CIRCLE IN THE SAND

Rhythm/Phase: Rumba, Phase V
Choreographers: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
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Release Date: June 25, 2013
Music: "Circle In The Sand" - Belinda Carlisle-Her Greatest Hits, Track 7 Download: Amazon.com
Downloaded music file (original: 4:27) has been edited (cut, and slowed 90%).
Time/Speed: Play edited file @ 45 "rpm". Contact choreographers for details.
Footwork: Opposite throughout unless otherwise noted (Lady as noted in parentheses).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Easy
Sequence: INTRO, A, B, A, B, C, B, ENDING

INTRODUCTION

1-4 WAIT 2X; 4 SLOW HIP ROCKS;

1-2 {Wait} In Low BFLY pos. M fc Wall with lead ft free wait 2 measures;
SS; SS; 3-4 {Hip Rocks} Rk sd L, - , rk sd R, - ; rk sd L, - , rk sd R, - ;

5-8 CUCARACHA WITH ARMS 2X; START CHASE: BOTH TURN - W IN 4 TO VARSOUVIEENNE;

5-6 {Cucarachas} Thoughout this meas circle L arm 1/2 clockwise then bring L hand down past face and down to the side. Sd L with partial wt, rec R, cl L, - ; Thoughout this meas circle R arm 1/2 counter-clockwise then bring R hand down past face and down to the side. Sd R with partial wt, rec L, cl R, - ;
7-8 {Chase} Fwd L comm 1/2 RF turn, rec fwd R, fwd L, - ; Fwd R comm 1/2 LF turn, rec fwd L, fwd R, -
(QQQQ) (Bk R, rec L, fwd R, -; Fwd L comm 1/2 RF turn, rec fwd L, fwd R, -) to Varsouv Pos-Wall;

9-12 PARALLEL CHASE; CUCARACHA - W IN 4 TO FACE;

9-10 {Parallel Chase} With same footwork Sd L turning RF, rec fwd R cont turning RF, fwd L twd DRW, -;
11 {Cuca Cross} Still with same footwork Sd & fwd L with partial wt twd LOD turning RF, rec R fc Wall, XLIF, -;
12 {Cuca - W in 4} Sd R with partial wt, rec L, cl R and join lead hands, -
(QQQQ) (Sd R with partial wt, rec L trmg 1/2 LF to fc Wall, cl R, step in-place L);

1-4 OPEN HIP TWIST TO FAN; STOP & GO HOCKEY STICK;

1-2 {Op Hip Twist to Fan} With lead hands joined low Check fwd L, rec R, cl L leading W to hip twist, -
{Bk R, Rec L, Fwd R twd M with tension in right arm causing W to swivel hips 1/4 RF to fc LOD, -} ;
Bk R, rec L leading W to fan, sd R, - (To LOD Fwd L, Fwd R making 1/2 LF turn,
bk L leaving rt foot extd fwd with no wt, -) ;
3-4 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, cl L shaping to prtnr, -
{Cl R, fwd L, fwd R twng 1/2 LF ending fc LOD on M's rt sd, -} ;
Check fwd R toward LOD placing R hand on W shldr blade checking her mvt,
rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, Rec R, Fwd L trmg 1/2 RF to fan pos, -) ;

5-8 HOCKEY STICK - W OVERTURN TO FACE; NEW YORKER; UNDERARM TURN;

5-6 {Hockey Stick - Overturn} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
{Cl R, Fwd L, Fwd R, -} ;
Bk R, rec L leading pttrn to turn LF, sd R facing wall preparing to turn RF into next figure, -
{Fwd L twd RLOD, fwd R trng LF to fc pttrn and COH, sd L to RLOD prep to turn LF into next figure, -} ;
7 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc pttrn, sd L ending in BFLY-wall, - ;
8 {UA Turn} XRB, rec L, sd R leading W to CP fc Wall, - (XLIF comm RF turn under joined lead hands,
rec R cont turn to fc pttrn, sd L blending to CP, -) ;

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PART A. - CONTINUED

9-12  

**CUDDLE 3X**;;  SPOT TURN TO HANDSHAKE:

9  {Cuddle R}  Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L, -
   (Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
   fwd R finish LF turn to fc M placing R hand on M's L shoulder, - ) ;
   10  {Cuddle L}  Sd R leading W to open out LF, rec L leading W to comm RF turn, cl R, -
   (Bk L turning 1/2 LF with free arm out to the sd, rec R comm RF turn,
   fwd L finish RF turn to fc M placing L hand on M's R shoulder, - ) ;
   11  {Cuddle R}  Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L to loose CP fc Wall, -
   (Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
   fwd R finish LF turn to fc M in loose CP, - ) ;
   12  {Spot Turn}  Dropping hands XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R joining R hands, - ;

13-17  

**TRADE PLACES 2X**;;  OPEN BREAK (JOIN LD HANDS);  **UNDERARM TURN (BFLY)**;  **FENCeline - W IN 4**;

13-14  {Trade Places}  With R hands joined Rk apt L, rec R trng 1/4 RF to fc RLOD releasing R hands,
   cont trng to fc ptrnr & COH stepping sd & bk L twd Wall joining left hands, -
   (Rk apt R, rec L trng 1/4 LF to fc RLOD, cont trng to fc ptr & Wall stepping sd & bk R to join left hands, - ) ;
   With left hands joined Rk apt R, rec L trng 1/4 LF to fc RLOD releasing left hands,
   cont trng LF to fc ptr & Wall stepping sd & bk R joining rt hands, - (Rk apt L, rec R trng 1/4 RF to fc RLOD
   releasing L hands, cont trng to fc ptrnr & COH stepping sd & bk L joining rt hands, - ) ;
   15  {Op Brk}  Rk apart L with L arm ext to sd palm down, rec R lowering L arm,
   sd L joining lead hands, - ;
   16  {UA Turn}  XRIF, rec L, sd R to BFLY-Wall, - (XLIF comm turn under joined lead hands,
   rec R cont turn to fc ptrnr, sd L to BFLY, - ) ;
   17  {Fenceline}  Cross lunge thru L twd RLOD with bent knee looking twd RLOD, rec R to fc ptrnr, sd L, -
   (QQQ)  (Cross lunge thru R twd RLOD with bent knee looking twd RLOD, rec L to fc ptrnr, sd R, rec L ) ;

PART B.

1-4  

**CIRCLE FRONT VINE 8 (FC WALL)**;;  OPPOSITE SPOT TURN - M IN 4;  **SIDE WALK (REV)**;

1-2  {Circle Vine}  In BFLY and same footwork comm RF circle movt XRIF, sd L, XRIB, sd L ending BFLY-COH;
   cont RF to fc ptrnr & COH stepping sd & bk L twd Wall joining left hands, -
   (XRIF circle movt FC WALL)
   3  {Spot Turn}  XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R, cl L returning to opp footwork
   (QQS)  (XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R, - ) ;
   4  {Side Walk}  Blending to BFLY Sd R twd RLOD, cl L, sd R, - ;

5-8  

**REVERSE UNDERARM TURN - W SPIRAL;  TO FAN;  HOCKEY STICK**;

5-6  {Rev UA - W Spiral-Fan}  XLIF, rec R, sd L, - (XRIF comm LF turn under joined lead hands,
   rec L cont turn to fc LOD, fwd R spiraling LF 7/8, - ) ;
   Bk R, rec L, cl R, - (Fwd L twd LOD comm LF turn,
   cont LF turn Sd R twd LOD, compl LF turn Bk L leaving rt foot extd fwd with no wt, - ) ;
   Note:  Lady's spiral in Part B., meas. 5 is optional - her third step would be Fwd R twd LOD.
   7-8  {Hockey Stick}  Check fwd L, rec R, cl L with lead hands forming a "window" between ptrnrns, -
   (Cl R, Fwd L, Fwd R, - ) ;
   Bk R, rec L leading ptrnr to turn LF, Fwd R twd DRW following ptrnr out, -
   (Fwd L twd RLOD, fwd R trng LF to fc ptrnr & DLC, bk L toward DRW, - ) ;

9-12  

**1/2 BASIC TO;  NATURAL TOP 3 (FC WALL);  CUDDLE;  SPOT TURN**;

9  {1/2 Bas}  Check fwd L, rec R comm RF turn, cont RF trn sd & fwd R blending to CP fc COH, - ;
   10  {Nat Top}  XRIB cont RF turn, cont turn sd L, finsh turn to fc Wall in CP cl R, -
   (cont RF turn Sd L, cont turn XRIF, finish turn in CP cl L, - ) ;
   11  {Cuddle R}  Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L to loose CP fc Wall, -
   (Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
   fwd R finish LF turn to fc M in loose CP, - ) ;
   12  {Spot Turn}  Dropping hands XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R joining lead hands, - ;
   Note:  Second time (only) through Part B, meas. 12 ends blending to BFLY fc Wall.
REPEAT PART A.

1-17 OPEN HIP TWIST; TO FAN; STOP & GO HOCKEY STICK;; HOCKEY STICK - W OVERTURN TO FACE;; NEW YORKER; UNDERARM TURN; CUDDE 3X;; SPOT TURN TO HANDSHAKE; TRADE PLACES 2X;; OPEN BREAK; UNDERARM TURN (BFLY); FENCELINE - W IN 4;

REPEAT PART B. - ENDING IN BFLY.

1-12 CIRCLE FRONT VINE 8 (FC WALL);; OPPOSITE SPOT TURN - M IN 4; SIDE WALK (REV); REVERSE UA TURN-W SPIRAL; TO FAN; HOCKEY STICK;; 1/2 BASIC TO; NATURAL TOP 3 (FC WALL); CUDDE; SPOT TURN (TO BFLY);

PART C.

1-4 FENCELINE-REC-POINT; FENCELINE; FENCELINE-REC-POINT; UNDERARM TURN;
QQ - - 1 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc ptnr, point L ft toward LOD, - ;
QQ - - 2 {Fenceline} Cross lunge thru L twd R LOD with bent knee looking twd R LOD, rec R to fc ptnr, sd L, - ;
QQ - - 3 {Fenceline Rec Point} Cross lunge thru R with bent knee, rec L to fc ptnr, point R ft twd R LOD, - ;
QQQ 4 {UA Turn} XRib, rec L, sd R leading W to CP fc Wall, - (XLIF comm RF turn under joined lead hands, rec R cont turn to fc ptnr, sd L blending to CP, - ) ;

5-8 CUDDE 3X;; SPOT TURN TO HANDSHAKE;
5-7 [Cuddles] Repeat Part A, meas. 9-11;;;
8 {Spot Turn} Repeat Part A, meas. 12;

9-12 TRADE PLACES 2X;; OPEN BREAK; UNDERARM TURN TO TAMARA;
9-10 {Trade Places} Repeat Part A, meas. 13-14;;
11 {Op Brk} Repeat Part A, meas. 15;
12 {UA Turn-Tamara} XRib leading W to turn RF, rec L, with lead hands still high joining trailing hands at W's rt side sm fwr d R blending to Tamara pos- fc Wall, - (XLIF comm RF turn under joined lead hands, rec R cont trn to fc COH, cl L to Tamara pos, - ) ;

Note: In the Tamara handhold, the W's left arm crosses in back with left hand near right hip.
With right hand, M takes W's left hand while standing close to the W's rt side, while the lead hands are joined and raised with curved arms forming a window.

13-15 WHEEL 3 (COH); UNWIND TO BFLY-WALL; FENCELINE - W IN 4;
13 {Wheel} Comm RF wheel Fwd L, fwd R, fwd L to end fc COH, - ;
14 {Unwind} Cont RF wheel R comm leading W to unwind LF, fwr d L, sd & fwrd R to end in BFLY fc Wall, - (fwrd L, fwr R spinning LF 1/2 to fc ptnr & COH, sm sd L in BFLY, - ) ;
15 {Fenceline} Cross lunge thru L twd R LOD with bent knee looking twd R LOD, rec R to fc ptnr, sd L, - (QQQQ)
{Cross lunge thru R twd R LOD with bent knee looking twd R LOD, rec L to fc ptnr, sd R, rec L ) ;

REPEAT PART B.

1-12 CIRCLE FRONT VINE 8 (FC WALL);; OPPOSITE SPOT TURN - M IN 4; SIDE WALK (REV); REVERSE UA TURN-W SPIRAL; TO FAN; HOCKEY STICK;; 1/2 BASIC TO; NATURAL TOP 3 (FC WALL); CUDDE; SPOT TURN;

ENDING

1-4 OPEN HIP TWIST TO FAN;; START A HOCKEY STICK TO A WRAP; STEP BACK TO A LAYBACK & HOLD;
1-2 {Op Hip Twist to Fan} With lead hands joined low Check fwr d L, rec R, cl L leading W to hip twist, - (Bk R, Rec LF, Fwd R twd M with tension in right arm causing W to swivel hips 1/4 RF to fc LOD, - ) ;
Bk R, rec L leading W to fan, sd R joining Ld hands, - (To LOD Fwd L, Fwd R making 1/2 LF turn, bk L leaving rt foot extd fwr d with no wt, - ) ;
3 {Hky Stk-Wrap} Check fwr d L, bk R leading W to comm turn 3/8 LF, cl L in wrapped pos fc DLW, - (Cl R, fwd L commm 3/8 LF turn, bk R compl turn to wrapped pos, - ) ;
Q - - - 4 {Layback} Still in wrapped pos bending fwr d at the waist Bk R, sway to a layback pos, - , - ;
CIRCLE IN THE SAND

Quick Cues

Rumba - Phase 5

Sequence: Intro-AB-AB-CB-Ending

Speed: Play edited file at 45

INTRO: WAIT 2X (LOW B'FLY-WALL); 4 SLOW HIP ROCKS;
2 CUCARACHAS w/ ARMS; START A CHASE-MEN TURN;
BOTH TURN-LADY TURN IN 4 TO VARSOUV; (Left foot) PARALLEL CHASE;
CUCARACHA CROSS; CUCARACHA - LADY IN 4 TO FACE;

PART A: OPEN HIP TWIST TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;;
TO A NY; UA TURN (& close it up); 3 CUDDLES;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK ( & join lead hands); UA TURN (B'FLY);
FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN;

PART A: OPEN HIP TWIST TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;;
TO A NY; UA TURN (& close it up); 3 CUDDLES;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK ( & join lead hands); UA TURN (B'FLY);
FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN (B'FLY);

PART C: FENCELINE-REC-POINT LOD; FENCELINE; FENCELINE-REC-POINT REV;
UA TURN (& close it up); 3 CUDDLES;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK ( & join lead hands); UA TURN TO A TAMARA;
WHEEL 3 TO COH; UNWIND TO B'FLY-WALL; FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN;

ENDING: OPEN HIP TWIST TO FAN;; START A HOCKEY STICK TO A WRAP;
STEP BACK INTO A LAYBACK & HOLD;

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