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Record: Sp Press - available from composers or Palomino Records Release Date: June 1997 Speed: 44
Rhythm: Fox trot Footwork: Opposite (except as noted) Phase IV + 1 (Natural Hover Cross)
Sequence: INTRO AA BB ENDING

MEAS

INTRO

1-4 WAIt:; WHISK: PICKUP:

1-4 (CP fc dia line & wall) Wait 2 meas.; Fwd L, fc & sd R commencing rise to ball of foot, XLBR cont to full rise to ball of ft end in tight SCP; Fwd R, fc, small fwd L pickup up W, cl R to L; PART A

1-4 CLOSED TELEMARK: MANUV: SPIN TURN: BOX BACK:

1-2 Fwd L, fc & sd R around W trg LF, step fwd & sd L right Bjo (W Bk R commencing LF heel turn bring L beside R with no wt., cont LF trn on R heel & change wt to L, step bk & sd R); Commence RF trn fwd R, cont RF trn to fc ptrn sd L, cl R;

2-4 Commence RF upper body trn bk L toe pivot 1/2 RF, fwd R between W's feet heel to toe cont trn leave ft extended bk & sd, recover sd & bk on L (W Commence RF upper body trn fwd R between M's feet heel to toe pivot 1/2 RF, bk L toe cont trn brush R to L, fwd R); Bk L, sd & cl R L LOD/Wall;

1-4 HOVER TELEMARK: PROM WAVE: CHANGE OF DIRECTION:

1-4 Fwd L, diag sd & fwd R rising & trn slightly RF, fwd L on toes SCP (W bk L, diag sd & bk L rising & trn slightly RF, fwd R small step on toes); Fwd R, fwd L trg LF to CP, sd & slightly bk on R CBJo diag line/crt (W Fwd L, sd & slightly bk R to CP, cont trn on R ft until fc LOD then fwd R diag line/crt);

5-8 Bk L diag line/crt, bk R trg body LF & trn W to CP, sd & slightly fwd L, fwd R CBJo diag line/wall (W Fwd R to CBJo, fwd L diag line/crt trn LF to CP, sd & slightly bk R, bk L); Fwd L diag line/wall, fwd R with R shldr lead & trn LF, draw L to R & brush;

1-4 REVERSE WAVE: BACK FEATH: BK FEATH FINISH:

1-4 Fwd L start LF body trm., sd & R fc DRC, bk L (W BK R commencing LF trm., cl L to R cont LF trm, fwd R in CP), Bk R, bk L commence curve LF, bk R CP RLOOD (W fld R, fwd L, fp L commence curve LF, fwd L);

11-12 Bk L, bk R with R shldr lead, bk L to Bjo; Bk R trg LF, sd & fwd L, XRIF (W XLBR) CBJo;

13-16 THREE STEP: START NATL HOVER CROSS: HITCH 4: HOVER CROSS ENDING;

13-16 Fwd L blnd to CP, fc, fwd R, fwd L; Fwd R start RF trn., cont trn sd L, with strong RF trn on L step sd R to fc DC (W Fwd L, fwd R with RF tm, cl R to toe to SCar);

15-16 In SCar fwd L, cl R, bk L, cl R; Fwd L across R on toe, rec R, sd & fwd L, fwd R (W bk R on toe, rec L, small sd R, bk L) to Bjo/DC;

1-4 OPEN TELEMARK: OPEN NATURAL: OPEN IMPETUS: WING:

1-2 Fwd L blend to CP & comm LF turn., sd R cont turn (W heel trm), sd & fwd L SCP DW; Fwd R trg RF, fc & bk L, bk R with rt shldr lead (W fwd L, fc, fwd R, L to CBJo);

3-4 Bk L trg RF, cl R to L cont trn (W fwd around M brush R to L, fwd L SCP, fwd R, draw L, tch L to R trg upper body LF with ft, sd stretch (W fwd L begin XIF of M trg slightly LF, fwd R around M cont trn LF, fwd L around M cont trn LF)end tight SCar;

PART B

5-8 TURN LEFT & CHASSE (BJO): BK & BK/LK BK: OUTSIDE CHG TO SCP: FEATHER:

5-6 Fwd L, commences upper body trn fwd R trg LF el L, sd R Bjo; Bk L, bk R/lock L IF, bk R;

7-8 BK L, bk R trg LF, sd & fwd L (W fwd R, fwd L trg LF, sd & fwd R) to SCP, Fwd R, fwd L, fwd R (W thru L trg LF w/bk R, sd & cl R to CBJo, bk R) to CBJo;

9-12 DIAMOND TURN HALF: OK DIAMOND IN 4: DIP BK: REC:

9-10 Fwd L trg LF on diag to Bjo, cont trn sd R, bk L; trg LF bk R on diag., cont trn sd L, bk R;

11-12 Fwd L trg LF on diag, cont turn sd R, bk L, bk R LOD; Dip bk L taking full wt with relaxed knee keep R leg extended & toe on floor., Rec R, draw L to R;

13-16 DIAMOND TURN HALF: OK DIAMOND IN 4: DIP BK: REC:

Repeat meas 9-12 Part B..... ENDING

1-5 2 LEFT TURNS: HOVER: THRU: FC.CL: PROMENADE SWAY:

1-2 Fwd L comm LF upper body trm., cont trn sd & bk R, cl L; BK R comm LF upper body trm., cont to sd & fwd L, cl R fc wall;

3-5 Fwd L, fwd R & sd R rising to ball of foot (W bk L & sd L trg to SCP & rising to ball of ft), rec L SCP;

Fwd R, sd & fwd L to CP, cl R to L, sd & fwd L trg to SCP & stretch body upward to look over joined lead hands, relax L knee,;

HEAD CUES

BLUE RAIN FOXTROT

INTRO: (CP DIA LINE & WALL) WAIT:; WHISK: PICKUP;


REPEAT PART A:.............


REPEAT PART B:.............

ENDING: 2 LEFT TURNS: HOVER: THRU: FC.CL: PROMENADE SWAY;

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