INTRO

1-4 WAIT;; FWD HVR; BK HVR;
1-2 CP M fc DLW Id ft free for bth wait 2 meas;;
1 {Fwd Hvr} Fwd L, sd & fwd R with a slight rise, rec L;
2 {Bk Hvr} Bk R, sd & bk L with a slight rise, rec R;

PART A

1-4 CLSD CHG; MANV; OVRTRN SPN TRN; TRNG LK [SCP];
1 {Clsd Chg} Fwd L, sd & sltly fwd R with L swy, cl L to R;
2 {Manv} Fwd R trn RF 3/8, sd L, cl R to L;
3 {Ovrtrn Spin Trn} Bk L pvtng 1/2 RF, fwd R betw W's feet heel to toe cont trn leavng L leg extnded bk & sd, comp trn fc DRW rec sd & bk L;
4 {Trng Lk 1&23} Bk R with R side ld & R side stretch/XRib of R, bk & sltly sd R trn LF, sd & fwd L;
   (W Fwd L with L side ld & L side stretch/XRib of L, fwd & sltly sd L, fwd & sd R;)
   [SCP LOD]

5-8 SYNC RIPPLE VINE 2X;; SLO CHAIR; REC W SWVL DEVELOPE;
5 {Sync Ripple Vine 12&3} Thru R, sd L with slght L side stretch/cont L side stretch into R swy as XRib of L lookng to R hldng swy, sd & fwd L losing swy blndng to SCP;
6 {Sync Riple Vine 12&3} Rept A(5);
7 {Slo Chair -2-} Slo bend ld ft, fwd R with lun, hold,
8 {Rec W Swvl Develope 1--} Rec L ld W to swvl LF, pt R bk & slghtly sd, hold;
   (W Rec R swvl LF draw L to R, raise & extnd L ft fwd RLOD, lwr L w/o changing wght;)

9-12 CLSD WING; REV FALWY & SLP; DBL REV SPN; DRAG HESI;
9 {Clsd Wing} Fwd R, draw L to R with LF upper bdy trn, tch L;
   (W Bk L, sd R acrs M, fwd L to SCAR;)
10 {Rev Falwy Slp 1&23} Fwd L comm to trn LF/sd & bk R in SCP RLOD, bk L well undr bdy in SCP DRW, trng LF slp R past L sml stp bk on R but L ft stays fwd;
   (W Bk R/bk L with L side ld in SCP, bk R well undr bdy in SCP comm trn LF, cont LF trn 1/2 slp L fwd L into CP;)
   [CP DLW]
11 {Dbl Rev Spn 12-(12&3)} Fwd L comm LF trn, cont trn fwd & sd R, spin on ball of R bringing L ft undr bdy beside R no wght; [CP DLW]
   (W Bk R comm trn LF, L ft closes to R heel trn/sd & slghtly bk R cont LF trn, XRib of R;)
12 {Drag Hes} Fwd L beg LF trn, sd R cont LF trn, draw L twd R ending in BJO DRC;
13-16 OTSD CHG SCP [DLW]; RUNNING OP NAT; BK TO HINGE;
REC W CRL TRANS TANDEM [LOD];

13  (Ot
d Chg SCP) Bk L, bk R trng LF, sd & fwd L to SCP DLW;
14  (Running Op Nat 12&3) Thru R comm trn RF, sd and bk L with slight L sd stretch/bk R
with R sd ld prep to ld W otsd ptr, with slight R sd stretch bk L in BJO;
(W Thru L, with slight R sd stretch fwd R/fwd L with L sd ld prep to stp otsd ptr, with slight L
sd stretch fwd R otsd ptr in BJO;)  [BJO RDW]
15  (Bk to Hinge 12-(123)) Bk R comm trn LF, sd & slghtly fwd L comm L sd stretch Idng W to
XLib of her R, relaxing L knee & swvy R to look at W;
(W Fwd L comm trn LF, sd R cont trn LF 1/4 comm R sd strch & swvl LF, XLib of R keepg
L sd in twd ptr relaxing L knee;) 
16  (Rec W Crl Trans Tandum 1--(1-3)) Rec sd R trn LF fc LOD raisng jnd ld hnds & ldg W to
1 stp curl, -, - release;
(W Rec R strf LF trn undr jnd ld hnds, cont trn LF on R to comp 1/2 trn in fnt of M and fc
LOD leavng L ft in pl, stp in pl L release;)

PART B

1-4 SOLO X HVR 2X;; SYNC ROLL ACRS; X CHK;
1  (Solo X Hvr) Fwd L with slight xing action comm LF trn, sd & slightly fwd R rise & comp LF
trn, diag fwd L to fc DCL;
2  (Solo X Hvr) Fwd R with slight xing action comm RF trn, sd & slightly fwd L rise & comp RF
trn, diag fwd R to fc DLV;
3  (Sync Roll Acrs 12&3} Fwd L sml stp twd WALL, fwd R comm roll RF/cont roll RF L, sd R
ending in LOP LOD no contact;
4  (X Chk 1--) XLib of R, -, -;

5-8 REC W ROLL RF SKTRS [LOD]; SYNC WHEL [1&2&3&];
TWRL TO FC [CP WALL] ; R LUN REC SLP [DLW];
5  (Rec W Roll SKTRS) Rec R, sd L, XRif of L SKTRS LOD jn L-L hnds M's R Hnd
on W's shldr brd;
(W Rec L comm roll RF, sd R cont roll fc RLOD, sd L cont roll fc LOD;)
6  (Sync Whel 1&2&3&} Wheel fwd L (W bk R)/R, L/R, L/R; [SKTRS LOD]
7  (Twrl to Fc) Raisng jnd L-L hnds & ldg W to twrl 3 cont whel 1/4 sml fwd L. R, L;
(W Stp in pl R, L, R twrl RF undr jnd L-L hnds;) [CP WALL]
8  (R Lun Rec Slp) R sd ldng lwer into L knee fwd & sd R DRW, rec L comm trn LF, cont trn
LF pull toe of R in an arc twd L then bk R fc DLV;

9-12 HVR; BIG TOP [WALL]; SLO CNTRA CK; REC TCH FWD TO SCP;
9  {Hvr} Fwd L, fwd & slighty sd R rising to ball of ft, sd & slightly fwd L to SCP DLC;
10  {Big Top} Fwd R/spng on R with L tucked undr bdy in CBMP, cont trn on R xferg wght to
L at end of ct 2, slp pvt bk R sml stp;  [CP WALL]
(W Fwd L DLC comm trn LF/sd R DLC cont trn LF 1/8, spn 1/4 on R toe brush L to R, cont
trn LF 1/4 slp L fwd;)  [CP WALL]
11  {Slo Cntra Ck} Comm LF uppr bdy trn flexing R knee, xfer wght on L with strong R sd Id
ck fwd L in CBMP, -;
(W Comm LF uppr bdy trn flexing L knee, xfer wght on R with strong L sd Id bk R in CBMP,
looking well to left;)
12  {Rec Tch Fwd} Rec R, tch L to R, fwd L twd DLW; [SCP DLW]

13-16 RUNNING OP NAT &; OTSD SPN & TWST TRN [CP DRW]; BOX FIN;
13  {Running Op Nat 12&3&} Thru R comm trn RF, sd and bk L with slght L sd stretch/bk R
with R sd ld prep to ld W otsd ptr, with slght R sd stretch bk L in BJO/bk R;
(W Thru L, with slght R sd stretch fwd R/fwd L with L sd ld prep to stp otsd ptr, with slght L
sd stretch fwd R otsd ptr in BJO/fwd L;) [BJO RDC]
14-15{Otsd Spn & Twst Trn 123;&--3(123;&123)} Prep to ld W otsd ptr comm RF bdy trn toeing
in with R side ld bk L in CBMP sml stp, fwd R in CBMP heel to toe cont trn RF, sd & bk L
end in CP RLOD; XRib of L/comm unwnd with bth ft, cont unwnd xfer wght on R & rising
on R, sd & slghtly bk L; [CP DRW]
(W Comm RF bdy trn with L side ld staying well in the M's R arm fwd R in CBMP otsd ptr
heel toe, cl L to R trn RF on toes of bth ft, cont trn RF fwd R betwn M's ft to end in CP; fwd
L/fwd R strtg arnd M, fwd L, fwd R;) [CP DRW]
16  {Box Fin} Bk R trn LF 1/4, sd L, cl R to L; [CPDLW]

PART A (Modify)

1-4 CLSD CHG; MANV; OVRTRN SPN TRN; TRNG LK [SCP];
5-8 SYNC RIPLE VINE 2X;; SLO CHAIR; REC W SWVL DEVELOPE;
9-12 CLSD WING; REV FAWY & SLIP; DBL REV SPN; DRAG HESI;
13-15 OTSD CHG SCP [DW]; RUNNING OP NAT; BK TO HINGE;
1-15 Rept A(1-15) ;;;;; ;;; ;;; ;;;
16  {Rec W Crl Trans CP [RLOD];
16  {Rec W Crl Trans CP RLOD 123(1-3)} Rec R trn RF 1/4 fc RLOD raisng jnd ld hnds & ldg
W to 1 stp curl, rec L, cl R to L ending in CP; [CP RLOD]
(W Rec R strt LF trn undr jnd ld hnds, cont trn LF on R to comp 1/2 trn fc LOD leavng L ft
in pl, stp in pl L ending in CP;)

ENDING

1-4 OP IMP; RUNNING OP NAT; BK TO HINGE;
RE C W CRL TRANS TANDEM [LOD];
1  {Op Imp} Comm RF uppr bdy trn bk L, cl R [heel turn] cont RF trn, comp trn fwd L in SCP;
(W Comm RF uppr bdy trn fwd R betwn M's ft heel to toe pvtng 1/2 RF, sd & fwd L cont RF
trn arnd M brush R to L, comp trn fwd R;) [SCP DLC]
2-4 Rept A(14-16) but strtng fc DLC ;;;

5-8 SOLO X HVR 2X;; SYNC ROLL ACRS; X CHK;
5-8 Rept B(1-4) ;;;;;

9+ HOLD REC SD; TCH TRL HNDS,,
9+ {Hold Rec Sd  Tch Trl Hnds -23--} Hold, rec R, sd L; slowly tch trl hnds,,