## Come On Strong

### Choreo:
Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336

### Music:
CD: The Real Thing, “Come On Strong”, Track 10 (2:36)

### Footwork:
Opposite, Unless noted (W's footwork in parenthesis)

### Rhythm:
FX

### Phase:
V

### Sequence:
Intro – A – A – B – A – End

### Email:
trustme@pacbell.net

### Artist:
Vanessa Williams

### Released:
Feb 2011

---

### Intro

1 – 4
dlw lead hnd jnd lead ft free Wait 2 meas;;

To g Tch;

Fthr Fin dl;

1-4

[Wait 2 meas] lop fcg dlw lead ft free wait 2 meas;;

To g L to cp dlw, - , Tch R, - ;

To g Tch”Fthr Fin] Bk R trng LF, - , Sd & Fwd L, Fwd R outside W bjo dl;

### Part A

1 – 8

Rev Trn;;

Three Step;

Half Nat;

Imp scp;

Slow Chair & Slow Rec;

Prom Weave;;

1-4

[Rev Trn] Fwd L begin LF trn, - , Sd R cont trn (Cls L heel trn), Bk L cp rld; Bk R trng LF, - , Sd & Fwd L, Fwd R outside W bjo dl;

[Three Step”Half Nat] Fwd L, - , Fwd R, Fwd L; Fwd R begin RF trn, - , Sd L (Cls R heel trn), Bk R cp rld;

5-8

[Impetus] commence RF trn Bk L, - , cont trn Cls R to L heel trn, complete trn Fwd L in tight scp dl (commence strong RF trn Fwd R between M’s feet, Sd & Fwd L cont trn around M brush R to L, cont trn Fwd R);

[Slow Chair Rec] Lunge Thru R, - , Rec L, - ;

[Prom Weave] Fwd R begin to trn W LF to cp dlc, - , Fwd L begin LF trn, Sd & Bk R to bjo drc; cont trn Bk L in bjo, Bk R cont LF trn, Sd & Fwd L cont trn, Fwd R outside ptr to bjo dlw; (Fwd L begin to trn LF to cp dlc, - , Sd & Bk R cont LF trn to bjo, cont trn Fwd L; Fwd R to bjo, Fwd L cont trn, Sd & Bk cont trn, Bk L to bjo dlw);

### 9 – 18

Three Step;

Nat Hover Cross;;

Dbi Rev;

Drag Hest;

Bk Bk/Lk Bk;

Imp scp;

Fthr Ckg;

Dbi Top Spin;

9-12

[Three Step] blending to cp dlw Fwd L, - , Fwd R, Fwd L;

[Nat Hover Cross] Fwd R dlw and begin RF trn, - , Sd L cont trn, cont trn Sd R; to scar dlw and on toes Ck Fwd L, Rec R begin Slight RF trn, Sd & Fwd L, Fwd R outside ptr in bjo; - ;

[Dbi Rev] Fwd L begin strong LF trn, - , Sd R cont trn, spin LF bringing R to L no weight cp dlw (Bk R begin strong LF trn, - , Cls L heel turn cont LF turn/Sd & Bk R cont LF trn, XLIFR);

13-16

[Drag Hest] Fwd L beginning LF trn, - , Sd L cont trn, Draw R twd L to bjo drw;

[Bk Bk/Lk Bk] Bk R, - , Bk L/Ck R in frt L, Bk L;

[Impetus] commence RF trn Bk L, - , cont trn Cls R to L heel trn, complete trn Fwd L in tight scp dlc (commence strong RF trn Fwd R between M’s feet, Sd & Fwd L cont trn around M brush R to L, cont trn Fwd R);

[Fthr] Fwd R leading W to trn LF, - , Fwd L, Fwd R ckg outside ptr (Thru L trng LF twd ptr, - , Sd & Bk R, Bk L ckg in bjo dlc);

17-18

[Dbi Top Spin] slight Spin LF Bk L, Bk R trng LF, Sd & Fwd L, Fwd R to bjo drw; slight spin LF Bk L, Bk R trng LF, Sd & Fwd L, Fwd R to bjo dl;

### Part B

1 – 8

Rev Wave;;

Bk Fthr;

Bk Three Step;

Outside Chg scp;

Nat Weave;;

Chg Dir;

1-4

[Rev Wave] Fwd L begin LF trn, - , Sd R cont trn, Bk L cp dlr (Bk R begin LF trn, - , Cls R heel trn, Fwd R); Bk R, - , Bk L, Bk R to cp rld (Fwd L, - , Fwd R, Fwd L);

[Bk Fthr”Bk Three Step] Bk L, - , Bk R with R shoulder leading, Bk L bjo; Bk R blending to cp rld, - , Bk L, Bk R;

5-8

[Outside Chg scp] Bk L, - , Bk R trng LF, Sd & Fwd L to scp dlw;

[Nat Weave] Fwd R begin RF trn, - , cont trn Sd L, Bk R twd dlc; Bk L in bjo dlc, Bk R begin LF trn leading W to cp, Sd & Fwd L dlw, Fwd R outside ptr to bjo dlw; (Fwd L, - , Fwd R, Fwd L; Fwd R bjo, Fwd L begin trng LF, cont trn Sd R, Bk L to bjo dlw);

[Chg Dir] Fwd L dlw, - , Fwd R trng LF, Draw L to R;
Ending

1 – 6  **Rev Wave;**  Bk Fthr;  Bk Three Step;  Outside Chg scp;  Slow Chair & look rlod;

1-4  **[Rev Wave]**  Fwd L begin LF trn, ~, Sd R cont trn, Bk L cp dlr  (Bk R begin LF trn, ~,Cls R heel trn, Fwd R);  Bk R, ~, Bk L, Bk R to cp rlod  (Fwd L, ~, Fwd R, Fwd L);

**[Bk Fthr~Bk Three Step]**  Bk L, ~, Bk R with R shoulder leading, Bk L bjo;  Bk R blending to cp rlod, ~, Bk L, Bk R;

5-6  **[Outsd Chg scp]**  Bk L, ~, Bk R trng LF, Sd & Fwd L to scp dlw;

**[Slow Chair]**  Slow Lunge Thru R, ~, look rlod, ~;

---

**Come On Strong**

**Intro**  dlw lead hnd jnd lead ft free Wait 2 meas;;  Tog Tch;  Fthr Fin dlc;

**Part A**  Rev Trn;;  Three Step;  Half Nat;  Imp scp;  Slow Chair & Slow Rec;  Prom Weave;;

Three Step;  Nat Hover Cross;;  Dbl Rev;  Drag Hest;  Bk Bk/Lk Bk;  Imp scp;  Fthr Ckg;

Dbl Top Spin;;

**Part A**  Rev Trn;;  Three Step;  Half Nat;  Imp scp;  Slow Chair & Slow Rec;  Prom Weave;;

Three Step;  Nat Hover Cross;;  Dbl Rev;  Drag Hest;  Bk Bk/Lk Bk;  Imp scp;  Fthr Ckg;

Dbl Top Spin;;

**Part B**  Rev Wave;;  Bk Fthr;  Bk Three Step;  Outside Chg scp;  Nat Weave;;  Chg Dir;

**Part A**  Rev Trn;;  Three Step;  Half Nat;  Imp scp;  Slow Chair & Slow Rec;  Prom Weave;;

Three Step;  Nat Hover Cross;;  Dbl Rev;  Drag Hest;  Bk Bk/Lk Bk;  Imp scp;  Fthr Ckg;

Dbl Top Spin;;

**Ending**  Rev Wave;;  Bk Fthr;  Bk Three Step;  Outside Chg scp;  Slow Chair & look rlod;