CAN’T EVEN GET THE BLUES

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Music: Can’t Even Get The Blues No More      Artist : Reba McEntire
CD Album: The Best Of Reba McEntire, Track 6
Available as a single download from amazon.com
Time/Speed: Time @ BPM: 2:27@ 120 [30 MPM] as downloaded
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Jive     Phase 4+2 [She Go He Go, Stop & Go]
Degree of Difficulty: AVG
Sequence: INTRO      A   B      INTERLUDE      C   B      BRIDGE      END

MEAS:  

INTRODUCTION

1-4   SCP FACING LOD LEAD FEET FREE WAIT 2 MEAS ; ; : POINT STEPS TWICE ; THROWAWAY ;
1-2   {WAIT}   {WAIT} SCP fcg LOD lead feet free wait 2 meas ; ;
3   {PT STPS 2X} Pt fwd L w/ outsd edge of foot in contact w/ floor, small fwd L, pt fwd R w/ outsd edge of foot in contact w/ floor, small fwd R to SCP LOD (W Pt fwd R w/ outsd edge of foot in contact w/ floor, small fwd R, pt fwd L w/ outsd edge of foot in floor, small fwd L to SCP LOD) ;
4   {THRWY} Sd L/cl R, sd L, sd R/cl L, sd R commence up to 1/4 LF trn on trpls to LOP FCG LOD (W Pick up R/L, R, sd & bk L/cl R, sd L commence up to 1/2 trn on the trpls to LOP FCG RLOD) ;

PART A

1-5   CHICKEN WALKS 2 SLOW ; 4 QUICK ; CHANGE HANDS BEHIND THE BACK ~ SHOULDER SHOVE ; ;
1   {CHKN WLKS 2 SLO} Small bk leading W to swvl on her foot, -, small bk leading W to swvl on her foot, - (W Swvlg on L small fwd R, -, swvlg on R small fwd L, -) ; [NOTE: W’s swvlgs are caused by M leading w/ slight turning of W’s hnd in direction of her foot travel)
2   {4 QK} Small bk leading W to swvl on her foot, small bk leading W to swvl on her foot, small bk leading W to swvl on her foot to LOP FCG LOD (W Swvlg on L small fwd R, swvlg on R small fwd L, swvlg on L small fwd R, swvlg on R small fwd L to LOP FCG RLOD) ;
3   {CHG HNDS BHD BK} Rk apt L, rec R, fwd L starting 1/4 LF trn & placing R hnd ovr W’s R hnd/cl R, fwd L release L hnd & comp 1/4 LF trn in front of W (W Rk apt R, rec L, fwd R starting 1/4 RF trn/cl L, fwd R trng 1/4 RF trn to fc M) ;
4   Sd & bk R starting 1/4 LF trn & placing L hnd bhd M’s bk/cl L transfer W’s R hnd to M’s L hnd bhd his bk, sd & bk R comp 1/4 LF trn to LOP FCG RLOD (W Sd L/cl R, sd L to LOP FCG LOD) , {SHLDR SHOVE} Rk apt L, rec R trng RF (W Rk apt R, rec L trng LF) ;
5   Sd L/cl R, sd L twd ptr bringing M’s L & W’s R shldrs together trng LF to fc ptr, bk R/cl L, bk R to LOP FCG RLOD (W Sd R/cl L, sd R twd ptr bringing M’s L & W’s R shldrs together trng RF to fc ptr, sd L/cl R, sd L to LOP FCG LOD) ;

6-11   SHE GO, HE GO TO HANDSHAKE ~ AMERICAN SPIN ; ; : START CHANGE LEFT TO RIGHT ; TO CONTINUOUS CHASSE ; POINT LOD & HOLD ;
6   {SHE GO HE GO TO HNDSHK} Rk apt L, rec R, fwd L/cl R, fwd L trng RF 1/8 to 1/4 to look at W’s bk (W Rk apt R, rec L, fwd R trng LF 1/2 undr jnd lead hnds/cl L, fwd R comp LF trn) ;
7   Fwd R trng LF 5/8 to 3/4 trn undr jnd lead hnds/cl L, sd R to end fcg ptr HNDSHK LOD (W Sd L/cl R, sd L to end fcg ptr HNDSHK RLOD) , {AMER SPN} Rk bk L, rec R (W Rk bk R, rec L) ;
8   Sd L/cl R to L, sd L, sd R/cl L to R, sd R to LOP FCG LOD (W Sd R/cl L to R, sd R spinning RF one full trn, sd L/cl R to LOP FCG RLOD) ;
9   {START CHG L TO R} Rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF trn to fc LOP FCG WALL (W Rk bk R, rec L, fwd R/cl L, fwd R trng up to 3/4 LF trn undr jnd lead hnds to fc ptr & LOP FCG COH) ;
10  {TO CONT CHASSE} Sd R/cl L, sd R/cl L, sd R/cl L, sd R to LOP FCG WALL (W Sd L/cl R, sd L/cl R, sd L/cl R, sd L to LOP FCG COH) ;
11  {PT TO LOD & HOLD} Pt R to LOD, hold, -, -(W Pt L to LOD, hold, -, -) ;

PART B

1-6   LINK ROCK TO SCP ~ PRETZEL TURN WITH DOUBLE ROCK ; ; ; TO LOP POINT LOD ; HOLD ;
1   {LINK RK TO SCP} Rk bk L, rec R, small trpl fwd L/R, L to CP WALL (W Rk bk R, rec L, small trpl fwd R/L, R to CP COH) ;
2   Sd R/L, R to SCP LOD (W Sd L/R, L to SCP LOD) , {PRTZL TRN W/ DBL RK} R bk L, rec R trng RF to fc ptr (W Rk bk R, rec L trng LF to fc ptr) ;
3 Sd L/cl R, sd L trng 1/2 RF keeping M's L & W's R hnds jnd [ptrs are in a bk-bk pos], sd R/cl L, sd R trng up to 1/4 RF [ptrs are in Bk-bk “V” Pos w/ M’s L & W’s R hnds jnd bhd bks] (W Sd R/cl L, sd R trng 1/2 LF keeping M's L & W's R hnds jnd [ptrs are in bk-bk pos], sd L/cl R, sd L trng up to 1/4 LF [ptrs are in a Bk-bk “V” Pos w/ M's L & W's R hnds jnd bhd bks]);
4 Rk fwd XLif of R to LOD w/ R hand extended fwd, rec R, rk fwd XLif of R to LOD w/ R hand extended fwd, rec R, turning up to 1/4 LF (W Rk fwd XRif of L to LOD w/ L hnd extended fwd undr M's, rec L, rk fwd XRif of L to LOD w/ L hnd extended fwd undr M's, rec L turning up to 1/4 LF) ;
5 Sd L/cl R, sd L trng 1/2 LF to fc ptr still retaining M's L & W's R hnds jnd [ptrs are in bk-bk pos], sd R/cl L, sd R trng up to 1/4 LF [ptrs are in Bk-bk "V" Pos w/ M's L & W's R hnds jnd bhd bks] (W Sd R/cl L, sd R trng 1/2 LF to fc ptr still retaining M's L & W's R hnds to LOP FCG WALL, sd R/cl L, sd R pointing L to LOD (W Sd R/cl L, sd R trng 1/2 LF to fc ptr still retaining M's L & W's R hnds to LOP FCG COH, sd L/cl R, sd L pointing R to LOD));
6 {HOLD} Hold, -, -, - (W Hold, -, -, -);
7-13 CHASSE LEFT & RIGHT ; STOP & GO TO HANDSHAKE ; MIAMI SPECIAL - CHANGE HANDS BEHIND THE BACK ; POINT LOD & HOLD ;
7 {CHASSE L & R} Sd L/cl R, sd L, sd R/cl L, sd R to LOP FCG WALL (W Sd R/cl L, sd R, sd L/cl R, sd L to LOP FCG COH) ;
8 {STOP & GO TO HNDSHK} Rk bk L, rec R, fwd L/cl R, fwd L [M catches W with R hnd on W's L shldr blade at end of trpl to stop her movement] (W Rk bk R, rec L, fwd R/cl L, fwd R trng 1/2 LF trn undr jnd hnds to end at M's R sd) ;
9 Rk fwd R, rec L, small bk R/cl L, bk R to HNDSHK WALL (W M catches W with R hnd on W's L shldr blade at end of trpl to stop her movement) Rk fwd R, rec L, fwd R/cl L, fwd R trng 1/2 LF undr jnd hnds to end fcg M in HNDSHK fcg COH) ;
10 {MIAMI SPECIAL} Rk apt L, rec R, fwd L/R, L trng RF 3/4 to lead W to trn LF undr jnd R hnds putting jnd hnds ovr M's head so hnds rest bhd M's neck (W Rk apt R, rec L, fwd R/L, R trn LF 3/4 undr jnd R hnds) ;
11 Sd R/ cl L, sd R to LOD (W Sd L/R, L, release hnd hold & slide R hnd down M's L arm endg w/ M's L & W's R hnds jnd in LOD) (CHG HNDS BHD BK) Rk apt L, rec R, (W Rk apt R, rec L) ;
12 Fwd L starting 1/4 LF trn & placing R hnd ovr W's R hnd/cl R, fwd L release L hnd & comp 1/4 LF trn in front of W, sd & bk R starting 1/4 LF trn & placing L hnd bhd M's bk/cl L transfer W's R hnd to M's L hnd bhd his bk, sd & bk R comp 1/4 LF trn to LOP FCG WALL (W M catches W with R hnd on W's L shldr blade at end of trpl to stop her movement) Rk bk L, rec R, fwd R trng 1/2 LF trn to fc M, sd L/cl R, sd L to LOP FCG COH) ;
13 {PT LOD & HOLD} Pt L to LOD, hold, -, - (W Pt R to LOD, hold, -, -) ;

INTERLUDE
1-4 START RIGHT TURNING FALLAWAY ; GLIDE TO SIDE ; START RIGHT TURNING FALLAWAY ; GLIDE TO SIDE ;
1 {START R TRNG FALWY} Rk bk L SCP, rec R to fc, commence 1/4 RF trn sd L/cl R, comp trn to fc COH sd L to LOP (W Rk bk R to SCP, rec L to fc, commence 1/4 RF trn sd R/cl L, comp trn to fc WALL sd R to LOP) ;
2 {GLIDE TO SIDE} Sd R, XLif of R, sd R/cl L, sd R to LOP FCG COH (W Sd L, XRif of L, sd L/cl R, sd L to LOP FCG WALL) ;
3 {START R TRNG FALWY} Rk bk L SCP RLOD, rec R to fc, commence1/4 RF trn sd L/cl R, comp trn to fc WALL sd L to LOP (W Rk bk R to SCP RLOD, rec L to fc, commence 1/4 RF trn sd R/cl L, comp trn to fc COH sd R to LOP) ;
4 {GLIDE TO SIDE} Sd R, XLif of R, sd R/cl L, sd R to LOP FCG WALL (W Sd L, XRif of L, sd L/cl R, sd L to LOP FCG COH) ;

PART C
1-6 LINK ROCK TO SCP ~ FALLAWAY THROWAWAY ; ; SHE GO, HE GO ~ CHANGE LEFT TO RIGHT TO COH HANDSHAKE ;
1 {LINK RK SCP} Rk bk L, rec R, small trpl fwd L/R, L (W Rk bk R, rec L, small trpl fwd R/L, R) ;
2 Sd R/cl L, sd R to SCP LOD (W Sd L/cl R, sd L to SCP LOD), {FALWY THROWAWY} Rk bk L, rec R to fc W (W Rk bk R, rec L to fc M) ;
3 Sd L/cl R, sd L trng 1/4 to fc LOD, sd R/cl L, sd R to LOP FCG LOD (W Sd R/cl L, R trng 1/4 to fc RLOD, sd L/cl R, sd L to LOP FCG RLOD) ;
4 {SHE GO HE GO} Rk apt L, rec R, fwd L/cl R, fwd L trng RF 1/8 to 1/4 to look at W's bk (W Rk apt R, rec L, fwd R trng LF 1/2 undr jnd lead hnd/scl/L, fwd R comp LF trn) ;
5 Fwd R trng LF 5/8 to 3/4 trn undr jnd lead hnds/cl/L, sd R to end fcg ptr LOP FCG RLOD (W Sd R/cl L, sd L to end fcg ptr LOP FCG LOD), {CHG L TO R TO COH HNDSHK} Rk bk L, rec R, (W Rk bk R, rec L) ;
6 Sd L/cl R, sd L trng 1/4 RF trn to fc COH, sd R/cl L, sd R to HNDSHK COH (W Fwd R/cl L, fwd R trng up to 3/4 LF trn undr jnd lead hnds to fc ptr & WALL, sd L/cl R, sd L to HNDSHK WALL) ;

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7-11  AMERICAN SPIN TO HANDSHAKE - TRIPLE WHEEL 3 TO WALL ; ; ;  QUICK SIDE BREAK & FREEZE ;
7  {AMER SPN TO HNDSHK} Rk bk L, rec R, sd L/cl R, sd L (W Rk bk R, rec L, sd R/cl L, sd R spinning RF one full trn) ;
8  Sd R/cl L, sd R to HNDSHK COH (W sd L/cl R, sd L to HNDSHK WALL)  {TRPL WHEEL 3 TO WALL} Rk apt L, rec R (W Rk apt R, rec L trng 1/4 LF awy from ptr) ;
9  Commence RF whl sd L/RF, sd L trng in twd ptr & tch her bk w/ M's L hnd, cont RF whl sd R/CL L, sd R trng away from ptr (W Commence RF whl sd R/cl L, sd R trng to fc ptr & tch his bk w/ W's L hnd, cont RF whl sd L/cl R, sd L trng away from ptr) ;
10  Cont RF whl sd L/RF, sd L trng in twd ptr & tch her bk w/ M's L hnd leading W to spn RF, sd R/cl L, sd R to LOP FCG WALL (W Cont RF whl sd R/cl L, sd R spinning RF on R foot to fc ptr, sd L/cl R, sd L to LOP FCG COH) ;
11  {QK SD BRK & FREEZE} Drop hnds push stp L/push stp R, freeze, -, - (W Drop hnds push stp R/push stp L, freeze, -, -);

REPEAT PART B

BRIDGE

1-2  LINDY CATCH ; ;
1  {LINDY CATCH} Join lead hnds rk apt L, rec R, fwd L/R, L moving RF arnd W catching her at waist w/ R hnd releasing L hnd [M is in bk of W with R arm arnd her waist] (W Join lead hnds rk apt R, rec L, fwd R/L, R [W in front of M]) ;
2  Fwd R, L cont arnd W, fwd R/L, R to LOP FCG WALL (W Bk L, bk R still fcg same direction [no trn], bk L/R, L to LOP FCG COH) ;

END

1-6  LINK ROCK TO SCP - PRETZEL TURN WITH DOUBLE ROCK ; ; ;  TO LOP ;  POINT LOD & HOLD ;
1  {LINK RK TO SCP} Rk bk L, rec R, small trpl fwd L/R, L to CP (W Rk bk R, rec L, small trpl fwd R/L, R to CP) ;
2  Sd R/L, R to SCP LOD (W Sd L/R, L to SCP LOD) ;  {PRTZL TRN W/ DBL RK} Rk bk L, rec R trng R to fc ptr (W Rk bk R, rec L trng L to fc ptr) ;
3  Sd L/cl R, sd L trng 1/2 RF keeping M's L & W's R hnds jnd [ptrs are in a bk-bk pos], sd R/cl L, sd R trng up to 1/4 RF [ptrs in Bk-bk “V” Pos w/ M's L & W's R hnds jnd bhd bks] (W Sd R/cl L, sd R trng 1/2 LF keeping M's L & W's R hnds jnd [ptrs are in bk-bk pos], sd L/cl R, sd L trng up to 1/4 LF [ptrs in a Bk-bk “V” Pos w/ M’s L & W’s R hnds jnd bhd bks]) ;
4  Rk fwd XLif of R to LOD w/ R hand extended fwd, rec R, rk fwd XLif of R to LOD w/ R hand extended fwd, rec R, turning up to 1/4 LF (W Rk fwd XRif of L to LOD w/ L hnd extended fwd undr M's rec L, rk fwd XRif of L to LOD w/ L hnd extended fwd undr M's, rec L turning up to 1/4 RF) ;
5  Sd L/cl R, sd L trng 1/2 LF to fc ptr still retaining M's L & W's R hnds, sd R/cl L, sd R to LOP FCG WALL (W Sd R/cl L, sd R trng 1/2 RF to fc ptr still retaining M's L & W's R hnds, sd L/cl R, sd L to LOP FCG COH) ;
6  {PT LOD & HOLD} Pt L to LOD, hold, -, - (W Pt R to LOD, hold, -, -);

7-14  CHASSE LEFT & RIGHT ;  STOP & GO TO HNDSHK ; ;  MIAMI SPECIAL - SHOULDER SHOVE ; ; ;  LINK ROCK TO SCP ;  POINT LOD & HOLD ;
7  {CHASSE L & R} Sd L/cl R, sd L, sd R/cl L, sd R to LOP FCG WALL (W Sd R/cl R, sd R, sd L/cl L, sd L to LOP FCG COH) ;
8  {STOP & GO TO HNDSHK} Rk bk L, rec R, fwd L/cl R, fwd L [M catches W with R hnd on W’s L shldr blade at end of trpl to stop her movement] (W Rk bk R, rec L, fwd R/cl L, fwd R trng 1/2 LF trn undr jnd hnds to end at M's R sd) ;
9  Rk fwr L, rec L, small bk R/cl L, bk R to HNDSHK WALL (W [M catches W with R hnd on W’s L shldr blade at end of trpl to stop her movement] rk bk L, rec R, fwr fnd L/cl R, fwr L fnd L trng 1/2 RF undr jnd hnds to end fng M in HNDSHK COH) ;
10  {MIAMI SPECIAL} Rk apt L, rec R, fwd L/R, L trng RF 3/4 to lead W to trn LF undr jnd R hnds putting jnd hnds ovr M's head so hnds rest bhd M's neck (W Rk apt R, rec L, fwd R/L, R trn LF 3/4 undr jnd R hnds) ;
11  Sd R/cl L, sd R to LOP LOD (W Sd L/R, L, release hnd hold & slide R hnd down M's L arm endng w/ M's L & W's R hnds jnd in LOP LOD)  {SHLDR SHOVE} Rk apt L, rec R trng RF (W Rk apt R, rec L trng LF) ;
12  Sd L/cl R, sd L tpd ptr bringing M's L & W's R shldrs together trng LF to fc ptr, bk R/cl L, bk R to LOP FCG COH (W Sd R/cl L, sd R tpd ptr bringing M's L & W's R shldrs together trng LF to fc ptr, bk L/cl R, bk L to LOP FCG WALL) ;
13  {LINK RL SCP} Rk bk L, rec R, small trpl fwd commencing RF trn R/L, R; (W Rk bk R, rec L, small trpl fwd commencing RF trn R/L, R) ;
14  Comp RF trn sd R/L, R to SCP LOD (W Comp RF trn sd L/R, L to SCP LOD) ;  {PT LOD & HOLD} Pt L to LOD, hold, -, - (W Pt R to LOD, hold, -, -);