At This Moment

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Music: "At This Moment" by Michael Bublé
CD: "Crazy Love", Track 11 (Download from Amazon, Length: 4:35)

Music Modification: Cut at 3:37 (while Mr. Bublé is singing “again” but before the instruments rejoin), and optionally amplify from 3:32 to 3:37 and fade from 3:35 to 3:37. Or contact the choreographer.

Recommended Speed: +3%

Rhythm/Phase: Waltz VI

Footwork: Described for Man, Lady opposite (or as noted)
Sequence: Intro A(mod1) B A(mod2) Interlude C Ending

Timing: 1 2 3 unless noted. Timing reflects actual weight changes.

I INTRO

1-4 WAIT 1 MEASURE : EXPLODE APART : ROLL ACROSS 3 CHECKING :
LUNGE TOGETHER w/ ARM SWEEP :

--- 1 {Wait 1 Meas} Wait 1 measure OP WALL in “V” shape M fcg DRW (W fcg DLW) with low double handhold and lead ft free;
1-- 2 {explode Apt} Slight LF trn sd L flexing L knee sweeping lead hnd up & out while still looking at ptr;-,,- end OP WALL;
3 {Roll Across} Roll RF behind the lady R, L, R joining lead hnds checking your motion end LOP WALL;
1-- 4 {Lunge Tog} Sd L flexing L knee shaping twd ptr sweeping trail hnd twd ptr;,-,;

5-9 TURN AWAY & HOVER to FACE ; BJO WHEEL to RLOD ; WHEEL (LADY INSIDE TURN) CP DLW ; FORWARD & RIGHT LUNGE ; RECOVER, DRAW, CLOSE :

5 {Turn Away & Hover} Release hnds trn RF fwd R twd RLOD, fwd L rising & trng RF, fwd R end M fcg ptr & LOD;
6 {BJO Wheel} Stepping to loose BJO wheel RF L, R, L end BJO M fcg RLOD;
7 {Wheel Lady Inside Turn} Raise lead hnds to lead W under LF tight wheel R, L, R (W under lead hnds fwd L comm LF trn, trng LF bk R, small bk L to fc ptr) end LOP FCG POS DLW;
12- 8 {Fwd & Rt Lunge} Blending to CP fwd L, fwd & sd R with flexed R knee, - end RIGHT LUNGE POS DLW;
1-3 9 {Rec Draw Cl} Rec L w/ slight R sway, draw R to L losing sway, cl R end CP DLW;

PART A

1-4 CLOSED CHANGE ; MANEUVER ; OVERSPIN TRN to a ; QUICK LOCK SLOW LOCK :

1 {Closed Change} Fwd L, sd & fwd R, cl L end CP DLW;
2 {Maneuver} Fwd R comm RF trn, fwd & sd L cont RF trn, cont slight RF trn cl R end CP RLOD;
3 {Overspin} Bk L pivot ½ RF, fwd R heel lead between W’s ft rising cont RF turn, sd & bk L end BJO DRW;
1&23 4 {Qk Lk Sl Lk} Bk R with R sd leading/lk LIF of R, bk R, lk LIF of R end BJO DRW;

5-8 BACK to SLOW HINGE ; ; & PIVOT to QUICK FALLAWAY WHISK :
THRU, FAN, TOUCH CP DLW ;

12- 5 {Bk to Sl Hinge} Bk R comm LF trn, cont LF trn sd & fd L fc WALL, rotate slightly LF & lower slightly (W fwd L comm LF trn, fwd & sd R cont LF trn, XLIB of R lowering slightly & head to L) end HINGE LINE M fcg WALL;
--- 6 Over the measure cont to lower w/ slight R sway to extend the line looking twd & over W (W head well to L),,-; 12&3 7 {& Pivot to Qk Fallaway Whisk} On & count of prev meas trn strongly RF without taking weight to pick up W to CP RLOD (W rec fwd R turning RF)/fwd R between W’s feet pivot ½ RF, bk L pivot ¼ RF/sd R twd RLOD trng W to SCP, XLIB of R end SCP LOD;
1-- 8 {Thru Fan Tch} Thru R, fan L CW (W fan R CCW swvling to fc M), tch L to R end CP DLW;

9-12 HOVER ; BIG TOP DLW ; CHANGE OF DIRECTION ; TELESPIN :

9 {Hover} Fwd L, sd & slightly fwd R rising (W sd & slightly bk L rising & brush R to L), sd & fwd L end SCP DLC;
123 10 {Big Top} Thru R comm trng LF leaving L leg bk tucked behind the R/leading W to stp fwd & sd spin LF on ball of R, cont LF spin XLIB of R, cont LF trn slip R bk under body (W thru L/fwd & sd R past M trng LF (1&-3)
to square with M, spinning LF on R toe brush L to R while allowing M to cont LF trn, small fwd L close head) end CP DLW;

12- 11 {Change of Dir} Fwd L, fwd R toe pointing LOD comm LF trn, cont LF trn touch L to R end CP DLC;

12- 12 {Start Telespin} Fwd L comm LF trn, fwd & sd R around W cont LF trn, sd & bk L partial wgt keeping L sd of body twd W fcg DRW/LF body trn to lead W fwd (W bk R comm LF trn, cont LF trn cl L to R heel turn, fwd R/fwd L moving around the M);  

13-16 To SCP LOD ; THRU HOVER to BJO : MAN CHECK BACK & WHEEL to RLOD : WHEEL (LADY INSIDE TURN) CP DLW ;

13  {Finish Telespin} Fwd L cont LF trn to CP, cont LF trn sd & fwd R around W, sd & fwd L (W fwd & sd R trng LF square to M, cl L to R toe spin LF, sd & fwd R) end SCP LOD; NOTE: 2nd time through end SCP DLW;

14 {Thru Hover BJO} Fwd R, fwd L rising on toe leading W to trn LF, rec R (W fwd L, fwd R rising on toe trng LF to fc M, rec l) end BJO M fcg LOD;

15 {M Ck Bk & Wheel} Bk L toe in comm RF trn checking but leading W fwd, wheel RF fwd R, L (W stepping outsdt ptr wheel RF R, L, R) end BJO M fcg RLOD;

16 {Wheel Lady Inside Turn} Repeat Measure 7 of Intro;

17-18 FORWARD & RIGHT LUNGE ; RECOVER, DRAW, CLOSE ;  

17-18 Repeat Measures 8-9 of Intro;;

PART A(mod1)

1-8 CLOSED CHANGE ; MANEUVER ; OVERSPIN TRN to a ; QUICK LOCK SLOW LOCK ; BK to SLO HINGE ; ; & PIVOT to OK FALLAWAY WHISK ; THRU FAN TCH CP DLW ;

9-16 HOVER ; BIG TOP DLW ; CHANGE OF DIRECTION ; TELESPIN ; To SCP ; THRU HOVER to BJO ; RUNNING OPEN FINISH ; DOUBLE REVERSE DLC ;

1-14 Repeat Measures 1-14 of Part A;;;;;;;;;;;;;

1&23 15 {Running Open Finish} Bk L/Bk R comm LF trn, cont LF trn sd & fwd L, fwd R outsd ptr end BJO DLC;

12- 16 {Dbl Rev} Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF trn touch L to R completing full trn (W bk R comm LF trn, cl L to R heel trn/cont LF trn sd & slightly bk R, XLF of R completing full trn) end CP DLC;

PART B

1-4 DOUBLE REVERSE OVERSPIN ; BACK to SLOW THROWAWAY OVERSWAY ; ; LINK SCP DLW ;

12- & 1 {Dbl Rev Overspin} Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF trn to fc DLC touch L to R/sm fwd L pivot % LF (W bk R comm LF trn, cl L to R heel trn/cont LF trn sd & slightly bk R, XLF of R/sm bk R pivot % LF open head to the right) end CP RLOD;

12- 2 {Bk to Slow Throwaway Overspin} Bk R comm LF trn, sd L cont LF trn using hips to trn W LF to CP DLW, soften the L knee & trn LF bringing R sd to W leaving R ft pointed twd RLOD (W fwd L comm LF trn, sd R cont LF trn swvl LF on R ft to CP & bring L foot next to R foot, soften in R knee keeping L toe on floor extend L ft bk twd LOD trng head well to L) end THROWAWAY OVERSWAY LINE M fcg DLC;

--- 3 Develop the line by softening the L knee & trnng slightly LF bringing R sd twd W end THROWAWAY OVERSWAY LINE M FCG DLC;

-23 4 {Link} Draw R to L rotating RF to bring lady square, cl R rising & trng to SCP, sd & fwd L (W swing L past R trng RF to fc ptr, cl L trng to SCP, sd & fwd R) end SCP DLW;

5-8 CHAIR & SLIP ; TELEMARK SCP ; CURVED FEATHER ; BACK PASSING CHANGE ;

5  {Chair & Slip} Lower in L knee lunge fwd R w/ fwd poise, rec L comm LF trn rise thru body trng W square, cont LF trn bk R end CP DLC;

6  {Telemark SCP} Fwd L comm LF trn, fwd & sd R cont LF trn (W cl heel trn), sd & fwd L end SCP DLW;

7  {Curved Feather} Thru R comm RF trn, cont RF turn sd & fwd L twd WALL passing through CP, cont trng upper body RF fwd R outsdt ptr checking (W thru L comm trng RF, cont trng RF sd & bk R, cont trng upper body RF bk L checking) end BJO M fcg DRW;
9-12 **QUICK BACK for TUMBLE TURN ; HOVER CORTE ; BACK & RT CHASSE to CP DRW ; SLOW CONTRA CHECK [4 BEATS] ;**

1&23 9 **(Tumble Turn)** Bk R comm LF trn/cont LF trn sd & fwd L, fwd R LOD outsdt ptr rising with slight R sway, trng LF with L sway small fwd L lowering & swvling LF (W fwd L outsdt ptr comm LF trn/cont LF trn sd & bk R, bk L LOD rising slight R sway, trng LF with L sway bk R open head to R swvling LF) end CP DRC;

10 **(Hover Corte)** Bk R comm LF trn, cont LF trn sd L rising with slight LF trn, rec sd & bk R (W fwd L comm LF trn, cont LF trn sd R hovering, cont trng LF rec L outsdt ptr) end BJO DLW;

12&3 11 **(Bk & Rt Chasse)** Bk L comm RF trn, slight RF trn to fc WALL sd R/cl L, slight RF trn sd & fwd R end CP DRW;

1-12 **(Contra Check)** Lower keeping hips up to ptr fwd L with R sd leading looking twd but over W (W head well L) & extend line for 3 more beats,-;-

13-16 **- RECOVER & FWD to BJO ; OUTSIDE RUN & PIVOT ; CHECKED NATURAL & SLIP ; REVERSE FALLAWAY & SLIP ;

-23 13 **(Cont Contra Check, Rec, Fwd)** Cont extending contra check, rec R, trng LF fwd L outsdt ptr end BJO M fcg DLW;

1&23 14 **(Outside Run & Pivot)** Outsdt ptr fwd R/L, R rising & trng RF folding to CP DRW then lowering, bk L pivot ½ RF (W bk L/R, L rising & trng RF then lowering, fwd R heel lead between M's ft pivot ½ RF) end CP DCL;

15 **(Checked Nat Slip)** Cont RF trn fwd R twd LOD between W's feet, with L sd leading fwd & sd L look LOD, trng LF on L bk R (W bk L, cl R to L heel RF checking head now to R, trng LF on R fwd L) end CP DCL;

1&23 16 **(Rev Fallaway Slip)** Fwd L comm LF trn/cont LF trn sd R twd DCL, XLIB of R SCP DRW, swvling LF on L slip R bk (W bk R comm LF trn/cont LF trn sd L twd DCL, XLIB of L SCP DRW with head to L, swvling LF on R slip L fwd) end CP DLW;

PART A(mod2)

1-11 **CLOSED CHANGE ; MANEUVER ; OVERSPIN TRN to a ; QUIK LOCK SLOW LOCK ; BK to SLO HINGE ; : ; & PIVOT to QK FALLAWAY WHISK ; THRU FAN TCH CP DLW ; HOVER ; BIG TOP DLW ; CHANGE OF DIRECTION ;

12-14 **DOUBLE TELESPIN ; ; to BJO ;

12- 11 Repeat Measures 1-11 of Part A;;;;;

12- 12 **(Dbl Telespin BJO)** Fwd L comm LF trn, fwd & sd R around W cont LF trn, sd & bk L partial wgt keeping L sd of body twd W fcg DRW/LF body trn to lead W fwd (W bk R comm LF trn, cont LF trn cl L to R heel turn, fwd R/fwd L moving around the M);

12- 13 Fwd L comm LF trn to CP, cont LF trn sd & fwd R around W, sd & bk L partial wgt keeping L sd of body twd W fcg DRW/LF body trn to lead W fwd (W fwd & sd R trng LF square to M, cl L to R toe spin LF, fwd R/fwd L moving around the M);

14 Fwd L comm LF trn to CP, cont LF trn sd & fwd R around W, cont LF trn fwd L outsdt ptr (W fwd & sd R trng LF square to M, cl L to R toe spin LF, cont LF trn bk R) end BJO M fcg DLW;

INTERLUDE

1-4 **CONTINUOUS HOVER CROSS ; ; OPEN REVERSE TURN ;

1-3 **(Cont Hover Cross)** Fwd R outsdt ptr comm RF trn, cont RF trn sd & bk L twd DCL, strong RF trn sd & slightly fwd R (W bk L comm RF trn, cont RF trn cl R heel turn, cont trng RF sd L & slightly bk) end SCAR M fcg DCL; With L sway XLIB outsdt ptr, lose sway comm RF body trn cl R to CP, with R sway cont RF body trn bk L (W XRIB, sd L comm RF body trn, cont RF body turn fwd R outside ptr) end BJO M fcg DLW; bk R losing sway, sd & fwd L, fwd R outsdt ptr (W fwd L outsdt ptr, LF sd & bk R, bk L ptr outsdt) end BJO M fcg DCL;

4 **(Op Rev Turn)** Fwd L comm LF trn, fwd & sd R cont LF trn, bk L (W fwd R outsdt ptr) end BJO DRC;
5-8  OUTSIDE CHECK : OUTSIDE SPIN & TWIST ; to CP DRW : BOX FINISH :
   5  {Outside Check} Bk R comm LF trn blending to CP, sd & fwd L cont LF trn to BJO DRW, fwd R outsd ptr checking end BJO DRW;
   123  {Outside Spin & Twist} Using strong RF rotation small bk L toe in, fwd R around W heel lead rising to toe cont RF trn, cont RF trn bk & slightly sd L/XRIB of L with partial weight (W fwd R around M, cl L to R for toe spin, fwd R between M’s feet/fwd L outsd ptr);
   1-3  7  Unwind RF change weight to R, cont RF trn no weight change, step sd & bk L (W fwd R arnd M, fwd L trng RF, fwd R between M’s feet) end CP DRW;
   8  {Box Finish} Bk R comm LF trn, sd & fwd L cont LF trn, cl R end CP DLW;

PART C
1-8  HOVER ; BIG TOP DLW ; CHANGE OF DIRECTION ; DOUBLE TELESPIN ; ; to BJO ; MANEUVER ; IMPETUS SCP ;
   1-6  7  Repeat Measures 9-14 of Part A(mod2);;;;;;
   8  {Maneuver} Fwd R outsd ptr comm RF trn, fwd R & sd L cont RF trn cl R end CP RLOD;
   9-12  8  {Impetus SCP} Bk L comm RF trn, cl R to L heel trn, sd & fwd L (W fwd R between M’s feet comm RF trn, fwd & sd L cont RF trn, sd & R) end SCP DLC;

ENDING
1-4  THRU, SIDE, BEHIND ; ROLL 3 to BFLY ; THRU, SIDE, THRU to SCP ; PROM SWAY ;
   1  4  {Thru Sd Bhd}) Thru R, sd L, XRIB of L releasing closed hold pressing lead palms end LOP FCG POS WALL;
   2  10  {Roll 3} Rolling LF fwd L tdw LOD, bk R, sd L end BFLY WALL;
   3  11  {Thru Sd Thr} XRIF of L, sd L, XRIF of L blending to SCP LOD;
   1--  8  {Prom Sway} Slowly sd & fwd L with upward body stretch looking over lead hnds,-,--;

5-9  CHANGE SWAY & RISE ; RIGHT LUNGE ; CHANGE SWAY ; RECOVER to CUDDLE POSITION ; EMBRACE ;
   5  6  7  8  9  {Change Sway & Rise} Soften L knee leaving R leg extended tdw RLOD slight LF rotation stretch L sd of body look DRW (W head well left),,-, rise losing sway end CP WALL;
   1--  1-3  {Rt Lunge} Slowly fwd & sd R then soften R knee looking tdw but over W (W head well left),,-,;
   1--  1-3  {Change Sway} Over the measure rotate RF and stretch R sd to open W’s head,,-,;
   1--  8  9  {Rec to Cuddle CP} On “a” of “again” slowly rec L changing hold to W’s arms around M’s neck and M’s arms around W’s waist & look at ptr,,-, end CUDDLE CP WALL;
   ---  9  {Embrace} On “gain” of “again” slowly soften L knee while wrapping arms slightly tighter around ptr & lowering heads,,-, end in collapsed CUDDLE CP WALL with heads down;