ARE YOU SURE

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Music: “Are You Sure” from the Helmut Lotti double CD titled “Crooners”
Song is on CD titled “My Way” Track #9 Speed: As on CD

Footwork: Opposite-direction for man except where noted

Phase: IV Foxtrot
Released: March 2008

Sequence: Intro – A – B – A – B – Ending

INTRO

1 - 4 LOP FCG DLW WAIT TWO MEASURES;; HOVER TELEMARK; SLOW SIDE LOCK;
1 - 4 wait LOP facing DLW lead foot free for both;; [Hover Telemark] fwd L,-, sd & fwd R risg sltly w/1/4 RF bdy trn, fwd L on toe SCP DLW; [Slow Side Lock] thru R, -, sd and fwd L to CP, cross R in bk of L trng slightly lft fc [thru L comm lft fc trn, -, sd and bk R cont trn to CP, cross L in frt of R] DLC;

PART A

1 - 4 REVERSE TURN;; THREE STEP; CURVED FEATHER;
1 - 4 [Reverse Turn] fwd L twd DC blending to CP rising commence LF turn, -, sd arnd ptr R [W: heel turn], bk L twd LOD; bk R commence LF turn, -, sd & fwd L pointing DW body turns less, fwd R left sd leading & outsd ptnr in CBJO; [Three Step] fwd L, -, fwd R blending to CP/LOD, [Curved Feather] fwd L; Fwd R start RF trn, -, fwd L cont trn (sd R), fwd R BJO fc R LOD;

5 - 8 BACK FEATHER; FEATHER FINISH; REVERSE WAVE HALF; START CHECK & WEAVE;
5 - 8 [Back Feather] bk L,-, bk R w/ R shldr ld, bk L CBMP (W fwd R btw M's ft, -, fwd L, fwd R CBMP); [Feather Finish] bk R, -, trng LF bk & sd L, thru R (XLb) BJO DW; [Reverse Wave Half] fwd L strtg LF trn,-, sd R twd LOD, bk L twd DLW; [Start Check & Weave] chk bk R fcg RLOD, -, fwd L to RLOD, sd R;

9 - 12 FINISH CHECK & WEAVE; THREE STEP; FWD & RUN TWO; TELEMARK TO SCP;
9 - 12 [Finish Check & Weave] bk L to LOD, bk R trn LF (fwd L trn), sd & fwd L (sd & bk R), fwd R BJO DLW (bk L); [Three Step] fwd L, -, fwd R blending to CP/LOD, fwd L; [Fwd & Run 2]fwd R, -, fwd L, fwd R; [Telemark to SCP] fwd L start LF trn, -, sd R cont LF trn, sd & fwd L (W bk R start LF trn, -, cl L to R cont LF trn, sd & fwd R) to SCP/LOD;

13 - 16 MANEUVER; SPIN TURN; HALF BOX BACK; CHANGE OF DIRECTION;
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PART B

1 - 4 DIAMOND TURN ENDING IN SCAR:;

1 - 4 [Diamond Turn] fwd L trng LF 1/4 to CBJO/DRC, - , bk R, bk L; Bk R trng LF 1/4 to DRW, - , fwd L, fwd R; Fwd L trng LF 1/4 to DW, - , bk R, bk L; Bk R, - , sd L, cl R lead lady to SCAR;

5 - 8 CROSS HOVER TO BJO; MANEUVER; IMPETUS TO SCP; START IN & OUT RUNS;

5 - 8 [Cross Hover To BJO] XLIF of R (W XRIB), - , sd R with a slight rise, rec L to BJO/DC;

[Maneuver] trn RF fwd R, , trn RF sd & bk L slight sway rght, cls R to L end CP/RLOD; [Impetus] bk L trng RF, , cl R to L cont RF trn on L heel transfer wgt to R, cont body trn RF sd & fwd L to SCP (W fwd R outsd ptr trn RF, , sd & fwd L trn RF brush R to L, trn RF sd & fwd R to SCP);

[Start In & Out Runs] fwd R trng RF, , sd & bk L dlw to CP, bk R to CBJO/RLOD: (W fwd L, , fwd R to CP, fwd L to CBJO;)

9 - 12 FINISH IN & OUT RUNS; MANEUVER; OUTSIDE CHG TO BJO; HALF NATURAL;

9 - 12 [Finish In & Out Runs] bk L trng RF, , cont RF trn sd & fwd R to CP, fwd L (W fwd R) to SCP dlw; [Maneuver] fwd R manuv CP/RLOD, , , sd L, cls R; [Outside Change to BJO] bk L, , bk R trng lf fc bkg DLC, cont trn sd and fwd L (cont trn sd and bk R) BJO DLW; [Half Natural] fwd R between partner's feet rising commence RF turn, - , side and around partner L (W heel turn), Bk R down LOD in CP;

13 - 16 TWO RIGHT TURNS; WHISK; SLOW SIDE LOCK;

13 - 16 [Two Right Turns] bk L trn RF, , sd R LOD, cl L; fwd R cont RF trn, , , sd L, cl R to CP/WALL;

[Whisk] fwd L, , , fwd and sd R, XLIB of R; [Slow Side Lock] thru R, , , sd and fwd L to CP, cross R in bk of L trng slightly lft fc [thru L comm lft fc trn, , , sd and bk R cont trn to CP, cross L in frt of R] DLC;

ENDING

1 - 4 TWO LEFT TURNS; SLOW SIDE DRAW TOUCH; RIGHT LUNGE & HOLD;

1 - 4 [Two Left Turns] fwd L comm LF upper body trn, , cont trn sd & bk R, do L; bk R comm LF upper body trn - , cont trntofcwall sd &fwd L, clsR to L; [Side Draw Touch] sd L, , draw R to L, tch R to L; [Right Lunge] sd & slightly fwd on R on strong beat with relaxed R knee & L sd stretch both looking RLOD, , hold,
ARE YOU SURE
(Quick Cues)

SEQUENCE: INTRO - A - B - A - B - END

INTRO: CP/DLW WAIT TWO MEASURES;;
HOVER/TELEMARK; SLOW SIDE LOCK;

PART A: REV TURN;; 3 STEP; CURVED FEATHER; BACK FEATHER;
FEATHER FIN; REV WAVE HALF; CHECK & WEAVE;;
3-STEP; FWD RUN 2; TELE/SCP; MANUV; SPIN TRN;
HALF BOX BACK; CHG OF DIR

PART B: DIAMOND TURN/SCAR;;;; X HOV/BJO; MANUV;
IMP/SCP; IN & OUT RUNS;; MANUV; OUTSD CHG/BJO;
HALF NAT; 2 R TRNS;; WHISK; SLOW SIDE LOCK;

PART A: REV TURN;; 3 STEP; CURVED FEATHER; BACK FEATHER;
FEATHER FIN; REV WAVE HALF; CHECK & WEAVE;;
3-STEP; FWD RUN 2; TELE/SCP; MANUV; SPIN TRN;
HALF BOX BACK; CHG OF DIR

PART B: DIAMOND TURN/SCAR;;;; X HOV/BJO; MANUV;
IMP/SCP; IN & OUT RUNS;; MANUV; OUTSD CHG/BJO;
HALF NAT; 2 R TRNS;; WHISK; SLOW SIDE LOCK;

END: 2 L TRNS;; SLOW SIDE DRAW, TOUCH;
RIGHT LUNGE;