BLUE WORLD VI

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RECORD:  CD: The Present (Remastered & Expanded) Track 11 or Download from Amazon or I-Tunes

ARTIST:  The Moody Blues  
SPEED:  40 RPM or to suit

FOOTWORK:  Opposite Throughout Except Where Noted (Lady)  
ORIG. LENGTH:  3:39

PHASE:  Phase VI  
RHYTHM: Foxtrot

SEQUENCE: INTRO-A-B-C-INTERLUDE-A-B-C1-8[MOD]-END  
RELEASED:  JUNE 2015 Rev 1

INTRODUCTION

1-2  SKATERS DLC LEFT FOOT FREE FOR BOTH WAIT ; ; 
1-2] In skaters pos L ft free for both DLC wait ; ;

3-6  REVERSE WAVE ½ ; CHECK & WEAVE ; ; HOVER ;

SQQ 3] Fwd L comm LF body trn, - , sd R DLC, bk L fcg DRC ;

SQQ 4] Slip R bk undr body, - , fwd L comm LF trn, cnt LF trn sd & bk R with rt sd lead & stretch fc DRW ;

QQQQ 5] Bk L, bk R cont LF trn, sd & fwd L with If sd stretch & LF trn, fwd R ;

SQQ 6] Fwd L - , fwd & sltly sd R rising, sd & fwd L to Skaters DLC ;

7-8  FEATHER LADY IN 4 [TO BJ O] : DOUBLE REVERSE FULL :


SQQ (SQ&Q) 8] Fwd L comm LF trn, - , sd R, spin brng L ft undr body (Bk R comm LF trn, - , cl L to R heel trn trng ½ LF/sd & bk cont LF trn, XLIF) ; NOTE: Meas. 1-6 are same footwork - lady transitions on meas. 7.

PART  A

1-4  TELESPIN TO BJ O ; ; TRAVELING HOVER CROSS ; ;

SQQQ 1] Fwd L comm LF trn with R sd stretch, - , fwd & sd R cont LF trn, sd & bk L with partial wt/comm LF body turn (Bk R comm LF trn, - , brng L to R heel trn cont LF trn, fwd R cont LF trn/keeping R sd twd ptr fwd L) ;

QQS 2]Taking full wt on L spin LF, sd R cont LF trn, cont LF trn sd & fwd L to BJ O DLW, - (Fwd R comm LF toe spin, cont toe spin cl L, sd & bk R to BJ O) ;

SQQ 3] Fwd R comm RF trn with L sd stretch, - , sd L fcg DRW cont strong RF trn, sd R fc DLC with R sd stretch (Bk L comm RF trn, - , [heel turn] cl R no weight cont RF trn & trans weight to R, sd L, sd & bk L) ;

QQQQ 4] Cont RF rotation fwd L across R in CBM, fwd & sd R to CP, fwd L to CBMP, fwd R to BJ O (Cont RF rotation with L sd stretch bk R to CBMP, bk & sd L to CP, bk R to CBMP, bk L to BJ O) ;

5-8  TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ;

SQQQ 5] Bind to CP fwd L comm LF body trn, - , sd R cont LF trn, sd & fwd L to SCP DLW ; (Bk R comm LF body trn brng L to R no weight, - , cont LF trn on R heel [heel trn] & chng weight to L, sd & fdw R) ;

QQS 6] Fwd R comm RF trn w/R sd stretch, - , fwd L rise & cont RF trn, bk R in SCP DRLW; (Fwd L w/ sd stretch, - , fwd R rising comm RF trn, cont RF trn bk L in SCP) ;

QQQQ 7] Bk L, slip R bk comm LF trn to CP, sd & fwd L w/L sd stretch, fwd R to BJ O DLW ; (Bk R, trng LF slip L fwd to CP, sd & bk R w/R sd stretch, bk L to BJ O) ;

SS 8] Fwd L blending to CP, - , fwd with R shldr ld trng LF, draw L to R to CP DLC ;

9-12  TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH [DL W] ;

SQQ 9] Fwd L comm LF trn with R sd stretch, - , fwd R cont LF trn, sd & bk L with partial weight keeping L sd to ptr (Bk R comm LF heel trn, - , brng R to L heel trn cont LF trn, fwd R) ;

Q&QS 10] Spin LF taking full weight on L/cont spin, sd R cont LF trn, bk L fcg RLOD, (Keep R sd in to ptr fwd L lifting R leg up straight fwd trng LF, cont LF trn, fwd R), - ;

SQ&Q 11] Bk R trng ¼ LF keeping L sd in to ptr, - , sd & fwd L with L sd stretch/fwd R outsld ptr rise brng W in frnt, fwd L lowering chng to R sd stretch pivoting LF fc DRC (Fwd L trng ¼ LF, sd & bk R/bk L under body, bk R lowering & chng to R sway with LF pivot action) ;

SQQ 12] Bk R trng LF, - , cont turn sd & fwd L, fwd R with CBM to BJ O DLW ;

13-16  3 STEP ; OPEN NATURAL ; BACK TWISTY VINE 4 ; HEEL PULL ;

SQQ 13] Fwd L blndg to CP, - , fwd R, rising to toe fwd L to CP DLW ;

SQQ 14] Comm RF upper body trn fwd R heel to toe, - , sd L across LOD, cont RF upper body trn bk R with CBM ldg ptr to BJ O (Comm RF upper body trn bk L, - , cl R [heel turn] cont trn, fwd L to BJ O) ;

QQQQ 15] Comm RF trn bk L, cont trn sd R, cont RF trn XLIF, trng LF sd R to BJ O DRC ;

SS 16] Comm RF upper body trn bk L blend to CP, - , cont RF trn on L heel pull R ft bk to L trans weight to R, (Fwd R trng RF, - , cont RF trn sd L, draw R to L) - ;
PART B

1-4 REVERSE WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; ;
SQQ 1] Fwd L comm LF body trn, - , sd R DLC, bk L fcg DRC ;
SQQ 2] Bk R comm RF trn, - , sd & fwd L, chk fwd R with CBM to BJO DRW ;
SQQ&Q 3] Comm RF upper body trn bk L trng RF, - , sd R with L sd stretch trng ¼ RF to CP/cl L, sd & fwd R fc LOD ;
Q&QS 4] Rotate upper body RF with L sd stretch & comm RF trn fwd L, cont trn XRIB trng ½ RF/bk L trng ½ RF, fwd R, - ;
5-8 TRAVELING CONTRA CHECK ; RUNNING OPEN NATURAL TO A RIGHT TURNING LOCK ; ; FEATHER ;
SQQ 5] Fwd L w contra bdy motion w LF upper bdy trn, - , cl R rising to toes in CP WALL, sd & fwd L in SCP ;
SQ&Q 6] Thru R comm RF trn, - , sd & bk L with L sd stretch/bk R with R sd ld lg W to BJO, with R sd stretch bk L in BJO
(Thru L comm RF trn, - , with R sd stretch fwd R/fwd L with L sd ld, with L sd stretch fwd R in BJO) ;
Q&QS 7] Bk R with R sd ld comm RF trn/XLIF, L sd stretch cont RF upper body trn fwd R btwn W's feet, cont trn fwd L to SCP DLC, - (Fwd L with L sd ld comm RF trn/XRIB, with R sd stretch fwd & sd L cont RF trn, fwd R, -) ;
SQQ 8] Fwd R, - , fwd L with slight LF upper body trn, fwd R to BJO DLC ;

PART C

1-4 DIAMOND TURN ½ ; ; QUICK DIAMOND 4 [CP DLW] ; DIP BACK & RECOVER ;
SQQ 1] Fwd L, - , comm LF trn sd R, bk L to BJO DRC ;
SQQ 2] Stay in BJO bk R, - , trn LF sd L, fwd R in BJO DRW ;
QQQQ 3] Fwd L, comm LF trn sd R, cont LF trn bk L, bk R to CP DLW ;
SS 4] Soften knees bk L, - , rec fwd R CP DLW, - ;
5-8 HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;
SQQ 5] Fwd L, - , fwd & slight sd R, trng to SCP sd & fwd L DLC ;
SQ&Q 6] Thru R, - , sd & slightly fwd L with L sd stretch/cont L sd stretch into R sway cl R look R, sd & fwd L to SCP ;
SQQ 7] Fwd R comm LF spin, - , cont LF spin XLIB, cont LF spin slip R bk (Fwd Lcomm LF spin, cont LF spin fwd R and M's L sd, cont LF spin brush L to R, fwd L) ;
SQQ 8] Comm LF upper body trn flexing knees with strong R sd Id chk fwd L, - , rec R, slpng L bk under body fc Wall ;
9-12 CONTINUOUS HOVER CROSS ; ; ; ; LEFT FEATHER ; ; ; ;
SQQ 9] Fwd R comm RF trn, - , cont RF trn sd L with L sd stretch, strong RF trn on L small sd & fwd R fc DLC (Bk L comm RF Trn, - , [heel trn] cl R [no weight] cont RF trn chng weight to R, sd & bk L to CP) ;
QQQQ QQ 10-10½] Fwd L across R , cl R, bk L in CBMP, bk R to CP (Bk R, sd L to CP, fwd R to BJO, fwd L to CP) ;
SQQ QQ 10½-12] Fwd L, - ; Fwd R with R sd ld, fwd L to SDCR, fwd & sd R trng 1/8 LF, bk L trng 1/8 LF to BJO DRC ;
13-16 FEATHER FINISH [DLW] ; FORWARD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;
SQQ 13] Bk R comm LF trn, - , trng ¼ LF sd & fwd L, trng ¼ LF fwd R to BJO DLW ;
SS 14] Fwd L blndg to CP, - , flex L knee move sd & slightly fwd onto R keeping L sd to ptr with slight LF body trn, - ;
SQQ (SQ&Q) 16] Repeat meas. 8 of Intro end CP DLC ;

INTERLUDE

1-4 REVERSE WAVE ½ ; CHECK AND WEAVE ; ; HOVER ;
SQQ 1] Fwd L comm LF body trn, - , sd R DLC, bk L fcg DRC ;
SQQ 2] Slp R bk undr body, - , fwd L comm LF trn, cont LF trn sd R with rt sd lead & stretch fc DRW ;
QQQQ 3] Bk L , bk R cont LF trn, sd & fwd L with If sd stretch & LF trn, fwd R ;
SQQ 4] Fwd L, - , fwd & sltly sd R rising, sd & fwd L to SCP DLC ;
5-6 FEATHER ; DOUBLE REVERSE FULL ;
SQQ (SQ&Q) 6] Fwd L comm LF trn, - , sd R, spin brng L ft undr body (Bk R comm LF trn, - , cl L to R heel trn trng
½ LF/sd & bk cont LF trn, XLIF)

REPEAT PART A
REPEAT PART B
REPEAT PART C
REPEAT PART C 1-8

ENDING
1-5 CURVED FEATHER ; BACK FEATHER ; FEATHER FINISH TO A DOUBLE TOPSPIN ;

SQQ 1] Fwd R comm RF trn, - , w/L sd lead cont RF trn fwd L, cont RF trn w/L sd lead fwd R chk to BJO RLOD ;
    (Bk L comm RF trn, - , cont RF trn bk R, cont RF trn w/R sd lead chk bk L to BJO in CBMP ;
SQQ 2] In BJO Bk L, - , bk R w/R shldr ld, bk L ;
SQQ 3] Bk R comm LF trn, - , sd & fwd L w/LF trn, chk fwd R to BJO DLW ;
QQQQ 4] Trn 1/8 LF on ball of R ft bk L, bk R trng 1/8, sd & fwd L cont LF trn, chk fwd R to BJO DRC ;
QQQQ 5] Trn 1/8 LF on ball of R ft bk L, bk R trng 1/8, sd & fwd L cont LF trn, fwd R to BJO DLW ;

6-8 HOVER ; FEATHER ; REVERSE FALLAWAY 4 TO BJO ;
SQQ 6] Blindg to CP fwd L, - , fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to SCP DLC ;
SQQ 7] Fwd R, - , fwd L, fwd R to BJO DLC (Thru L trng to fc ptr, - , sd & bk R, bk L) ;
QQQQ 8] Fwd L comm LF trn, sd & fwd R cont trn, bk L SCP RLOD, rise on L bk R lead W to trn LF to BJO ;
    (Bk R, bk L, bk R in SCP rising on R, trn LF sd & fwd L to BJO) ;

9-11 WEAVE ENDING ; 3 STEP ; RUNNING HOVER [TO SCP] ;
QQQQ 9] Bk L in BJO, bk R to CP trng LF, sd & fwd L trng LF, fwd R to BJO DLW ;
SQQ 10] Fwd L blindg to CP, - , fwd R, rising to toe fwd L to CP DLW ;
S&Q 11] Fwd R w/L sd stretch, - , fwd L/fwd & sd R w/R sd stretch, fwd L cont R sd stretch ;
    (Bk L, - , bk R/bk & sd L trng to SCP, fwd R) ;

12 THRU TO THROWAWAY OVERSWAY ;
SS 12] Thru R, - , sd & fwd L brng W in frnt relaxing L knee & allow R to pnt sd & bk keeping R sd twd ptr with L sd stretch, - (Thru L, - , sd & fwd R trng LF while relaxing R knee & sliding L ft bk under body past the R ft to pnt bk looking well to L & keep L sd twd man, - ) ;
BLUE WORLD VI

PHASE VI FOXTROT

INTRO: SKATERS DLC LF FT FREE FOR BOTH WAIT ; ; REV WAVE ½ ; CHECK & WEAVE ; ; HOVER ; FEATHER LADY IN 4 TO BJO ; DBL REVERSE FULL ;

A: TELESPIN TO BJO ; ; TRAVELING HOVER CROSS ; ; TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ; TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH DLW ; 3 STEP ; OPEN NAT ; BK TWISTY VINE 4 ; HEEL PULL ;

B: REV WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; ; TRAV CONTRA CHK ; RUNNING OPEN NAT ; RT TURNING LOCK ; FEATHER ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ; HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ; CONT HOVER CROSS , , ; ; LEFT FEATHER , , ; FEATHER FINISH [DLW] ; FWD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;

BRK: REV WAVE ½ ; CHECK & WEAVE ; ; HOVER ; FEATHER ; DBL REVERSE FULL ;

A: TELESPIN TO BJO ; ; TRAVELING HOVER CROSS ; ; TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ; TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH [DLW] ; 3 STEP ; OPEN NAT ; BK TWISTY VINE 4 ; HEEL PULL ;

B: REV WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; ; TRAV CONTRA CHK ; RUNNING OPEN NAT ; RT TURNING LOCK ; FEATHER ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ; HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ; CONT HOVER CROSS , , ; ; LEFT FEATHER , , ; FEATHER FINISH [DLW] ; FWD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ; HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;

END: CURVED FEATHER ; BACK FEATHER ; FEATHER FINISH TO A DBL TOPSPIN ; ; HOVER ; FEATHER ; REV FALLAWAY 4 TO BJO ; WEAVE ENDING ; 3 STEP ; RUNNING HOVER ; THRU TO THROWAWAY OVERSWAY ;

DEBBIE & PAUL TAYLOR
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