Can’t Help It III

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (480) 830-9251 E-Mail (Cweiss11@cox.net)
CD: New Album, Can’t Help It, Track 4  Artist: Scooter Lee
Availability: MP3 from iTunes & Others  CD from Amazon & Others
Rhythm: Foxtrot/Jive  RAL Phase III + 2  Chicken Walks, Windmills  Difficulty Level - Moderate
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Jive unless noted.  Time @ 45 RPM: 3:15  Music is faded at 3:00 & cut at 3:15

INTRODUCTION
1 - 3  Loose CP Fcng Wall Lead ft Free Wait 2;;  SD Tch, RT Chasse;
1,2,3a,4; 1 – 3  Loose Closed Pos fcng Wall Lead ft Free Wait 2 Meas;;  [Sd Tch, Rt Chasse]  Sd L, tch R to L, sd R/cl L, Sd R;
4 - 6  RT Trng Fallaway;;  Lft Trng Fallaway;;
1,2,3a,4; 4 – 6  [Rt Trng Fallaway]  Rk bk L to SCP, rec R to fc, commence _ RF trn sd L/cl R to L, complete trn sd L; commence
1a,2,3,4;  _ RF trn sd R/cl L to R, complete trn sd R (Rk bk R to SCP, rec L to fc, commence _ RF trn sd R/cl L to R,
1a,2,3a;  complete trn sd R; commence _ RF trn sd L/cl R to L, complete sd L,) to SCP, [Lft Trng Fallaway]  Rk bk L to
1a,2,3,4;  SCP, rec R to fc; commence _ LF trn sd L/cl R, complete trn sd L, commence _ LF trn sd R/cl L; complete turn
side right (Rk bk R to SCP; rec on L to fc, commence _ LF trn sd R/cl L, complete trn sd R, commence _ LF trn sd
1a,2,3,4;  L/cl R, complete trn sd L;)

PART A
1 - 4  Fallaway Throwaway;;  RK Rec; Chicken Wks 2S 4Q;;
1,2,3a,4; 1 - 2  [Fallaway Throwaway]  Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to R, sd R commence 1/4 LF trn on triples
1a,2,3,4;  (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up to 1/2 trn on the triples,) to LOP/LOD,
[ Rk, Rec]  Rk apt L, rec R;
1,-,3,-; 3 – 4  [Chicken Wks]  Bk L, -, bk R, - (w/swivel action fwd R, - , fwd L, - ); Bk L, bk R, bk L, bk r (w/swivel action fwd
1,2,3,4;  R, fwd L, fwd R, fwd L);
5 - 9  Link Rk;;  Fallaway RK;;  RK, Rec Swivel Wk 2;  2 Fwd Triples;
1,2,3a,4; 5 – 7  [Link Rk]  Rk apt L, rec R, small triple fwd L/R, L trng RF 1/4; sd R/L, R to CP Wall,  [Fallaway Rk]  Rk bk L in
1a,2,3,4;1a,2,3a;  SCP, rec R to fc; sd L/cl R, sd L, Sd R/cl L, sd R;
1,2,3,4; 8 – 9  [Rk, Rec, Swivel Wk 2]  In SCP rk bk L, rec fwd R, with swivel action fwd L, fwd R; [2 Fwd Triples]  Fwd L/cl R,
1,2a,3a;  fwd L, fwd R/cl L, fwd R;
10 - 14  Swivel WK 4;  Throwaway; CHG L TO R SEMI RK, REC;;  PT STPS 2;
1,2,3,4; 10 – 11  [Swivel Wk 4]  With swiveling action fwd L, fwd R, fwd L, fwd R;  [Throwaway]  Sd L/cl R to L, sd L, sd R/cl L to
1a,2,3a;  R, sd R commence 1/4 LF trn on triples (pick up R/L, R, sd & bk L/cl R to L, sd L commence up to 1/2 trn on the
triples;) to LOP/LOD,
1a,2,3a; 12 – 14  [Chg L to R]  Rk bk L, rec R , sd L trng _ RF/cl R to L, sd L (Rk bk R, rec L, fwd R trng _ LF under joined ld
1a,2,3,4;  hnds/cl L to R, Sd R); Sd R/cl L to R, Sd R (sd L cont trn to fc ptr/cl R, sd L,) to SCP,  [Rk, Rec]  Rk bk L, rec R;
1,-,2,-; -2,-,4;  [Pt Stps]  Pt fwd L w/outside edge of ft in contact w/floor, small fwd L looking LOD, Pt fwd R w/outside edge of ft
in contact w/floor, small fwd R looking RLOD;
INTERLUDE
1 - 4  SD TCH, RT CHASSE; RT TRNG FALLAWAY;;  LFT TRNG FALLAWAY;;
1 – 4  Repeat Meas 3 to 6 Intro

REPEAT

BRIDGE
1 - 2  SD TCH, RT CHASSE; RK, REC, WK, FC;
1,2,3a; 1 – 2  Repeat Meas 3 Intro; In SCP Rk bk L, rec fwd R to fc, sd L, cl R to BFLY;  [Rk, Rec, WK, PU]  In SCP rk bk L, rec
1,2,3a;  R, small fwd L, fwd R trng RF to fc ptr (In SCP rk bk R, fwd L, fwd R, fwd L trng LF to fc ptr in Bfly;) BFLY;
PART B
1 - 3 CHASSE L & R; SPANISH ARMS 2X;;;

1a,2,3a,4; 1 - 4  [Chasse L & R] Sd L/cl r, sd L, sd R/cl L, sd R;  [Spanish Arms] Rk bk L, rec R trng RF, sd L/cl R to L, sd L cont RF trn; sd R/cl L to R, sd R (Rk bk R, rec L trng 1/4 LF to wrap pos, sd R/cl L to R, sd R trng 3/4 RF unwrapping, sd L/cl R to L, sd L,) to end BFLY/RLOD, [Spanish Arms] Rk bk L, rec R trng RF; sd L/cl R to L, sd L cont RF trn, sd R/cl L to R, sd R (Rk bk R, rec L trng 1/4 LF to wrap pos; sd R/cl L to R, sd R trng 3/4 RF unwrapping, sd L/cl R to L, sd L,) to end BFLY/RLOD;

5 - 8 CHG HND BEH BK;;, LINK RK TO FC WALL;;, RK, REC, SD, CL;

1,2,3a,4; 5 - 7  [Chg Hnds Beh Bk] Rk apt L, rec R, fwd L starting 1/4 LF trn & placing rt hnd over W's rt hnd/CL R, fwd L releasing Lft hnd & completing 1/4 LF trn to tandem pos in front of W; sd & bk R starting 1/4 LF trn & placing Lft hnd beh M's bk/CL L transferring W's Rt hnd to M's Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R, rec L, fwd R starting 1/4 RF trn/CL L, fwd R completing 1/4 RF trn to tandem pos beh M; sd & bk L starting _ RF trn/CL R, sd & bk L completing 1/4 RF trn to fc ptr,) LOP, [Link Rk] Repeat Meas 5 _ Part A trng RF _ to fc wall;;

PART C
1 - 4 SKATE L & R; SD 2 STEP; SKATE R & L; SD 2 STEP;

1,-,3,-; 1 - 2  [Skate L & R] Releasing contact with ptr swivel LF on R & stp fwd on L/draw R to L [swinging arms to lft], -, swivel RF on L & stp fwd on R/draw L to R swinging arms to rt], - (Swivel RF on L & stp fwd on R/draw L to R[swinging arms to rt], -, swivel LF on R & stp fwd on L/draw R to L [swinging arms to left];]; [Sd 2 Stp] Sd L, cl R to L, sd L,-;

1,-,3,-; 3 - 4  [Skate R & L] Releasing contact with ptr swivel RF on L & stp fwd on R/draw L to R [swinging arms to rt], -, swivel LF on R & stp fwd on L/draw R to L [swinging arms to lft], - (Swivel LF on R & stp fwd on L/draw R to L [swinging arms to lft], -, swivel RF on L & stp fwd on R/draw L to R [swinging arms to rt];]; [Sd 2 Stp] Sd R, cl R to L, sd R,-;

5 - 10 WINDMILLS 2X;;;, LINK RK TO SEMI;, FALLAWAY THROWAWAY;

1,2,3a,4; 5 - 7  [Windmills] Rk bk L, rec R starting _ LF trn, fwd L in front/cl R, fwd L completing _ LF trn; sd R starting _ LF trn/cl L, sd R completing 1/4 left face turn (Rk bk R, rec L starting _ LF trn, fwd R/cl L, fwd R completing _ LF trn; sd L starting _ LF trn/cl R, sd L completing _ LF trn.), Rk bk L, rec R starting _ LF trn; fwd L in front/cl R, fwd L completing _ LF trn; sd R starting _ LF trn/cl L, sd R completing 1/4 left face turn (Rk bk R, rec L starting _ LF trn; fwd R/cl L, fwd R completing _ LF trn; sd L starting _ LF trn/cl R, sd L completing _ LF trn);

1,2,3a,4; 8 - 10  [Link Rk] Rk apt L, rec R, small triple fwd L/R, L; sd R/L, R to CP, [Fallaway Throwaway] Rk bk L, rec R; sd L/cl R to L, sd L, sd R/cl L to R, sd R commence 1/4 LF trn on triples (Rk bk R, rec L; pick up R/L, R, sd & bk L/cl R to L, rd L commence up to 1/2 trn on the triples;) to LOP/LOD;

11 - 12 CHG L TO RT;, RK, REC BFLY;

1,2,3a,4; 11 - 12  [Chg Pcls L to R] Rk bk L, rec R , sd L trng _ RF/cl R to L, sd L (Rk bk R, rec L, fwd R trng _ LF under joined ld hnds/cl L to R, Sd R); Sd R/cl L to R, Sd R (sd L cont trn to fc ptr/cl R to L, sd L,) BFLY/COH, [Rk, Rec] Rk apt L, rec R Bfly;

13 - 16 VINE 8;;, 2 FWD TRIPLES; SWIVEL 4 TO BFLY;;

1,2,3a,4; 13 - 14  [Vine 8] Sd L, XRIB, sd L, XRIF; Sd L, XRIB, sd L, XRIF to SCP;

la,2,3a,4; 15 - 16  [2 Fwd Triples] Fwd L/cl R, fwd L, fwd R/cl L, fwd R; [Swivel Wk 4] With swiveling action fwd L, fwd R, fwd L, fwd R trng RF to fc ptr & Wall (with swivel action fwd R, fwd L, fwd R trng LF to fc ptr in BFLY;) BFLY;

REPEAT B A
1 - - 4  SD TCH, RT CHASSE; RT TRNG FALLAWAY;, LFT TRNG FALLAWAY;;
1 – 4  Repeat Meas 3 to 6 Intro

5 - - 6  RK, REC, PT STPS 3, PT & FREEZE;;
5 – 6  [Rk, Rec]  In SCP rk bk L, rec fwd R, [Pt Stps]  Pt fwd L w/outside edge of ft in contact w/foot, small fwd L looking LOD, Pt fwd R w/outside edge of ft in contact w/foot, small fwd R looking RLOD; Pt fwd L w/outside edge of ft in contact w/foot, small fwd L looking LOD, Pt fwd R w/outside edge of ft in contact w/foot, hold;

QUICK CUES

Intro  Loose CP Fcng Wall Ld Ft Free Wait 2;;  Sd Tch, Rt Chasse;
       Rt Trng Fallaway;;  Lft Trng Fallaway;;

A  Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
   Link Rk;, Fallaway Rk,;;  Rk, Rec Swivel Wk 2; 2 Fwd Triples;
   Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
   Pt Stps 2;

Int  Sd Tch, Rt Chasse;
    Rt Trng Fallaway;;  Lft Trng Fallaway;;

A  Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
   Link Rk;, Fallaway Rk,;;  Rk, Rec Swivel Wk 2; 2 Fwd Triples;
   Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
   Pt Stps 2;

Brg  Sd Tch, Rt Chasse;  Rk, Rec, Wk, Fc;

B  Chasse L & R Bfly; Spanish Arms 2X;;;
   Chg Hnd Beh Bk;;  Link Rk to SCP/LOD;;  Rk, Rec, Sd, Cl;

C  Skate L & R; Sd 2 Stp; Skate R & L; Sd 2 Stp Bfly;
    Windmills 2X;;  Link Rk to Semi;, Fallaway Throwaway;
    Chg L to Rt;, Rk, Rec Bfly;
    Vine 8;;  2 Fwd Triples; Swivel 4 to Bfly/Wall;;

B  Chasse L & R Bfly; Spanish Arms 2X;;;
    Chg Hnd Beh Bk;;  Link Rk to SCP/LOD;;  Rk, Rec, Sd, Cl;

A  Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
    Link Rk;, Fallaway Rk,;;  Rk, Rec Swivel Wk 2; 2 Fwd Triples;
    Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
    Pt Stps 2;

End  Sd Tch, Rt Chasse;
      Rt Trng Fallaway;, Lft Trng Fallaway;;
      Rk, Rec, Pt Stps 3, Pt & Freeze;;