ARE YOU LONESOME TONIGHT

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net

MUSIC: MP3 Download Amazon.com “Are You Lonesome Tonight” Artist: Elvis Presley

FOOTWORK: Opposite For Woman Except Where Noted

NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable

RHYTHM: Waltz

DANCE LEVEL: Phase II+1 (Cross Hovers)

SPEED: 55 RPM

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SEQUENCE: INTRO – A – B – C – D - END

INTRO

1 – 4  BTFY FCNG WALL WAIT;;  TWL/VINE;  P/UP WLTZ;
      (Twl/Vine)  Sd L, cross R bhn, sd L to CP/WALL;  (Woman sd R, trng full rt fc trn
      undr jnd lead hnds cross L in frnt, sd R;)
      (P/up Wltz)  Trng ¼ lft fc cross R in frnt, sd
      L, clo R to CP/LOD;  (Woman trng ¼ rt fc cross L in frnt, trng ¼ lft fc sd L, clo R;)

PART A

1 – 8  FWD WLTZ;  MANUV;  2 RT TRNS – WALL;;  BOX;;  TWL/VINE;  P/UP WLTZ;
      (Fwd Wltz)  Fwd L, fwd R, clo L;  (Manuv)  Fwd R, trng ½ lft fc sd L, clo R to
      CP/RLOD;  (Woman fwd L, sd R, clo L;)
      (2 Rt Trns – Wall)  Trng 3/8 rt fc bk L, clo R, fwd L; trng 3/8 rt fc fwd R, sd L, clo R to CP/WALL;  (Box)
      Fwd L, sd R, clo L; bk R, sd L, clo R;  (Twl/Vine)  Sd L, cross R bhn sd L to CP/WALL;  (Woman sd R, trng full
      rt fc trn undr jnd lead hnds cross L in frnt, sd R;)
      (P/up Wltz)  Trng ¼ lft fc cross R in frnt, sd L, clo R to CP/LOD;  (Woman trng ¼ rt fc cross L in frnt, trng ¼ lft fc sd L, clo R;)

9 – 16 ONE LFT TRN;  BKUP WLTZ;  2 RT TRNS – WALL;;  LFT TRNG BOX – BTFY; ; ; ;
      (One Lft Trn)  Trng ½ lft fc fwd L, sd R, clo L to CP/RLOD;  (BkUp Wltz)  Bk R, bk L,
      clo R;  (2 Rt Trns – Wall)  Trng 3/8 rt fc bk L, clo R, fwd L; trng 3/8 rt fc fwd R, sd L,
      clo R to CP/WALL;  (Lft Trng Box – Btfy)  Trng ¼ lft fc fwd L, sd R, clo L; trng ¼ lft fc
      bk R, sd L, clo R; trng ¼ lft fc fwd L, sd R, clo L; trng ¼ lft fc bk R, sd L, clo R to
      BTFY/WALL;

PART B

1 – 4  BAL LFT;  RVS TWL;  THRU TWINK;  P/UP – SD/CAR;
      (Bal Lft)  Sd L, cross R bhn, rcvr L;  (Rvs Twl)  Sd R, cross L bhn, sd R to
      LOPN/RLOD;  (Woman sd L, trng full lft fc trn undr jnd lead hnds cross R in frnt,
      sd L;)
      (Thru Twink)  Rlsng trail hnds & trng ¼ rt fc fwd L, rlsng lead hnds & jng trail
      hnds trng ½ rt fc sd R, clo L to OPN/LOD;  (P/Up – Sd/Car)  Fwd R, string slightly rt fc
      sd L, clo R to SDCAR diag LOD/WALL;

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(CONTINUE OF PART B)

5 – 10
CROSS HVR 3 TIMES – SEMI;;;; P/UP WLTZ; 2 FWD WLTZS;;

(Cross Hvr -3 Times – Semi) Fwd L, fwd R with slight rise, trng ¼ lft fc sd & fwd L to BJO diag LOD/COH; fwd R, fwd L with slight rise, trng ¼ rt fc sd & fwd R to SD/CAR diag LOD/WALL; fwd L, fwd R with slight rise, trng slightly lft fc sd & fwd L to SEMI LOD;

(P/Up Wltz) Fwd R, sd L, clo R to CP/LOD; (Woman fwd L, trng ½ lft fc sd R, clo L;) (2 Fwd Wltzs) Fwd L, fwd R, clo L; fwd R, fwd L, clo R;

11 – 16
2 LFT TRNS – WALL;;; TWL/VINE; MANUV; 2 RT TRNS – BTFY – WALL;;


PART C

1 – 4
WLTZ – OPN; WRAP LDY – LOD; FWD WLTZ; P/UP WLTZ;

(Wltz To Opm) Rlsng lead hnds & trng ¼ lft fc fwd L, fwd R, clo L to OPN/LOD;

(Wrap Ldy – Lod) Keeping trail hnds jnd fwd R, fwd L, clo R jng lead hnds to WRAPPED/LOD; (Woman keeping trail hnds jnd fwd L, trng full lft fc trn fwr d R, clo L;) (Fwd Wltz) Fwd L, fwr d R, clo L still in WRAPPED/LOD; (P/Up Wltz) Rlsng trail hnds fwr d R, sd L, clo R to CP/LOD; (Woman fwr d L, trng ½ lft fc sd R, clo L;)

5 – 11
2 LFT TRNS – WALL;;; BOX;; LACE ACROSS; FWD WLTZ; LACE BK;

(2 Lft Trns - Wall) Trng 3/8 lft fc fwd L, sd R, clo L; trng 3/8 lft fc bk R, sd L, clo R to CP/WALL; (Box) Fwd L, sd R, clo L; bk R, sd L, clo R; (Lace Across) Fwd L, fwr d R, clo L rlsng trail hnds & jng lead hnds to LOPN/LOD; (Woman undr jnd lead hnds crossing in frnt of Man fwd R, fwr d L, clo R;) (Fwd Wltz) Fwd R, fwr d L, clo R to LOPN/LOD; (Lace Bk) Jng lead hnds fwr d L, fwr d R, clo L rlsng lead hnds & jng trail hnds to OPN/LOD; (Woman undr jnd lead hnds crossing in frnt of Man fwd R, fwr d L, clo R;)

12 – 16
FWD WLTZ – FC; LFT TRNG BOX – BTFY;;;;;

(Fwd Wltz – Fc) Fwd R, trng ¼ rt fc sd L, clo R to CP/WALL; (Lft Trng Box – Btfy) Trng ¼ lft fc fwd L, sd R, clo L; trng ¼ lft fc bk R, sd L, clo R; trng ¼ lft fc fwd L, sd R, clo L; trng ¼ lft fc bk R, sd L, clo R to BTFY/WALL;

PART D

1 – 4
WLTZ – OPN; CROSS WRAP – FC RVS; BKUP WLTZ; BK-FC-CLO – WALL;

(Wltz To Opm) Rlsng lead hnds & trng ¼ lft fc fwd L, fwr d R, clo L to OPN/LOD;

(Cross Wrap – Fc Rvs) Keeping trail hnds jnd fwd R, trng ½ rt fc sd L, clo R jng lead hnds to WRAPPED/RLOD; (Woman keeping trail hnds jnd fwd L, trng ½ lft fc sd R, clo L;) (BkUp Wltz) Bk L, bk R, clo L still in WRAPPED/RLOD; (Bk-Fc-Clo – Wall) Rlsng hnds bk R, trng ¼ lft fc sd L, clo R to CP/WALL; (Woman trng ¾ lft fc bk L, sd R, clo L;)

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5 – 12  BOX;; TWL/VINE; P/UP WLTZ; FWD WLTZ; MANUV; 2 RT TRNS – LOD;;
(Box)  Fwd L, sd R, clo L; bk R, sd L, clo R;  (Twl/Vine)  Sd L, cross R bhnd sd L to CP/WALL;  (Woman sd R, trng full rt fc trn undr jnd lead hnds cross L in frnt, sd R)
(P/up Wltz)  Trng ¼ lft fc cross R in frnt, sd L, clo R to CP/LOD;  (Woman trng ¼ rt fc cross L in frnt, trng ½ lft fc sd L, clo R;)  (Fwd Wltz)  Fwd L, fwd R, clo L;  (Manuv)
Fwd R, trng ½ lft fc sd L, clo R to CP/RLOD;  (Woman fwd L, sd R, clo L;)  (2 Rt Trns – Lod)  Trng 1/4 rt fc bk L, clo R, fwd L; trng 1/4 rt fc fwd R, sd L, clo R to CP/LOD;

13 – 16  ONE LFT TRN; BKUP WLTZ; 2 RT TRNS – WALL;;
(One Lft Trn)  Trng ½ lft fc fwd L, sd R, clo L to CP/RLOD;  (BkUp Wltz)  Bk R, bk L, clo R;  (2 Rt Trns – Wall)  Trng 3/8 rt fc bk L, clo R, fwd L; trng 3/8 rt fc fwd R, sd L, clo R to CP/WALL;

END

1 – 7  BOX – SD/CAR;; TWINK – BJO; MANUV; 2 RT TRNS – WALL;; SD CANTER;
(Box – Sd/Car)  Fwd L, sd R, clo L; trng slightly rt fc bk R, sd L, clo R to SD/CAR diag RLOD/WALL;  (Twink – Bjo)  Fwd L, trng ½ lft fc sd R, clo L to BJO diag LOD/COH;

8  DIP CTR-TWST & HOLD;
(Dip Ctr-Twst & Hold)  Bk L-, twst slightly lft fc & hold;