COME AND GET YOUR LOVE

Choreography by Dale & Leslie Simpson

Come and Get Your Love

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Choreographers: Dale & Leslie Simpson, 2 Decorah Drive, St. Louis, MO 63146, 314-409-3321
Email: d1226ws@gmail.com
Website: http://simpsonchoreo.blogspot.com/
Music: “Come and Get Your Love (Single edit).” Artist: Redbone. Available as an mp3 from Amazon, iTunes, etc. See end of cue sheet for music link on Amazon.
 Preview Music on YouTube: https://www.youtube.com/watch?v=ciTV7Zfmw3I&start_radio=1&list=RDMMcITV7Zfmw3I

Time: 3:25
Footwork: Woman’s footwork opposite (except as noted in parentheses)
Rhythm/Phase: West Coast Swing / Jive V
Degree of difficulty: Average
Sequence: Intro – A – B – Bridge – A – B – Bridge – C – B – Bridge – D – Intld – End

INTRO [JIVE]

1-4 LOP-FCG WALL LEAD HANDS JOINED WAIT THRU DRUM BEATS START WITH 1ST BASS
NOTE JIVE BASIC ~ FALLAWAY THROWAWAY ; ; ; KICK BALL CHANGE TWICE ; ;
1-3 Wait thru opening drum beats Start on 1st bass note w/ {Jv Bas} Rk apt L, rec R, sd L/cl R, sd L ; sd R/cl L, sd R, {Falwy Thwry} Rk bk L to SCP, rec R ; fwd & sd L/cl R, fwd & sd L ldg W to trn 1/2 LF, sd & fwd R/cl L, sd & fwd R (W Rk bk R to SCP, rec L ; fwd R/fwd L, fwd R trng 1/2 LF, sd & bk L/cl R, sd & bk L) ;
4 {Kck Ball Chg 2X} Kck L ft fwd/take wgt on ball of L ft, replace wgt on R ft, Repeat ;

PART A [WCS]

1-4 SUGAR PUSH ~ TUCK & SPIN ; ; ; KICK BALL CHANGE TWICE ; ;
1-3 {Sugar Push} Bk L, bk R, tap L, fwd L ; anchor R/L, R (W Fwd R, fwd L, tap R, bk R ; anchor L/R, L), {Tuck & Spn} Bk L, bk R bringing ld hnd to center ; tap L, fwd L leading W to spn RF, anchor R/ L, R (W Fwd R, fwd L ; tap R, trng 1/2 fwd R spn 1/2 RF, anchor R/L, L) ;
4 {Kck Ball Chg 2X} Kck L ft fwd/take wgt on ball of L ft, replace wgt on R ft, Repeat ;

5-8 TUMMY WHIP WITH SWEETHEARTS ; ; ; ;
1 {Strt Tummy Whip} Bk L, relg jnd hnds fwd R trng RF 1/4 catch W’s R hip as W stps past, sd L cont RF trn/cl R to fc RLOD, sd & fwd L (W fwd R, fwd L, fwd R/cl L, bk R) ;
2-3 {Swrt 2X} Fwd R M plcs R hnd on W’s R hip looking at ptr, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd L) ; Fwd L M plcs L hnd on W’s L hip looking at ptr, rec R, sd L/cl R, sd L (W bk L, rec R, sd L/cl R, sd R) ;
4 {Fin Tummy Whip} XRib trng 1/2 RF, fwd L to LOP-FCG LOD, anchor R/L, R (W bk L, bk R, anchor L/R, L) ;

9-12 SUGAR PUSH WITH ROCK 2 ; ; ; WHIP TURN ; ;
9-10 {Sugar Push w/Rk 2} Bk L, sm bk R, tap L, fwd L ; Rk bk R, fwd L, anchor R/L, R (W Fwd R, fwd L, tap R in bk, bk R ; Rk fwd L, bk R, anchor L/R, L) ;
11-12 {Whp Trn} Bk L, XRib mvg fwd W’s R sd into LCP, swvl 1/4 RF on R ft sd L/rec R trn 1/4 RF, fwd L to CP ; XRib comm RF trn, sd & fwd L comp 1/2 RF trn to LOP-FCG, anchor R/L, R (W Fwd R, fwd L trn 1/2 RF, bk R/cl L, fwd R between M’s feet to CP ; Swvlg sharply 1/2 RF bk L, bk R, anchor L/R, L) ;

13-16 WRAPPED WHIP ; ; ; CHICKEN WALKS 2 SLOW 4 QUICK ; ;
13-14 {Wrpd Whp} Bk L to double handhold, raising jnd ld hnds and ldg W fwd XRib trn 1/4 RF, sd L cont RF trn lowering jnd ld hnds/cl R, sd & fwd L to end in Wrapped Pos on W’s L sd ; XRib comm RF trn rel M’s R and W’s L hnds, sd & fwd L comp 1/2 RF trn to LOP-FCG LOD, anchor R/L, R (W Fwd R, fwd left, fwd R passing undr jnd ld hnds/cl L, bk R to end in Wrapped Pos ; bk L, bk R, anchor L/R, L to LOP-FCG RLOD) ;
15-16  {Chkn Wilks} Bk L, -, bk R, -; bk L, bk R, bk L, bk R;

PART B [WCS]
1-5  UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE ; ; ; ; ;
1  Bk L, fwd R trng RF 1/4 , sd & fwd L to fc RLOD/cl R, fwd L trng LF to fc WALL jn R hnds palm to palm [R Hand Star] (W fwd R, fwd L, fwd R/L, R twd RLOD passing M on WALL sd under jnd ld hnds trng LF 3/4 on last stp to fc COH);
2  Sd R/cl L, sd & fwd R comm 1/4 RF trn, fwd L cont RF trn 3/4, fwd R cont RF trn 1/2 making a total of 1 ½ RF trn to a L Hand Star;
3  Sd L/cl R, sd & fwd L comm 1/4 LF trn, sd R roll LF, sd L cont LF roll making a total of 1 ¼ LF trn to fc ptr jng ld hnds ; anchor R/L, R to LOP-FCG RLOD, {Kck Ball Chg} Kck L ft fwd/take wgt on ball of L ft, replace wgt on R;
4-5  LEFT SIDE PASS TO HANDSHAKE ~ FACELOOP SUGAR PUSH ; ; ;
4-5  {L Sd Pass} Bk L comm 1/4 LF trn, sm bk R out of slot completing 1/4 trn, ldg W to pass sd L/cl R, fwd L trng 1/4 ; anchor R/L, R (W fwd R, fwd L/L if, bk R completing 1/2 trn to fc M ; anchor L/R, L) , {Faceloop Sugar Push} Jng R hnds to HNDSHK Bk L raising jnd R hnds ovr M’s head, bk R lower hnds to bk of neck plc L hnd on W’s R hip ; Tap L releasing R hnds, fwd L, anchor R/L, R (W fbd R, fbd L slight RF trn ; tap Rib, bk R slide R hnd dwn M’s L arm, anchor L/R, L) to LOP-FCG LOD;

BRIDGE
1  CHICKEN WALKS 4 QUICK ;
1  {Chk wks} Bk L, bk R, bk L, bk R (W swvl fwd R, swvl fwd L, swvl fwd R, swvl fwd L);

REPEAT PART A [WCS]
1-4  SUGAR PUSH ~ TUCK & SPIN ; ; ; KICK BALL CHANGE TWICE ;
5-8  TUMMY WHIP WITH SWEETHEARTS ; ; ; ;
9-12  SUGAR PUSH WITH ROCK 2 ; ; WHIP TURN ;
13-16  WRAPPED WHIP ; ; CHICKEN WALKS 2 SLOW 4 QUICK ; ;

REPEAT PART B [WCS]
1-5  UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE ; ; ; ; ;
6-8  LEFT SIDE PASS TO HANDSHAKE ~ FACELOOP SUGAR PUSH ; ; ;

REPEAT BRIDGE
1  CHICKEN WALKS 4 QUICK

PART C [JIVE]
1-4  LINK ROCK ~ JIVE WALKS ; ; ; POINT STEP TWICE ;
1-3  {Link Rk} Rk apt L, rec R, sm fwd L/R, L trng 1/4 RF to CP WALL ; sd R/cl L, sd R (W Rk apt R, rec L, trng 1/4 RF sm fbd R/L, R ; sd L/cl R, sd L), {JV Wlks} Rk bk L to SCP, rec R ; fwd L/R, L, fwd R/L, R ;
4  {Pt Stp 2X} Pt fbd L, stp L, pt fbd R, stp R;
5-8  TWO FORWARD TRIPLES ; SWIVEL WALKS 4 ; THROWAWAY ; CHICKEN WALKS 4 QUICK ;
5  {2 Fwd Trpls} Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
6  {Swvl Wlks 4} Fwd L, fwd R, fwd L, fwd R (W swvl fbd R, fbd L, fbd R, fbd L);
7  {Thrwy} Fwd & sd L/cl R, fwd & sd L ldg W to trn 1/2 LF, sd & fwd R/cl L, sd & fwd R (W fbd R/fbd L, fwd R trng 1/2 LF, sd & bk L/cl R, sd & bk L);
8  {Chk wks 4 Qk} Bk L, bk R, bk L, bk R (W swvl fbd R, swvl fbd L, swvl fbd R, swvl fbd L);

REPEAT PART B [WCS]
1-5  UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE ; ; ; ; ;

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Redbone is a Native American rock group originating in the 1970s with brothers Pat and Lolly Vegas. They reached the Top 5 on the U.S. Billboard Hot 100 chart in 1974 with their No. 5 hit single, "Come and Get Your Love." The single went certified Gold, selling over a million copies. Redbone is known as the first Native American rock group to have a No. 1 single in the United States and internationally. "Redbone" is a Cajun term for a mixed-race person, which the band adopted to signify their mixed ancestry of Cherokee, Yaqui, Apache, and Shoshone heritage.