INTRO

1 - 6  (6 FEET APART, TRAIL FEET FREE) WAIT 2;; CROSS POINT WITH ARMS 3X CLOSE & HOLD;;

BASIC FWD & BK;;
1-2  Fcg ptr & WALL 6 feet apart trl feet, wait 2 measures;;
3-4  XRif of L, pt sd L sweep R arm sdw, XLif of R, pt sd R sweep L arm sdw; XRif of L, pt sd L sweep R arm sdw, cl L to CP, hold;
5-6  Appel R, fwd L, fwd R, fwd L; Bk R, bk L, bk R, bk L;

PART A

1 - 4  SEPARATION;; CHASSE RIGHT; ATTACK;
3-4  Sd R, cl L, sd R, cl L; Appel R, fwd L turn ¼ LF, sd R, cl L CP LOD;
5 - 8  SEPARATION;; CHASSE RIGHT; CHASSE LEFT;
5-8  Repeat actions measures 1-3 PART A;;; Appel R, sd L, cl R, sd L;

PART B

1 - 4  REV FALLAWAY SLIP INTO TELEMARK;; THRU & QUICK CHASSE THRU; SLOW CHASSE TO PU & TCH;
1-2  Slip appel R, fwd L trn LF, sd & bk R, XLIB of R in SCP RLOD; Bk R twd COH trn LF, sd & amrd R compl ¼ LF trn [W: heel trn], fwd L to SCP DLW;
3-4  Thru R, sd L/cl R trn 1/8 LF to SCP LOD, sd L, thru R; [Timing (3): q, q&, q, q,]
Sd L trn 1/8 LF, cl R, sd L trn 1/8 LF, tch R CP LOD;
[W(4): Sd R start trn LF to CP, cl L cont trn, sd R finish trn to CP, tch L.]
5 - 8  REV FALLAWAY SLIP INTO TELEMARK;; THRU & QUICK CHASSE THRU; SLOW CHASSE TO PU & TCH;
5-8  Repeat actions measures 1-4 PART B;;;

PART C

1 – 4  ATTACK; ECART; PROMENADE CLOSE; CHASSE RIGHT;
1-2  CP LOD appel R, fwd L trn ¼ LF, sd R, cl L; Appel R, fwd L, sd R, XLib of R;
3-4  Thru R, turn to fc ptr in CP cl L, sd R, cl L; Repeat actions measure 3 PART A;
5 – 9  ATTACK; ECART; GRAND CIRCLE 9 – STEP TO FC TCH & HOLD;;
5-6  CP COH repeat actions measures 1-2 PART C to SCP WALL;;
7-9  SCP fwd R leave L in pl, unwind LF both heels slightly lifted leaving both feet almost in pl,; Cont unwind LF,,; Cont unwind LF, sd L to fc, tch R, -; [W (7-9): In SCP fwd L start LF circe amrd ptr, cont circe fwd R, fwd L, fwd R; Cont circe fwd L, fwd R, fwd L, fwd R; Cont circe fwd L, step fwd R to fc, tch L, -;]
PART D

1 – 4    SIXTEEN;;;

1-4  Appel R, sd L to SCP, thru R trng RF, sd & bk L to CP;   Bk R with R shld ld, cont bk L outsd ptr trng RF, cl R in CP, in
      place L;   In place R, L, R, L;   In place R, L, R, L;   [W(1-4): Appel L, sd R to SCP, thru L, fwd R;   Fwd L, fwd R, fwd L
      trng ½ RF, rec R;   Fwd L, fwd R trng ½ LF, rec L, fwd R;   Fwd L trng ½ RF, rec R, fwd L trng ¼ LF to fe ptr, cl R;]

5 – 8    SEPARATION;;    ELEVATIONS UP & DOWN;;

5-8  CP COH repeat actions measures 1-2 PART A;;  Bring jnd ld hnds up over head looking RLOD sd R, cl L, sd R, cl L;
      Circ jnd ld hnds down & out to end at waist level palms ptg down looking LOD sd R, cl L, sd R, cl L;

9 – 12   PROMENADE;;    CHASSE LEFT;;    ECART;

9-10  CP COH appel R, sd L to SCP, thru R trng RF, sd & bk L to CP;   Bk R with R shld lead, bk L outsd ptr, bk R trng RF to
      CP Wall, cl L;   [W(9-10): Appel L, sd R to SCP, thru L, fwd R;   Fwd L, fwd R, fwd L trng RF to CP, cl R;]

10-12  Repeat actions measure 8 PART A;  Repeat actions Measure 2 PART C;

13 – 16    PROMENADE CLOSE TWICE;;    ELEVATIONS UP & DOWN;;

13-16  Repeat actions measure 3 PART C; From CP swvl to SCP and repeat actions measure 3 PART C;  Repeat actions
         measures 7-8 PART D;;

END

1 - 2    ELEVATION UP IN 6 & POINT THRU;;

1-2  Bring jnd ld hnds up over head looking RLOD sd R, cl L, sd R, cl L;   Sd R, cl L/swivel slightly LF on L keep upper body
      as parallel as posible, pt thru R twd LOD & look same way, circ jnd ld hnds down & out to end at waist level palms ptg
      down, hold;