BREATHLESS

Choreographers: Brent & Judy Moore,
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Music: Parandi Sound Rimini Open Vol 5., Balls of Fire, Ballroom CD-202, Track 17
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase VI - Foxtrot
Difficulty: Average
Sequence: Intro, A, B, A(1-8), C, B, A(1-8), End 2006

INTRODUCTION

1-4  WAIT 1; TWIST VINE 4; HOVER CROSS ENDING; TELEMARK to HALF OPEN;
1  [Wait SS] bfly fc sdcr LOD, lead feet free;
2  [Twst Vine 4 QQQQ] Fwd XLIFR (XRIBL) in sdcr, slght tm LF sd & bk R, XLIBR (XRIFL), tm RF sd & fwd R bfly sdcr
dlw slght lt sway;
3  [Hover Cross End QQQQ] Toe ck fwd L sdcr lt sway, rec R lose sway, sd & fwd L DLC, fwd R bnd to bjo DLC;
4  [Telemark Half Opn QQ] Fwd L tmn LF,-, sd & fwd R tmn LF (lady heel tmn), release lead hnds sd & fwd L in half opn
dlw;

PART A

1-8  OPEN IN & OUT RUNS;; RUNNING OPEN NATURAL; BACK WAVE; BACK TIPPLE CHASSE w/LEFT SWAY &
PIVOT; BACK FEATHER; FEATHER FINISH; CHANGE of DIRECTION;
1-2  [Opn In & Out Run QQQQQQ] Tm RF thru R across lady,-, sd & bk L tmn RF slght sway right (fwd R), sd & fwd R to ½
opn LOD; fwd L body tmn R (fwd R tmn RF across man) ,- , sd & fwd R cont body tmn RF (sd & bk tmn RF), sd & fwd L to
blnd semi LOD;
3  [Run Open Nat SSQQ] Tm RF thru R,-/ slght sway right sd & bk L tmn RF chnge to lt sway, sd & bk R to bjo, bk L in bjo
bng LOD;
4  [Bk Wave SQ] Bk R to cp,-, bk L left sd lead (lady heel lead) slight curve to left, bk R in cp fc RLOD;
5  [Tipple Chasse Pvt SQ&SQ] Tm RF bk L cp DCR shape to lft,-,sd R/cl L tmn RF, fwd R DLW lose shape pvt RF & chnge
to rght shape;
6  [Bk Feather SQ] Sd & slght fwd L DLW trng body RF to bjo slght lt shape,-, bk R in bjo, bk L in bjo bng DLC;
7  [Feather Finish SQ] Bk R to cp tmn LF,-, sd & fwd L slght LF tmn, fwd R bjo DLW;
8  [Chng Dir SS] Fwd L tmng body to cp fc DLW,-, tmn LF fwd R on inside edge cont tmn LF to whole foot draw L toward R to
efc DLC slght rise ,-;

9-16  REVERSE WAVE 3 to CHECK & WEAVE 3;; DOUBLE LILT; WEAVE ENDING; THREE STEP; NATURAL WEAVE;;
CHANGE of DIRECTION;
9-10 [Rev Wave Ck & Weave 3 QQQQQQ] Fwd L tmn LF,-, fwd & sd R tmn LF (lady heel tmn), bk L cp fc DRC: bk R cking,-
rec fwd L tmn LF, sd & bk R in bjo bng DLC;
11  [Dble Lilt SS&&] bk L in bjo rise,/-sml stp R & lwr, bk L in bjo rise,-/sml stp R & lwr bjo mvg DLC;
12  [Weave End QQQQ] Bk L in bjo, bk R to cp tmn LF, sd & fwd L DLW to bjo, fwd R in bjo DLW;
13  [3 Step QQ] Fwd L tmng LF to cp DLW,-, fwd R on heel slght right sd lead, fwd L toe heel to cp DLW;
14-15 [Nat Weave QQQQQQ] Tm RF fwd R,-, sd & fwd L tmn RF slght sway right (lady heel tmn), cont RF tmn chng to slght
left sway sd & bk R to bjo bng DLC; bk L in bjo, bk R to cp tmn LF, sd & fwd L bng DLC slght bnd tmn to bjo, fwd
R in bjo DLW;
16  [Chng Dir SS] Fwd L tmng body to cp fc DLW,-, tmn LF fwd R on inside edge cont tmn LF to whole foot draw L toward R to
efc DLC slght rise ,-;

PART B

1-8  HOVER TELEMARK; FEATHER; COUNTER PROMENADE to EXTENDED FALLAWAY to BACK WING;; CROSS
SWIVELS to SAMEFOOT LUNGE & SHAPE CHANGE;; TELESPIN to HALF OPEN;
1  [Hover Telemark QQ] Slight body tmn LF fwd L, sd & fwd R tmn RF,-, sd & fwd L in semi DLC;
2  [Feather SQ] Thru R,-, slght tmn LF fwd L, fwd R bjo DLC (thru L tmn LF,-, sd & bk R, bk L bjo);
3-5  [Rev Prom Extnd Fallaway Bk Wing QQQQQQQQQQQQQQ] Fwd L tmn LF to rev prom LOD lady in front, -, fwd R in rev prom,
fwd L body tmn LF; sd R to fallaway, bk L in fallaway bng LOD, rise tmn LF slp action to bjo bk R, bk L in bjo; body tmn
LF to CP sd & bk R, body tmn LF bk L to sdcr, bk R ckngr in sdcr bng LOD,-; (bk R tmn LF to rev prom,,-, fwd L in rev
prom, fwd R body tmn RF, sd L to fallaway, bk R in fallaway, slp LF to bjo fwd L, fwd R in bjo, body tmn LF to cp fwd L,
fwd R body tmn LF to sdcr, fwd L in sdcr ckngr head well left,:-)

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6 [Cross Swivels S&S&(S&S&amp;a)] Fwd L DRW,-/swvl LF to bjo fc DLW pnt R to sd bght lk swvl, fwd R LOD lose swvl, -/swvl RF to samefoot pos rise - (bk R,-/swvl LF to bjo opn head pnt L sd &amp; fwd, bk L,-/swvl RF to samefoot pos head opn/cL R);

7 [Samefoot Lunge SQO] Sligt swvl left/lwr on R softn R knee extnd L leg sd &amp; bk,-, change swvl to rght look at lady, change swvl bk to left head left (lwr on R softn R knee head opn,-, strm shape to left look well left cl head, chnge shape body tm RF opn head);

8 [Telespin Half Opn - &amp;OO(S&amp;QQ)] Body trn LF (fwd L trn LF to CP cl head),-/fwd L trn LF, sd &amp; fwd R trn LF (lady toe trn), release lead hnds sd &amp; fwd L in half opn DLW;

Repeat PART A (1-8)

PART C

1-8 REVERSE FALLAWAY &amp; SLIP: CONTRA CHECK &amp; SWITCH; RUDOLPH RONDE SLIP; OPEN TELEMARK;
CURVED FEATHER CHECK; BACK FEATHER; BACK to SLOW THROWAWAY;;

1 [Rev Fallaway &amp; Slip QQQQ] Fwd L cp DLC trn LF, sd R trn LF, bk L in fallaway bkg DLC, rise trn LF slip pvt action LF to cp bk R sml stp to fc DRW;

2 [Contra Ck &amp; Swch SQO] Lwr &amp; body trn LF/ fwd L contra ck action,-, rec R sft knee strt strm rise trn RF, rec bk L toe-heal action cp DLC;

3 [Rudolph Ronde Slip SQO] Fwd R btwn W's feet lwr leave L leg extended trn body RF &amp; lead W to ronde CW,-, rec bk L in fallaway, rise slip pvt action bk R to cp DLC (W bk L ronde R cw,-, XRXBL in fallaway, trn LF slip pvt fwd L cp);

4 [Open Telemark SQO] Fwd L trn LF, sd &amp; fwd R trn LF (lady heel trn), sd &amp; fwd R in semi DLW;

5 [Curve Feather Ck SQO] Trn RF thru R,-, fwd &amp; sd L to cp trn RF, strm trn RF sml step fwd R to bjo DRW cking (thru L, trn LF sd R to cp, strm trn RF sml step bk in bjo cking);

6 [Bk Feather SQO] Bk L slight trng body RF (lady opn head),-/bk R in bjo, bk L in bjo bkg DLC;

7-8 [Throwaway SSSS] Bk R trn LF,-, sd &amp; fwd L trn LF relax L knee strt strng rise trn RF, rec bk R heel transfer weight to L/fwd &amp; sd R, trn LF XLIFR);

10 [Double Reverse SQ&amp;Q] Fwd L trn LF,-, fwd &amp; sd R trn LF/spin LF on R, tch L to R CP DLW (Bk R,-, trn LF on R heel transfer weight to L/fwd &amp; sd R, trn LF XLIFR);

11 [Hovr Telemark SQO] Slight body trn LF fwd L,-, sd &amp; fwd R trn RF, sd &amp; fwd L in semi DLW;

12-13 [Nat Hover Cross Qk Hover Corte SQOOOOOO] Trn RF fwd R,-, tm RF fwd &amp; sd L, trn RF fwd &amp; sd R to sdcr DLW swvl left; toe ck fwd L in sdcr, lose sway rec R trn LF, sd &amp; fwd L to bjo RLOD rise to lady with qk hvr action, rec bk R bjo bkg LOD ;

14 [Zip Zag QQQQ] bk L in bjo, tm RF heel pull sd sml stp R to sdcr, fwd L in sdcr mvng LOD, trn LF sd &amp; bk R to bjo mvng LOD;

16 [Feather SQQ] Thru R,-, slight lstm LF fwd L, fwd R bjo DLC (thru L trn LF,-, sd &amp; bk R, bk L bjo);

Repeat PART B
Repeat PART A (1-8)

END

1-3 HOVER TELEMARK; CHECK &amp; ROLL lady TO LUNGE; CROSS ROLL TO LUNGE;

1 [Hovr Telemark SQO] Slight body trn LF fwd L, sd &amp; fwr R trn LF,-, sd &amp; fwr L in semi DLC;

2 [Lady Roll to Lunge QQQ] Ck thru R strt lady rollout LF retain lead hnds, cl L, sd R DRW lunge line in lft open fc DLW shpe to ptrn,- (fwd L strt LF roll , sd &amp; fwr R trn LF, sd L DLC to lft open DLW lunge line shpe to ptrn,-);

3 [Cross Roll QOS] Fwd L comm LF roll DLC (lady RF DRW), sd R cont roll LF (RF), sd L DLC in lunge line (lady DRW) look &amp; shpe to ptrn jn trail hnds;

Sequence: Intro A, B, A(1-8), C, B, A(1-8), End