CONTIGO BOLERO

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MUSIC: CD: Romances by Luis Miguel, adjust speed for comfort
RHYTHM: Bolero
PHASE (+): III+2 (Cross Body, Turning Basic)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: Intro, A B C B C B END

MEAS. INTRODUCTION

1-4

WAIT:: UNWIND TO FACE: RAISE ARMS TO BFLY:
(In bk/bk pos with Man's R ft hooked behind standing ft) wait 2 meas;;
Slowly unwind on R toe & L heel RF to fc part arms low; step R - slowly raise arms to bfly;

5-8

NY 2X;; HIP LIFT 2 X;;
Sd L w/body rise,-, thru R to fc LOD, bk L to fc ptr;
Sd R w/body rise,-, thru L to fc RLOD, bk R to fc ptr;
Sd L,-, draw R to L & with sl pressure to R toe straighten R knee, relax R knee;
Sd R,-, draw L to R & with sl pressure to L toe straighten L knee, relax L knee;

PART A

1-4

FENCE LINE W/ARM SWEEP; REV U/A TRN TO ½ OP LOD; BOL WKS TO BFLY;;
Sd L w/body rise sweeping trailing arms up & over, -, X lunge thru R lowering (W X lunge thru L), bk L to fc;
Sd R w/body rise raising jnd ld hnds, -, XLIF lowering, bk R (W: Sd L w/body rise comm LF trn under jnd hnds, -, XRIF lowering cont trn, fwd L comp LF trn) blend to ½ OP LOD;
Fwd L w/body rise, -, fwd R, fwd L; Fwd R w/body rise, -, fwd L with slipping action, back right to fc ptr;

5-7

BASIC;; SLOW RK SD & REC to HNDSHK:
side L w/body rise, -, back R with slipping action, fwd L; side R w/body rise, -, fwd L with slipping action, back R;
Slow sd L, rec R;
PART B

1-4

U/A TRN TO; LARIAT 1/2 (M HEADLOOP & TRN TO FC COH); FENCE LINE W/ARM SWEEP; NY;

Sd L w/body rise leading W to trn RF undr jnd lead hnds,-, XRIB of L lowering, fwd L
(W: sd R w/body rise comm RF trn undr jnd lead hnds,-, XLIF of R lowering and cont RF trn,
fwd R to M’s R sd);
XRIB of L continue RF trn,-while looping R arm over M’s head, fwd L, Sm step sd R (W: circle CW armd M fwd L,-, fwd R, fwd L to fc ptr);
REPEAT MEAS 1 PART A;
REPEAT MEAS 2 INTRODUCTION;

5-8

NY; HIP LIFT; CROSS BODY; FWD BREAK;

REPEAT MEAS 1 INTRODUCTION;
REPEAT MEAS 4 INTRODUCTION;
Sd & bk L trng LF, -, bk R w/slipping action, fwd L cont trn (W: sd & fwd R, -, fwd L XIF of M trng LF, sm step sd R) op fcg fc WALL;
Sd R w/body rise,-, fwd L in contra ck like action lowering, bk R (W: sd L with body rise,-, bk R in contra ck like action lowering, fwd R);

PART C

1-4

START TRNG BASIC; FIN W/LUNGE BREAK; U/A TRN; BK BREAK TO ½ OP RLOD;

Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W: sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to LOP-FCG COH;
Sd & fwd R, -, lower on L, rise on R (W: sd & bk L, -, bk R, fwd L) to loose CP COH;
Sd L w/body rise leading W to trn RF undr jnd lead hnds,-,
XRIB of L lowering, fwd L (W: sd R w/body rise comm RF trn undr jnd lead hnds,-, XLIF of R lowering and cont RF trn, fwd R to fc ptr);
Sd R, -, bk L trng LF to ½ OP RLOD w/ free arms out to side, fwd R;

5-8

M ROLL ACROSS; W ROLL ACROSS; SPOT TRN; FENCE LINE W/ARM SWEEP;

Fwd L rise, -, fwd R twd DLW across W trng RF, bk L cont trn to fc RLOD (W: fwd R rise, -, fwd L, fwd R) to 1/2 LOP RLOD;
Fwd R rise, -, fwd L, fwd R (W: fwd L rise, -, fwd R fwd DLW across M trng RF, bk L cont trn to fc RLOD) to L ½ OP RLOD;
Sd L, -, XRIF of L trn 1/2 LF, fwd cont trn to fc ptr;
Sd R w/body rise sweeping trailing arms up & over, -, X lunge thru L lowering (W X lunge thru R), bk R to fc;

9-16

REPEAT PART C;:::::::;
1-4

U/A TRN; HIP LIFT; DIP BK & TWIST - W LEG CRAWL;
REPEAT MEAS 3 PART C;
REPEAT MEAS 8 INTRODUCTION;
Bk L & twist w/slight LF rotation leaving R leg extended, -, lead W to leg crawl, (W: fwd R &
twist w/slight LF rotation, -, quickly raise L leg along outside of M’s extended R leg with toes
pointed down);

END

Short Cues

INTRO
(BK TO BK POSITION, R FT hooked bhd L)
WAIT;; UNWIND to FACE; RAISE ARMS TO BFLY;
NY 2X;; HIP LIFT 2 X;;

PART A
FENCE LINE W/ARM SWEEP; REV U/A TRN to OP; BOL WKS TO BFLY;;
BASIC;; SLOW RK SD & REC TO HNDSHK;

PART B
U/A TRN TO; LARIAT 1/2 (M HEADLOOP & TRN TO FC COH); FENCE LINE W/ARM SWEEP;NY;
NY; HIP LIFT; CROSS BODY; FWDBREAK;

PART C
START TRNG BASIC; FINISH W/LUNGE BREAK; U/A TRN; BK BREAK TO ½ OP RLOD;
M ROLL ACROSS; W ROLL ACROSS; SPOT TRN; FENCE LINE W/ARM SWEEP;
REPEAT PART C;;;;;; M fc WALL

REPEAT B
REPEAT C 2x
REPEAT B

END

U/A TRN; HIP LIFT; DIP BK & TWIST - W LEG CRAWL;