AIN’T THAT A SHAME

RELEASED: Nov, 2009

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MUSIC: Ain’t That a Shame, 8 to the Bar, album Swingin’ It, downloadable Napster, etc.

FOOTWORK: Opposite unless noted (Woman’s footwork in parentheses) slow slightly, if desired

RHYTHM: JIVE PH V+1 (roll off arm) + 1UNPH (sole tap) AVERAGE DIFFICULTY

SEQUENCE: INTRO A INTER A B INTER A C B INTER A (1-6) END

INTRODUCTION

1-4 SCP LOD WAIT;; 2 SLOW ROCK THE BOATS TO;;
1-2 SCP LOD Wait;;
3 {rock boat 2 sl} Fwd L w/ straight knee leaning fwd, w/ rocking motion and bent knees cl R, -;
4 Repeat meas 3;

PART A

1-4 THROWAWAY; CHANGE HANDS BEHIND BACK – SPANISH ARMS W/ SPIN OPTION;;;
1 {throwaway} Fwd L/cl R, fwd L (fwd R/cl L, fwd R trng ½ LF in front of M), sd R/cl L, sd & fwd R (sd L/cl/R, sd & bk L) to OP LOD;
2-4 {chg hnds beh bk} Rk apt L, rec R, chasse fwd L/R, L trng ¼ LF chng W’s R hnd to M’s R hnd beh M’s bk (W fwd R/L, R, trng ¼ RF); Chasse sd & bk R/L, R cont trng ¼ LF chng W’s R hnd to M’s L (W sd L/R, sd & bk L trng ¼ RF), {span arms} Rk apt L, rec R; Both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W’s head [option: ld hnds high tr hnds low, lead W to spin RF on 3rd stp of wrap] (W sd R/cl L, fwd R [option spin ¾ RF on R]; Cont RF trn R/cl L, R to LOD (unwrap RF L/cl R, L to fc M);
5-8 STOP & GO;; LINK RK ~ RK REC;;
5-6 {stop & go} Rk bk L, rec R, fwd L/cl R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M’s R sd) catch W w/ R hnd on L shld blade; Rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds) to LOP FCG LOD;
7-8 {link rk rk rec} Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R to SCP, rk bk L, rec R;

INTERLUDE

1-4 2 SLOW ROCK THE BOAT;; POINT STEPS 4 TO;;
1-2 {rock boat 2 sl} Fwd L w/ straight knee leaning fwd, w/ rocking motion and bent knees cl R, -; Repeat meas 1;
3-4 {4 point stps} Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R, fwd R;

REPEAT A

PART B

1-4 CHASSE ROLL ROCK RECOVER;; CHASSE ROLL ROD ROCK RECOVER;; **
1-2 {chasse roll LOD rk rec} Twd LOD sd L/cl R, sd L, trng RF to fc COH, sd R/cl L, sd R trng to fc WALL; Sd L/cl R, sd L trng RF to LOP RLOD, rk bk R, rec L to fc ptr & WALL;
3-4 {chasse roll RLOD rk rec} Sd R/cl L, sd R trng LF to fc COH, sd L/cl R, sd L trng LF to fc ptr & wall; Sd R/cl L, sd R to SCP LOD, rk bk L, rec R;
AIN’T THAT A SHAME  

B cont

5-8  
**THROWAWAY; AMERICAN SPIN TO HNDSHAKE – MIAMI SPECIAL;;;;**

5  
{throwaway} Fwd L/cl R, fwd L(fwd R/cl L, fwd R trng ½ LF in front of M),

sd R/cl L, sd & fwd R (sd L/cl/R, sd & bk L) to OP LOD;

6-8  
{am spin} Rk apt L, rec R, tog L/R, L; Sm sd R/L, R to handshake (W tog R/L, R start RF spin on last stp, fin spin L/R, L); {miami special} Rk apt L, rec R, fwd L/R, L trng RF to lead W to trn LF und joined R hnds putting joined hnds over M’s head so hnds rest on M’s neck, slide apt R/L, R to fc COH (W rk apt R, rec L, fwd R/L, R trng LF und joined R hnds, slide apt L/R, L to fc COH);

9-12  
**SOLE TAP – LINK TO WHIP TURN TO SCP ROCK RECOVER;;;;**

9-10  
{sole tap rk rec} Still fcg COH rk apt L Xing beh twd LOD, rec R, sd L twd ptr, lift R ft to Xib aiming to tch the soles of ptr’s shoes while lifting trail hnds in a curve over the head twd pttr; Slide apt to fc sd R/cl L, sd & bk R, rk apt L, rec R to fc ptr;

11-12  
{whip trn rk rec} Chasse fwd L/R, L trng RF to CP, XRib cont wheel, sd L cont trn; Sd chasse R/L, R to SCP LOD, rk bk L, rec R;

REPEAT INTERLUDE

REPEAT A

PART C

1-4  
**2 FORWARD TRIPLES; SWIVEL 4; PRETZEL WRAP; DOUBLE ROCKS;;**

1  
{2 fwd triples} Fwd L/cl R, L, R/cl L, R;

2  
{Swivel 4}Fwd L, R, L, R;

3  
{pretzel trn} Keeping M’s L & W’s R hnds M trn RF (W (LF) L/R, L, R/L, R end both fcg LOD hnds joined beh bk free hnd exended LOD;

4  
{dbl rks} Rk fwd L, rec R, rk fwd L, rec R;

5-9  
**UNWRAP PRETZEL; NECK SLIDE TO LOD;; ROLL OFF ARM TO COH;;**

5  
{unwrap pretzel} Progressing RF LOD unwind L/R, L, R/L, R to BFLY;

6-7  
{neck slide} Rk apt L, rec R swinging hnds up & out, sm sd & fwd chasse L/R, L taking R arms over prtrs’ head placing R hnds beh ptr’s neck to end sd by sd; Releasing hnds wheel RF fwd R, fwd L, fwd chasse R/L, R allowing R hnds to slide down ptr’r’s R arm to end fcg LOD in R handshake;

8-9  
{roll off arm} Rk apt L, rec R, w/ sm stps fwd L/R, L bringing W to M’s R sd w/ R hnds to W’s R sd in shad skater’s pos L; Cont trng RF fwd L, R, fwd R/L, R to fc COH R hnds joined;

10-12  
**TRIPLE WHEEL TO WALL W/ SPIN ROCK RECOVER;;;;**

10-12  
{triple wheel rk rec} Rk apt L, rec R, trng RF twd ptr wheel L/R, L tchg W’s bk w/ L hnd (W trns away LF); Trng away from ptr cont RF wheel R/L, R (W trng RF touches M’s L sh w/ L hnd), cont wheel L/R, L tchg W’s bk w/ L hnd to fc WALL; In place R/L, R leading W to spin RF to LOP WALL, rk apt L, rec R;

REPEAT B

REPEAT INTERLUDE

REPEAT A (1-6)

END

1-4  
**LEFT TO RIGHT – AMERICAN SPIN TO TANDEM WALL;; HNDS ON HIPS, LUNGE & LOOK, HOLD, -;;**

1-3  
{L to R} Rk apt L, rec R, sd L/R, L to fc ptr wall (W rk apt R, rec L, fwd chasse R/L, R trng ¾ LF und ld hnds); Sd chasse R/L,R, {am spin} rk apt L, rec R; Slowing w/ music tog L/R, L, in place R/L,R (W tog R/L, R start RF trn on last stp, in place R/L, R to tandem WALL);

4  
{hnds on hips, lunge & look,} Hold one beat putting hnds on hips, rk sd L LOD trng RF to look at ptr (W sd R RLOD trng LF to look at M), and hold, -;

**cue as chasse roll RLOD ~ fallaway throwaway if preferred**