BELSIZE WALTZ

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RECORD: Parrot PAR. 40032.

FOOTNOTES: Described for man - opposite for woman (or as noted).


RHYTHM: Waltz

PHASE: IV

INTRODUCTION

1-8 CPDW WALTZ; WHISK; WING; TELEMARK TO RANJO; MANEUVER; SPIN TURN; BOX FINISH;

1-2 Wait 2 measures in CP DW;

3-4 Fwd L, Fwd & sd R, XLIB of R (XLIB) rising on toes to SCP LCD;

Then R, draw L to R, tch L to R and upper body LF (fwd L comm slight LF trn, fwd R cont trn, fwd L cont trn) to tight SDCTR;

5-6 Fwd L DC outside ptr comm LF trn, Fwd & sd R cont trn (cl heel trn), sd & Fwd L (sd & bk R) to BJO DW; Fwd R outside ptr, tch L comm RF trn, cl R to L cont trn to CP RLOD;

7-8 Bk L trng RF, Fwd R heel to toe trng RF, sd & bk L DRC (W fwd R, fwd L & sd L brush R to L, fwd R) CP DW; Bk R trng 1/4 LF DC, sd L, cl R CP DC;

PART A

1-2 TWO LEFT TURNS; HOVER; WEAVE; FWD, FWD/LK FWD;

MANEUVER: HESITATION CHANGE;

1-2 Fwd L trng LF, sd R, cl L; Bk R trng LF, sd L, cl R;

3-6 Fwd L, sd & Fwd R rising to toe, rec to SCP DC;

Fwd R, Fwd L trng LF to CP, sd & bk R to DC;

Bk L DC trng W to CBJO, Bk R trng LF to CP, sd & fwd DW trng W to CBJO; Fwd R, fwd L/XLIB of L, fwd L;

7-8 Repeat measures 6 of Intro; Bk L trng RF, sd & Fwd R, cont RF trn; draw L to R CP DC;

9-20 TWO LEFT TURNS; HOVER; WEAVE; MANEUVER; OVERSPIN TURN;

BOX TO SIDEAR DW; CROSS HOVER TO BJO; CROSS HOVER TO SCAR;

CROSS HOVER TO SCP; SLOW SIDE LOCK;

9-13 Repeat measures 1 to 5 of Part A;

14 Repeat measure 7 of Part A;

15-16 Bk L LOD piv 1/2 RF, Fwd R cont trn rising to ball of foot, rec sd & bk L to face DW; Bk R comm LF trn, sd & Fwd L cont trn to SDCTR DW, cl R;

17-20 Cross LIF of R, sd R with slight rise & trn, rec on L to BJO;

Cross RIF of L, sd L with slight rise & trn, to SCP; Cross LIF of R, sd R with slight rise & trn to L; cp on L to SCP; Bk L DRC, bk & slightly sd R, XLIB of R (Fwd R comm RF trn, sd L cont trn, XLIB of L cont trn) to SCP DW;

PART B

1-8 DIAMOND TURNS; ONE LEFT TURN; HOVER CORT;

BACK, BACK/LK BACK, BACK WHISK;

1-4 Fwd L DC trng 1/4 LF to BJO, sd & bk R, bk L; Bk R DW trng 1/4 LF, sd & Fwd R DW; fwd L DW trng 1/4 LF, sd & bk R, Bk R BJKO DRC trng 1/4 LF, sd & Fwd L to BJO DRC;

5-8 Fwd L comm LF trn, Fwd & sd R cont trn, cl L to R cont trn to CP RLOD; Bk R comm LF trn, sd & fwd L cont body trn rising to ball of foot (brush L to R), rec sd & bk R to CBJO DRC; Bk L DRC (Fwd R outside ptr), Bk R LIF (Fwd R outside ptr), Bk R LIF (Fwd R outside ptr), Bk R, Bk L DRC, bk & slightly sd R, XLIB of R (Fwd R comm RF trn, sd L cont trn, XLIB of L cont trn) to SCP DW;

9-15 IN & OUT RUN; MANEUVER; IMPETUS TO SEMI; CHASSE TO RANJO;

FORWARD & HOLD, LADY DEVELOPPE; OUTSIDE SNIVEL; SLOW SIDE LOCK;

9-12 Fwd R beg RF trn, Fwd & sd L cont RF trn to L to BJO; Bk L beg RF trn, sd & Fwd R cont RF trn to L (H Fwd R, fwd R betw M's feet, fwd L to BJO), Fwd R outside ptr, Fwd & sd R cont RF trn, Fwd R SCP LOD;

Fwd R RF trn, Fwd & sd L trng RF, cl R trng RF to CP RLOD; Bk L, cl R to L heel trn RF (W fwd R betw M's feet, fwd L outside of M trng RF, brush S to L), fwd L SCP LOD;

Fwd L SCP LOD, sd & Fwd L/cl R, sd & Fwd L (W Fwd L, sd L, Fwd R RF trn to CBJO/cl L, sd & bk R) BJO DCD; Fwd R, hold 2 cts with L extended Bk RLOD (W mk L, draw r up L leg to outside of L knee, extend R ft fwd); Bk L, XLIB of L with no Lw.,- (W_fwd Fwd R, swivel RF of ball of ft.,- and SCP); Thru R, fwd & sd L to CP, lk RIB of L to CP DC;

ENDING

1-3 THRU, FACE, CLOSE; WHISK; THROUGH TO PROMENADE SWAY;

Thru R, sd L, cl R and CP fc WALL;

Repeat measure 1 of Intro;

Thru R with sway looking over lead hands;