CONFIDENT

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Record: Confident Artist: Demi Lovato
Album: Confident (itunes) 3:25 @ 45 rpm

Footwork: Opposite, except where noted
Rhythm/Level: Jive V+0+1 (Shuffling Door) Released August 2016
Sequence: Intro A AmB C BrG AmD B C D C End

INTRODUCTION

1---5 [8 FT APRT ON DIAGONAL DLW, BOTH FC COH, BOTH R FT FREE] LADY TRN TO WALL; MAN TRN TO WALL; LADY TRNS AND PT; MAN FWD 2;
LADY FWD 2 SCP;
1 M and W R ft free both fcg COH 8 ft aprt on a diagonal DLW M wait (W Sd R trng ½ RF, pt L, -,-);
2 Sd R trng ½ RF, pt L, -,- (W wait);
3 Wait (W Rec L, pt R while trng upper body toward M and pointing with finger to spot on floor of M's future position, -,-);
4 Fwd L DLW toward W, -,-, fwd R, - (W wait);
5 Wait (W Fwd R toward ptr, -,-, fwd L, -) to loose SCP LOD;

6---9 CHASSE L & R; CHG R TO L ~ CHG L TO R;;;
6 {Chasse L and R} Sd L/cl R, sd L, sd R/cl L, sd R;
7-7.5 {Change R to L} Rk bk L, rec R, sd L/cl R, sd L trng LF ¼ (W Rk bk R, rec L, sd R/cl L, fwd R trng 3/4 RF under joined lead hands) ; Sd and fwd R/cl L, sd R (W sd and bk L/cl R, sd and bk L) to LOP LOD,
8-9 {Change L to R} Rk apt L, rec R; Sd L/cl R, sd L trng RF ¼, sd R/cl L, sd R (W Sd R/cl L, fwd R trng LF ¾ under jnd ld hands, sd L/cl R, sd L) to WALL;

PART A

1---4.5 SPANISH ARMS 2X;; FALLAWAY THROWAWAY;;
1-1.5 {Spanish Arms} Rk apt L, rec R trng RF 1/4, sd L/cl R, sd L trng RF ¼ (W Rk apt R, rec L swvl LF 1/4, sd R/cl L, sd R spin ¾ RF); Sd R/cl L, sd R to COH,
2-3 Repeat meas 1-1.5 of Part A to WALL,;
4-4.5 {Fallaway Throwaway} Rk bk L, rec R, sd L/cl R, sd L (W Rk bk R, rec L, fwd R trng LF/cl L, sd R); Sd R/cl L, sd R trng 1/4 LF (W Sd and bk L/cl R, sd L to end fcg RLOD) to LOP LOD,

5---8 STOP AND GO;; LINK RK TO BFLY WALL;;
5-6.5 {Stop and Go} Rk bk L, rec R; Fwd L/cl R, fwd L catch W with R hnd on L shldr blade, rk fwd R, rec L (W Fwd R trng ¼ LF/cl L, bk R trng LF 1/4 to end at ptr R side, rk bk L, rec R); Bk R/cl L, bk R (W Fwd L trng ¼ RF/cl R, bk L trng RF 1/4 to fc ptr),
7-8 {Link Rock} Rk aprt L, rec R; Sd L/cl R, sd L trng RF ¼, sd R/cl L, sd R to BFLY WALL;
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PART A MOD

1---4.5  WINDMILL 2X;; FALLAWAY THROWAWY;
1-1.5  {Windmill} In BFLY Rk bk L, rec R comm LF trn, fwd L/cl R, fwd L
comp ½ LF trn to BFLY COH; Sd R/cl L, sd R,
2-3  Repeat meas 1-1.5 of Part Amod to WALL,,;
4-4.5  Repeat meas 4-4.5 of Part A,,,

5---8  LINDY CATCH;; LINK RK TO SCP;;
5-6.5  {Lindy Catch} Rk apt L, rec R; Fwd L/fwd R, fwd L moving RF around W
catching her at waist, cont around W fwd R, fwd L (W Fwd R/fwd L, fwd R, bk L, bk
R); Fwd R/fwd L, fwd R cont around W (W Bk L/bk R, bk L) to LOP LOD;
7-8  Repeat meas 7-8 of Part A,,;

PART B

1---4  CHASSE ROLL;; ROLL BACK;;
1-2  {Chasse Roll} Trng LF to ½ OP rk bk L, rec R, trng to fc ptr no hands sd L/cl R, sd
L comm RF trn; In bk to bk pos sd R/cl L, sd R trng RF, fc ptr sd L/cl R, sd L;
3-4  {Chasse Roll Back} Trng RF to ½ LOP rk bk R, rec L, trng to fc ptr no hands sd
R/cl L, sd R comm LF trn; In bk to bk pos sd L/cl R, sd L trng LF, fc ptr sd R/cl L, sd
R to WALL;;

5---8  SHE GO HE GO TO HANDSHAKE;;, TRIPLE WHEEL 3,,;
5-5.5  {She Go He Go} Rk bk L, rec R, fwd L/cl R, fwd L trng RF to look at ptr back
(W Rk bk R, rec L, fwd R trng LF 1/4 undr jnd ld hnds/cl L, fwd R trng RF 1/4); Fwd R
trng LF 3/4 undr jnd ld hnds to fc ptr/cl L, sd R (W Sd L/cl R, sd L) to COH,
6-8  {Triple Wheel 3}  Rk apt L, rec R; sd L/cl R, sd L comm RF wheel M tch W back,
Sd R/cl L, sd R cont RF wheel W tch M back; Sd L/cl R, sd L comp RF wheel M tch W
back, sd R/cl L, sd R (W Sd R/cl L, sd R spin, sd L/cl R, sd L) to WALL;

PART C

1---5  PROG RK; THROWAWY TO HANDSHKE; CHG L TO R TO TAND;;
CATAPIULT;;
1  {Progressive Rock} Rk aprt L, rec R, rk aprt L, rec R progressing LOD;
2  {Throwaway} Sd L/cl L, sd L, sd R/cl L, sd R trng 1/4 (W Fwd R trng LF/cl L, sd R,
sd and bk L/clR, sd L to end fcg RLOD) to LOP LOD;
3-3.5  Repeat meas 8-9 of Intro to Tandem LOD W in back of M,,;
4-5  {Catapult} Rrk fwd L, bk & sd R clearing slot for W (W Rk bk R, rec L); Sip L/sip
R, sip L leading W to spin RF 1&1/2, sd R/cl L, sd R adjusting to LOP LOD (W fwd
R/cl L, fwd R spinning 1&1/2 to fc M, sd L/cl R, sd L);
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6---8 SAILOR SHUFFLES; AMERICAN SPIN;, RK REC;, *
6 {Sailor Shuffles} XLIB/sd R, sd L, XRIB/sd L, sd R;
7-7.5 {American Spin} Rk aprt L, rec R, sd L/cl R, sd L (W Rk aprt R, rec L, sd R/cl L, sd R spinning RF one full trn); Sd R/cl L, sd R,
8 {Rock Recover} Rk aprt L, rec R;
* First time through Rock Recover may be combined with bridge and cued as Change Left to Right; Third time through Rock Recover may be combined with meas 1 of End and cued as Change Left to Right.

BRIDGE

1 INTO A CHG L TO R;
Repeat meas 9 of Intro;

REPEAT PARTS A MOD, B AND C

PART D

1---8 CHICKEN WALKS; UNDERARM TRN TO A TRIPLE TRAVEL WITH ROLL;;;, CHG L TO R FC COH LOW BFLY;;
1-2 {Chicken Walks} Bk L, -, bk R, -; Bk L, bk R, bk L, bk R;
3-6.5 {Underarm Turn to a Triple Travel with Roll} Bk L, XRIF comm RF trn, sd L/cl R, sd L comp ½ RF trn (W Fwd R, fwd L comm LF trn, sd R/XLIF cont trn, bk R comp ½ LF trn) to HNDSHK RLOD; Sd R/cl L, sd & fwd R comm RF trn, fwd L cont trn, fwd R cont trn to LH STAR; Sd L/cl R, sd L trn ½ LF to RH STAR, sd R/cl L, sd R trn ½ RF to LH STAR; Sd L/cl R, sd & fwd L comm LF trn, fwd R cont trn, fwd L cont trn to fc ptr jn ld hnds RLOD; Sip R/sip L, sip R,
7-8 Repeat meas 8-9 of Intro to LOW BFLY COH;;

9--13 NECK SLIDE TO RLOD;; MIAMI SPECIAL;; HIP BUMP;;
9-10 {Neck Slide} Rk bk L, rec R raise both hnds over ptrs head fwd L/cl R, fwd L to R sds tog & release hands to place R hnd on ptrs R shldr; Wheel RF ½ R, L sliding R hnds down ptrs arm, cont trn 1/4 fwd R/cl L, fc ptrs small sd R to RLOD;
11-11.5 {Miami Special} Rk aprt L, rec R, fwd L/cl R, fwd L trng RF 3/4 undr jnd hnds plcg hnds ovr M hd so hnds rest bhd M neck (Rk aprt R, rec L, fwd R/cl L, fwd R trng LF 3/4 undr jnd ld hnds); Sd R/cl L, sd R, (W rel hndhold and sld R hnd dwn ptr arm Sd L/cl R, sd L) to LOP WALL,
12-13 {Hip Bump} Rk bk L, rec R; Sd L trng RF (W LF) twd ptr, bump M’s L W’s R hip together, sd R/cl L, sd R;
14-18.5  **SHUFFLING DOORS;; SOLE TAP TO FC;; WHIP TRN TO WALL;;**
14-15  {Shuffling Doors} XLIB, rec RIF, sd L/cl R, sd L slid across bhd W OP WALL; XRB, rec LIF, sd R/cl L, sd R slid across in front of W LOP WALL; 16-16.5  {Sole Tap} XLIB, rec RIF, sd L twd ptr, swing R ft up behind knee tap soul of foot to W’s foot; Sd R/cl L, sd R trn to fc ptr LOD, 17-18.5  {Whip Turn} Rk aprt L, rec R; sd L comm RF trn/cl R, sd L, XRB cont RF trn, sd L comp RF trn (W Sd R comm RF trn/cl L, sd R, sd L, XRB comp RF trn) to WALL; Sd R/cl L, sd R, 19-26  **MOOCH;;;;; RK REC TO TRAV SAND STPS 2X;;;**
19-23.5  {Mooch} Trng LF to ½ OP rk bk L, rec R; Rise slightly on R kick L, slight lowering on R cl L, slight rise on L kick R, lower on L cl R; Rk bk L, rec R, trng RF to CP sd L/cl L, sd L; Trng RF to L ½ OP rk bk R, rec L, slight rise on L kick R, lower on L cl R; Rise on R kick L, lower on R cl L, rk bk R, rec L; Trng LF to fc ptr & Wall sd R/cl L, sd R, 24-26  {Rock Recover to Traveling Sand Steps Twice} Rk bk L, rec R; Toe L, stp L, heel R, XRB; Toe L, stp L, heel R, XRB; 1---6  **INTO A CHG L TO R;; FLICKS INTO BREAKS;;;;;;**
1 Repeat meas 1 of Bridge; 2-6  {Flicks into Breaks} Trng to SCP rk bk L, rec R, point fwd L, fwd L; Point fwd R, fwd R, point fwd L, fwd L; Kick fwd R, trng to fc ptr rd R blnd to BFLY, kick thru L to RLOD, trng to fc sd L; Kick thru L, trng to fc ptr sd R, kick thru L to RLOD, trng to fc sd L; Check thru R to LOD, -, -/rec bk L, fwd R; 7---8+  **TWO KICK BALL CHANGES; SWVL 4; EXPLODE TO X-LINE.**
7  {Kick Ball Changes} Kick L/ball L, sip R, kick L/ball L, sip R; 8  {Swivel 4} Fwd swvl L, fwd swvl R, fwd swvl L, fwd swvl R; +  {Explode to X-Line} Point sd L arching upper body away from ptr while maintaining hold to X-LINE,