BANANA SPLIT

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Music: Banana Split (Quick Step) by Ballroom Diamond Orchestra
From the CD album Grande Festa Party Time
Available from iTunes Music Downloads
Rhythm/Phase: Quickstep & Two Step  Phase IV + 1 (Scoop)
Music Speed: As downloaded
Footwork: Opposite throughout directions for M (and for W where noted).
Sequence: Introduction  A  B  A  B  A  C  A  Ending

...... INTRODUCTION (4 Measures) ......
CP DLW W/ LEAD FEET FREE WAIT 2 MEAS;; SCOOP TWICE;;
[1 & 2] In clsd pos fcng DLW with lead feet free wait 2 measures;; [3 & 4] Slide L with left side stretch [long side step], Bell, with left side stretch cl R [approx 1/8 If turn], Bell, Repeat;

...... PART A (16 Measures) ......
1/4 TURNS W/ PROGRESSIVE CHASSE & STEP FWD;;;; RUNNING FWD LOCKS;; MANUV SD CL; PIVOT 2 CP LOD; WALK 2; VIENNESE TURNS;; WALK 2 TO BJO CHKNG;
FISHTAIL; WALK & FC; 2 SD CLOSES; WALK & PKUP;
[1 - 4] Fwd L, Bell, fwd R turning rf, Bell, Sd L turning rf, continue slight turn cl R, sd & bk L DLC, Bell, Bk R DLC start lf turn, Bell, Sd L, cl R; Sd & slightly fwd L, Bell, fwd R to CBMP DLW, Bell, Sd & slightly fwd L, cl R; Fwd L, lock R in back of left, fwd L, Bell, Sd L turning rf, continue slight turn cl R to left;
[5 & 6] Fwd L, lock R in back of left, fwd L, Bell, Sd L, cl R; Complete turn cl R; Sd & slightly forward movement, Bell; [7] Commence rf turn fwd R, Bell, continue turn to fc partner sd L, complete turn cl R; [8] Bk L commence rf pivot up to 1/2 turn, Bell, complete pivot to clsd pos LOD fwd R, Bell;
[9] Fwd L, Bell, fwd R, Bell; [10 & 11] Fwd L commence, lf turn, Bell, sd R continue turn, XLIB of right; Bk R continue if turn, Bell, sd L continue turn, cl R end clsd pos LOD; (W bk R commence If turn, Bell, sd L continue If turn, cl R to left; Fwd L continue If turn, Bell, sd R continue If turn, XLIB of right;) [12] Fwd L, Bell, fwd R blnd bjo pos chng forward movement, Bell; [13] XLIB of right but not tightly, as body commences to turn rf take small step sd R complete 1/4 rf body turn, fwd L with left shoulder lead, XRIB of left but not tightly; [14] Fwd L, Bell, fwd R turning rf to fc partner blnd clsd pos wall, Bell;

...... PART B (16 Measures) ......
CHARLESTON POINTS TWICE;;;; 2 FWD 2-STEPS BJO;;;; STEP/HOP 4;;;; FWD LK FWD;
MANUV SD CL - STEP BACK;; RUNNING BACK LOCKS;; SLOW IMPETUS SEMI;;;; THRU & SEMI CHASSE; PKUP SD CL;
[1 - 4] In clsd pos LOD fwd L, Bell, point R fwd, Bell; Bk R, Bell, point L bk, Bell; Repeat these two measures;;
[5 & 6] Fwd L, cl R, fwd L, Bell; Fwd R, cl L, fwd R blnd bjo pos LOD, Bell; [7 & 8] Step fwi L with slight hopping action, Bell, step fwd R with slight hopping action, Bell; Repeat; [9] Fwd L, lock R in back of left, fwi L, Bell;
[10 & 10 ½] Commence rf turn fwi R, Bell, continue turn to fc partner sd L, complete turn cl R; Bk L bjo pos, Bell;
[10 ½ - 12 ½] Bk R, lock L in front of right, bk R, bk L; Bk R, lock L in front of right, bk R, Bell;
[12 ½ - 14] Commence rf upper body turn bk L, Bell, cl R to left [heel turn] continue rf turn, Bell; Complete turn fwi L tight semi-cld pos LOD, Bell; [15] Toward LOD thru R, Bell, fwi L/cl R, fwi L; [16] Fwd R picking up W clsd pos LOD, Bell, sd L, cl R;

...... PART C (16 Measures) ......
2 FWD 2-STEPS FC WALL;;;; 2 SD CLOSES; SD DRAW CLOSE; SHAG STEP TWICE;;;;
2 SD CLOSES; SD DRAW CLOSE; SHAG STEP TWICE;;;; 2 SD CLOSES; WALK & PKUP;
FWD HITCH 3; WALK BK 2; BK HITCH 3; WALK FWD 2;
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. . . . . . ENDING (9 Measures) . . . . .
LEFT TURNING BOX W/ HOPS;;;; 2 FWD 2-STEPS FC WALL;; 2 TURNING 2-STEPS;;
STEP APART & POINT;