BETWEEN A WOMAN AND A MAN

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Music: (There's Nothing Like The Love) Between A Woman And A Man  Artist: Reba McEntire
CD Album: Oklahoma Girl, Track 3  Available as a single download from amazon.com
Time/Speed: Time @ BPM: 2:58 @ 106 [26.5 MPM] as downloaded  Suggested Speed 47 RPM [111 BPM]
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Cha Cha  Phase 3+2  [Triple Cha Forward & Back, Umbrella Turn]
Degree of Difficulty: AVG
Sequence: INTRO  A  B  INTERLUDE  A  C  D  B  END

MEAS:  INTERRODUCTION
1-4  BFLY  MAN FACING WALL  WAIT 2 MEAS ; ;  VINE 4 ;  SIDE CLOSE 2X ;  
1-2  Wait ; Wait ;
3  {VIN 4} Sd L, XRib, sd L, XRif (W Sd R, XLib, sd R, XLif) ;
4  {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) ;

PART A
1-4  1/2 BASIC ; START A CRAB WALK ; TWRL 2 & CHA ; FENCE LINE ;  
1  {1/2 BAS} Fwd L, rec R, sd L/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R) ;
2  {START CRB WLK} XRif of L, sd L, XRif of L/sd L, XRif of L (W XLif of R, sd R, XLif of R/sd R, XLif of R) ;
3  {TWRL 2 & CHA} Raise L hnd sd L, XRib of L, trng to fc ptr BFLY WALL sd L/cl R, sd L (W Fwd R trng 1/4

PART B
1-4  OPEN BREAK ; WHIP WITH REVERSE TWRL COH ; NEW YORKER ; UNDERARM TURN BFLY ;  
1  {OP BRK} Rk apt strongly L to LOP FCG while extending R arm up w/ palm out, rec R lowering R arm, sd L/cl R, sd L (W Rk apt strongly R to LOP FC while extending L arm up w/ palm out, rec L lowering L arm, sd R/cl L, sd R) ;
2  {WHP W/ REV TWRL TO COH} Bk R commence 1/4 LF tm, cont tm 1/4 rec fwd L to COH, raise lead hnds

5-9  FORWARD BASIC LADY WRAP ; BACK BASIC ; FORWARD & BACK BASIC LADY UNWRAP ; SHOULDER TO SHOULDER IN 4 ;  
5  {FWD BAS LADY WRP} Fwd L keeping M's R & W's L hnds low while raising M's L & W's R hnds, rec R leading W to tm 1/2 LF to WRAP both fcg COH, lowering M's L & W's R hnds, bk L/cl R, bk L (W Bk R, rec L trng LF 1/2 to fc COH, bk R/cl L, bk R) ;
6  {BK BAS} Bk R, rec L, fwd R/cl L, fwd R (W Bk L, rec R, fwd L/cl R, fwd L) ;
7  {FWD BAS} Fwd L, rec R, bk L/cl R, bk L (W Fwd R, rec L, bk R/cl L, bk R) ;
8  {BK BAS LADY UNWRP BFLY} Bk R keeping M's R & W's L hnds low while raising M's L & W's R hnds,
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rec L lead W to trn 1/2 RF to fc M, lowering M's L & W's R hnds BFLY, fwd R/cl L, fwd R to BFLY COH (W Bk L, rec R trng RF 1/2 undr jnd hnds to fc M, bk L/cl R bk L to BFLY WALL);

9 \{SHLDR-SHLDR IN 4\} Fwd L to BFLY SCAR, rec R to fc, sd L, cl R (W Bk R to BFLY SCAR, rec L to fc, sd R, cl L);

INTERLUDE

1-4 SAND STEP ;  LOD START SIDE WALK ;  NEW YORKER ;  TRAIL FOOT SAND STEP;

1 \{SAND STP\} Swiveling slightly RF on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg], swvlg slightly LF on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly RF on R foot XLIf/sd R, XLIf (W Swvlg slightly LF on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly RF on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly LF on L foot XRIif/sd L, XRIif);

2 \{START SD WLK\} Moving toward LOD Sd R, cl L, sd R/cl L, sd R (W Sd L, cl R, sd L/cl R, sd L);

3 \{NY\} Swvl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swvl to fc ptr, sd L/cl R, sd L BFLY COH (W Swvl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swvl to fc ptr, sd R/cl L, sd R BFLY WALL);

4 \{TRAIL FT SAND STP\} Swiveling slightly LF on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly RF on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly LF on L foot XLIif/sd R, XLIif (W Swvlg slightly RF on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg], swvlg slightly LF on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly RF on R foot XLIif/sd R, XLIif);

REPEAT A

1-4 1/2 BASIC ;  START A CRAB WALK ;  TWIRL 2 & CHA ;  FENCE LINE ;

5-9 CHASE WITH FULL TURNS BFLY ;  TRAVELING DOOR ;  CRAB WALK ENDING ;

FENCE LINE IN 4 ;

PART C

1-4 CHASE WITH UNDERARM PASS TO WALL BFLY ;  NEW YORKER ;  SPOT TURN TO LEFT-HAND STAR MAN FACE RLOD ;

1 \{CHS W/ UNDRM PASS TO WALL BFLY\} Fwd L commence 1/2 RF to fc WALL trn keeping lead hnds jnd, rec fwd R, fwd L/cl R, fwd L (W Bk R keeping lead hnds jnd, rec L, fwd R/cl L, fwd R toward M's L sd);

2 Bk R raising jnd lead hnds, rec L leading W to trn LF, small sd R/cl L, small sd R BFLY WALL (W Fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr & COH, small sd L/cl R, small sd L BFLY COH);

3 \{NY\} Swvl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swvl to fc ptr, sd L/cl R, sd L BFLY WALL (W Swvl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swvl to fc ptr, sd R/cl L, sd R BFLY COH);

4 \{SPT TRN TO L-HND STAR M FC RLOD\} Swvl 1/4 LF on ball of L foot stp fwd R trng 1/2 LF, rec L trng 1/4 LF to fc ptr, sd R/cl L, sd R trng 1/4 LF to fc RLOD joining L hnds to star pos (W Swvl 1/4 RF on ball of R foot stp fwd L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L/cl R, sd L trng 1/4 RF to fc LOD joining L hnds to star pos);

5-9 UMBRELLA TURN ;  BFLY ;  SHOULDER TO SHOULDER IN 4 ;

5 \{UMBR TRN\} Fwd L, rec R, bk L/cl R, bk L join R hnds in front of M's chest (W Bk R, rec L, fwd R trng 1/2 LF undr jnd hnds/cl L, bk R & join R hnds in front of M's chest);

6 Bk R, rec L, release R hnd hold fwd R/cl L, fwd R (W Bk L, rec R, release R hnd hold fwd L trng 1/2 RF undr jnd hnds to fc LOD/cl R, bk L);

7 Fwd L, rec R, bk L/cl R, bk L join R hnds in front of M's chest (W Bk R rec L, fwd R trng 1/2 LF undr jnd hnds/cl L, bk R & join R hnds in front of M's chest);

8 Bk R, rec L release R hnd hold trn 1/4 LF to fc ptr, sd R/cl L, sd R BFLY WALL (W Bk L, rec R releasing R hnd hold trng RF to fc ptr & COH, sd L/cl R, sd L BFLY COH);

**[NOTE: Dancers may dance the Umbrella Turn using the other ROUNDALAB definition if they prefer]**

9 \{SHLDR-SHLDR IN 4\} Fwd L to BFLY SCAR, rec R to fc, sd L, cl R (W Bk R to BFLY SCAR, rec L to fc, sd R, cl L);

PART D

1-4 BREAK BACK TO TRIPLE CHA FORWARD ;  NEW YORKER TO TRIPLE CHA BACK TO OPEN LOD ;

1 \{BRK BK TO TRPL CHA FW\} Swvl sharply 1/4 LF on R foot stp bk L to fc LOD, rec R, fwd L/kl Rib of L,
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fwd L (W Swvl sharply 1/4 RF on L foot stp bk R to fc LOD, rec L, fwd R/lk Lib of R, fwd R) ;
2 Fwd R/lk Lib of R, fwd R, fwd L/lk Rib of L, fwd L (W Fwd L/lk Rib of L, fwd L, fwd R/lk Lib of R, fwd R) ;
3 {NY TO TRPL CHA BK} Thru R between ptrs, rec L, bk R/lk Lib of R, bk R (W Thru L between ptrs, rec R, bk L/lk Rib of L, bk L) ;
4 Bk L/lk Rib of L, bk L, bk R/lk Lib of R, bk R (W Bk R/lk Lib of R, bk R, bk L/lk Rib of L, bk L) OP LOD ;

5-9

SLIDING DOOR ; ROCK APART RECOVER FORWARD CHA ; NEW YORKER ; WHIP WALL BFLY ;

NEW YORKER IN 4 ;
5 {SLDG DR} Fcg LOD Rk apt L, rec R releasing hnds, XLif changing sides still fcg LOD as W crosses in front of M/sd R, XLif join trail hnds end in LOP LOD (W Fcg LOD Rk apt R, rec L releasing hnds, XRif changing sides still fcg LOD crossing in front of M/sd L, XRif join trail hnds end in LOP LOD) ;
6 {RK APT REC FWD CHA} Sd R, rec L, fwd R/cl L, fwd R (W Sd L, rec R, fwd L/cl R, fwd L) ;
7 {NY TO BFLY} Fwd L w/ straight leg to sd by sd pos fcg LOD, rec R trng to fc ptr & COH, sd L/cl R, sd L BFLY COH (W Fwd R w/ straight leg to sd by sd pos fcg LOD, rec L trng to fc ptr & WALL, sd R/cl L, sd R BFLY WALL) ;
8 {WHP TO WALL BFLY} Bk R turn 1/4 LF, sd L turn 1/4 LF to fc ptr & WALL, sd R/cl L, sd R fc WALL BFLY (W Fwd L outsdm on his L sd, fwd R trn 1/2 LF to fc ptr & COH, sd L/cl R, sd L fc BFLY COH) ;
9 {NY IN 4} Trn 1/4 RF & stp thru L with straight leg to sd by sd pos fcg RLOD, rec R trng to fc ptr & WALL, sd L, cl R ending BFLY WALL (W Trn 1/4 LF & stp thru R with straight leg to sd by sd pos fcg RLOD, rec L trng to fc ptr & COH, sd R, cl L ending BFLY COH) ;

REPEAT B

1-4

OPEN BREAK ; WHIP WITH REVERSE TWIRL COH ; NEW YORKER ; UNDERARM TURN BFLY ;

5-9

FORWARD BASIC LADY WRAP ; BACK BASIC ; FORWARD & BACK BASIC LADY UNWRAP ;

SHOULDER TO SHOULDER IN 4 ;

END

1-4

CHASE WITH UNDERARM PASS TO WALL BFLY ; ; NEW YORKER ; UNDERARM TURN TO ;

1 {CHS W/ UNDRM PASS TO WALL BFLY} Fwd L turning 1/2 RF to fc WALL keeping lead hnds jnd, rec fwd R, fwd L/cl R, fwd L (W Bk R keeping lead hnds jnd, rec L, fwd R/cl L, fwd R toward M’s L sd) ;
2 Bk R raising jnd lead hnds, rec L leading W to trn LF, small sd R/cl L, small sd R BFLY WALL (W Fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr & COH, small sd L/cl R, small sd L BFLY COH) ;
3 {NY} Swvl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swvl to fc ptr, sd L/cl R, sd L BFLY WALL (W Swvl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swvl to fc ptr, sd R/cl L, sd R BFLY COH) ;
4 {UNDRM TRN TO} XRib of L raising lead hnds, rec L, sd R/cl L, cl R leading W to M’s R sd (W XLif of R undr jnd lead hnds trng 1/2 RF, rec R cont RF trn to fc ptr, sd L/cl R, sd L to M’s R sd) ;

5-8

CARESS LARIAT BFLY ; ; FORWARD BASIC LADY WRAP ; STEP BACK & HOLD ;

5 {CARESS LRT TO BFLY} Rk sd L placing W’s R hnd on M’s R shldr, rec R, in place L/R, L (W Circ M clockwise with R hnd caressing M’s shldr fwd R, fwd L, fwd R/cl L, fwd R) ;
6 Rk sd R, rec L, in place R/L, R to BFLY WALL (W Fwd L, fwd R, fwd L/cl R trng to fc ptr, sd L to BFLY) ;
7 {FWD BAS LADY WRP} Fwd L keeping M’s R & W’s L hnds low while raising M’s L & W’s R hnds, rec R leading W to trn 1/2 LF to WRAP both fcg WALL, lowering M’s L & W’s R hnds, bk L/cl R, bk L (W Bk R, rec L trng 1/2 LF to WRAP both fcg WALL, bk R/cl L, bk R) ;
8 {STP BK & HOLD} Bk R looking at ptr, -, -, - (W Bk L looking at ptr, -, -, -) ;