BORN TO LOSE

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Music: Born To Lose by Boots Randolph From the CD album Best Of Boots Randolph Available from Wal-Mart Music Downloads

Rhythm/Phase: Foxtrot Phase V

Footwork: Opposite throughout, direction for M (and for W where noted).

Sequence: Intro A B A Ending

INTRODUCTION (4 Measures) . . . .
CP DLW WAIT 2 MEAS;; HOVER TELEMARK; CHAIR REC SLIP;

PART A (16 Measures) . . . .
THREE-STEP; NATURAL TELEMARK; HOVER CROSS ENDING CHKNG; TO A TOP SPIN; REVERSE TURN;; HOVER TELEMARK; PKUP SD CL; OPN REVERSE TURN; TO A HOVER CORTE; BACK WHISK; NATURAL HOVER CROSS;; THREE-STEP; OPN NATURAL; HESITATION CHNG;

PART B (16 Measures) . . . .
REVERSE FALLAWAY; SLIP & CHASSE BJO; NATURAL WEAVE;; CHANGE OF DIRECTION; HOVER TELEMARK; PROMENADE WEAVE;; THREE-STEP; NATURAL TURN 1/2; IMPETUS SEMI; FEATHER; REVERSE TURN;; WHISK; FEATHER;

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. . . . ENDING (5 Measures) . . . .

2 LT TURNS WALL;; TWIRL VINE; THRU TO PROMENADE SWAY & HOLD;;

[1 & 2] Fwd L commence if upper body turn, -, cont turn sd & bk R blind clsd pos, cl L; Bk R cont if turn, -, sd & fwd L, cl R blind CP wall; [3] Sd L, -, XRIB, sd L (W sd & fwd R trng 1/2 rf, -, sd & bk L cont turn, sd R); [4 & 5] Twd LOD step thru R, -, sd & fwd L trng to semi-clsd pos & stretching body upward to look over joined lead hnds, -; Hold - - -;