BICYCLE WALTZ

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MUSIC: Parrott 45-40032 “Les Bicyclettes de Belsize”  
RHYTHM: Waltz  
Englebert Humperdink  
DIFFICULTY: Average  
Internet Download Available  
RAL PHASE: II+1 [Side Corte]  
TIME/SPEED: 2:53@45 RPM  
FOOTWORK: Opposite, directions for man except where noted  
SUGGESTED SPEED: 2:42@48 RPM  
SEQUENCE: INTRO, A, INTER, B, B, A, INTER, B, B, END  
REL DATE: August, 2010

INTRO
1-4  OP-FCG WALL WAIT 2 MEAS ; ; APART POINT ; TOGETHER TOUCH BFLY WALL ;  
1-4  In OP-FCG WALL wait 2 meas ; ; bk L, pt R, - ; fwd R, tch L BFLY WALL, - ;
5-8  TWIRL VINE ; THRU FACE CLOSE ; BALANCE LEFT & RIGHT BFLY WALL ; ;
5-6  In BFLY WALL sd L, XRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL ;
7-8  In BFLY WALL sd L, XRib (W XLib) rising on toe, rec L ; sd R, XLib (W XRib) rising on toe, rec R to BFLY WALL ;

PART A
1-4  WALTZ AWAY ; PICKUP ; 1 LEFT TURN ; BACK WALTZ ;
1-2  From BFLY WALL release lead hands and retaining trail hands jnd and trng away from ptr fwd L, fwd R, cl L ; fwd R ldg W in frnt, sd L, cl R in CP LOD ;
3-4  In CP LOD fwd L commence LF trn, cont trn sd R diag across LOD to CP RLOD, cl L ; bk L, bk R, cl L to CP RLOD ;
5-8  1 RIGHT TURN ; FORWARD WALTZ ; 2 LEFT TURNS BFLY WALL ; ;
5-6  In CP RLOD bk L commence trng RF, sd R continue RF trn to CP LOD, cl L ; fwd L, fwd R, cl L to CP LOD ;
7-8  In CP LOD fwd L commence LF trn, cont trn sd R diag across LOD, cl L ; bk R commence LF trn, cont trn sd L twd LOD to BFLY WALL, cl R ;
9-12  WALTZ AWAY & TOGETHER ; ; TWIRL VINE ; THRU FACE CLOSE ;
9-10  From BFLY WALL release lead hands and retaining trail hands jnd and trng away from ptr fwd L, fwd R, cl L ; fwd R, trng twd ptr fwd and sd L to BFLY WALL, cl R ;
11-12  In BFLY WALL sd L, XRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; thru R twd LOD, fwd and sd L trng twd ptr to CP WALL, cl R ;
13-16  LEFT TURNING BOX BFLY WALL ; ; ; ;
13-16  In CP WALL fwd L commencing 1/4 LF trn, complete trn sd R to fc LOD, cl L ; bk R commencing 1/4 LF trn, complete trn sd L to COH, cl R ; fwd L commencing 1/4 LF trn, complete trn sd R to fc RLOD, cl L ; bk R commencing 1/4 LF trn, complete trn sd L to BFLY WALL, cl R ;

INTERLUDE
1-4  BALANCE LEFT & RIGHT ; ; TWIRL VINE ; PICKUP SCAR LOD ;
1-2  In BFLY WALL sd L, XRib rising on toe, rec L ; sd R, XLib rising on toe, rec R to BFLY WALL ;
3-4  In BFLY WALL sd L, XRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; fwd R ldg W in frnt, sd L, cl R to SCAR LOD ;
PART B

1-8 PROGRESSIVE TWINKLES 3X ; ; FORWARD TOUCH ;
1-2 In SCAR LOD fwd L, sd R to BJO LOD, cl L ; fwd R, sd L to SCAR LOD, cl R ;
3-4 In SCAR LOD fwd L, sd R to BJO LOD, cl L ; fwd R, drw L, tch L in BJO LOD ;

5-8 BACK PROGRESSIVE TWINKLES 3X ; ; BACK TOUCH CP LOD ;
5-6 In BJO LOD bk L, sd R to SCAR LOD, cl L ; bk R, sd L to BJO LOD, cl R ;
7-8 In BJO LOD bk L, sd R to SCAR LOD, cl L ; bk R, drw L, tch L to CP LOD ;

9-12 2 FORWARD WALTZES ; ; 2 LEFT TURNS ; ;
9-10 In CP LOD fwd L, fwd R, cl L ; fwd R, fwd L, cl R to CP LOD ;
11-12 In CP LOD fwd L commence LF trn, cont trn sd R diag across LOD, cl L ; bk R commence LF trn, cont trn sd L twd LOD to CP WALL, cl R ;

13-16 BOX ; ; TWIRL VINE ; PICKUP SCAR LOD* 2nd & 4th TIME THRU FACE CLOSE BFLY WALL ;
13-14 In CP WALL fwd L, sd R, cl L ; bk R, sd L, cl R to CP WALL ;
15-16 In BFLY WALL sd L, XRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; fwd R ldg W in frnt, sd L, cl R to SCAR LOD ;
*NOTE 2nd & 4th time thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL, cl R ;

END

1-2 SIDE DRAW CLOSE ; SIDE CORTE & HOLD ;
1-2 In CP WALL sd L, drw R, cl R ; stp sd L relaxing supporting knee and turning to RSCP leaving R leg extended with toe pointing to floor, - , ;