Chains

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Music: "Chains" by Patty Loveless: CD = “Honky Tonk Angel”, 45 = Coll 90080
Download from Amazon (album = “Honky Tonk Angel”)
Dance: West Coast Swing, phase 4  Tempo: 29 mpm (100%)
Sequence: Intro AB AB Bridge AB End  Oct 2014

Some definitions used below:
LOFP = left open facing position
Anchor = [in LOFP] small back right with toes turned out and instep close to heel of
left/recover slightly forward left, slightly back right,
(W small back left with toes turned out and instep close to heel of right/ recover slightly
forward right, slightly back left,)
Coaster = [small sailor shuffle] cross right in back of left/small side left, small side right,
(W [bk hitch] back left/close right to left, forward left,)
Note: Ether partner may use a coaster where the anchor is specified below.
French Cross = [W only] forward right turning 1/4 left face/cross left in front continuing left
face turn, back right,
Run Turn = [W only] fwd R/ fwd L, fwd R turn 1/2 LF,
Note: The lady may use a Run Turn where the French Cross is specified below.

INTRO
1-4 CP WALL WAIT;  THROWOUT;  WRAPPED WHIP;;
1 CP WALL wait;
2 {throwout} fwd and sd L stg 1/4 LF trn/cl R, fwd L (W sd and bk R stg 1/4 LF
trn/cl L, sd and bk R) to LOFP LOD, anchor,;
3-4 {wrapped whip} bk L to BFLY, raising jnd ld hnds and ldng W fwd XRif trn 1/4 RF,
sd L cont RF trn lowering jnd ld hnds/cl R, sd and fwd L (W fwd R, fwd L, fwd R
passing under jnd ld hnds/cl L, bk R) to WRP RLOD; XRib stg RF trn rel trl hnds,
sd and fwd L comp 1/2 RF trn (W bk L, bk R) to LOFP LOD, anchor,;

PART A
1-5 SUGAR PUSH ~ UNDERARM TURN;;;  WRAPPED WHIP;;
1-3 {sugar push} LOFP LOD bk L, bk R, tap L slightly fwd of R, fwd L; (W fwd R, fwd L,
tap R slightly bk of L, bk R;) to LOFP LOD anchor,,
{underarm turn} bk L trn RF raising ld hnds btw ptrs, fwd R trn RF; fwd L/cl R,
fwd L, (W fwd R, fwd L undr ld hnds; french cross,,,) to LOFP RLOD anchor,;
4-5 {wrapped whip} repeat meas 3-4 of intro in opposite orientation;;

6-8 LEFT SIDE PASS ~ TUCK AND SPIN [to HNDSHK];;;
6-8 {L side pass} bk L stg LF trn, sm bk R out of slot comp 1/4 LF trn ldng W to pass M's
L sd, sd L/cl R, fwd L trng 1/4 LF; (W fwd R, L, french cross,;) to LOFP LOD anchor,,
{tuck & spin} bk L, bk R bring ld hnd in to center ldng W to a R sd ld; tap L to R with
L shdr ld, fwd L with L sd ld to ld W’s spin, (W fwd R, fwd L slight trn LF to tight
LOFP; tch R to L, trng1/2 RF fwd R spin 1/2 RF to fc ptr,) gaining hndshk hold M fcg
LOD anchor,;

PART B
1-3 RIGHT SIDE PASS ~ SUGAR PUSH;;;
1-3 {R side pass} trn LF away from W fwd L, sm bk R ldng W to pass, fwd L
comp LF turn to fc RLOD/cl R, fwd L; (W fwd R, fwd L, french cross;) to LOFP RLOD anchor,
{sugar push} repeat sugar push from part A except fcg RLOD;

4-6 MAN'S UNDERARM TURN ~ TUCK AND SPIN;
4-6 {M's und turn} bk L, fwd and sd R twd W's L sd raising jnd ld hnds comm RF trn,
       sd L cont trn/bk and sd R comp 1/2 RF turn, fwd L; (W fwd R, fwd L, french cross;) to LOFP LOD anchor,
       {tuck & spin} repeat tuck and spin from part A except end in LOFP LOD;

7-10 UNDERARM TURN ~ LEFT SIDE PASS; SIDE BREAKS;
7-9 {underarm turn} repeat underarm turn from part A;,
       {L side pass} repeat left side pass from part A;,
10 {side breaks a1a2a3a4} remaining in LOFP LOD sd L/sd R, replace L/cl R,
       sd L/sd R, replace L/cl R;

BRIDGE

1-3 MAN'S UNDERARM TURN [to HNDSHK] ~ RIGHT SIDE PASS;
1-3 {M's und turn} repeat M's und turn from part B except ending in LOFP RLOD;,
       [M may underturn anticipating the R side pass]
       {R side pass} repeat R side pass from part B except ending in LOFP LOD;

END

1-6 SUGAR PUSH ~ WRAPPED WHIP ~ LEFT SIDE PASS; BK 2 & POINT;
1-5 {sugar push} repeat sugar push from part A;,
       {wrapped whip} repeat wrapped whip from intro;,
       {L side pass} repeat L side pass from part A except ending in LOFP RLOD;
6 {bk 2 & point} bk L, bk R, point sd L (W fwd R, L, point sd R), -;