in frnt (Woman cross R bnd); rcvr R, sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ¼ lt fc thru R, pvt ½ lt fc crvr L to BTFY/WALL, sd R/clo L, sd R; (Alemana) Fwd L, rcvr R, sd L/clo R, sd L; cross R bnd, rcvr L, sd R/clo L, sd R; to BTFY/WALL; (Woman bk R, rcvr L, sd R/clo L, sd R; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc crvr R, sd L/clo R, sd L;) (Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lt fc bk L, trng ¼ rt fc crvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lt fc crvr L to BTFY, sd R/clo L, sd R;

9 – 13

BRK BK – OPN & CHA; SWIV - 2 & CHA; SLIDING DOOR – TWICE;; CUCARACHA – BTFY;

(Brk Bk - Opn & Cha) Rlsng lead hnds & trng ¼ lt fc cross L bnd, rcvr R to OPN/LOD, fwd L/fwd R, fwd L; (Swiv -2 & Cha) With swiv action fwd R, fwd L, fwd R/clo L, fwd R; (Sliding Door – Twice) Sd L, rcvr R, bndd Woman cross L in fnt/sd R, cross L in frnt to LOPN/LOD; sd R, rcvr L, bndd Woman cross R in frnt/sd L, cross L in frnt to OPN/LOD; (Cucaracha – Bfty) Sd L, trng ¼ rt fc crvr R, in plc L/R, L to BTFY/WALL;

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(CONTINUE OF PART B)

14 – 22
BK ½ BASIC; N-YRK; SPT TRN; OPN BRK; CRABWLK – TWICE;; SPT TRN; RVS CRABWLK – TWICE;;
(Bk ½ Basic) Bk R, rcvr L, fwd R, fwd L, rfd R; (N-Yrkr) Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ rt fc rcvr R to
BTFY, sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, prv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L, sd R;
(Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcrv R to BTFY, sd L/clo R, sd L; (Crabwlk – Twice) Staying in
BTFY/WALL thru r, sd L, rcrv R to BTFY/WALL, sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, 
ptv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L, (Rvs Crabwlk – Twice) Staying in BTFY/WALL thru L, sd R, 
trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L;

23 – 24
FNCLINE; SPT TRN;
(Fncline) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, 
ptv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L,

PART C

1 – 5
FNCLINE – OPN & CHA; RK FWD/RCVR & BK TRIPLE CHA’S;;;; RK BK/RCVR & FWD TRIPLE CHA’S;;;;
(Fncline – Opn & Cha) Staying in BTFY/WALL thru-lunge L, trng ¼ lt fc rcvr R to OPN/LOD , fwd L/fwd R, fwd L;
(Rk Fwd/Rcvr & Bk Tripla Cha’s) Fwd R, rcrv L, bk R/clo L, bk R; bk L/clo R, bk L, bk R/clo L, bk R;
(Rk Bk/Rcvr & Fwd Triple Cha’s) Bk L, rcrv R, fwd L/clo R, fwd L; rfd R, rcrv L/clo R, rcrv L;

6 - 8
SPT TRN; ALEMANA;;;;
(Spt Trn) Rlsng hnds trng ½ lt fc sd S, ptv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L, sd R; (Alemana) Fwd L,
rcr L, sd L/clo R, sd L; cross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; (Woman bk R, rcvr L, sd R/clo L,
sd L; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L)

PART A (MOD)

1 – 7
OPN BRK; WHIP – CTR; FNCLINE; SPT TRN; HND TO HND – TWICE;; OPN BRK;
(Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcrv R to BTFY, sd L/clo R, sd L; (Whip – Ctr) Cross lead hnds
ovr trail hnds trng ¼ lt fc bk R, trng ¼ lt fc fwd L to BTFY/COH, sd R/clo L, sd R; (Woman crossing in fmrnt of Man
fwd L, trng ½ lt fc bk R to Man, sd L/clo R, sd L:) (Fncline) Staying in BTFY/WALL thru-lunge L, rcvr R, 
sd L/clo R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, prv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L, sd R;
(Hnd To Hnd - Twice) Rlsng lead hnds trng ½ lt fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds 
trng ½ rt fc bk R, trng ½ lt fc rcvr L to BTFY, sd R/clo L, sd R; (Open Brk) Rlsng trail hnds bk L shooting rt arm up,
rcrv R to BTFY, sd L/clo R, sd L;

8 – 15
WHIP – WALL – HND SHK; FNCLINE; WHIP HIP TWST; FAN; HCKYSTIK;;;; FNCLINE; CRABWLK – TWICE;;;;
(Whip – Wall – Hnd Shk) Cross lead hnds ovr trail hnds trng ¼ lt fc bk R, trng ¼ lt fc fwd L, sd R/clo L, sd R
to HND SHK/WALL; (Woman crossing in fmrnt of Man fwd L, trng ½ lt fc bk R to Man, sd L/clo R, sd L:) (Opn Hip Twst)
Fwd L, rcrv R, bk L/clo R, bk L; (Woman bk R, rcrv L, fwd L, fwd-swiv ½ rt fc to fc LOD ;) (Fan) Bk R, rcrv L, 
in plc R/L, R to FAN POSITION; (Woman fwd L, chngn to lead hnds & trng ½ lt fc sd & bk R, 
bk L/clo R, bk L;) (Hckystik) Fwd L, rcrv R, in plc L/R, L; bk R, rcrv L, diag out twds BTFY RLOD/WALL
fwd R/clo L, fwd R; (Woman clo R to L, fwd L, fwdx R/clo R, fwd L; fwd R, fwd L, trng 5/8 lt fc undr lead hnds bk R, 
bk L/clo R, bk L;) (Fncline) Staying in BTFY/WALL thru-lunge L, rcrv R, sd L/clo R, sd L; (Crabwlk – Twice)
Staying in BTFY/WALL thru R, sd L, rcrv R to BTFY/WALL, sd L/clo R, sd L;

16
FNCLINE;
(Fncline) Staying in BTFY/WALL thru-lunge L, rcrv R, sd L/clo R, sd L;

PART D

1 – 12
CHASE - PEEK-A-BOO;;;; Dbl CUBANS – TWICE;;;;; ALEMANA;;;;;;;; SHLDR TO SHLDR; SPT TRN;
(Chase – Peek-A-Boo) Rlsng hnds & trng ½ rt fc sd L, rcrv R to COH, fwdx L/clo R, fwd L; sd R look ovr lft shldr at
Woman, rcrv L, in plc L/R; R; sd L look ovr rt shldr at Woman, rcrv R, in plc L/R; L; trng ½ lt fc sd r, rcrv L to
BTFY/WALL, fwdx R/clo L, fwdx R; (Woman rlsng hnds bk R, rcrv L, Man in fmrnt, fwdx L/clo R, fwdx L; sd R, rcrv R,
in plc L/R, R; sd L, rcrv L, in plc L/R, R; bks R, rcrv L, bks R, L;) (Dbl CUBans - Twice) Cross L in
fmrnt/rcr R, sd L/rcr R, cross L in fmrnt/rcr R, sd L; cross R in fmrnt/rcr L, sd R/rcr R, cross R in fmrnt/rcr L, sd R; cross L 
in fmrnt/rcr R, cross L in fmrnt/rcr R, sd L; cross R in fmrnt/rcr L, sd R/rcr R, cross R in fmrnt/rcr L, sd R;
(Alemana) Fwd L, rcrv R, sd L, sd R; cross R bhnd, rcvr L, sd L/clo R, sd L to BTFY/WALL; (Woman bk R,
rcrv L, sd R/clo L, sd R; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd R;
Shldr To Shldr) Staying in BTFY/WALL cross L in fmrnt (Woman cross R bhnd); rcrv R, sd L/clo R, sd L; (Spt Trn)
Rlsng hnds trng ½ lt fc thru R, prv ½ lt fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

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(CONTINUE OF PART D)

13 – 16

**OPN BRK; UNDRARM TRN; FNCLINE; SPT TRN;**

*Opn Brk* Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;  *Undrarm Trn* Rlsng trail hnds cross R bhnd, rcvr R to BTFY, sd R/clo L, sd R;  *Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L:*  *Fncline* Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L;  *Spt Trn* Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;  

**REPEAT PART “A (MOD)”**

1 – 2

**SPT TRN; RUMBA TIMED AIDA & HOLD;**

*Spt Trn* In BTFY/WALL rlsng hnds trng ½ rt fc thru L, pvt ½ rt fc on R to BTFY/WALL, sd L/clo R, sd L;  *Rumba Timed Aida & Hold* Crossing trail hnds ovr lead hnds trng ½ lft fc cross R in frnt, rlsng trail hnds & trng 5/8 rt fc sd & bk L, bk R to a “V” bk to bk position & hold;