BOOM BOOM MERENGUE

CHOREO: Peg & John Kincaid, 9231 Limestone Place, College Park, MD 20740
(301) 935-5227 kincaidcpa@aol.com www.dancerounds.info/kincaid/

MUSIC: “BOOM BOOM” BY Ce Perez Dance In Caribe 3:58 download Amazon
Music cut at 3:11 Slowed 6 % after cut (30 mpm). Adjust speed for comfort

RHYTHM: MERENGUE RAL PHASE 4 42 [single Cubans, stop & go]
FOOTWORK: opposite except where noted.

SEQUENCE: INTRO A B A INTER B A A C D END Released 2/15/2013

INTRO
1-14 WAIT;; SWING BASICS;; HIP RKS DOWN & UP;; MERENGUE BASIC; OP BRK (LADY CHNG SDS U/A) M FC COH; SIDE STAIRS 8;; MERENGUE BASIC; OP BRK (LADY CHNG SDS U/A) M FC WALL; SIDE STAIRS 8;;
1-2 CP WALL lead ft free wait;;
3-4 [SWING BASICS] rk bk L to SCP, rec R to fc ptr, sd L swinging hips twd LOD, rec R swinging hips twd RLOD; REPEAT MEAS 3 OF INTRO;
5-6 [HIP RKS DOWN & UP] CP WALL sd L swinging hips twd LOD, sd R swinging hips twd RLOD, comm to lower body sd L, sd R; in lowered position sd L cont to swing hips, sd R cont to swing hips, sd L starting to rise, sd R cont to rise;
7 [MERENGUE BASIC] sd L, cl R, sd L, cl R;
8 [OP BRK (LADY CHNG SDS U/A) M FC COH] apt L, rec R leading W to trn LF undr jnd lead hnds taking her to COH, comm RF trn sd & fwd L, cont LF trn fwd R to fc ptr COH (W rk apt R, rec fwd L to M’s R sd, fwd R undr jnd lead hnds pivot LF, bk L) blend to CP;
9-10 [SD STAIRS] CP fcg COH sd L, cl R, fwd L, cl R; sd L, cl R, fwd L, cl R;
11 [MERENGUE BASIC] REPEAT MEAS 7 fcg COH;
12 [OP BRK (LADY CHNG SDS U/A) M FC WALL] REPEAT MEAS 8 TO FC WALL;
13-14 [SD STAIRS] REPEAT MEAS 9 & 10 INTRO;;;

PART A
1-8 CONGA WLKS L & R;; BK AWAY 4; M HOLD (LADY TURNG HIP BUMPS);; X PNTS TOG TO X HNDS R OVER L;; MERENGUE BASIC W/HEAD LOOPS;
1-2 [CONGA WLKS L & R] releasing hnds sd L twd LOD, XRIF sd L, pnt R; sd R twd RLOD, XLIF, sd R, pnt L;
4-5 [M HOLD (LADY TRNG HIP BUMPS)] M press ball of L ft to floor and hold,..(W with weight on L start LF trn stepping on ball of R ft to raise R hip, rec L, cont LF trn stepping on ball of R ft to raise R hip, rec L); M cont to hold in press line (W cont LF trn stepping on ball of R ft to raise R hip, rec L, cont LF trn stepping on ball of R ft to raise R hip, rec L to fc ptr);
6-7 [X PNTS TOG TO X HNDS R OVER L] lead ft free moving twd ptr XLIF of R, pnt R sd, XRIF of L, pnt L sd; cont moving fwd REPEAT MEAS 6 PART A jn R/R hnd and L/L hnds with R over L;
8 [MERENGUE BASIC W/HEAD LOOPS] sd L taking jnd R hnds up and placing them behind M’s head, cl R releasing R hnds, sd L taking jnd L hnds up and placing them behind M’s head, cl R releasing L hnds to end CP WALL;
PART B

1-8  MERENGUE BASIC; MERENGUE GLIDE; STOP & GO;;
1  [MERENGUE BASIC] CP WALL sd L, cl R, sd L, cl R;
2  [MERENGUE GLIDE] on ball of ft sd L/cl R, sd L/cl R, sd L, cl R;
3-4  [STOP & GO] jn lead hnds rk apt L, rec R, fwd L leading W to trn LF undr jnd lead hnds, fwd R catching W with R hnd on her L shouldr blade to stop her movement (W rk apt R, rec L comm LF trn undr jnd lead hnds on M's R sd, fwd R cont LF trn to fc WALL, rk bk L with checking action; rec L leading W to trn RF undr jnd lead hnds, cl R, sd L, cl R (W rec R comm RF trn, cont RF trn sd & bk L to fc ptr, bk R, cl L) end BFLY WALL;

5-10  SD SEPARATION;;;; TRADE PLACES W/ LADY'S U/A; 2 QK CUCAS;
9  [TRADE PLACES W/LADY'S U/A] with L hnds jn bk L, rec fwd R leading W to trn LF undr jnd hnds, fwd L comm RF trn, cont RF trn to fc ptr COH (W bk R, rec fwd R comm LF trn undr jnd hnds, fwd R cont LF trn, sd L to fc ptr WALL) blend to CP;
10  [2 QK CUCAS] rk sd L/rec R, cl L, rk sd R/rec L, cl R (W rk sd R/rec L, cl R, rk sd L/rec R, cl L);

11-16  SD SEPARATION;;;; TRADE PLACES W/ LADY'S U/A; 2 Q CUCAS;
   REPEAT MEAS 5-10 PART B FCG COH & END FCG PTR WALL;;;;;;

REPEAT PART A

INTERLUDE

1-4  SWING BASICS;; HIP RKS DOWN & UP;;
1-2  [SWING BASICS] REPEAT MEAS 3-4 INTRO;;
3-4  [HIP RKS DOWN & UP] REPEAT MEAS 5-6 INTRO;;

REPEAT PART B
REPEAT PART A
REPEAT PART A

PART C

1-4  OP BRK TO WRAP; WHEEL 4; UNWRAP; TWIRL TO TAMARA POS; WHEEL 4;;
1  [OP BRK TO WRAP] jn both hnds rk apt L, rec R fwd L raise jnd lea dhnds to wrap W to M's R sd, fwd R comm RF wheel (W rk apt R, rec L, fwd L to M's R side trng LF undr jnd lead hnds to wrap position, in plc L);
2  [WHEEL 4] in wrapped pos fcg WALL wheel RF fwd L, fwd RL, fwd L, fwd R (W bk R, bk L, bk R, bk L);
3  [UNWRAP TO FC] fcg WALL in wrapped position keep both hnds jnd and lead W to trn undr jnd lead hnds in plc L, R, R (W sd & bk R comm RF trn under jnd lead hnds, fwd L cont RF trn, fwd R cont RF trn, fwd L to fc ptr) end fcg ptr WALL with both hnds jnd;
4  [TWIRL TO TAMARA] lead ft free keeping both hnds jnd lead W to trn RF undr jnd lead hnds in plc L, R, R (W trn RF undr lead hnds frd R, L, L to fc COH) end with M's R hnd behind W's bk with L hnd high;
PART C (CONT)

5-8  WHEEL 4; UNWRAP TO WALL; SINGLE CUBAN BRKS; SPOT TRN IN 4;
5  [WHEEL 4] wheel RF fwd L, fwd R, fwd L, fwd R (W fwd R, fwd L, fwd R, fwd L);
6  [UNWRAP TO WALL] cont wheel to fc WALL L, R, L, R leading W to trn LF undr jnd lead hnds (W bk R comm LF trn, sd & bk L cont LF trn, sd R, cl L) to fc ptr WALL;
7  [SINGLE CUBAN BRKS] XLIF of R/ rec R, sd L, XRIF of L/rec L, sd R;
8  [SPOT TRN IN 4] releasing jnd hnds XLIF of R comm RF trn, rec R, cont RF trn XING LIF of R to fc ptr, sl R to end fcg ptr WALL in BFLY;

PART D

1-8  STOP & GO;; MERENGUE BASIC; PROMENADE; SWING BASICS;; HIP RKS DOWN & UP;;
1-2  [STOP & GO] REPEAT MEAS 3 & 4 PART A;;
3  [MERENGUE BASIC] REPEAT MEAS 7 INTRO;;
4  [PROMENADE] SCP fwd L, fwd R, fc ptr sd L, cl R to end CP WALL;
5-6  [SWING BASICS] REPEAT MEAS 3 & 4 INTRO;;
7-8  [HIP RKS DOWN & UP] REPEAT MEAS 5 & 6 INTRO;;

END

1-8  MERENGUE BASIC; OP BRK (LADY CHNG SDS U/A) M FC COH; SD STAIRS 8 ;; MERENGUE BASIC; OP BRK (LADY CHNG SDS U/A) M FC WALL; 2 Q CUCAS; SD CLOSE LUNGE & TWIST;
1-6  REPEAT MEAS 7 TO 12 INTRO;;;;;;
7  REPEAT MEAS 16 PART B;
8  sd L, cl R, sd L with bent knee extending R leg twd RLOD, sl LF twist to upper bdy & hold;

NOTE: You can use the music that Ron Rumble used for his dance “Boom Boom” by changing the sequence to INTRO A B A INTER B A C D and add side stairs to end of part D, then repeat A. Leave out the ending and just do lunge twist for END. You may want to speed the music.

QUICK CUES

INTRO: wait 2 meas;; swing basics;; hip rks down & up;;
Merengue basic; op brk lady U/A M fc COH; sd stairs 8;;
Merengue basic; op brk lady U/A M fc WALL; sd stairs 8;;
PART A: conga wlks L & R;; bk away 4; M pressline lady trng hip bumps;;
X pnts tog to X hnds R over L;; merengue basic w/head loops;
PART B: merengue basic; merengue glide; stop & go;; side separation;;;;
Trade plc lady U/A; 2 Q cucas; side separation;;;; trade plc lady U/A; 2 Q cucas;
REPEAT PART A
INTER: swing basics;; hip rks down & up;;
REPEAT B, REPEAT A, REPEAT A
PART C: op brk to wrap; wheel 4; unwrap; twirl to tamara;
wheel 4; unwrap to WALL; single Cubans; spot trn in 4;
PART D: stop & go;; merengue basic; promenade; swing basics;; hip rks down & up;;
END: merengue basic; op brk lady U/A M fc COH; sd stairs 8;;
Merengue basic; op brk lady U/A M fc WALL; 2 Q cucas; sd cl, lunge & twist;