BABY DON’T GET HOOKED ON ME

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Record: Mac Davis, CD “Baby Don’t Get Hooked On Me”, 3:04

Phase: Slow Two-Step Phase III + 2 (Left Turn Inside Roll, Switches)
Footwork: Opposite, directions for man (lady as noted) Speed: 50 rpm or as desired

- INTRO -

1 - 4 BFLY WALL WAIT 2;; LUNGE BASIC (twice) to BFLY;;

1-2 BFLY M facing Wall & partner lead feet free wait 2 meas;;
3-4 [LUNGE BASIC (twice) to BFLY]; Sd L with slight lunge action, -, rec R, cross L in fnt; sd R with slight lunge action, -, rec L, cross R in frnt to BFLY WALL;
(W same as M with opposite feet)

- A –

1 - 5 SHOULDER to SHOULDER (twice);; UNDERARM TURN; REV UNDERARM TURN to
BFLY; VINE FOUR;

1-2 [SHOULDER to SHOULDER (twice);] In BFLY sd L, -, cross R in front to BJO, rec bk L; sd R, -, cross L in frnt to SCAR, rec bk R; (W sd R, -, cross L in bk to BJO, rec R to fc; sd L, -, cross R in bk to SCAR, rec L;)
3 [UNDERARM TURN:] Sd L to join ld hnds palm-to-palm, -, cross R in bk of L, rec L; (W Sd R comm to trn rt fc under jnd ld hnds, -, cross L over R to LOP cont trn rt fc 1/2, rec fwd on R comp trn to fc ptr;
4 [REVERSE UNDERARM TURN to BFLY:] Sd R to join ld hnds palm-to-palm, -, cross L in frnt of R, rec R to BFLY; (W Sd L comm if fc trn under joined ld hnds, -, cross R over L to LOP cont trng if fc 1/2, rec fwd on L comp trn to BFLY;
5 [VINE FOUR] In BFLY Pos sd L, cross in bk R, sd L in same direct, cross in frnt R; (W sd R, cross in bk L, sd R, cross in fnt L;)

6 – 10 BASIC to LOD;; LEFT TURN INSIDE ROLL to COH; BASIC ENDING to BFLY;
OPEN VINE FOUR;

6 -7 [BASIC to LOD:] Sd L, -, cross R in bk of L, rec L; Stp sd R, -, cross L bhd R, rec R to CP LOD; (W sd R, -, cross L in bk of R, rec R; stp sd L, -, cross R bhd L, rec L; )
Note: W will swivel lf fc to prepare for the next figure.
7 [LEFT TURN INSIDE ROLL:] Fwd L comm 1/4 if fc trn, -, sd R, cross L in frnt of R to fc ptr & COH; (W Bk Rt comm 1/4 if fc trn, -, sd L trng Lf fc undr ld hnds, cont trng Lf fc sd R trng Lf fc to fc ptr;)
8 [BASIC ENDING to BFLY:] Sd R, -, cross L in bk of R, rec on R to BFLY COH; (W Sd L, -, cross R in bk of L, rec on L;)
9 [OPEN VINE FOUR to HALF OPEN RLOD] In BFLY Pos sd L, cross in bk R to HALF OPEN, trng Lf fc sd L, cross R in frnt of L to LEFT HALF OPEN;; (W sd R, cross in bk L to HALF OPEN, trng rt fc sd R, cross L in frnt of R to LEFT HALF OPEN;)
- B to RLOD -

1 - 4  SWITCHES (four times) to BFLY::;

1 – 2  M Cross in front of W sd L to Half Opn Pos, - , fwd R, fwd L; fwd R, -, fwd L, fwd R; (W Fwd R, -, fwd L, fwd R; cross in front of M sd L to Half Opn Pos, -, fwd R, fwd L;)

3 – 4  Repeat meas 1-2 of INTERLUDE to BFLY facing ptr & COH;;

- C to RLOD –

1 - 4  UNDERARM TURN to a; LARIAT in SIX;; OPEN BASIC with PICKUP;

1  [UNDERARM TURN to a]  Repeat meas 3 of Part A with W moving to M’s rt sd

2 - 3  [LARIAT in SIX]  Stp in place  R, -, L, R; L, -, R, L; (W Circle M clockwise with jn Id Hnds fwd L, -, fwd R, fwd L; fwd R, -, fwd L, sd R end fcg M;)

4  [OPEN BASIC with PICKUP]  Stp sd R to Half Open Pos, -, cross L bhnd R, rec R pikng W up with low jnd hnds; (W Stp sd L to HALF OPEN POS, -, cross R bhnd L, rec L trng If fc to fc ptr with low jnd hnds;)

5 - 8  TRAVELING CHASSES (four times) to FC COH;;;

5 - 6  Fwd L comm trng If fc diagonally across LOP with rt shldr ld both hnds jnd going down & in to hip level, -, sd R diag LOP, cl L to R; fwd R comm trng rt fc diagonally across LP with If shldr ld, -, sd L diag LOP, cl R to L; (W Bk R comm trng If fc diag across LOP with If shldr ld both hnds jnd going down & in to hip level, -, sd L diag LOP, cl R to L; bk L comm trng rt fc diag to LOP with rt shldr ld, -, sd R diag to LOP, cl L;)

7 – 8  Repeat meas 5 – 6 to end fcng COH;;

1/2  SIDE, CLOSE,

1/2  Sd L , cl R to fc COH, (W Sd R, cl L to fc COH,)

- D to RLOD –

1 - 4  LUNGE BASIC to hndshk; OPEN BREAK APART; CHANGE SIDE to BFLY WALL;

LUNGE BASIC to BFLY:

1  [LUNGE BASIC to a hndshk]  Repeat meas 3 of INTRO to a hndshk

2  [OPEN BREAK APART]  Sd R, -, bk L, rec R; (W sd L, -, bk R, rec L;)

3  [CHANGE SIDES to FACE WALL]  Fwd L beginning a rt fc trn, -, fwd R trng rt fc to fc LOD, cross L in frnt to BFLY WALL;; (W fwd R trn If fc, -, fwd L cont to trn, sd R to BFLY;)

4  [LUNGE BASIC]  Repeat meas 4 of INTRO

- A -

- B to RLOD -

- C to RLOD -
- ENDING -

1 - 4  UNDERARM TURN to a; LARIAT in SIX;; BASIC ENDING;
1 - 4  Repeat meas 1 to 4 of PART B

5 – 8  LEFT TURN INSIDE ROLL; BASIC ENDING to FACE WALL; LUNGE BASIC; SIDE CORTE;
5 - 6  Repeat meas 8 to 9 of PART A;;
7  Repeat meas 3 of INTRO;
8  Step side R flexing supporting knee and turning to SCP leaving If leg extended with toe pointing to floor, -, (W Stp sd L flexing supporting knee & trng to RSCP leaving rt leg extended with toe pointing to floor, -.)

QUICK CUES

INTRO

BFLY WALL WAIT 2;;
LUNGE BASIC (twice);;;;

A

SHLDR to SHLDR (twice);: UNDERARM TRN; REV UNDERARM TRN to BFLY; VINE FOUR; BASIC; to LOD; LF TRN INSIDE ROLL to fc COH; BASIC ENDING;
OPEN VINE FOUR to HALF OPEN RLOD;

B to RLOD

SWITCHES (twice) to BFLY;;;;;

C to RLOD

UNDERARM TURN to a; LARIAT in SIX;; BASIC to a pickup;
TRAVELING CHASSES (four times) to COH;;;;; SIDE, CLOSE,

D to RLOD

LUNGE BASIC to hndshk; OPEN BREAK APART; CHNG SIDES to BFLY; LUNGE BASIC;

A

SHLDR to SHLDR (twice);: UNDERARM TRN; REV UNDERARM TRN to BFLY; VINE FOUR; BASIC to RLOD;; LF TURN INSIDE ROLL to fc COH; BASIC ENDING; OPEN VINE FOUR to HALF OPEN RLOD;

B to RLOD

SWITCHES (twice) to BFLY;;;;;

C to RLOD

UNDERARM TURN to a; LARIAT in SIX;; OPEN BASIC to a PICKUP;
TRAVELING CHASSES (four times) to WALL;;;;; SIDE, CLOSE,

ENDING

UNDERARM TURN to a; LARIAT in SIX;; BASIC ENDING;
LEFT TURN INSIDE ROLL to fc WALL; BASIC ENDING; LUNGE BASIC; SIDE, CORTE;