

AT THE BEGINNING

Released: Jan 2012

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RECORD: At The Beginning, Donna Lewis & Richard Marx, Anastasia Soundtrack, Track #8
FOOTWORK: Opposite unless noted (women's footwork in parentheses) Time: 3:40 @ 45 rpm
RHYTHM: Rumba/Cha-Cha
Phase: IV +0 () +1 (Chase Reverse Underarm Turn)
SEQUENCE: INTRO A B Brg 1 A(1-8) B Brg 2 C B D Brg 3 END

INTRODUCTION

MEAS:

- 1-4 (BFLY WALL, BOTH LT FT FREE, RUMBA) WAIT ; CIRCULAR SERPIENTE ;;
OPPOSITE FOOT FENCELINE (MAN TRANSITIONS) ;
- (1) Bfly wall, Lt foot free for both, wait, -, -, -;
 - (2) Thru L RLOD, sd R, XLIB, fan R; (Same footwork for both M and W)
 - (3) XRIB LOD, sd L, thru R, fan L; (Same footwork for both M and W)
 - (4) XLIF, sd R, cl L, chg weight R (XLIF, sd R, cl L, -);

PART A

MEAS:

- 1-4 CUCARACHA TWICE ;; BREAK BACK (OPEN) ; KIKI WALK ½ ;
- (1) Sd L, rec R, cl L, -;
 - (2) Sd R, rec L, cl R, -;
 - (3) Swvl bk L, rec R, fwd L, -;
 - (4) Fwd R, fwd L, fwd R, -;
- 5-8 SLIDE THE DOOR TWICE ;; CIRCLE AWAY & TOGETHER (HANDSHAKE) ;;
- (5) Rk sd L, rec R, XLIF passing bhd woman, -;
 - (6) Rk sd R, rec L XRIF passing bhd woman, -;
 - (7) Fwd trn awy from ptr L, fwd cont trn R, fwd cont trn L (RLOD), -;
 - (8) Fwd trn twrd ptr R, fwd cont trn L, fwd cont trn R join rt hds, -;
- 9-12 TRADE PLACES TWICE ;; OPEN BREAK ; SPOT TURN ;
- (9) With rt hnds jnd rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd rt hnds, cont to trn RF to fc ptr & COH stepping sd & bk L twd WALL (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd rt hnds, cont LF trn to fc ptr & WALL stepping sd & bk R twd COH) joining lt hnds,-;
 - (10) With lt hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd lt hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R twd COH (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd lt hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd WALL) joining R hnds,-;
 - (11) Rk apt L LOP FCC extnd rt hd out, rec R BFLY, sd L, -;
 - (12) XRIF trn ½, rec L trn ½, sd R BFLY WALL, -;
- 13-16 THRU SERPIENTE ;; CRAB WALKS ;;
- (13) Thru L RLOD, sd R, XLIB, fan R;
 - (14) XRIB LOD, cl L, XRIF, fan L;
 - (15) XLIF RLOD, sd R, XLIF, -;
 - (16) Sd R, XLIF, sd R, -;

PART B

MEAS:

1-4 (CHA CHA) BASIC ;; AIDA TO BACK TRIPLE CHAS ;;

- (1) Fwd L, rec R, sd L/cl R, sd L ;
- (2) Bk R, rec L, sd R/cl L, sd R;
- (3) Thru L RLOD trn rt fc, sd R cont trn rt fc, bk L/lk R, bk L;
- (4) Bk R/lk L, bk R, bk L/lk R, bk L;

5-8 ROCK BACK, RECOVER TO FORWARD TRIPLE CHAS ;; FORWARD AND BACK BASIC (BFLY WALL) ;;

- (5) Rk bk R, rec L, fwd R/lk L, fwd R;
- (6) Fwd L/lk R, fwd L, fwd R/lk L, fwd R;
- (7) Rk fwd L, rec R, bk L/cl R, bk L
- (8) Rk bk R, rec L, fwd R/cl L, fwd R trn fc ptr BFLY WALL;

BRIDGE 1

MEAS:

1-2 (RUMBA) CHASE REVERSE UNDERARM TURN (BFLY COH) ;;

- (1) Ld hnds jnd fwd L start ½ rt fc trn, rec R finish rt fc trn to fc COH, small fwd L, - (W bk R, fwd L, fwd R twd M lt sd, -) ;
- (2) Bk R, rec L ldg W to u/a trn, sd R, blend to BFLY COH (W fwd L, fwd R trng ½ lt fc under jnd ld hnds, sd L, -) ;

REPEAT PART A MEASURES 1-8

REPEAT PART B

BRIDGE 2

MEAS:

1-2 (RUMBA) HALF BASIC ; SPOT TURN (LADY OVERTURNS TRANSITIONS TO VARSOUVIENNE COH) ;

- (1) Fwd L, rec R, sd L ;
- (2) XRIF commencing lt fc trn, rec L cont lt fc trn to fc WALL, fwd & sd R (W XLIF commencing lt fc trn, rec R cont lt fc trn fc DLC, fwd L trng lt fc COH, cl R) to VARSOUVIENNE COH M slightly to L of W, - ;

PART C

MEAS:

1-4 (RUMBA) SHADOW SERPIENTE ;; SHADOW FENCELINE ; SPOT TURN (LADY TRANSITIONS OVERTURNING TO A LEFT HAND STAR) ;

- (1) XLIF, sd R, XLIB, fan R ; (Same footwork for both M and W)
- (2) XRIF, sd L, XRIF, fan L ; (Same footwork for both M and W)
- (3) XLIF, sd R, cl L, - ; (Same footwork for both M and W)
- (4) XRIF trng ½ lt fc (W trn rt fc), rec L to fc ptr, sd R trng to fc LOD jn lt hnds (W bk R to fc RLOD, cl L) lt hnd star pos;

5-8 UMBRELLA TURN (BFLY WALL) ;;;;

- (5) Fwd L, rec R, bk L (W bk R, rec L trng ½ lt fc, bk R, -), - ;
- (6) Bk R, rec L, fwd R (W bk L, rec R trng ½ rt fc, bk L, -), - ;
- (7) Fwd L, rec R, bk L (W bk R, rec L trng ½ lt fc, bk R, -), - ;
- (8) Bk R, rec L, fwd R (W bk L, rec R trng ½ rt fc, bk L, -), - to fc BFLY WALL ;

REPEAT PART B

PART D

MEAS:

1-4 (CHA CHA) HALF BASIC ; WRAP (RLOD) ; FORWARD AND BACK BASIC ;;

- (1) Fwd L, rec R, sd L/cl R, sd L ;
- (2) Bk R, rec L raising ld hds, fwd R trn lt fc RLOD ld W into u/a trn/cl L, fwd R (fwd L, rec R, fwd L trng rt fc under ld hds/fwd R trn rt fc, fwd L) ;
- (3) Rk fwd L, rec R, bk L/cl R, bk L
- (4) Rk bk R, rec L, fwd R/cl L, fwd R ;

5-6 UNWRAP ; CROSS CHECK, RECOVER, CHA (BFLY COH) ;

- (5) Fwd L rel ld hds, cl R, sip L/sip R, sip L (fwd R rolling rt fc, fwd L cont roll RLOD, sd R/cl L, sip R) ;
- (6) XRIF ckg fwd motion, rec L, trng rt fc 1/4 (W lt fc) sd R/cl L, fwd R ending in BFLY COH;

BRIDGE 3

MEAS:

1-2 SIDE, DRAW, CLOSE ; NEW YORKER IN 4 ;

- (1) Sd L, drw R to L, cl R, - ;
- (2) Thru L, rec R, sd L, cl R ;

END

MEAS:

1-4 (CHA CHA) BASIC ;; AIDA TO BACK TRIPLE CHAS ;;

- (1) Fwd L, rec R, sd L/cl R, sd L ;
- (2) Bk R, rec L, sd R/cl L, sd R;
- (3) Thru L RLOD trn rt fc, sd R cont trn rt fc, bk L/lk R, bk L;
- (4) Bk R/lk L, bk R, bk L/lk R, bk L;

5-8 ROCK BACK, RECOVER (FC), CLOSE ; SD, DRAW, CLOSE ; RUMBA ½ BASIC ; RUMBA WRAP ;

- (5) Rk bk R, rec L trn fc ptr, cl R, - ;
- (6) Sd L, drw R to L, cl R, - ;
- (7) Fwd L, rec R, sd L ;
- (8) Bk R, rec L raising ld hds, fwd R trn lt fc RLOD ld W into u/a trn, - (fwd L, rec R, fwd L trng rt fc under ld hds) ;

9-10 LOWER ; SNUGGLE ;

- (9) Relaxing R knee ext L ft sd lowering body
- (10) Have fun!

QUICK CUES

(FCG PTR, LT FT FREE FOR BOTH) Rumba WAIT ; CIRC SERP ;; OPP FNC LN (M TRANS) ;

Rumba CUCA 2X W/ARMS ;; BRK BK (OP) ; KIKI WK ½ ; SLD DOOR 2X ;; CIRC AWY & TOG (HDSHK) ; TRD PLC 2X ;; OP BRK ; SPT TRN ; THRU SERP ;; CRB WKS ;;

Cha Cha BASIC ;; AIDA, BK TRPL CHA ;; RK BK, REC, FWD TRPL CHA ;; FWD/BK BASIC (FC) ;;

Rumba CHASE REV U/A TRN ;;

Rumba CUCA 2X W/ARMS ;; BRK BK (OP RLOD) ; KIKI WK ½ ; SLD DOOR 2X ;; CIRC AWY & TOG (BFLY COH) ;;

Cha Cha BASIC ;; AIDA, BK TRPL CHA ;; RK BK, REC, FWD TRPL CHA ;; FWD/BK BASIC (FC) ;;

Rumba ½ BASIC ; SPT TRN (L OV TRN TRANS VARS COH) ;

SHAD SERP ;; SHAD FNC LN ; SPT TRN (L OV TRANS LT HD STAR) ; UMB TRNS (BFLY) ;;;

Cha Cha BASIC ;; AIDA, BK TRPL CHA ;; RK BK, REC, FWD TRPL CHA ;; FWD/BK BASIC (FC) ;;

Cha Cha ½ BASIC ; WRAP (RLOD) ; FWD/BK BASIC ;; UNWRAP ; X CHK, REC, CHA (BFLY COH) ;

SD, DRW, CLS ; NYER 4 ;

Cha Cha BASIC ;; AIDA, BK TRPL CHA ;; RK BK, REC (FC), CLS ; SD, DRW, CLS ; RB ½ BASIC ; RB WRAP ; LOWER & SNUGGLE ;;