ASHOKAN FAREWELL

Choreographers: Richard & Ella Reinhard, 6184 Boyne Drive, Ypsilanti, MI 48197, 734-484-0623, RLRReinhard44@aol.com

Music: “Ashokan Farewell”, Album: THE CIVIL WAR (Original Soundtrack Recording)

Available on itunes and Rhapsody.

Rhythm and Phase: Waltz, Soft Phase V (Slow for Comfort)

Sequence: Intro, A, B, C, D, D, C, End

(INTRO)

WAIT; MANUV; SPN TRN; BOX FIN;

1 (Wait) CP/Trailing feet free/M fc DLW (DLC);
2 (Manuv) Fwd R inside ptr commence RF trn, cont RF trn to fc ptr sd L, cl R (Bk L commence RF trn, sd R cont RF trn to fc ptr sd R, cl L) CP RLOD;
3 (Spin Trn) Commence RF trn bk L pvtg 5/8 RF to fc DLW, fwd R between W's feet heel to toe cont trn leaving L leg extended bk and sd fcg DLW, rec sd and bk L (Commence RF trn fwd R between M's feet heel to toe pvtg 5/8 RF, bk L toe cont trn brush R to L fcg DRC, sd and fwd R) end fcg DLW;
4 (Box Finish) BK R commence LF trn, sd L cont trn LF DLC, cl R to L;

L TRNING BOX TO LOD;;;;

5-8 (L Trning Box) Fwd L trning ¼ L to fc COH, sd R, cl L; bk R trning L to fc RLOD, sd L, cl R; fwd L trning ¼ L to fc wall, sd R, cl L; bk trning L ¼ to fc LOD, sd R, cl L; (Bk R trning L 1/4 , sd L, cl R; fwd L trning L ¼, sd R, cl L; bk R trning ¼ L, sd L, cl R; fwd L trning L 1/4 , sd R, cl L) end fcg LOD

SLO CONTRA CK & REC; FWD WALZ; MANUV; SPN TRN;

9 (Contra CK, rec) Commence upper body trn to L w/R sd lead fwd L,-, rec R (commence Upper body trn R /L sd lead bk R, rec);
10 (Fwd Walz) Fwd L, sd & fwd R, cl L (Bk R, sd & bk L, cl R);
11 (Manuv) Fwd R inside ptr commence RF trn, cont RF trn to fc ptr sd L, cl R (Bk L commence RF trn, sd R cont RF trn to fc ptr, cl L) CP RLOD;
12 (Spin Trn) Commence RF trn bk L pvtg 5/8 RF to fc DLW, fwd R between W's feet heel to toe cont trn leaving L leg btn ptrs feet and sd fcg DLW, rec sd and bk L (Commence RF trn fwd R between M's feet heel to toe pvtg 5/8 RF, bk L toe cont trn brush R to L fcg DRC, sd and fwd R) end fcg DLW;

BOX FIN; DBL REV; CHG OF DIR; CONTRA CK, REC, FWD TO BJO;

13 (Box Finish) BK R trng LF, sd L, cl R (Fwd L trng LF, sd R, cl L);
14 (Dbl Rev) Fwd L commencing LF trn, sd R cont trn, spin LF on ball of R end fcg DW (Bk R comm LF trn, cl L to R (heel trn), sd & bk R LF trn/XLIF of R);
15 (Chg of dir) Fwd L, fwd R with R shoulder lead trn LF, draw L to R (Bk R, bk L with L shoulder lead trn LF, draw R to L) DLC;
16 (Contra CK, Rec, Fwd to BJO) Commence upper body turn to L w/R sd lead chk fwd L, rec R, fwd L leading w/L sd stretch to BJO (commence Upper body trn R /L sd lead bk R, rec L, bk R leading w/R sd stretch) end BJO;

(A)

MANUV; BK, TIPPLE CHASSE TO LOD; TRN L, CHASSE TO BJO; HEST CHG;

1 (Manuv) Fwd R outside ptr commence RF trn, cont RF trn to fc ptr sd L, cl R (Bk L commence RF trn, sd R cont RF trn to fc ptr sd R, cl L) CP DRC;
2 (Bk, Tipple Chasse to LOD) Bk R trning ¼ with sway R to fc COH, sd L/cl R trning 1/8, sd R trning to fc LOD (Fwd L trning R ¼ with sway L, sd L/cl R trning 1/8, sd L trning 1/8) end fcg LOD;
3 (Trn L, Chasse to BJO) FWD L trning L to fc COH, sd R/cl L, sd R trning to BJO fcg DRC (bk R trning L 1/4, sdR/cl L, sd R trning to BJO) end fcg DRC;
4 (Hest chg) Bk L trning R with sway to fc DLC, sd R, drw L to R (fwd R between M's feet trning R with sway, sd L, drw R to L) end DLC;
2 L TRNS;;  WSK;  THRU, CHASSE TO SCP;
5-6 (2 L Trns) Fwd L commence up ¼ L fc trn, continue trn sd R diag across line of progression trning up to ¼ L, cl L (Bk R commence up to ¼ L fc trn, continue trn sd L, cl R); Repeat 5 ending DLW;
7 (Whisk) Fwd L, fwd & sd R, XLIB (Bk R, bk & sd L, XRIB) to semi DLC;
8 (Thru, Chasse to BJO) Thru R to fc, sd L/cl R, fwd trning LF (Thru L to fc, sd R/cl L, fwd trning LF) BJO;

THRU, PROM SWAY;  OVERSWAY;  LINK TO SCP;  THRU, CHASSE TO BJO;
9 (Thru, Prom Sway) Thru R, fwd L to SCP relaxing L knee (Thru L, fwd to SCP relaxing R knee);
10 (Oversway) Wt on L foot trn body w/R sd stretch causing W to trn L with R sd stretch);
11 (Link to SCP) Rise to CP pos, cl R to L w/hovering action, fwd L (Rise to CP pos, cl L to R w/hovering action, fwd R) semi/LOD;
12 (Thru, Chasse to BJO) Thru R to fc, sd L/cl R, fwd L trning LFto BJO (Thru L to fc, sd R/cl L, fwd R trning LF fc to BJO);

MANUV;  SPN TRN TO DRW;  BOX FIN TO DLW;  CHG OF DIR;
13 (Manuv) Repeat A 1
14 (Spin Trn) Commence RF trn bk L pvtg 5/8 RF to fc DL W, fwd R between W’s feet heel to toe cont trn ¼ leaving L leg btn the feet bk and sd fcg DRW, rec sd and bk L (Commence RF trn fwd R between M’s feet heel to toe pvtg 5/8 RF, bk L toe cont trn brush R to L fcg SRC, sd and fwd R) end fcg DRW;
15 (Box Finish) Bk R trng ¼ LF, sd L, cl R (Fwd L trng ¼ LF, sd R, cl L); CP/DLW
16 (Chg of dir) Repeat Into 15

(B)

2 L TRNS;;  WSK;  OP NAT;
1-2 (2 L Trns) Repeat A 5-6
3 (Wsk) Repeat A 7
4 (OP Nat) Commence RF upper body turn fwd R heel to toe, sd L across line of dance, continue slight RF upper body turn to lead partner to step outside, bk R to contra banjo position (Commence RF upper body trn fwd L, sd R across line of dance, fwd L outside partner to end contra banjo position);

BK, BK/LK, BK;  OP IMP;  THRU, FC, CL;  WSK;
5 (Bk, bk/lk, bk) BI L, bk R/lk LIF of R, bk R (Fwd R fwd L/lk RIB, fwd L);
6 (OP IMP) Commence RF upper body trn leading W to recover and take partial wt on R, take full weight on R cont trn, sd & fwd L (Rec R trn RF, cont RF trn sd L, cont trn fwd R) SCP/DLC;
7 (Thru, fc, cl) Thru R, sd L to fc/partner, cl R (Thru L, sd R to fc/partner, cl L);
8 (Whisk) Repeat A 7

MANUV;  HEST CHG;  MINI-TELESPN;;
9 (Manuv) Fwd R commence RF trn, cont RF trn to fc ptr sd L, cl R (Fwd L commence RF trn, sd R cont RF trn to fc ptr sd R, cl L) CP RLOD;
10 (Hest chg) Bk L commencing RF Trn, sd R, draw L to R (Fwd R commencing RF trn, sd L, draw R to L) DLC;
11-12 (Mini telespin) Repeat B 11-12

CONTRA CK, REC, SWCH;  R LUNGE;  REC;  BK/TRN, SD, LK;
13 (Contra CK, Rec, Swhch) Commence upper body trn to the L flexing knees with strong R sd lead ck fwd L in CBMP, rec R commence RF trn leaving L foot almost in place, continue RF trn bk L soft knees throughout (Commence upper body trn to the L flexing knees with strong L sd lead bk R with R in CBMP looking well to the L, rec L commence RF trn leaving R foot almost in place, continue RF trn fwd R between M’s feet with soft knees throughout); end DLW
14 (R Lunge) Fwd & sd R lowering into R knee, -(-) (Bk & sd L lowering into L knee, -(-));
15 (Rec) Bk L, -(-) (Fwd R, -(-); CP DLW
16 (Bk/trn, sd, lk) Bk trning LF 1/4, sd, XRIB of L (Fwd/trn 1/4, sd, XLIF of R) DLC;
(C)

4 VIEN TRNS;;;;

1-4 (Vien Trns) Fwd L commencing LF trn, sd R continuing LF trn, cross LIFR; bk R continuing LF trn, sd L continuing trn, cl R to L; (Bk R commencing LF trn, sd L continuing trn, cl R to L; fwd L continuing trn, sd R continuing trn, cross LIFR;)

3-4 Repeat 1-2

FWD WALZ; OP NAT; OP IMP; PU;

5 (Fwd Walz) Repeat Into 10
6 (Op Nat) Repeat B 4
7 (OP Imp) Repeat B 6
8 (PU) Fwd R, sd, cl (fwd, trn LF sd, cl);

MINI-TELESPN;; CONTRA CK, REC, SWCH; R LUNGE;

9-10 (Mini telespin) Repeat B 11-12
11 (Contra CK, Rec, Sw) Repeat B 13
12 (R Lunge) Repeat B 14

REC; LINK TO SCP; THRU, FC, CL; CHG OF DIR;

13 (Rec) Repeat B 15
14 (Link to Semi) Cl R to L, Fwd L to SCP (Cl L to R, fwd R to SCP);
15 (Thru, fc, cl) Repeat B 7
16 (Chg of dir) Repeat A 16

(D)

FWD WALZ; MANUV; SPN TRN; BOX FIN;

1-4 Repeat Into 10-13

DBL REV 2x;; FWD, R LUNGE; CHG SWAY;

5-6 (Dble Rev) Repeat Into 14
7 (Fwd, R Lunge) Fwd L,-, fwd & sd R lowering into R knee (Bk R, bk & sd R lowering into L knee);
8 (Chg Sway) Stretch L sd (W trn head L,-,);

REC, LINK TO SCP; THRU TO A HINGE; SWVL TO SAME FT LUNGE LINE;

PU, SD/LK (M IN 2);

9 (Link to Semi) REC L, CL L to R, FWD to SMP (REC R, CL R to L, FWD to SMP);
10 (Thru to a Hinge) Fwd R commence to trn L, sd and slightly fwd L with up to 1/4 trn between 1 and 2 commence L sd stretch continue L sd stretch swiveling L 1/8 leading W to cross her L foot behind her R keeping L sd toward partner, relaxing L knee and veering R knee to sway R to look at W; (Forward left commencing L trn, sd R up to 1/4 trn between 1 and 2 commence R sd stretch continue r sd stretch swiveling LF, cross LIB of R keeping L sd toward partner, relaxing L knee [head to R with shoulders almost parallel to partner] with no wt on R

11 (Swvl to same ft lunge line) Rec R, trning upper body RF lowering body to soft knee (Fwd R,swiveling RF lower into R knee with slight RF upper body trn with R sd sway, pt L leave L extended hold);
12 (PU, sd, lk) SD trning LF 1/4, hold, XRIB of L (Fwd/trn 1/2, sd, XLIF of R); DLC

TELESPN TO SCP;; THRU, CHASSE TO SCP; CHAIR, REC, SLIP;

13-14 (Telespin to SCP) Fwd L trning LF [with R sd stretch], fwd and sd R continuing trn [continue R sd stretch], sd and bk L with partial wt keeping L sd fwd toward woman [continue R sd stretch]; spin LF taking full wt to L [no sway], sd R continue trn [no sway], bk L [no sway] (Back R trning LF, bring L to R starting a heel trn and gradually change wt to L continuing trn, fwd R continuing the trn; keeping R sd in toward man step fwd L/R, continue trn toe spin and cl L, fwd R);
15 (Thru, Chasse to SCP) Thru R to fc, sd L/cl R, fwd L trning to SCP (Thru L to fc, sd R/cl L, fwd R trning RF to SCP);
16 (Chair, Rec, Slip) Ck thru R with lunge action, rec L [no rise], with slight LF upper body trn slip R behind L continuing trn to end facing DLC; (Ck thru L with lunge action, rec R [no rise], swivel LF on R and step fwd L outside M’s R foot to cl pos);
(D Repeat)

(C Repeat)

(ENDING)

FWD WALZ; MANUV; SPN TRN; BOX FIN;
1-4 (Repeat Intro 10-13)

L TRNING BOX TO LOD;;;
5-8 (Repeat Intro 5-8)

(Music SLOs) SLO CONTR CK; SLO REC; FWD WALZ; MANUV;
9 (Slo Contra Ck) Commence upper body trn to L w/R sd lead fwd L, - (W commmence Upper body trn R /L sd lead bk R,);
10 [REC] Bk R to CP (Fwd L to CP);
11-12 (Repeat Intro 10-11)

SPN TRN; BOX FIN; CHG OF DIR; SLO CONTRA CK & EXTEND;
13-15 (Repeat A 14-16)
16 (Slow Contra CK & Extend) Commence upper body trn to L w/R sd lead fwd L, -Extend L Arm Out (commmence Upper body trn R /L sd lead bk R, - Extend L Arm Out);