COPACABANA CHA

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FOOTWORK: Opposite (Woman in parenthesis)

RHYTHM: Roundalab Phase 3 + 2 (Marchessi & Facing Fan)

SEQUENCE: Intro-AB-AB-End Released 10/18/2014

INTRO

1-12 TANDEM FACING LOD WITH LEFT FOOT FREE FOR BOTH WAIT;; FORWARD 3 & POINT; TWICE; WALK 2 & CHA; TWICE; CIRCLE AWAY; & TOG LADY IN 4;
CHASE;;;

1-6 Tandem fc LOD with L ft free for both Lady in front of M Conga line optional wait;;

7-8 [Circle Away & Tog Lady in 4] Start a full LF circle (Lady RF) fwd L, fwd R, fwd
123&4 567&8 L/XRib of L, fwd R both end fcg RLOD; Cont LF circle fwd R, fwd L, fwd R/XLib of R, fwd R end fc ptr & Wall (Cont RF circle fwd R, L, L ckg end fcg ptr & COH);
9-12 [Chase] Keeping eye contact with ptr fwd L trng ½ RF to tandem Man in front of Lady, rec R, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to tandem now Lady in front of Man, rec L, fwd R/XLib of L, fwd R; Fwd L, rec R, bk L/cl R to L, bk L; Bk R, rec L, sd R/cl L, sd R blend to BFLY Wall; (Bk R, rec L, fwd R/XLib of R, fwd R; Fwd L trng ½ RF to tandem Lady in front, rec R, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to fc ptr COH, rec L, fwd R/XLib of R, fwd R; Fwd L, rec R, sd L/cl R, sd L blend to BFLY COH);

PART A

1-12 ½ BASIC; UNDERARM TURN TO A; LARIAT;; HAND TO HAND; SPOT TURN NO HANDS;
TIME STEP; TWICE BFLY; RUMBA FENCE LINE; TWICE BLEND TO LOOSE CP;
MARCHESSI;;

1-2 [1/2 Basic & Underarm Trn] Fwd L, rec R, sd L/cl R, sd L; Lead Lady to trn RF under lead hnds bk R, rec L, in pl R/L, R (Bk R, rec L, sd R/cl L, sd R; Swivel RF ¼ on R ffd L to LOD trng 1/2 RF, rec R trng ¼ to fc, sd L/cl L, R, sd & fwd L);

3-4 [To A Lariat] Description not in accordance with RAL standards. Lead Lady to RF around Man Rk sd L, rec R, in pl L/R, L, Bk R, rec L, sd R/cl L, sd R (Circle Man CW fdd R, fdd L, fdd R/cl L, fdd R; Fwd L, fdd L to fc, sd L/cl R, sd L);

5-6 [Hand To Hand & Spot Turn] Swivel LF ¼ on R bk L, rec R trn ¼ RF, sd L/cl R, sd L;
123&4 567&8 Swivel ¼ LF of on L fdd R trn ½ LF, rec R trn ¼ LF, sd R/cl L, sd R (Swivel LF ¼ on L bk R, rec L, sd L/cl L, sd R; Swivel LF ¼ of on R fdd L trn ½ RF, rec R trn ¼ RF, sd L/cl R, sd R);

123&4 567&8 R/cl L, sd R blend to BFLY Wall (XRib of L, rec L, sd R/cl L, sd R; XLib of R, rec R, sd R/cl L, sd L blend to BFLY COH);

9-10 [Rumba Fence Line Twice] XLib of R, rec R, sd L, hold; XRib of L, rec L, sd R, blend to lose CP Wall (XRib of L, rec L, sd R, hold; XLib of R, rec R, sd L, blend to loose CP COH);
Part A continued


PART B

1-14 OPEN BREAK; WHIP WITH TWIRL; NEW YORKER; UNDER ARM TURN; SHOULDER TO SHOULDER; WHIP; CRAB WALKS REVERSE LOD;; REVERSE UNDERARM TURN; FENCE LINE WITH CUCARACHA ENDING; CHASE;;;;

1-2  [Op Break & Whip With Twirl] Rk apt L extend trailing to sd w/palms out, rec R

123&4 567&8 blend to BFLY, sd L/cl R, sd L; Bk R start ¼ a LF trn, rec L completing a ½ LF trn, sd R leading lady to a rev twirl/el L, sd R (Rk apt R extend trailing hand to sd w/palms out, Rec L blend to BFLY, sd R/cl R, sd R; Fwd L outside M’s L start to trn LF, fwd R comp a ½ LF trn, under lead hnds twirl LF 1 full trn sd & fwd L/cl R cont trn, sd L comp trn);

3-4  [New Yorker & Underarm Trn] Release trail hnds swivel ¼ RF on R fwd L twd RLOD with straight leg, rec R to fc ptr in BFLY, sd L/cl R, sd L; Raise lead hnds bk R, rec L, sd R/cl L, sd R (Release trail hnds swivel ½ LF on L fwd R twd RLOD with straight leg, rec L to fc ptr in BFLY, sd R/cl L, sd R; Under lead hnds swivel ¼ RF on R fwd L twd LOD trng ½ RF, rec R trng ¼ RF to fc ptr & COH, sd L/cl R, sd L);

5-6  [Shoulder To Shoulder & Whip] Trng RF to SDCAR on R fwd L, rec R to fc, sd L/cl L

123&4 567&8 R, sd L; Bk R start ¼ a LF trn, rec L completing a ½ LF trn, sd R/cl L, sd R (Trng RF to SDCAR on L bk R, rec L to fc, sd R/cl L, sd R; Fwd L outside M’s L start to trn LF, fwd R comp a ½ LF trn, sd L/cl R, sd L);

7-8  [Crab Walks] Xlif of R, sd R, Xlif of R/sd R, Xlif of R; Sd R, Xlif of R, sd R/cl L, sd R

123&4 567&8 R (Xrif of L, sd L, Xrif of L/sd L, Xrif of L; Sd L, Xrif of L, sd L/cl R, sd L); rnf LF to BJO on L fwd R, rec L to fc, sd R/cl L, sd R;

9-10  [Rev Underarm Trn Fence W/Cucaracha Ending] Lead Lady to a spot trn under lead

123&4 567&8 Hnds Xlif of R, rec R, sd L/cl R, sd L; X lunge with R, rec L, sd R/rec L, cl R (Under lead hnds swivel ½ LF on L fwd R twd RLOD trng ½ LF, rec L trng ¼ LF to fc ptr & COH, sd R/cl L, sd R; X lunge with L, rec R, sd L/rec R, cl L);

11-14  [Chase] Repeat meas 9 thru 12 of intro;;;;

REPEAT PART A AND B

END

1-8  ½ BASIC; FACING FAN; CHASE TO TANDEM LINE LADY TRANSITION;; LEFT FREE WALK & CHA; TWICE; FORWARD 3 & POINT; TWICE HOLD;

1-2  [1/2 Basic & Fcg Fan] In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L trng ¼ LF fc LOD, fwd R/cl L, fwd R; (BFLY bk R, rec L, sd R/cl L, sd R; Fwd L, rec R trng ¼ LF fc RLOD, bk L/cl R, bk L);

3-4  [Chase To Tandem] Keeping eye contact with ptr fwd L trng ½ RF to tandem Man in front of Lady, rec L, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to tandem now Lady in front of Man, rec L, fwd R/XLib of R, fwd R (Bk R, rec L, fwd R/XLib of R, fwd R; Fwd L trng ½ RF to tandem Lady in front, rec R, fwd L, fwd R);

[Wrk 2 Cha X2] Repeat meas 5 & 6 of intro;;;

Fwd 3 Pt X2] Repeat meas 3 & 4 of intro & hold;;