Bad is Bad

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Music: “Bad is Bad,” Huey Lewis & the News. CD: Sports, Track 3. Also available as .mp3 through Amazon
Time: 3:47 @ 100% speed
Footwork: Opposite (Woman's footwork opposite, except as noted in parentheses)
Rhythm/Phase: West Coast Swing Phase V+1 [Whip Inside Turn]
Degree of difficulty: Average
Sequence: INTRO – A – B – A – B – INTERLUDE – C – B – END

INTRODUCTION

1-3  IN BFLY POS FACING WALL & PARTNER LEAD FEET FREE WAIT FIVE DRUM BEATS SAILOR SHUFFLE TWICE ; APART POINT TOGETHER TOUCH ; THOWOUT ;
   1    BFLY WALL lead ft free wait 5 drum beats and at “Bah” of “Bah dit dit dit dit dit doo wop” begin with {Sailor Shuffle 2X} XLib/sd R, sd L, XRib/sd L, sd R ;
   2    {Apt Pt Tog Tch} Apt L, pt R fwd ptr, tog R, tch L to CP ;
   3    {Throwout} To LOD fwd & sd L commence 1/4 LF turn/cl R, fwd L, anchor R/L, R (W Sd & bk R comm 1/4 LF turn/cl L, sd & bk R, anchor L/R, L) ;

4-6  SUGAR PUSH ~ UNDERARM TURN ; ; ;
   4-6    {Sugar Push} Bk L, bk R, tch L to R, fwd L ; anchor R/L, R, {Underarm Turn} Bk L, raising joined lead hands and leading woman to pass man’s R sd XRif to woman’s R sd commence RF turn ; sd L/close R, sd and fwd L complete 1/2 R face turn, anchor R/L, R (W Fwd R, fwd L commence LF turn ; sd R cont turn/XLif cont turn, bk R complete 1/2 LF turn to fc partner RLOD, anchor L/R, L) ;

7-9  TUCK & SPIN ~ LEFT SIDE PASS ; ; ;
   7-9    {Tuck & Spin} Bk L, bk R bring lead hand in to ctr leading W to a R side lead, tap L to R with L shldr lead, fwd L with L side lead to lead W's spin ; anchor R/L, R (W: Fwd R, fwd L slight turn LF to tight LOP-FCG, tch R to L, turn 1/2 R face fwd R spin 1/2 RF to face partner; anchor L/R, L), {Left Side Pass} Bk L trng LF, cl R leading W to M's L side ; fwd L/cl R, fwd L fc ptr, anchor R/L, R (W fwd R, fwd L pass on M's L sd, sd & fwd R/XLIF of R trng LF, bk R to fc ptr; anchor L/R, L) ;

10-12 MAN'S UNDERARM TURN ~ UNDERARM TURN ; ; ;
   10-12    {Man's Underarm Turn} Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn, sd L continue turn/bk and sd R completing 1/2 RF turn, fwd L ; anchor R/L, R (W Fwd R, fwd L commence LF turn, sd R cont turn/XLif cont turn, bk R completing 1/2 LF turn to face prtnr ; anchor L/R, L), {Underarm Turn} Bk L, fwd R to W's R sd trn RF ; sd & fwd L trn RF/rec R, fwd L fc RLOD, anchor R/L,R (W Fwd R, fwd L trn LF under jnd lead hndds; sd R/XLIF cont trn LF, bk R, anchor L/R, L) ;

PART A

1-3  SUGAR PUSH ~ TUCK & TWIRL ; ; ;
   1-3    {Sugar Push} Bk L, bk R, tap L to R, fwd L ; bk R/rec sl fwd L, sl bk R, {Tuck & Twirl} Bk L, sm bk R; tap L fwd, fwd L twirl W to fac, anchor R/L, R (W Fwd R, fwd L; Tap R in place swvl slightly LF, sd R comm RF spin, cont RF spin L/R, L) ;

4-5  WHIP TURN ; ;
   4-5    {Whip Turn} Bk L, XRif of L trng RF to W's R sd taking W into R arm, sm sd & fwd L/rec R trng RF, sd L (W fwd R, fwd L trng 1/2 RF, bk R/cl L, fwd R) to CP RLOD; XRib of L trng RF, fwd L cont RF to fc ptr & LOD, anchor R/L,R (W fwd L trng RF to fc ptr, bk R, anchor L/R,L) to LOP-FCG ;
6-8 **LEFT SIDE PASS ~ UNDERARM TURN** ; ; ;
6-8  **(Left Side Pass)** Bk L trng LF to fc LOP-FCG RLOD, cl R leading W to M's L side, fwd L/cl R, fwd L fc ptr ; anchor R/L, R (W fwd R, fwd L pass on M's L sd, sd & fwd R/XLIF of R trng LF, bk R to fc ptr; anchor L/R, L),  **(Underarm Turn)** Bk L, fwd R to W's R sd trn RF ; sd & fwd L trn RF/rec R, fwd L to LOD LOP-FCG, anchor R/L, R (W Fwd R, fwd L trn LF under jnd lead hnds ; sd R/XLIF cont trn LF, bk R, anchor L/R, L) ;

**PART B**

1-3 **SUGAR PUSH ~ TUCK & SPIN** ; ; ;
1-3  **(Sugar Push)** Bk L, bk R, tch L to R, fwd L ; anchor R/L, R,  **(Tuck & Spin)** Bk L, bk R bring lead hand in to ctr leading W to a R side lead ; tap L to R with L shldr lead, fwd L with L side lead to lead W's spin, anchor R/L, R (W: Fwd R, fwd L slight turn LF to tight LOP-FCG, tch R to L, turn 1/2 R face fwd R spin 1/2 RF to face partner, anchor L/R, L) ;

4-8 **UNDERARM TURN ~ MAN'S UNDERARM TURN** ; ; ; **WRAPPED WHIP** ; ;
4-6  **(Underarm Turn)** Bk L, raising joined lead hands and leading woman to pass man’s R sd XRif to woman's R sd commence RF turn, sd L/close R, sd and fwd L complete 1/2 R face turn ; anchor R/L, R (W Fwd R, fwd L commence LF turn, sd R cont turn/XLif cont turn, bk R complete 1/2 LF turn to fc partner ; anchor L/R, L),  **(Man's Underarm Turn)** Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn ; sd L continue turn/bk and sd R completing 1/2 RF turn, fwd L, anchor R/L, R (W Fwd R, fwd L commence LF turn ; sd R cont turn/XLif cont turn, bk R completing 1/2 LF turn to face ptrnr, small bk L with toes turned out and instep close to heel of R/rec slightly fwd R, slightly bk L) ;
7-8  **(Wrapped Whip)** Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng 1/4 RF, bring M's L & W's hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd (W fwd R, fwd L, fwd R/cl L, bk R) ; XRib trng RF release hnds, trng RF to fc LOD sd & fwd L, anchor R/cl L, bk R (W bk L, bk R, anchor L/R, L) ;

**REPEAT PART A**

1-3 **SUGAR PUSH ~ TUCK & TWIRL** ; ; ;
4-5 **WHIP TURN** ; ;
6-8 **LEFT SIDE PASS ~ UNDERARM TURN** ; ; ;

**REPEAT PART B**

1-3 **SUGAR PUSH ~ TUCK & SPIN** ; ; ;
4-8 **UNDERARM TURN ~ MAN’S UNDERARM TURN** ; ; ; **WRAPPED WHIP** ; ;

**INTERLUDE**

1-6  **TO RLOD UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE** ; ; ; ; ; **SAILOR SHUFFLE TWICE** ;
1-5  **(Underarm Turn to Triple Travel with Roll)** Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R hands palm to palm in R Hand Star (W fwd R, L, R/XLif, bk R twd RLOD passing M und jnd hnds trng LF 3/4 on last stp to fc COH) ; sd chassé R/L, sd & fwd R, pushing lightly w/ R hnds fwd L, fwd R rolling RF 1 1/2 to fc COH joining L hnds palm to palm in L Hand Star (W L/R, sd & bk L, roll RF 1 1/2 R, L to fc WALL) ; sd chasse L/R, sd L & fwd trng 1/2 LF chg to R hnds palm to palm in R Hand Star, sd chasse R/L, sd & fwd R trng 1/2 RF chg to L hnds palm to palm in L Hand Star ; sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining Ld hnds to fc RLOD & ptr ; Anchor R/cl L, bk R,  **(Kick Ball Change)** Kick L fwd/cl L on ball of ft, stp in pl R ;
6  **(Sailor Shuffle 2X)** XLib/sd R, sd L, XRib/sd L, sd R ;

7-12 **TO LOD UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE** ; ; ; ; ; **SAILOR SHUFFLE TWICE** ;
7-12  **(Repeat measures 1-6 to return to beginning positions facing LOD)**
PART C

1-2 SUGAR PUSH ~ KICK BALL CHANGE ; ; 
1-2  {Sugar Push} Bk L, bk R, tap L to R, fwd L ; bk R/rec sl fwd L, sl bk R, {Kick Ball Change} Kick L fwd/cl L on ball of ft, stp in pl R ;

3-4 WHIP INSIDE TURN ; ; 
3-4  {Whip Inside Turn} Bk L, fwd R trng RF to loose CP, sd L/cl R , sd L completing RF trn to fc RLOD ( W fwd R, fwd L completing 1/2 trn to loose CP, bk R/cl L, fwd R) ; raising lead hands leading W to trn LF XRib, sd & fwd L, anchor R/L, R completing full trn to fc LOD ( W fwd L starting LF turn under lead hands, fwd R cont trn 1/2, anchor L/R, L ) ;

5-6 BACK TWO & QUICK SIDE BREAKS ; BACK TWO & QUICK SIDE BREAKS ; 
5  {Back 2 & Quick Side Breaks} Blending to low BFLY bk L, bk R, stp out L/stp out R, stp in L/stp in R ;
6  Repeat Measure 5 ;

7-8 CHICKEN WALKS 2 SLOW 4 QUICK ; ; 
7-8  {Chicken Walks 2 Slow 4 Quick} Bk L, -, bk R, - ; bk L, bk R, bk L, bk R ( W fwd toeing out fwd R, -, fwd L, -; fwd R, fwd L, fwd R, fwd L ) ;

REPEAT PART B

1-8 SUGAR PUSH ~ TUCK & SPIN ; ; 
1-8 UNDERARM TURN ~ MAN'S UNDERARM TURN ; ; 
WRAPPED WHIP ; ;

END

1-3 CHEEK TO CHEEK ~ SUGAR PUSH ; ; 
1-3  {Cheek to Cheek} Bk L, rec fwd R begin RF trn, lift L knee up cnt trn to tch M's L hip to W's R hip, XLIff trng LF fc ptr ; XRib/sd L, sd R end fcg LOD, {Sugar Push} Bk L, bk R ; tch L to R, fwd L, anchor R/L, R ;

4-6 SUGAR BUMP ~ MAN'S UNDERARM TURN ; ; 
4-6  {Sugar Bump} Bk L, rec R, Lift L knee trn 1/2 RF on ball of R foot release hds, fwd L trn 1/2 RF to face partner ; anchor R/L, R ( W fwd R, L; Lift R knee trn 1/2 LF on ball of L foot, fwd R trn 1/2 LF, anchor L/R, L), {Man's Underarm Turn} Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn ; sd L continue turn/bk and sd R completing 1/2 RF turn to RLOD, fwd L, anchor R/L, R ( W Fwd R, fwd L commence LF turn ; sd R cont turn/XLIff cont turn, bk R completing 1/2 LF turn to face prtnr, anchor L/R, L ) ;

7-8 PASSING TUCK & SPIN ~ POINT & HOLD ; ; 
7-8  {Passing Tuck & Spin} Bk L trng slightly LF, bk R to fc WALL, tch L tucking W in, trng LF fwd L releasing hnds ; anchor R/L, R ( W fwd R, fwd L trng LF to fc M, tap R, fwd R trng RF 1/2 to fc M ; anchor L/R, L), {Point Side & Hold} Point Sd L and hold, -, -, -;