A N D    I    L O V E    H E R

Choreography:    Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760 Rdancer@aol.com (503) 623-3782
Record: The Backstage Beatles, CD “The Backstage Beatles Play The Beatles”
Phase: Rumba IV + 2 + 1 (Cuddles, Open Hip Twist) & Trade Places Difficulty: medium
Footwork: Opposite, directions for man (woman as noted)
Timing: QQS, except where noted. Timing reflects actual weight changes.

- INTRO -

1 - 4   NO HANDS POSITION FACING WALL lead feet free WAIT 2;; SOLO FENCELINES (twice);

1-2 [WAIT 2] No hands Position facing Wall lead feet free WAIT 2;;
3-4 [SOLO FENCELINES (twice)] Cross lunge thru L w/bent knee looking in the
direction of lunge, rec R trng to fc ptr, side L, -; cross lunge thru R w/bent knee
looking in the direct of lunge, rec L trng to fc ptr, sd R, -;

- A -

1 - 4   OPEN BREAK; AIDA; SWITCH ROCK; SPOT TURN to a Handshake;

1   [OPEN BREAK] Rk apt strongly on L to Lf Opn Fcng Pos while extending free arm
up with palm out, rec on R lowering free arm, sd L, -;
2   [AIDA] Swiveling Lf fc thru R trng rt fc, sd L cont rt fc trn, bk R to an AIDA pos, -;
3   [SWITCH RCK] Trng Lf fc to fc ptr sd L chking bring jn hnds thru, rec R, sd L, -;
4   [SPOT TURN] XRIFL stg a Lf fc trn on R, rec L comp trn to fc ptr, sd R to a
houndshk, -;

5 - 8   TRADE PLACES (twice);; Join lead hands ALEMANA to CP;;

5   [TRADE PLACES with RT HANDS] With rt hnds jnd rk apt L, rec R trng ¼ RF to fc
 RLOD beh W then rel jnd rt hnds, cont to trn rf to fc ptr & COH stepping sd & bk
L twd WALL (W rk apt R, rec L trng ¼ Lf to fc RLOD in front of M then rel jnd rt
hnds, cont lf trn to fc ptr & WALL stepping sd & bk R twd COH) joining If hnds,-;
6   [TRADE PLACES with LF HANDS] With lf hnds jnd rk apt R, rec L trng ¼ Lf to fc
 RLOD beh W then rel jnd L hnds, cont to trn lf to fc ptr & WALL stepping sd & bk
R twd COH (W rk apt L, rec R trng ¼ rf to fc RLOD in fnrt of M then rel jnd L
hnds, cont rf trn to fc ptr & COH stpng sd & bk L twd WALL) joining lead hnds,-;
7-8   [ALEMANA to CP] Fwd L, rec R, cl L lead W to stp outsd M on his lf sd, -; XRIBL
lead W in a rt fc trn, rec L, sd R to CP, -; (W Bk R, rec L, sd & fwd R outsd M on
his lf sd, -; fwd L trng rt fc 1/2 undr jn lead hnds, fwd R cont trn, sd L to CP, -;)

9 - 10   CUDDLES (twice);;
9-10 **[CUDDLES (twice)]** Sd L with inside edge pressure lowering the lead hnds & releasing the tension in the rt arm as well as trng the upper body rt fc to lead the W’s opening, rec R w/tension in rt arm to lead the W’s return to fc & straighten body, cl L to Cuddle Pos, -; sd R w/inside edge pressure lowering the lead hnds & releasing the tension in the lf arm as well as trng the upper body lf fc to lead the W’s opening, rec L w/tension in lf arm to lead the W’s return to fc & straight body, cl R to a Cuddle Pos, -; (W swiveling up to 1/2 rt fc on L ft & w/rt sd stretch sd R to approx. 1/2 Opn, rec L w/lf sd stretch starting lf fc trn, fwd & sd R placing rt hnd on M’s lf shldr, -; swiveling up to ½ lf fc on R ft & w/lf sd stretch sd L to approx. ½ Opn, rec R w/rt sd stretch starting rt fc trn, fwd & sd L placing lf hnd on M’s rt shldr, -)

-A-

**- B -**

1 – 4 **CLOSED HIP TWIST; LADY to a FAN; HOCKEY STICK;;**

1 **[CLOSED HIP TWIST]** With slight rt fc body trn & rt sd stretch give W a slight if sd lead to op her out chk sd & fwd L, rec R w/slight rt sd lead to lead W to cl, cl L w/slight lf sd lead to trn W ending w/slight rt sd stretch, -; (W w/slight If sd stretch swvl rt fc up to 1/2 bk R, rec L swiveling lf fc up to 1/2, sd R small stp swvl 1/4 rt fc on R touching L to R no wt w/slight If sd stretch, -;)

2 **[LADY to a FAN]** Bk R, rec L, sd R, -; (W Fwd L, trng lf fc stp sd & bk R making 1/4 trn to If, bk L leaving R extended fwd w/no wt, -;)

3-4 **[HOCKEY STICK]** Fwd L, rec R, cl L, -; bk R, rec L, fwd R DRW following the W -; (W Cl R, fwd L, fwd R, -; fwd L, fwd R trng lf fc to fc ptr, sd & bk L to DRW, -;)

5 – 8 **FWD BASIC with CHEST PUSH; BK WALK to LOD (twice);; INSIDE UNDERARM TURN LADY to a FAN;**

5 **[FWD BASIC with CHEST PUSH]** Dropping lead hands W places her lead hand to M’s chest Fwd L, rec R, bk L, -;

6-7 **[BK WLK to LOD (twice)]** Bk R, bk L crvng to fc RLOD, bk R, -; bk L, bk R, bk L, -; joining lead hands

8 **[INSIDE UNDERARM TURN LADY to a FAN]** Fwd R, trng rt fc fwd L to COH leading W to trn under joined lead hnds, trng rt fc sd R, -; (W fwd L, fwd R trng ½ If fc under joined lead hands, bk L LOD leaving R extended fwd w/no wt, -;)

-A mod-

1 - 4 **START an ALEMANA to BFLY; AIDA; SWITCH RK; SPOT TRN;**

1 **[START an ALEMANA to BFLY]** Fwd L, rec R, cl L leading W to trn rt fc under joined lead hnds to BFLY WALL, -; (W cl R to L, fwd L, fwd R trng rt fc under joined lead hnds to fc in BFLY, -;)

2-4 **[AIDA] [SWITCH ROCK] [SPOT TURN]** Repeat measures 2-4 of PART A

5 -10 **TRADE PLACES (twice));; ALEMANA to CP;; CUDDLES (twice));;**

5-6 **[TRADE PLACES (twice)]** Repeat measures 5-6 of PART A

7-8 **[ALEMANA to CP]** Repeat measures 7-8 of PART A

9-10 **[CUDDLES (twice)]** Repeat measures 9-10 of PART A

-C-
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1 – 4 ALEMANA to BOLERO BJO;; WHEEL SIX w/LADY’S INSIDE UNDERARM TRN to BFLY;;

1-2 [ALEMANA to BOLERO BJO] Repeat measures 7-8 of PART A to BOLERO BJO WALL with joined lead hands over M’s head

3-4 [WHEEL SIX w/LADY’S INSIDE UNDERARM TURN to BFLY] Wheel a half to fc COH Fwd L, fwd R, fwd L, -; fwd R leading Lady to trn lf fc, trng lf cl L to fc WALL, sd R, -; (W wheel a half to fc WALL fwd R, fwd L; fwd R, -; fwd L, cl R trng lf fc under joined lead hnds, sd L, -)

5 – 8 NEW YORKER; UNDERARM TURN; FLIRT;;

5 [NEW YORKER] Swiveling on R bring L thru with straight leg to a side by side position, rec R swiveling to fc ptr, side L, -;

6 [UNDERARM TURN] Raising joined lead hnds trn body slightly rt fc & cross R bhnd, rec L squaring body to fc ptr, sd R to a hndshk, -; (W XLIF under joined lead hnds start a 1/2 rt fc trn, rec R comp rt fc trn to fc ptr, sd L to a hndshk, -)

7-8 [FLIRT] Fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (W Bk R, fwd L, fwd R trng lf fc ½ to VARS Pos, -; bk L, rec R, sd L moving to her lf in frnt of the M to end in If VARS Pos, -)

9 – 10 OPPOSITE FENCELINE LADY trn to BFLY; CUCARACHA;

9 [OPPOSITE FENCELINE LADY to BFLY] Cross lunge apt L, rec R, sd L, -; (W cross lunge apt R, rec L, sd R trng rt fc to fc ptr, -)

10 [CUCARACHA] Sd R, rec L, cl R, -;

- A -

- ENDING -

1 – 4 CLOSED HIP TWIST; LADY to a FAN; HOCKEY STICK;;

1-4 [CL HIP TWIST] [LADY to a FAN] [HOCKEY STICK] Repeat meas 1-4 of PART B

5 – 7 FWD BASIC with CHEST PUSH; BACK WALK THREE to CP; BACK CORTE;

5 [FWD BASIC with CHEST PUSH] Repeat measure 5 of PART B

6 [BACK WALK THREE to CP] Repeat measure 6 of Part B to CP

7 [BACK CORTE] Bk & sd L using lowering action w/supporting leg relaxed (W fwd & sd R using lowering action w/supporting leg relaxed)
INTRO
1 - 4  NO HNDS POS FACING WALL lead ft free WAIT 2;; SOLO FENCELINES (twice);;

PART A
1 - 4  NEW YORKER; AIDA; SWITCH ROCK; SPOT TURN;
5 -10 HAND to HAND (twice);; ALEMANA to CP;; CUDDLES (twice);;

PART A
1 - 4  NEW YORKER; AIDA; SWITCH ROCK; SPOT TURN;
5 -10 HAND to HAND (twice);; ALEMANA to CP;; CUDDLES (twice);;

PART B
1 – 4  OPEN HIP TWIST; LADY to a FAN; HOCKEY STICK;;
5 – 8  FWD BASIC W/CHEST PUSH; BACK WALK SIX LOD;;
        join lead hnds INSIDE UNDERARM TURN L to a FAN;

PART A mod
1 - 4  START an ALEMANA to BFLY; AIDA; SWITCH ROCK; SPOT TURN;
5 -10 HAND to HAND (twice);; ALEMANA to CP;; CUDDLES (twice);;

PART C
1 – 4  ALEMANA to BOLERO BJO joined lead hnds over M’s head;;
        WHEEL SIX with LADY INSIDE UNDERARM TRN to BFLY;;
5 – 8  NEW YORKER; UNDERARM TURN; FLIRT;;
9 - 10  OPPOSITE FENCELINES LADY TRN to BFLY; CUCARACHA;

PART A
1 - 4  NEW YORKER; AIDA; SWITCH ROCK; SPOT TURN;
5 -10 HAND to HAND (twice);; ALEMANA to CP;; CUDDLES (twice);;

ENDING
1 – 4  CLOSED HIP TWIST; LADY to a FAN; HOCKEY STICK;;
5 – 8  FWD BASIC W/CHEST PUSH; BK WALK THREE to LOD; join lead hands CORTE;