ALBINONI’S ADAGIO
By: T. G. Albinoni

Choreo: Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music: PEPE PD-0009 CD Track 16 e-mail: d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm: Rumba Phase IV + 2 [Open Hip Twist, Parallel Breaks] + 1 [Oblique Line]
Sequence: Intro - A - B - C - A - B - C - Ending
Timing: QQS unless noted by side of measure

INTRO

1 - 4 WAIT: SLO LUNGE APT: REC SPIN TO FC: CUCA w/ARM:
1 Op Fcg Wall lead ft free wait 1 meas;
2 {Slow Lunge Apart} Trn to OP LOD lunge apart L twd COH with looking at ptr,-, sweep lead arm
   CW to up & sd palm out,-;
3 {Recover Spin To Face} Rec R spin RF 1 full trn,-, cont trn cl L to fc ptr,-;
4 {Cucaracha With Arm} Sd R on sd edge of ball of ft with partial wgt sweep trail arm CCW
   (W CW), rec L, cl R jn R-R hnds,- end Hendshk Wall;

PART A

1 - 4 OP HIP TWIST: PARALLEL BRKS:: FAN:

1 {Open Hip Twist} Fwd L, rec R, cl L,- (W bk R, rec L, fwd R with tention to R arm to swivel 1/4
   RF,-) end Hendshk L-Shape M fc Wall W fc LOD jnd hnds IF of W and W's L arm extended over
   jnd hnds;
2-3 {Parallel Breaks} Bk R lead W to across IF of M, rec L comm trn 1/4 LF, sd & fwd R cont trn to
   fc LOD,- (W Fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk L cont trn to fc Wall,-);
   fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk L cont trn to fc Wall,- (W bk R lead M to
   across IF of W, rec L comm trn 1/4 LF, sd & fwd R cont trn to fc LOD,-);
4 {Fan} Bk R, rec L, sd R,- (W fwd L, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall;

5 - 8 START HOCKEY STICK TO TANDEM: OPPOSITE CUCA w/ARM 2X::

5 {Start Hockey Stick To Tandum} Fwd L, rec R, cl L,- (W cl R fwd L, fwd R trn LF to fc Wall,-)
   end Tandum Wall;
6-7 {Opposite Cucaracha With Arm Twice} Repeat meas 4 Intro except jn R-R hnds;
   repeat meas 6 Part A on opposite ft and armwork;
8 {Hockey Stick Ending} Bk R, rec L, fwd R,- (W fwd L, fwd R trn LF to fc ptr, bk L,-)
   end LOP Fcg Wall;

9 - 12 CROSS BODY:: LATIN WHISK: CROSS BODY END:

9-10 {Cross Body} Fwd L, blend to CP rec R, trn LF sd L [foot trn 1/4 body trn 1/8],-; bk R cont trn,
   rec L cont trn to fc COH, sd R,- (W bk R, rec L, fwd R twd M’s right sd to L-Shaped Pos,-;
   fwd L comm upper body trn LF, fwd R trn LF to fc ptr, sd L,-) end CP COH;
11 {Latin Whisk} Trn to SCP XLIB, rec R, sd & fwd L,- end SCP RLOD;
12 {Cross Body Ending} Repeat meas 10 Part A end CP Wall;
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(Continued)

PART B

1 - 4

BRK BK TO 1/2 OPN: OPN IN & OUT RUNS:; AIDA:

1 {Break Back To Half Open} XLIB trn LF (W XRIB trn RF) to Half OP LOD, rec R, fwd L,--; (QQQ)

2-3 {Open In & Out Runs} Fwd R comm trn RF, XIF of W sd L cont trn to fc LOD, fwd R (W fwd L, R, L,-- end Left Half OP LOD; fwd L, R, L,-- (W fwd R comm trn RF, XIF of M sd L cont trn to fc LOD, fwd R,--) end Half OP LOD; (QQQ)

4 {Aida} Thru R trn RF, sd L cont trn, bk R,-- end “V” Bk-To-Bk Pos fc RLOD;

5 - 8

SWITCH: ROLL OUT TO FC: SYNC VINE: AIDA;

1 {Switch} Trn RF to fc ptr sd R bring jnd lead hnds thru, blend to Bfly rec L, thru R,--; (QQQ)

2 {Roll Out To Face} Roll RF (W LF) R, L, R to fc ptr,-- end Bfly Wall;

QQ&S

3 {Syncopated Side Walk} Thru L, sd R/cl L, sd R,--; (QQQ)

4 {Aida} Repeat meas 4 Part B on opposite fl to opposite direction;

9 - 12

SWITCH LUNGE & REC: FENCE W TRN & DEVELOPE;

BK WALK 6 W TRN L TO FC;

SS

9 {Switch Lunge & Recover} Trn RF to fc ptr bring jnd trail hnds thru lunge sd R lead hnds extended sd,--; rec L jn lead hnds,-- end Bfly Wall;

10 {Fence W Turn & Develop} Relax L thru R with checking action, raise lead hnds & lower trailing hnds lead W to trn RF under lead hnds to delevope,--, (W relax R thru L, swivel RF 1/2 on L, raise R toe to L knee, extend R fwd) end Tamara M fc LOD;

11-12 {Back Walk 6 W Turn Left To Face} Looking ptr bk L, R, L,--; bk R, L, trn RF to fc Wall sd R,-- (W fwd R, L, R,--; fwd L comm trn LF, cont trn sd & bk R, cont trn to fc ptr sd L,--) to Bfly Wall;

PART C

1 - 4

ALEMANA W OVRTRN TRANS TO SHAD:; CROSS CHK REC PT: FENCE LINE;

1-2 {Alemana W Overtwist Transition To Shadow} Fwd L, rec R, sd L,--; bk R, rec L, sd R,--; (QQQ)

(W XLIF), sd L lower body feg Wall, XRIF (W XLIF),--;

3 {Cross Check Recover Point} {Same footwork thru meas 6} Cross lunge thru L with bent knee look RLOD, rec R trn to fc Wall, pt L sd,--; (QQQ)

4 {Fence Line} Cross lunge thru L with bent knee look RLOD, rec R trn to fc Wall, sd L,--; (QQQ)

5 - 7

CRAB WALK: SYNC VINE: CUCA W TRN M TRANS;

5 {Crab Walk} Lower body swivel LF but upper body remains feg Wall fwd R [hereafter XRIF] (W XLIF), sd L lower body feg Wall, XRIF (W XLIF),--; (QQQ)

6 {Syncopated Vine} Sd L, XRIB/sd L, XRIF,--;

7 {Cucaracha W Turn M Transition} Sd L, rec R, tch L to R jn R-R hnds,-- (W sd L, rec R trn RF to fc ptr, cl L,--) end Hndshk Wall; (Note: second time meas 7 ends LOP Fcg Wall)

REPEAT PART A

REPEAT PART B

REPEAT PART C
“Albinoni’s Adagio” (Continued)

END

1 - 2  OPN HIP TWIST; FAN TO OBLIQUE LINE;

1  {Open Hip Twist} In LOP Fcg repeat meas 1 Part A;

2  {Fan To Oblique Line} Bk R, rec L, sd R, lunge line on R trail arm extended up & out
   (W fwd L, fwd R trn 1/2 LF, sd & bk L, lk RIF rise with pressure on both toes extend L hip well
twd DLW stretch left sd to lean upper body twd M sweep trail arm CW up then twd DRC;