AMAZING GRACE

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Music: Amazing Grace by Phil Coulter  CD: Tranquility

Footwork: Opposite, directions for man (Lady as noted)  Released: March 2009

Rhythm: Waltz  Phase: IV

Sequence: INTRO – ABC – A MODIFIED – END

MEAS:

1-4 WT 1 MEAS HANDS FOLDED IN FRONT LEAD FT FREE; RAISE ARMS; LUNGE THRU
RECOVER STEP SIDE; SLOW SIDE LOCK;

1-2   WT 1 meas OP/FCG hnds folded in front lead ft free for both; Raise arms;

3-4   X LIFR (W X RIFL), rec R, stp sd L; Thru R (W thru L starting LF trn), sd & fwd L to CP/LOD (W sd & bk R cont LF trn to CP), X RIBL (W X LIFR) CP/DLC;

PART A

1-4 [CP/DLC] DIAMOND TRN:;

1-2   Fwd L trng LF on the diag, cont LF trn sd R, bk L to BJO; Bk R trng LF, sd L, fwd R to BJO;

3-4   Fwd L trng LF on the diag, cont LF trn sd R, bk L to BJO; Bk R trng LF, sd L, fwd R to BJO/DLC;

5-8 TELEMARK TO SCP; HOVER FALLAWAY; SLIP PIVOT; CHECK FORWARD LADY
DEVELOPE;

5-6   Fwd L commence to trn LF (W Bk R commencing to trn L bringing L beside R ), fwd & sd R cont LF trn (trn LF on R heel (heel turn) & chg weight to L), sd & slightly fwd L to end in SCP/DLW; Fwd R, fwd L with hovering action, rec bk on R;

7-8   Bk L, bk R trng LF, fwd L (W Bk R starting LF pivot on Ball of Foot, fwd L cont LF trn placing L ft near man’s R ft, bk R to BJO); Fwd R outsdl ptr with ckg action (W bk L, bring R ft up L leg to inside of L knee, extend R ft fwd), -,-;

9-12 BACK HOVER TO SCP; MANEUVER SIDE CLOSE; CLOSED IMPETUS; BOX FINISH;

9-10   Bk L, bk & sd R with hovering action, fwd L SCP/DLW; Fwd R commence RF upper body turn, cont RF trn to fc partner sd L, close R;

11-12  Bk L commencing RF upper body trn, cl R to L [heel trn] cont trn, sd & bk L to CP/LOD: Bk R trn LF, sd L, cl R;

13-16 OPEN REVERSE TURN; OPEN FINISH; HOVER TELEMARK; THRU FACE CLOSE;

13-14  Fwd L trng LF, sd & bk R cont LF trn, bk L outsdl ptr ending BJO/RLD: Bk R trng LF, sd & fwd L, fwd R outsdl ptr to BJO/DLW;

14-16  Fwd L, diag sd & fwd with hovering action trng 1/8 RF, fwd L to SCP; Thru R trng to fc ptr, sd L, cl R;

PART B

1-4 [CP/WALL] WHISK; PICKUP TO SIDECAR; CROSS HOVER BJO; MANEUVER;

1-2   Fwd L, fwd & sd R, X LIBR to SCP; Fwd R (W fwd L trng ¼ LF to CP/LOD), sd L to SCAR, cl R SCAR/DLW;

3-4   X LIFR (W X RIBL), sd R with hovering action, fwd L DLC; Fwd R commence RF upper body trn, sd L cont RF trn to fc ptr, cl R CP/LOD;

5-8 IMPETUS TO SCP; WEAVE 6 SCP; ; PICKUP TO SCAR;

5-6   Bk L com RF upper body trn, cl R [heel trn] cont RF trn, fwd L SCP/DLC; Fwd R, fwd L trng LF to CP, sd & slightly bk R to BJO/RLC;

7-8   Bk L trng Woman to CBMP, bk R trng body LF to CP, sd & fwd L DLC trng woman to SCP/DLC; Fwd R commence RF trn (W fwd L), sd L cont turn to SCAR, cl R SCAR/DLW;
9-12 CROSS HOVER BJO; CROSS HOVER SCAR; CROSS HOVER SCP; WING;  
9-10 X LIFR (W X RIBL), sd R with hovering action, fwd L DLC; X RIFL (W X LIRF), sd L with hovering action, fwd R DLW;  
11-12 X LIFR (W X RIBL), sd R with hovering action, fwd L SCP/DLC; Fwd R, draw L to R (W fwd R around M cont a slight LF trn), touch L trng upper body LF (W fwd L around man) to end in SCAR/DLC;  

13-16 TURN LEFT & RIGHT CHASSE; OUTSIDE CHANGE BJO; MANEUVER; HESITATION CHANGE;  
13-14 Fwd L commence LF upper body trn, sd R trn LF/cl L, sd & bk R BJO/ROL; Bk L, bk R trng LF, sd & fwd to BJO;  
15-16 Fwd R commence RF upper body trn, sd L cont RF trn to fc ptr, cl R; Bk L commence RF upper body trn, sd R cont RF trn, draw L to R CP/DLC;  

PART C  
1-4 [CP/DLC] OPEN REVERSE TURN; OPEN FINISH; HOVER TELEMARK; FWD HOVER TO BJO;  
1-2 See A meas 13-14 
3-4 Fwd L, diag sd & fwd R with hovering action trng 1/8 RF, fwd L to SCP; Fwd R, fwd L with hovering action (W fwd L, fwd R pivoting 1/2 LF, fwd L BJO), bk R BJO/LOD;  

5-8 SLOW OUTSIDE SWIVEL; IN & OUT RUNS;; PICKUP SIDE CLOSE;  
5-6 Bk on L with RF upper body trn (W fwd R swiveling RF on ball of R foot), -, to scp; Fwd R trng RF, sd & bk on L to CP/DLC, bk R to CBMP;  
7-8 Bk L trng RF, sd & fwd R between woman’s feet cont RF trn, fwd L to SCP/DLC; Fwd R (W fwd L trng ¼ LF), sd L, cl R CP/LOD;  

9-12 DRAG HESITATION; BACK, BACK LOCK, BACK; CLOSED IMPETUS; BACK TO LEFT WHISK;  
9-10 Fwd L beginning LF trn, sd & bk R continuing LF trn, draw L toward R ending in BJO/ROL; Bk L, bk R/X LIFR, bk R;  
11-12 Bk L commence RF upper body trn, cl R [heel turn] continue RF trn, sd & bk L; Bk R slight RF upper body trn, bk & sd L, X RIBL chg weight to R ft and leading lady to reverse SCP fcg DLW;  

13-16 UNWIND 1 TO A HOVER ENDING; THRU FACE CLOSE; HOVER; SLOW SIDE LOCK;  
13-14 Chg weight to L ft unwind to fc wall, sd R with hovering action, fwd L SCP/DLC (W fwd R unwinding M, sd L with hovering action, fwd L SCP); Thru R trng to fc ptr, sd L, cl R to L;  
15-16 Fwd L, sd & fwd R with hovering action, fwd L SCP/DLC; Thru R (W thru L starting LF trn), sd & fwd L to CP/LOD (W sd & bk R cont LF trn to CP), X RIBL (W X LIFR) CP/DLC  

PART A MODIFIED  
MEAS 1-15 SEE PART A MEAS 1-15 
MEAS 16 SLOW SIDE LOCK;  
16 See Introduction Meas 4  

END  

1-4 DIAMOND TRN;;;;  
1-4 See A meas 1-4  

5-8 TELEMARK SCP; HOVER FALLAWAY; SLIP PIVOT; CHECK FWD LADY DEVELOPE;  
5-6 See A Meas 5-8  

9-10 BK HOVER TO SCP; THRU TO PROMENADE SWAY & CHANGE OF SWAY;  
9 See A Meas 9  
10 Thru R, fwd L with R sd stretch staying up and & looking DLW, chg from R sd stretch to L sd stretch with a small rotation in the upper body to the left & slightly lowering into R knee while looking over the W’s head, hold.