And I Love Her

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336  
Music: “And I Love Her” (3:11) download iTunes, CD: Love Songs, Track 5  
Artist: Julio Iglesias  
Footwork: Opposite, Unless noted (W’s footwork in parenthesis)  
Rhythm: Rumba  
Phase: V+2+2 (Adv Sliding Door, Same Ft Lunge) (Ckd Hockey Stick, Head Loop)  
Sequence: Intro—A—B—Int—C—A mod (11-20)—End

Intro
1 – 4  Both fcd LOD 6 ft apt W in front of M lead ft free  Wait 2 meas;;  M FwdQQSS & caress;;  
1 - 4  Both fcd LOD W 6 ft in front of M lead ft free  Wait 2 meas;;  W hold M Fwd L, Fwd R, Fwd L, - ; Fwd R to slowly caress W arms by moving M’s hnds down W’s upper arms till just above W’s elbows, - , - , - ;  
5 – 8  **Cucaracha 3X;;** Lady Fan to DLC;  
5-8  [Cucaracha 3X] Sd L, Rec R, Cl L, - ; Sd R, Rec L, Cl R, - ; Sd L, Rec R, Cl L, - ;  
[**Lady Fan to DLC**] Bk R, Rec L, Cl R joining M’s L W’s R hnds, - (Sd & Fwd L DLC, Fwd R trng LF 1/2, Bk L, - );

Part A
1 – 4  **Hockey Stick WALL;;** Op Hip Twist; Fan to fc LOD;  
1-4  [**Hockey Stick**] Fwd L, Rec R, Cl L raising lead hnds in front of M’s forehead, - (Cl R, Fwd L, Fwd R, - ); Bk R, Rec L trng slightly RF leading W to turn LF under jnd lead hnds, Fwd R twd Wall following W, - (Fwd L, Fwd R trng LF to fc COH, Sd & Bk L, - );  
[**Op Hip Twist**] Ck Fwd L, Rec R, Cl L to R leading W to swivel 1/4 RF, - (Bk R, Rec L, Fwd R twd M then swiveling 1/4 RF to fc LOD, - );  
[**Fan to fc LOD**] Bk R, Rec L trng 1/4 LF to fc LOD & leading W to trn LF, small Sd R, - (Fwd L, Fwd R trn 1/2 LF, Bk L, - );  
5 – 8  **Half Basic to a Full Nat Top fc COH;;**  
5-8  [Half Basic to Full Nat Top] Fwd L, Rec R, trgng slightly RF Sd L to CP, - (Bk R, Rec L, Fwd R between M’s feet, - );  
commence RF rotation XRIB, Sd L, XRIB, - (Sd L, XRIF, Sd L, - ); Sd L, XRIB, Sd L, - (XRIF, Sd L, XRIF, - ); XRIB, Sd L, Cl R CP COH, - (Sd L, XRIF, Cl L, - );  
9–12  **Cuddle 2X;;** Cuddle M Across Lady Spiral to LOP FCG M fcd WALL; [to RLOD] Fwd 3;  
9-12  [**Cuddle 2X**] Sd L leading W to trn RF & rel ld hnds to sweep L arm out to sd, rec R, cl L to R (W swvl ½ RF on L/sd R & sweep R arm out to sd, rec L trng ¼ LF, sm fwd R in frnt of M trng ¼ LF) to CUDDLE POS COH;;  
Sd R leading W to trn LF & sweep R arm out to sd, rec L, cl R to L (W swvl ½ LF on R/sd L & sweep L arm out to sd, rec R trng ¼ RF, sm fwd L in frnt of M trng ¼ RF) to CUDDLE POS COH;;  
[Cuddle M across Lady Spiral] Sd L leading W to trn RF, rec R trng ¾ RF to fc W leading lhd hnds to trn LF, Sd & Fwd L trng ¾ RF to fc WALL (W swvl ½ RF on L/sd R, rec L to fc RLOD joining lhd hnds, fwd R spiraling LF undr lead hnds) to end LOP FCG M fcd WALL;;  
[Fwd 3] Cont RF trn (W LF trn) to LOP RLOD stp Fwd R,L,R,;  
13–16  **M Aida & Ck;; Rec Trn to SCAR & Ckg; Cuddle Cross Swivel 2X; Zig Zag 3 with Outside Swivel;**  
13-16  [**M Aida & Ck**] Thru RLOD L commencing LF trn, sd RLOD R cont LF trn, bk L (W fwd RLOD R,L,R) to BJO DLW placing M’s R hnd on W’s L sd and W’s R hnd on M’s L shldr and bth L arms out to sd;;  
[**Rec to SCAR**] Fwd R outsdt ptr commencing RF trn, sd L cont RF trn, bk R to SCAR DRW placing M’s L hnd on W’s R sd and W’s L hnd on M’s R shldr and bth R arms out to sd;;  
[Cuddle Cross Swivel 2X] Placing M’s hnds at W’s hips and W’s hnds on M’s shldrs Fwd L outsdt ptr swvl ¼ LF to BJO DLW,,Fwd R outsdt ptr swvl ¾ RF to SCAR DRW,;  
[Zig Zag 3 & Outside Swivel] Leaving hnds as in previous meas stp Fwd L DRW outsdt ptr commencing LF trn, Sd R cont LF trn, Bk L to BJO DLW, trn bdy RF to allow W to swvl RF outsdt of M blending to ¾ OP LOD ;  
17–20  **Db1 Spot Trn [Spot Trn 2 Pt & Spot Trn;; Alemana Overtrn to Shadow WALL;;**  
17-20  [**Db1 Spot Trn**] releasing partner contact and lowering M’s R arm Fwd R trng 1/2 LF, Rec R trng 1/4 LF to fc ptr, Pt R twd RLOD, - ; Swiveling 1/4 on ball of supporting ft Fwd R trng 1/2 LF, Rec R trng 1/4 LF to fc ptr, Sd R, - ;  
[Alemana Lady Overtrn to Shadow WALL] Fwd L, Rec R, Cl L leading W to trn RF, - (Bk R, Rec L, Sd R commence swivel,- ) ; Bk R, Rec L, Cl R leading W to swivel RF to Shadow WALL, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L swiveling 1/2 RF to Shadow WALL, - );  

*Difficulty: Above Avg*
Part B
1 – 4 Advanced Sliding Door:; Start Adv Sliding Door Lady Spiral to; Hockey Stick Ending;
1-2 [Advanced Sliding Door] Fwd L on ball of ft pressure into floor with 1/8 body trn to R, Rec R with 1/8 body trn to L, XLIB R trnq 1/8 LF, - (Bk R keeping pressure into floor with ball of L ft as the body trns 1/8 RF, Rec L with 1/8 body trn to L, stp R Fwd & across in line with the supporting ft with 1/8 body trn LF, - ); compress into L knee allowing pointed R ft to slide to sd no weight change, rise trnq body 1/8 RF, Cl R, - (SD L compressing into knee with L sd stretch, Rec R, stp L BK & across in line with the supporting ft with 1/8 body trn RF, - ) ;
3-4 [Start Advanced Sliding Door] Fwd L on ball of ft pressure into floor with 1/8 body trn to R, Rec R with 1/8 body trn to L, XLIB R trnq 1/8 LF, - (Bk R keeping pressure into floor with ball of L ft as the body trns 1/8 RF, Rec L with 1/8 body trn to L, stp R Fwd & across in line with the supporting ft spiral LF 360 to fc WALL, - ) ;
[Hockey Stick Ending] Bk R, Rec L, Fwd R following W, - (Fwd L, Fwd R trnq LF 1/2 to fc M, Bk L, - ) ;
5 – 8 Chase 1/2;; Cucaracha M Trans; Slow Hip Rk L & R;
5-6 [Chase 1/2] Fwd L commence 1/2 RF trn, Rec Fwd R, Fwd L, - (Bk R no trn, Rec L, Fwd R, - ) ; Fwd R commence 1/2 LF trn, Rec Fwd L, Fwd R Tandum WALL, - (Fwd L commence 1/2 RF trn, Rec Fwd R, Fwd L Tandum WALL, - );
7 [Cucaracha M Trans] Sd L, Rec R, Tch L, - (SD R, Rec L, Cl R, - ) ;
8 [Slow Hip Rk L & R] Tandum WALL same footwork hip Rk Sd L, - , Sd R, - ;
9-12 Half Basic; Fence Line; Hip Rk 3; Fence Line Lady Trn Trans BJO;
[Hip Rk 3] Hip Rk Sd L, Sd R, Sd L, - ; [Fence Line Lady Trn Trans BJO] XRIF L with bent knee, Rec L, Sd R to BJO DLW, - (XRIF L commence slow LF trn, - , Rec Fwd L to BJO) ;
13-16 Bk Twisty Vine 4: Bk to Prep; Same Ft Lunge; Qk Telemark exit;
13 [Bk Twisty Vine 4] BJO DLW Bk L, trnq RF Sd R, XLIB R (XRIB L) SCAR DRW, trng LF Sd & BK R to BJO DLW;
14 [Bk to Prep] Bk L swiveling RF on L, - , Tch R to L with slight sway, - (Fwd R outside ptr swiveling about 3/8 RF on R, - , Cl L, - );
15 [Same Ft Lunge] slowly Sd & slightly Fwd R looking R with L sd stretch, - , - , - (slowly Bk R well under body trng body slightly LF and looking well to left, - , - , - ) ;
16 [Qk Telemark exit] trn LF to fold W to CP, Fwd L, Sd R cont LF trn, Sd & Fwd L to tight SCP DLW (Rec L trnq LF to CP, Bk R, Cl L heel trn, Sd & Fwd R to tight SCP DLW) ;
17 – 18 Thru Fan to fc; Hip Rk L & R;

Int
1 – 2 Cross Body to COH;;
1-2 [Cross Body] Fwd L, Rec R, trng LF L-shaped pos Sd L, - (Bk R, Rec L , Fwd R twd M L-shaped pos, - ); Bk R cont LF trn, small Fwd L, Sd & Fwd R CP COH, - , (Fwd L commencing to trn LF, Fwd R trng 1/2 LF , Sd & BK L, - ) ;

Part C
1 – 4 Half Basic; Fan; Stop & Go Hockey Stick;;
1-2 [Half Basic] CP COH Fwd L, Rec R, Sd L, - ; [Fan] Bk R, Rec L leading W to bk twd RLOD, Sd R, - (Fwd L, trnq LF stp Sd & BK R making 1/4 trn to L, Bk L leaving R extended Fwd with no weight, - ) ;
3-4 [Stop & Go Hockey Stick] Ck Fwd L, Rec R raising L arm to lead W to a LF underarm trn, Cl L, - (Cl R, Fwd L, Fwd R trnq 1/2 LF under jnd hnds to end at M’s R sd, - ) ; Ck Fwd R with L sd stretch shaping to ptr placing R hnd on W’s L shldr blade to ck her movement, Rec L raising L arm to lead W to a RF underarm trn, Cl R, - (Ck BK L, Rec R, Fwd L trnq 1/2 RF under jnd hnds to end fsg M in Fan Position, - ) ;
5 – 8 Alemana;; Cuddle 2X;;
5-6 [Alemana] Fwd L, Rec R, Cl L leading W to Trn RF, - (Bk R, Rec L, Sd R commence swivel, - ) ; Bk R, Rec L, Cl R Cuddle Pos COH, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L to Cuddle Pos W fcg WALL, - ) ;
7-8 [Cuddle 2X] Same as Part A meas 9-10;;
Part A mod [11-20]

11–13  **Cuddle M Across Lady Spiral to LOP FCG M fcg WALL; [to RLOD] Fwd 3;  M Aida & Ck:**
11-13  Same as Part A meas 11-13;;;
14–16  **Rec Trn to SCAR & Ckg;  Cuddle Cross Swivel 2X;  Zig Zag 3 with Outside Swivel:**
14-16  Same as Part A meas 14-16;;;

17 – 20  **Db1 Spot Trn [Spot Trn 2 Pt & Spot Trn];  Alemana to BFLY;;**
17-20  Same as Part A meas 17-18 ;;
  **[Alemana]  Fwd L, Rec R, Cl L leading W to Trn  RF, - (Bk R, Rec L, Sd R commence swivel,- ) ;  Bk R, Rec L, Cl R, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L to BFLY  WALL, - ) ;**

**Ending**

1 – 4  **New Yorker to Half Op LOD;  Op In & Out Runs;;  Fwd to a Fan;**
1  **[New Yorker Half Op LOD]  Swiveling on R Thru L twd RLOD, Rec R to fc ptr, Sd L trng to Half Op fcg LOD, - ;**
2-3  **[Op In & Out Runs]  Fwd R starting RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Left Half OP LOD , - (Fwd L, Fwd R between M’s feet, Fwd L, - ) ;  Fwd L leading the W to cross in front of M , Fwd R between W’s feet, Fwd L, - (Fwd R starting RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Half Op LOD, - ) ;**
4  **[Fwd to a Fan]  Fwd R, Fwd L trng RF to fc wall & leading W to trn LF, small Sd R, - (Fwd L, Fwd R trng LF 1/2, Bk L, - ) ;**
5 – 7  **Checked Hockey Stick to low BFLY;  Rk 3 & Push Apt;  Step Tog with M’s Slow Head Loop;**
5  **[Checked Hockey Stick to low BFLY]  Rk Fwd L, Rec R, sm Sd L (W Cl R to L, Fwd L, Fwd R) joining bth hnds in frnt of bodies at hip level, - ;**
6  **[Rk 3 & Push Apt]  keeping dbl handhold Rk Sd R, Rk Sd L, Sd R stepping slightly apt (W Rk Bk L, Rk Fwd R, Bk L stepping slightly apt) keeping dbl handhold at end of meas,- ;**
7  **[Step Tog & Head Loop]  slowly stp tog L (R) bringing M’s L and W’s R hnds up and over M’s head ending with W’s Id hnd on M’s L shldr and other hnds joined in frnt of ptrs at waist level,-,,-;**