BLUE VELVET

Music: Lana del Rey
www.vndance.info/product/fdmp-dance-beat-vol-2/
Track # 15  Time 2:18
Available from choreographer

Rhythm: Rumba  Phase:+2 (Continuous Natural Top+3 Threes)
+ 1U (Alternating Underarm Turns)

Footwork: Opposite except where (Noted)
Release Date: August 2016
Choreo: Jos Dierickx  Beverlosestwg 14b2  3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO  A  B  A(1-12)  C  END

INTRO

01-04  BACK to BACK POS M FCG COH/W FCG WALL R-FOOT CROSSED OVER L WAIT 3 MEAS ; ; ; UNWIND to BFLY ;
[Wait] In bk to bk pos both w/ R ft crossed over L weight on L ft wt 3 pickup notes ; ; ; [Unwind] LF on R ft fcg BFLY ;

05-08  BASIC 1/2 to CONTINUOUS NATURAL TOP ; ; ;
[Basic ½ to Continuous Nat Top] Fwd L, rec R, sd & fwd L trng RF (W bk R, rec L, fwd R trng RF) to CP RLOD, [-; XRib, sd L
trng RF, XRib (W sd L, XRif, sd L), -; Contg RF trn Sd L lead W to spiral LF under lead hands, XRib, sd L (W XRif spiral LF, 
sd L, XRif) to CP, -; XRib, sd L trng RF lead W to spiral LF under lead hands, sd L (W sd L, XRif spiral LF, sd R) to CP WALL, -;

PART A

01-04  CUDDLE/W SPIRAL to a FAN ; ; STOP & GO HOCKEY STICK ; ;
[Cuddle/W Spiral to a Fan] Sd & slightly fwd L, rec R, cl L raisg jnd ld hnds (W trn RF ½ bk R, rec L trn LF ½ to LOD, fwd R, 
spiral 7/8 LF under joined ld hands), -; Bk R, rec L , sd R (W fwd L, fwd R trng ½ LF fc RLOD, bk L) to L-POS WALL with the 
W on the left-sd of M, -; [Stop & Go Hockey Stick] Fwd L, rec R raisg jnd lead hnds lead W to rev twirl, cl L (W cl R, fwd 
L, fwd R trn ½ LF under jnd lead hnds to end at M’s right sd), -; Chk fwd R with left sd stretch shaping to ptr place R hnd 
on W’s left shoulder blade to chk her movement, rec L raise lead hnds to lead W to twirl, sd R (W chk bk L, rec R, fwd L 
trn ½ RF under jnd lead hnds to fc ptr) end Fan Pos M fc WALL, -;

05-08  HOCKEY STICK ; ; NEW YORKER TWICE ; ;
unadr jnd lead hnds, bk L) to LOP-FCG DRW, -; [New Yorker x 2] XLif (W XRif) to LOP, rec R to fc ptr, sd L, -; XRif (W XLif) 
to OP, rec L to fc ptr, sd R, -; -

09-12  BASIC ½ INTO 3 ALTERNATING UNDERARM TURNS W-M-W ; ; ; [2nd TIME: to r-hndshk]
[Basic ½ Into 3 Alternating Underarm Turns W-M-W] Fwd L, rec R, cl L (W bk R, fwd L, fwd R point L to sd), -; Raisg jnd 
ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF unadr jnd hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L), -; [join 
trailing hnds] trng RF unadr jnd ld hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L (W raisg trail hnds bk R, rec L, fwd 
& sd R), -; [join lead hnds] Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF unadr jnd hnds fwd L, fwd R cont RF 
trn to fc ptr, fwd & sd L) to BFLY WALL, - [2nd TIME: to r-hndshk]

13-16  REVERSE UNDERARM TURN ; AIDA ; ROCK 3 to FACE ; SPOT TURN ;
[Reverse Underarm Turn] Raisg jnd ld hnds XLif, rec R, sd L (W XRif unadr jnd ld hnds trng LF ½, rec L contg LF trn to fc 
ptr, sd R) to BFLY WALL, -; [Aida] Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -; [Rock 3 to Fc] Bk fwd L, 
rec R, fwd L swivel ¼ LF to fc ptr & point R to sd ; [Spot Turn] Relg hnds XRif (W XLif) trng LF, rec L compg full trn, sd R 
to fc & r-hndshk, -;

PART B

01-04  FLIRT to VARS ; ; SWEETHEART/W SWIVEL to FACE ; CUCARACHA RIGHT ;
[Flirt to VARS] Fwd L, rec R, sd L (W bk R, rec L, fwd R swvl 1/2 LF) to VARS WALL, -; Bk R, rec L, sd R (W bk L, rec R, sd L 
slidg if of M) to L-VARS WALL, -; [Sweetheart/W Swivel to Fc] XLif shaping twd ptr, rec R, sd L (W XRif shaping twd ptr, 
rec L, sd & fwd R swivelg ½ R to fc ptr), -; [Cucaracha Right] Sd R w/ partial wgt, rec L, cl R, -;
05-08  THREE THREES ; ; ;
{Three Threes} Fwd L, rec R, cl L lead W to trn RF rel hnds place hnds on W's shlds after trn (W bk R, rec L, fwd R trn RF ½) to TANDEM WALL, -; Bk R, rec L, cl R lead W to spin LF rel W for trn & replace hnds on shlds (W IP L, R, L spin LF 1 full trn) to TANDEM WALL, -; Sd & fwd L DLW, rec R, cl L release W (W sd & bk R RDC, rec L, fwd R twd Wall trn ½ RF) to LOP WALL, -; Bk R, rec L, small fwd R (W [q/&, q/&, s;] fwd L/trn ½ RF twd COH, fwd R/trn ½ RF twd WALL, small fwd L) to CP WALL, -;

PART  C

01-04  TRADE PLACES  TWICE ; ; CHASE w/ FULL TURN  M & W ; ;
{Trade Places x 2} [r-hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds, -; [With L hnds jnd] Rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L) relg hnds, -; [Chase w/ Full Turn M & W] Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (W bk R, rec L, cl R), -; Bk R, rec L, cl R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L), -;

05-08  BASIC 1/2 to CONTINUOUS NATURAL TOP ; ; ;
{Basic ½ to Continuous Nat Top} Repeat meas 5,6,7,8 Intro ; ; ;

ENDING

01  DIP BACK ;
{Dip Bk} Bk L w/ soft knee & W lowers head to R side of M's neck ;