

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com "Candida" Artist: Tony Orlando and Dawn
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: CHA, CHA
DANCE LEVEL: Phase V
SPEED: 42 RPM
RELEASED: AUGUST 2011

SEQUENCE: INTRO – A – B – INT – A – B (MOD) – C – END

INTRO

1 – 4 **IN BTFY FCNG “CTR” WAIT;; OPN BRK; WHIP – WALL;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Whip – Wall)** Cross trail hnds ovr lead hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, sd L/clo R, sd L:)**

PART A

1 – 9 **½ BASIC; FAN; STOP N' GO HCKYSTIK;; ALEMANA FRM FAN;; HND TO HND – TWICE;; OPN BRK;**
(½ Basic) Fwd L, rcvr R, bk L/clo R, bk L; **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, rlsng trail hnds trng ½ lft fc sd & bk R, bk L/lck R, bk L:)** **(Stop N' Go Hckystik)** Fwd L, rcvr R, in plc L/R,L; catch Woman on her back with rt hnd cross R in frnt, rcvr L, in plc R/L,R to Fan Position; **(Woman clo R, fwd L, fwd R/fwd L, trng ½ lft fc undr lead hnds bk R; bk L, rcvr R, fwd L/fwd R, trng ½ rt fc undr lead hnds bk L:)** **(Alemana Frm Fan)** Fwd L, rcvr R, in plc L/R,L; rlsng trail hnds cross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R trng ½ rt fc to fc Man; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L:)** **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ½ rt fc bk R, trng ½ lft fc rcvr L to BTFY, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;

10 – 16 **WHIP & TWL – CTR; N-YRKR; SPT TRN; OPN BRK; WHIP WALL; HND TO HND; SPT TRN;**
(Whip & Twl – Ctr) Cross trail hnds ovr lead hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L:)** **(N-Yrkr)** Rlsng trail hnds trng ½ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Whip – Wall)** Cross trail hnds ovr lead hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, sd L/clo R, sd L:)** **(Hnd To Hnd)** Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

PART B

1 – 7 **OPN BRK; UNDRARM TRN; TO RVS AIDA; SWITCH RK; TO RVS CRABWLK – TWICE;; FNCLINE IN -4;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L:)** **(To Rvs Aida)** Cross lead hnds ovr trail hnds trng ½ rt fc thru L, rlsng lead hnds & trng 5/8 rt fc bk R to "V" bk to bk position to fc LOD, bk L/clo R, bk L; **(Switch Rk)** Arcing trail hnds up & twds RLOD trng 5/8 rt fc sd R to BTFY/WALL, rcvr L, twds RLOD sd R/clo L, sd R; **(To Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R/sd L, thru R; sd L, thru R, sd L/clo R, sd L; **(Fncline In -4)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd R, clo L;

8 – 14 **SLO MERENGUE – HND SHK; OPN HIP TWST; FAN; HCKYSTIK;; OPN BRK; UNDRARM TRN;**
(Slo Merengue – Hnd Shk) Swiv L-, drw-clo R to HND SHK/WALL-; **(Opn Hip Twst)** Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ½ rt fc bk R, trng ½ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD:)** **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L:)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L:)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L:)**

INT

1 – 2

DBL CUBANS;;

(Dbl Cubans) Staying in BTFY cross L in frnt/rcvr R, sd L/clo R, cross L in frnt/rcvr R, sd L; cross R in frnt/rcvr L, sd R/clo R, cross R in frnt/rcvr L, sd R;

REPEAT PART “A”

PART B (MOD)

1 – 7

OPN BRK; UNDRARM TRN; TO RVS AIDA; SWITCH RK; TO RVS CRABWLK – TWICE;; FNCLINE IN -4;
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(To Rvs Aida)** Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 rt fc bk R to “V” bk to bk position to fc LOD, bk L/clo R, bk L; **(Switch Rk)** Arcing trail hnds up & twds RLOD trng 5/8 rt fc sd R to BTFY/WALL, rcvr L, twds RLOD sd R/clo L, sd R; **(To Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R/sd L, thru R; sd L, thru R, sd L/clo R, sd L; **(Fncline In -4)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd R, clo L;

8 – 14

SLO MERENGUE – HND SHK; OPN HIP TWST; FAN; HCKYSTIK;; OPN BRK; UNDRARM TRN;
(Slo Merengue – Hnd Shk) Swiv L-, drw-clo R to HND SHK/WALL-; **(Opn Hip Twst)** Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chgng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)**

15

N-YRKR IN -4;

(N-Yrkr in -4) Rlsng trail hnds & trng ¼ rt fc cross L in frnt, rcvr R to BTFY/WALL, sd L, clo R;

PART C

1 – 6

HND TO HND – TWICE;; BRK BK – OPN & CHA; SWIV -2 & CHA; SLIDING DOOR; CIR AWY -2 & CHA;
(Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R; **(Brk Bk – Open & Cha)** Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L/clo R, fwd L; **(Swiv -2 & Cha)** With swiv action fwd R, fwd L, fwd R/clo L, fwd R; **(Sliding Door – Twice)** Sd L, rcvr R, bhnd Woman cross L in frnt/sd R, cross L in frnt to LOPN/LOD; **(Cir Awy -2 & Cha)** Rlsng hnds trng 3/8 rt fc fwd R, fwd L, fwd R/clo L, fwd R;

7 – 12

BK TOG -2 & CHA – BTFY – CTR; TO RVS N-YRKR; OPN BRK; UNDRARM TRN; FNCLINE – TWICE;;
(Bk Tog -2 & Cha – Btfy - Ctr) Trng 3/8 rt fc fwd L, fwd R, fwd L/clo R, fwd L to BTFY/COH; **(To Rvs N-Yrkr)** Rlsng lead hnds trng ¼ lft fc thru R, trng ¼ rt fc rcvr L to BTFY/COH, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY/COH, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY/COH, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(Fncline – Twice)** Staying in BTFY/COH thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R;

13 – 16

OPN BRK; WHIP & TWL – WALL; N-YRKR; SPT TRN;

(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY/COH, sd L/clo R, sd L; **(Whip & Twl – Wall)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/WALL, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

END

1 - 7

OPN BRK; UNDRARM TRN; TO RVS AIDA; SWITCH RK; TO RVS CRABWLK – TWICE;; FNCLINE IN -4;
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(To Rvs Aida)** Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 rt fc bk R to "V" bk to bk position to fc LOD, bk L/clo R, bk L; **(Switch Rk)** Arcing trail hnds up & twds RLOD trng 5/8 rt fc sd R to BTFY/WALL, rcvr L, twds RLOD sd R/clo L, sd R; **(To Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R/sd L, thru R; sd L, thru R, sd L/clo R, sd L; **(Fncline In -4)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd R, clo L;

8 - 13

SLO MERENGUE – HND SHK; OPN HIP TWST; FAN; HCKYSTIK;; TO RVS RUMBA AIDA & HOLD;
(Slo Merengue – Hnd Shk) Swiv L-, drw-clo R to HND SHK/WALL-; **(Opn Hip Twst)** Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chgng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(To Rvs Rumba Aida & Hold)** Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 lft fc bk R to "V" bk to bk position, bk L to fc LOD & Hold-;